







DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
 2 Pasta w/cheese, tomato, onion & zucchini, roasted brussels sprouts, fruit	3 Baked breaded cod, couscous, cauliflower & carrots, coleslaw, fruit	4 Teriyaki chicken, brown rice, mixed veggies, golden mandarin beet salad, fruit 	5 Seasoned pork chop, mashed sweet potatoes, green beans & tomato, fruit	6 Reservations for Holiday Lunch will begin at 10 a.m. in the Social Hall. Baked cod, wild rice, mixed veggies spinach, fruit
9 Chili verde pork chop, Spanish brown rice, broccoli, fruit	10 Cranberry chicken, bread stuffing, kale, fruit	11 Baked breaded cod, brown rice, green beans, green salad, fruit	12 Chicken & rice casserole w/ breadcrumbs, celery & onions, mixed veggies, fruit	13 "Reservation Only" Drop-ins not available Chicken Cordon Bleu, scalloped potatoes, mixed veggies, dinner roll, fruit, dessert
16 Paprika chicken w/ mushrooms, mashed sweet potatoes, broccoli, fruit	17 Beef enchilada casserole, corn, brown rice, fruit	 18 Baked ziti pasta w/ cheese, mixed veggies, green salad w/ egg, fruit	19 Baked pork chop w/ mushroom gravy, mashed potatoes, peas & carrots, fruit	20 Garlic chicken, wild rice, mixed veggies, green salad, fruit
 23 Pasta primavera w/ cheese, mixed veggies, green salad, fruit	24 25 CLOSED		26 Beef stroganoff, pasta, mixed veggies, fruit	27 Pork chop w/ orange sauce, brown rice, spinach, coleslaw, fruit
30 Potato-crusted fish, rice pilaf, chickpea salad, carrots, fruit	31 		Senior Center is closed to all activities except Senior Nutrition Program Thursday, Dec. 26, Friday, Dec. 27 and Monday, Dec. 30. Doors open at 10:30 a.m. closing at 1 p.m.	

Mountain View Senior Center

266 Escuela Ave

Senior Nutrition Phone (650) 964-6586

Menu subject to change

Milk served with each meal