






# JUNE 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Crispy oven chicken, wild rice, green beans, broccoli raisin salad, fruit</p>	<p>3</p> <p>Meatloaf (beef), mashed potatoes, gravy, peas &amp; carrots, fruit</p>	<p>4</p> <p>Chicken cacciatore w/marinara sauce, green bell peppers, tomato, mushrooms &amp; onions, green salad, fruit</p>	<p>5</p> <p>Battered baked cod, white rice, mixed veggies, apple celery slaw, fruit</p>	<p> <b>Vegetarian</b> 6</p> <p>Spinach enchilada w/corn tortilla, Spanish rice, green salad, fruit</p>
<p>9</p> <p>Krab cake, brown rice, honey glazed carrots, coleslaw, fruit</p>	<p> <b>Vegetarian</b> 10</p> <p>Pizza w/marinara sauce, cheese, tomato, mushrooms &amp; more, green beans &amp; cauliflower, green salad, fruit</p>	<p>11</p> <p>Seasoned meatballs (beef), pasta, mixed veggies, green salad, fruit</p>	<p>12</p> <p>Baked seasoned chicken, pasta salad, green salad, fruit</p>	<p>13</p> <p>Baked breaded cod, wild rice, roasted brussels sprouts, spinach, fruit &amp; dessert</p> <p><b>Happy Father's Day</b></p>
<p>16</p> <p>Baked chicken, baked potato, peas &amp; carrots, fruit</p>	<p>17</p> <p>Sloppy Joe (beef) sesame seed bun, broccoli &amp; carrots, fruit</p>	<p>18</p> <p>Tuna sandwich w/ celery, tomatoes &amp; onion, veggie soup, carrot raisin salad, fruit</p>	<p> <b>Vegetarian</b> 19</p> <p>Mac &amp; cheese, mixed veggies, green salad, fruit</p>	<p>20</p> <p>Teriyaki chicken, wild rice, mixed veggies, green salad, fruit</p>
<p>23</p> <p>Lasagna w/ beef, noodles &amp; cheese, corn, coleslaw, fruit</p>	<p>24</p> <p>Baked breaded cod, brown rice, green beans, golden mandarin beet salad, fruit</p>	<p>25</p> <p>Chicken pot pie w/ mixed veggies, green salad, roll, fruit</p>	<p>26</p> <p>Baked pork chop w/ mushroom gravy, mashed potatoes, mixed veggies, fruit</p>	<p>27</p> <p>Beef broccoli, roll, mixed veggies, green salad, fruit</p>
<p>30</p> <p>Krab cake, couscous, mixed veggies, carrot raisin salad, fruit</p>	<div> <div> <p>The Senior Center is closed to all activities except for the Senior Nutrition Program on Thursday, June 19.</p> </div> <div> <p><b>Community Services Agency's (CSA) Senior Nutrition Program</b> offers a dine-in meal in the Social Hall of the Mountain View Senior Center. Doors open at 10:30 a.m., sign in starts at 11 a.m. and lunch is served from 11:45 a.m. to 12:15 p.m. The Social Hall will close at 1 p.m. A \$3 donation is suggested for permanent residents 60+ Santa Clara County. <b>Lunch service is first come, first served and availability is not guaranteed.</b></p> <div>  = Meal contains more than 1000mg sodium  = Vegetarian Meal </div> </div> </div>			

Mountain View Senior Center

266 Escuela Ave

Senior Nutrition Phone (650) 964-6586

Menu subject to change

Milk served with each meal