



Teen Pregnancy & Parenting Resource Center

Empowering Teen Parents with Comprehensive Support and Resources

Who Is Eligible?

Pregnant or postpartum teens who meet one or more of the following criteria:

- Under 21 and currently in foster care
- Under 21 with a history of foster care within the last 12 months
- Under 18 receiving or eligible for Adoption Assistance Program (AAP)
- Under 18 in California receiving or eligible for Family Maintenance in the last 12 months

What Does It Cost?

It's free. Services are fully covered by Medi-Cal health plans, including: Molina, Kaiser, and Blue Shield. We can help you enroll in Medi-Cal or switch plans to access ECM services.

Our Services

- Therapeutic Case Management
- Support with Prenatal Appointments
- Linkage to Community-Based Services
- Individual and Group Therapy
- Childbirth Education
- Understanding Pregnancy and Postpartum Changes
- Preparing to Bring Your Baby Home
- Identifying Risk Factors for Perinatal Mood and Anxiety Disorders Parenting Support

CONTACT INFORMATION

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