

SAVE THE DATE!

LWSD South Region Community Leadership Team (SRCLT)
Food Insecurity Work Group

Trauma-Informed Nutrition Security Training

By Leah's Pantry



Session 1: Monday 06/09/25
from 2 pm to 4 pm



Session 2: Monday 08/11/25
from 2 pm to 4 pm

**Trainings will be
held virtually during
the *LWSD* SRCLT**

**Registration link
coming soon!**

This training explores the connection between nourishment and both positive and adverse experiences, emphasizing a trauma-informed approach to community-based work. Participants will learn key principles of trauma-informed care, reflect on their relationship with food, and consider strategies for responding to challenging interactions.

For any questions, please email Cassandra Muniz at Cassandra.Muniz1@sdcounty.ca.gov

