



# FALL PREVENTION AWARENESS DAY 2019

## Taking Steps to Prevent Falls

**Monday, September 23, 2019**

**9:00 AM - 12:00 PM**

**San Marcos Senior Activity Center**

111 Richmar Avenue

San Marcos, CA 92069

To register for this **free** event,  
please call **(760) 744-5535**

*Light refreshments will be provided, but if you would like to have lunch at the Senior Activity Center, please RSVP the day before over 60: suggested \$4 donation; under 60 \$5 fee)*



### Exhibitors

Health Screenings

Expert Speakers

Refreshments

Opportunity Drawing

Resources and Information

