

Tobacco-Free Coalition of San Diego County Presents:

Breaking Free from Nicotine Pouches

***with Victoria Penton, Assistant Clinical Director
Kick It California***

Learn about:

- What are Nicotine Pouches?
- Insight into How Nicotine Affects the Brain
- Addressing Myths and Misconceptions
- Cessation Strategies and Available Resources



Register below:

Virtual Cessation Committee Meeting

**Tuesday, March 11, 2025
1:00 - 2:00 pm (PT)**

Victoria Penton (she/her) MEd, LPCC, FI is a Licensed Professional Clinical Counselor and Assistant Clinical Director at Kick It California (KIC). Victoria provides clinical supervision and consultation to KIC staff, develops and implements clinical presentations, and leads staff training on behavior risk reduction strategies and cessation interventions. Her clinical work has focused on serving children, youth, and families in forensic and clinical counseling settings.



✉ **For more information, please contact Daniel.Manzo@sdcounty.ca.gov.**

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