

Disaster Resilience Resources

Sustainability Interest Group, June 2026 Presentation

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How to Build a Preparedness Kit, and Other Government Disaster Resources

[Cal OES Family Readiness Guide](https://www.caloes.ca.gov/wp-content/uploads/Preparedness/Documents/Cal_OES_Family_Readiness_GuideENG.pdf) (https://www.caloes.ca.gov/wp-content/uploads/Preparedness/Documents/Cal_OES_Family_Readiness_GuideENG.pdf)

[Be Disaster Ready, California – Listos California](https://www.listoscalifornia.org/disaster-readiness/) (<https://www.listoscalifornia.org/disaster-readiness/>)

[FEMA- Preparedness Toolkit](https://preptoolkit.fema.gov/) (<https://preptoolkit.fema.gov/>)

Apps

[Watch Duty - Wildfire Maps & Alerts](https://app.watchduty.org/) (<https://app.watchduty.org/>)

[MyShake](https://myshake.berkeley.edu/) (<https://myshake.berkeley.edu/>)

Volunteer and Training Programs

California State Worker Disaster Programs

(<https://www.cdss.ca.gov/inforesources/disaster-services-branch/disaster-volunteer-programs>)

- [Volunteer Emergency Services Team \(VEST\)](#)
- [Functional Assessment Service Team \(FAST\)](#)
- For additional questions, contact DisasterVEST@dss.ca.gov

Community Emergency Response Team (CERT) - FEMA

[Sacramento Community Emergency Response Team \(CERT\)](https://sfdcercert.org/) (<https://sfdcercert.org/>)

[CERT in Action – Sacramento CERT](https://sfdcercert.org/about/cert-in-action/) – (<https://sfdcercert.org/about/cert-in-action/>) - Photos

Email questions about Sacramento Cert to: info@sfdcercert.org

To Join Sacramento CERT, apply for basic class: <https://sfdcercert.org/contact/join-cert>

Sacramento CERT Basic Qualification Training Fall 2026 Dates

Disaster Preparedness - Tue,
Sep 29

Disaster Medical 1/2 - Sat, Oct 3
Team Organization/Disaster
Psychology - Tue, Oct 6

Fire Suppression/Search and
Rescue - Sat, Oct 10

Terrorism/Review - Tue, Oct 13
Graduation Drill - Sat, Oct 17

Books and Media

Disasterology: Dispatches from the Frontlines of The Climate Crisis; Dr. Samantha Montano

Part memoir, part intro to disaster studies and survey of disaster response in the US.

What If We Get It Right: Visions of Climate Futures, Dr. Ayana Elizabeth Johnson
Chapter Disasterology - *Interview with Samantha Montano*

A hopeful book of interviews by the author of the national bestseller *All We Can Save: Truth, Courage and Solutions for the Climate Crisis*, including one with the author of *Disasterology*. The audio version highlights the interview aspect..

Five Days at Memorial, Sheri Fink

Five Days at Memorial (Drama), Apple TV Limited Series, 2022

For more of a deep dive into what happened at Memorial Hospital during Hurricane Katrina and the flooding that followed the levees breaking.

A Paradise Built in Hell: The Extraordinary Communities That Arise in Disaster,
Rebecca Solnit

Moving case studies of many pro-social responses from the 1906 SF Earthquake through modern times by the award-winning author of *Men Explain Things to Me*

Eye of the Storm: Facing Climate and Social Chaos with Calm and Courage, Terry LePage

Tips and tools for living your values during hard times, especially if you are starting with a pretty bleak outlook for things to come.

The Resilient Gardener: Food Production and Self Reliance in Uncertain Times, Dr. Carol Deppe

Organic gardening advice for hard times by Harvard trained geneticist. Includes gardening with disabilities and growing for people sensitive to gluten.

[Live Like the World is Dying](https://www.livelihoodtheworldisdying.com/) (<https://www.livelihoodtheworldisdying.com/>)

Preparedness podcast “for what feels like the end times”. Has particular viewpoint.

Ham Radio

[W6SF Website 2.0 – Stockton-Delta Amateur Radio Club](https://w6sf.org/) (<https://w6sf.org/>)

Stockton Delta Amateur Radio Club Periodically Offers One Day “Ham Cram” Study and Test Sessions to become a licensed amateur radio technician