



COVID-19 WEEKLY UPDATE

OLDER ADULT AND DISABILITY SECTOR

Thursday, March 18, 2021

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While vaccines have arrived in the region, supplies remain **extremely limited.**

People are asked to please **be patient.** As supply increases, providers will be able to perform more vaccinations.



www.coronavirus-sd.com



Connect with us!

For guidance, resources, and FAQs related to this sector, visit the Older Adult and Disability Sector website:

www.coronavirus-sd.com/AgingandDisability



If you have questions related to older adults, persons with disabilities, and service providers during the COVID-19 pandemic, please email:

COVID-AIS@sdcounty.ca.gov



Looking for programs, services, and resources for older adults and adults with disabilities to assist during COVID-19?

[CLICK HERE](#)



Stay Informed



Now Vaccinating: Individuals with Certain Health Conditions, Including High Blood Pressure and Overweight/Obesity, and IHSS Consumers

Effective March 15th, those who fall into [Phase 1C](#), which includes certain health conditions, disabilities, congregate residential settings, and IHSS Consumers are now eligible for the COVID-19 vaccine. Click [here](#) to see a list of the current eligible health conditions and other eligibility criteria.

You will be asked to confirm that you have an eligible health condition or high-risk disability.

Appointments will be required at most sites. Individuals must be able to show they live **OR** work in San Diego County **AND** are at high-risk for COVID-19 at the time of their appointment. You will need to bring a photo ID **AND** at least one of the documents listed below for proof of residency:

Examples of Proof of Residency

(must include San Diego County address with zip code)

- Photo ID

- Home utility bill, such as gas, electricity, water/sewer, cable/internet) issued in past 60 days (cell phone bills OK)
- Current mortgage, housing, or property tax paperwork
- Insurance policy or banking/credit card statement
- Employer address (if you work in the San Diego County)



County in Red Tier Effective March 17th

San Diego County, along with 11 other counties, has moved into the less restrictive Red Tier effective March 17th. The change in tier will allow indoor operations to resume with limited capacity and modifications to entities such as restaurants, gyms, movie theaters and others.

Currently, testing positive percentage is 3.3% with a health equity metric of 4.5%. Though two of the three metrics qualify the County for the Orange Tier or Tier 3, the state assigns counties to the most restrictive tier. The County must remain in the Red Tier and post two consecutive weeks of data that reflect Orange Tier status before moving into this less restrictive tier.



Telebriefings



Friday, March 19 – Upcoming Older Adult and Disability Telebriefing

The **Older Adult and Disability Sector** telebriefing is held every 3rd Friday of the month from 3:00 pm to 4:00 pm.

The next telebriefing will be **THIS** Friday, March 19th at 3:00 pm.

This week we are excited to have Gary Johnson, our Chief Resilience Officer, with us. He will share updates on what it means to be in the Red Tier. Dr. John Malone will be joining us to share what you need to know about vaccine eligibility!

Participants have the option to submit questions in advance ask questions during the call through the online chat feature on the Zoom platform.

Join the telebriefing by using the Zoom Meeting Link or Dial-In for listen mode only:

[Zoom Meeting Link](#)

[Submit Telebriefing Questions](#)

Meeting ID: 218 631 109

Dial-In number: 1 (669) 900-6833 or 1 (346) 248-7799

For any questions you would like answered before our next telebriefing, please email COVID-AIS@sdcounty.ca.gov.

[Visit the Older Adult and Disability Sector Support webpage to learn more.](#)



Announcements and New Releases



County's Rent and Utility Assistance Application Period Extended!

The County of San Diego's Emergency Rent and Utilities Assistance Program (ERAP) application period has been **extended** through March 31st. Applications are available in several languages. Applicants who do not have internet access or need additional language support can call (858) 694-4801.

Renters in all jurisdictions except the City of San Diego and City of Chula Vista may apply through the County program (Chula Vista and San Diego residents have their own separate application process and program. Learn more [here](#)).

