


*Menu subject to change

APRIL 2025

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef enchilada casserole, Spanish brown rice, corn, and fruit	Vegetarian 2 Baked ziti pasta, mixed veggies, green salad, egg, and fruit	3 Baked pork chop with gravy, mashed potatoes, peas & carrots, and fruit	4 Garlic chicken, wild rice, mixed veggies, green salad, and fruit
7 Baked breaded cod, couscous, mixed veggies, carrot raisin salad, and fruit	Vegetarian 8 Spinach lasagna with pasta, cheese & marinara sauce, mixed veggies, and fruit	9 Seasoned baked chicken, wild rice, roasted brussels sprouts, and fruit	10 Beef stroganoff with pasta, mixed veggies, carrots, and fruit	11 Pork chop in orange sauce, brown rice, spinach, coleslaw, and fruit
Vegetarian 14 Chicken pot pie with mixed veggies, whole grain bread, and fruit	15 Meatloaf (beef), mashed potatoes, corn, and fruit	16 Baked breaded cod, wild rice, mixed veggies, coleslaw, and fruit	17 Baked sesame chicken, roll, roasted veggies, and fruit	Vegetarian 18 Pizza with cheese, marinara sauce, tomato & more, green beans & cauliflower, and fruit 
Vegetarian 21 Pasta with tomato, onion & zucchini, roasted brussels sprouts, and fruit	22 Baked breaded cod, couscous, cauliflower & carrots, coleslaw, and fruit	23 Teriyaki chicken, brown rice, mixed veggies, golden mandarin beet salad, and fruit	24 Seasoned pork chop, mashed sweet potatoes, green beans, and fruit	25 Baked breaded cod, wild rice, mixed veggies, spinach, and fruit
28 Chili verde pork chop, brown rice, broccoli & carrots, and fruit	29 Cranberry chicken, bread stuffing, kale, and fruit	30 Baked breaded fish, brown rice, green beans, green salad, and fruit	Community Services Agency's (CSA) Senior Nutrition Program offers a dine-in meal in the Social Hall of the Mountain View Senior Center. Doors open at 10:30 a.m., sign in starts at 11 a.m. and lunch is served from 11:45 a.m. to 12:15 p.m. The Social Hall will close at 1 p.m. A \$3 donation is suggested for permanent residents 60+ Santa Clara County. Lunch service is first come, first served and availability is not guaranteed.	

*Milk served with each meal

Mountain View Senior Center
266 Escuela Ave
CSA Senior Nutrition Program (650) 964-6586



= Meal contains more than 1000mg sodium