

LIVE WELL SAN DIEGO CENTRAL REGION COMMUNITY LEADERSHIP TEAM



Monday, September 23rd, 2024





Crystal Skerven, MSW

Regional Community Coordinator – Central Region
Department of Homeless Solutions
and Equitable Communities
Health & Human Services Agency
County of San Diego

LIVE WELL SAN DIEGO CENTRAL REGION COMMUNITY LEADERSHIP TEAM



PURPOSE

Live Well San Diego Central Regional Community Leadership Team is comprised of diverse partners and agencies who work together to advance a shared vision of a healthy, safe, and thriving Central Region.



GOALS

- ✓ To identify needs, priorities, and opportunities for collaboration to advance equity in the region.
- ✓ To provide a space where the community can convene and share invaluable input to inform programs and services.
- ✓ To identify opportunities for collaboration through project development and promoting partner initiatives.

WORKGROUPS



Housing for All



Vision Statement:

To shorten, reduce, and prevent the unhoused experience in San Diego County's Central Region by collaboratively working towards equitable housing for all.

Mission Statement:

To empower our community to effectively provide equitable resources, holistic, supportive services, and permanent housing solutions for the Central Region's unhoused population through a collaborative, person-centered approach.

Health & Wellbeing



Vision Statement:

The Central Region will foster a community-oriented health ecosystem where people of all ages who live, work, and play in the Central Region are healthy, safe, and thriving.

Mission Statement:

To create a space where key stakeholders, community-based organizations, and residents are able to address social and structural determinants of health by empowering and uplifting communities in the Central Region.

Education & Economic Development



Vision Statement:

A thriving Central Region where all individuals and families are empowered through equitable investments for economic and educational excellence.

Mission Statement:

To identify, develop and implement an effective socio-economic ecosystem in the Central Region by co-creating equitable investments and initiatives that promote and align with supportive pathways for economic development, access to quality education and health and wellness.

OCTOBER POTLUCK MEETING



When: Monday, October 28th, 2024

Where: Southeastern Live Well Center

What: Potluck Style! Sign up using link in chat

POLL UPDATE AND NOV. MEETING



Thank you for participating in our poll!

- *Meetings will now commence from 1:30-3:30pm and we will continue rotating to different partner venues. Please share venue recommendations!*
- *November meeting is moved up to **Wed. November 6th** from 1:30-3:30pm held at the **Southeastern Livewell center**.*



CBO SUITE AT THE SOUTHEASTERN LIVE WELL CENTER



HOURS OF OPERATION

- Monday - Friday
- 7:00 AM - 5:00 PM

AMENITIES

- 6 small conference rooms with AV Equipment
- 4 workstations with desktop computers
- 8 workstations with charging stations



CONTACT INFORMATION



858-351-6075



SELWCReservations.HHSA@sdcounty.ca.gov



5101 Market Street,
San Diego, CA 92114

JOIN TODAY!

JOIN THE COMMUNITY ACTION BOARD (CAB) TO MAKE AN IMPACT IN YOUR COMMUNITY

A CITIZEN ADVISORY BOARD THAT OVERSEES COMMUNITY ACTION PARTNERSHIP PROGRAMS

CAP administers programs that empower economically disadvantaged communities and their residents to provide opportunities to achieve self-sufficiency.

- Represent the public, private, and economically disadvantaged sectors in your region (*view back of flyer to check which region you are located in*)
- Bring together community leaders to help shape responses to local needs on the issues and causes of poverty
- Advise the Board of Supervisors on issues related to CAP programs and services
- Meetings are held in person on 2nd Thursday of the month from 3:30 to 5:00 pm (minimum 6/year)

Complete the application online at <https://bit.ly/3WmGle1>

For further information, visit www.sdcountycap.com





UNITED AGAINST HATE WEEK
Sept. 21-27, 2024

SAN
DIEGO
STANDS
UNITED
AGAINST
HATE

Preventing suicide starts
with a conversation.



Giving your child space to share what they're thinking or feeling can make things better, not worse.



Call 988 or visit Up2SD.org today to learn what to say to help.

