



**Live Well San Diego**  
**South Region Community Leadership Team Meeting**  
**Behavioral & Mental Health Work Group**

Wednesday, April 3, 2024 | [Zoom Link](#) | 9:30 AM-10:30 AM

**Work Group Agenda**

**Attendees:**

Action Items	Assigned To	Due Date
<ul style="list-style-type: none"><li>• Contact Champions for Health to have them offer vaccines at fair</li></ul>		
<ul style="list-style-type: none"><li>• Develop a blurb for the event (send to Janet and Crystal for review)</li></ul>		
<ul style="list-style-type: none"><li>• Send Thrive Community Fair flyer to Viviana to add to youth newsletter</li></ul>		
<ul style="list-style-type: none"><li>• Connect with Jason Navarro on future collaborations with OEqC (Hireminds.sandiego@gmail.com; <a href="mailto:jason.navarro@turnbhs.org">jason.navarro@turnbhs.org</a>)<ul style="list-style-type: none"><li>○ He leads workplace mental health focused coalition, named Hire Minds Coalition</li><li>○ Also connect with Jason about SELWC meeting space</li></ul></li></ul>		

I. Welcome

II. Community Fair Planning

Use of community space: (MAAC Community Charter School)

- Be respectful of charter school students when
- Reserve side parking lot for event
  - Suggest using space inside of community space

#### Funding for Refreshments:

- No official response yet, still being processed (Manpreet)
- Food options (preferably healthy snacks)
- Need refreshments for guests
  - Northgate can donate water bottles (tend to donate for community events)
  - Pualani offering to pick up food items
- County doesn't usually ask for donations, but can help with language coordination when writing requests for donations

#### Tabling:

- Scripps Table will have an interact game regarding traffic safety
- DEA will provide resources on youth drug prevention, brain on drugs, and fentanyl information
- Tobacco Control Resource Program- Patient referrals to quit smoking and vaping
- San Diego Pace- Resources on primary care health plans and all-inclusive resources for the elderly
- Acadia Healthcare OTC -opioid use disorder, outpatient care, in-take process
- Elevate San Diego Mission Academy- information on schooling
- Southern Caregiver Resource Center-Housing resources, independent living
- OEqC- info on Live Well SD flyers, general mental health services, programs and services (Check Your Mood)

Pau to reach out to SANDAG

### III. Announcements

- Tranqui organization to host Bailando en el Barrio event, Wellness/ Resource Fair in Memorial Park on / logan heights Saturday September 21<sup>st</sup> 12pm - 4pm (Live music festival focused on wellness)
  - Free open event, if anyone wants to table, there will be a sign up list
- Public Health Week April 1-7
- GRG Central/Couth May 25<sup>th</sup>, SELWC

- Fall prevention and car seat safety tips from Pau
- ECS event postponed
- OneStop Health Center, April 11<sup>th</sup>, Cafecito con Alzheimer's, workshop about Alzheimer in family members

#### IV. Closing Remarks