Eligibility requirements:

- Household must be renting, and experienced financial hardship directly or indirectly related to

COVID-19, or have qualified for unemployment during the pandemic.

- Hardships include a reduction in household income, incurring significant costs, or experiencing other financial hardship.
- Households must not exceed [80% area median income](#) to qualify and must be either at risk of homelessness or facing housing instability.

For complete details and eligibility criteria, please visit: <https://www.sandiegocounty.gov/sdhcd/community-development/COVID-19-Emergency-Rental-Assistance-Program.html>.

Note, residents of the City of San Diego and residents of the City of Chula Vista have their own separate program and application process. If you are not sure which jurisdiction you reside in, please click on the map to search for your rental address [here](#).



CDC's V-safe App Available in Multiple Languages

The CDC relies on several systems to monitor vaccine safety, including [V-safe](#), a smartphone-based vaccination health checker tool. V-safe allows users to report side effects after receiving the COVID-19 vaccination to CDC in almost real time. V-safe is now available in English, Korean, simplified Chinese, Spanish, and Vietnamese. To learn more, watch a quick video [here](#).



San Diego Food Assistance Programs

As families and individuals continue to face food insecurity due to changes to income or unstable job situations as a result of COVID-19, more emergency food assistance programs have been made available across San Diego County. The San Diego Food Bank's food distribution programs will continue to serve those in need throughout the duration of the Coronavirus crisis. Below is a list of food distributions scheduled for the month of March 2021:

- [Super Pantry Program](#)
- [Emergency Food Assistance Program](#)
- [Neighborhood Food Distribution Program](#)
- [Senior Food Program](#)

For more information, visit

<https://sandiegofoodbank.org/gethelp/>.



San Diego County Public Health Order

Effective 1/25/21, California re-imposed the [Blueprint for a Safer Economy](#) for reducing COVID-19 in the state that outlines criteria for loosening and tightening restrictions on activities.

- To view the full Public Health Order for the County of San Diego click [here](#).
- General Public: to report businesses or organizations that are open and have been ordered to close, or otherwise not following the Public Health Order:
 - Call (858) 694-2900
OR
 - Email SafeReopeningComplianceTeam@sdcounty.ca.gov.
- Employers: to notify the County of an employee with COVID-19:
 - Call (888) 950-9905
 - Please provide the employee's name, date of birth, and contact information

Public Health Order Information/State Updates:

Please note: Although some businesses are now open, the County of San Diego strongly recommends that all persons who are 65 years old or older, have a chronic underlying condition, or a compromised immune system, continue to self-quarantine at home or other suitable location.

- **UPDATE:** California's Blueprint for a Safer Economy (Effective 3/17/21)
 - San Diego County
 - [Red Tier Operations](#)
 - Business/Activities

- Restaurants – Indoors 25% capacity or 100 people (whichever is less)
 - Museums, Zoos, Aquariums – Indoors 25% capacity
 - Retail/Shopping Centers – 50% capacity
 - Gyms – Indoors 10% capacity
 - Movie theaters – Indoors 25% capacity or 100 people (whichever is less)
- **NEW:** Breweries, Wineries, Distilleries
 - As of 3/13/21, breweries, wineries, and distilleries that do not service meals may open outdoors only with modifications (note: guidance does not apply to establishments that provide meals)
 - Visitors must have reservations and abide by a 90-minute time limit
 - All service for on-site consumption must end by 8:00 pm
- County of San Diego Order of the Health Officer (2/12/21)
 - Quarantine of Persons Exposed to COVID-19
 - <https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/Epidemiology/covid19/HealthOfficerOrder-Quarantine.pdf>



COVID-19 Information and Resources



County of San Diego Coronavirus Disease 2019

For up-to-date local information on COVID-19 within the County of San Diego, visit

www.coronavirus-sd.com



COVID-19 Testing

Do you want to learn more about COVID-19 testing?

[CLICK HERE](#)



COVID-19 Vaccines

Do you want to learn more about COVID-19 vaccines?

[CLICK HERE](#)