SEPTEMBER IS SUICIDE PREVENTION MONTH

SUICIDE PREVENTION TRAININGS

Know the Signs. Be Prepared!



LGBTQIA+ Safer Spaces Training

Learn how you can cultivate safer spaces for lesbian, gay, bisexual, and transgender youth.

K-12 Educators, Parents, Caregivers

- Free
- Online, In-Person
- English

Suicide Prevention Council
www.SPCSanDiego.org 858-609-7960

Applied Suicide Intervention Skill Training ASIST

Learn suicide intervention skills widely used by healthcare providers to help close ones.

Community members, Youth 16+, Groups

- Free
- Online, In-Person
- English

Suicide Prevention Council
www.SPCSanDiego.org 858-609-7960

Question, Persuade, Refer

Learn the warning signs of a suicide crisis and how to respond. Additional trainings available for select audience/ages.

Community Members, Groups

- Free
- Online, In-Person
- English

Suicide Prevention Council
www.SPCSanDiego.org 858-609-7960

Mental Health First Aid

Learn how to assist individuals facing various mental health concerns. Additional trainings available.

Community Members & Organizations

- Free
- Online, In-Person
- English, Spanish

Mental Health America of San Diego County
www.MHASD.org/mhfa 619-543-0412

First Responder Suicide Prevention Training FRSP

Learn conversation and response strategies for suicide prevention and explore resources.

First Responders & Groups

- Free
- Online, In-Person
- English

Suicide Prevention Council
www.SPCSanDiego.org 858-609-7960

SCAN THE QR CODE OR FOLLOW THE LINK FOR ADDITIONAL SUICIDE PREVENTION RESOURCES



bit.ly/SDSuicidePrevention

If you or someone you know needs help, call the Access & Crisis Line at 888-724-7240, seven days a week/24 hours a day. You can also call the national Suicide and Crisis Lifeline at 988.

TODAY'S AGENDA



Welcome



Introductions & Announcements



Disaster Preparedness Presentation, County of San Diego



Workgroup Activities

Discuss/Review Projects

Discuss/Review Workplan

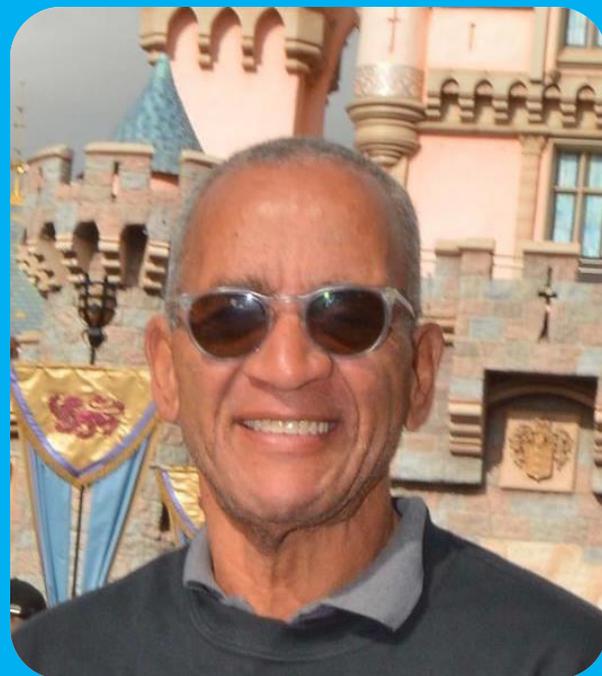


Workgroup Report Out



Next Steps Closing Remarks





Barry Pollard, Co-Chair
Executive Director
Urban Collaborative Project CDC



INTRODUCTIONS & ANNOUNCEMENTS





Disaster Preparedness Presentation

*Yuliana Briceño (she/her/ella)
Emergency Services Coordinator
Office of Emergency Services
County of San Diego*



Workgroup Activity





Workgroup Report Out





NEXT STEPS & CLOSING REMARKS



SAVE THE DATE!



Central Region Community Leadership Team Meeting

Monday, October 28th

1:30 PM – 3:30 PM

**POTLUCK AT SOUTHEASTERN LIVE
WELL CENTER!**



THANK YOU!

