

San Diego County Suicide Prevention Council Question Persuade Refer (QPR) North County IN PERSON Training

QPR (Question, Persuade, and Refer) Gatekeeper Training for Suicide Prevention is a 2 hour training designed to teach anyone the warning signs of a suicide crisis and how to respond.

QPR trains you on:

- Recognizing suicide warning signs
- Ways to initiate conversation
- Methods of providing help and hope



This is an **IN PERSON** training on
January 23, 2024 from 5:00pm-7:00pm

at

Fallbrook Regional Health District, Community Health & Wellness Center
1636 E. Mission Rd., Fallbrook, CA, 92028



To register for a session, scan the QR code above or [click here](#).



For any questions, please contact the SPC team at spcsandiego@sdchip.org or 858-609-7696.



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