





APRIL 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <div>Chili verde pork chop, Spanish brown rice, mixed veggies, fruit</div>	<div>2</div> <div>Cranberry chicken, bread stuffing, kale, fruit</div>	<div>3</div> <div>Baked breaded cod, garlic bread, mixed veggies, fruit</div>	<div>4</div> <div>Chicken & rice casserole w/ cheese & brown rice, mixed veggies, fruit</div>	<div>5</div> <div>Beef broccoli, mixed veggies, coleslaw, fruit</div>
<div>8</div> <div>Paprika chicken w/ mushrooms, mashed sweet potatoes, broccoli, fruit</div>	<div>9</div> <div>Beef enchilada casserole w/ corn tortilla, cheese & sauce, corn, fruit</div>	<div>10</div> <div>Chile relleno casserole w/ egg & cheese, mixed veggies, fruit</div>	<div>11</div> <div>Baked pork chop w/ mushroom gravy, mashed potatoes, mixed veggies, fruit</div>	<div>12</div> <div>Garlic chicken, wild rice, mixed veggies, green salad, fruit</div>
<div><div></div><div>Academy Awards Movie Week</div><div></div></div>				
<div>15</div> <div>Baked breaded cod, couscous, mixed veggies, carrot raisin salad, fruit</div>	<div>16</div> <div>Spinach lasagna w/ cheese & marinara sauce, mixed veggies, fruit</div>	<div>17</div> <div>Seasoned baked chicken, wild rice, roasted brussels sprouts, fruit</div>	<div>18</div> <div>Beef stroganoff, pasta, mixed veggies, fruit</div>	<div>19</div> <div>Pork chop in orange sauce, brown rice, spinach, coleslaw, fruit</div>
<div>22</div> <div>Chicken pot pie, mixed veggies, fruit</div>	<div>23</div> <div>Meat loaf, mashed potatoes, corn, fruit</div>	<div>24</div> <div>Baked breaded cod, wild rice, mixed veggies, apple celery slaw, fruit</div>	<div>25</div> <div>Baked sesame chicken, dinner roll, roasted veggies, fruit</div>	<div>Vegetarian 26</div> <div>Pizza w/ cheese, marinara sauce & more, mixed veggies, fruit</div>
<div>Vegetarian 29</div> <div>Pasta w/ tomato, onion & zucchini, roasted brussels sprouts, fruit</div>	<div>30</div> <div>Baked breaded cod fillet, couscous, mixed veggies, coleslaw</div>	<div><div></div><div>April 11 - 14</div></div>		
<div><div>NUTRITION PROGRAM - The suggested contribution is \$3.00 for people 60 years and over. The meal cost is \$8.00 for people under 60 years old. Lunch is served from 11:45 a.m. to 12:15 p.m. Doors open 10:30 a.m. First come, first served.</div><div> = Meal contains more than 1000mg sodium</div></div>				