



**Los Angeles County
Department of Mental Health**

Countywide Full Service Partnership (FSP) Administration
Adult (21 and over) Full Service Partnership



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.



1

1

Full Service Partnership (FSP)

- The Los Angeles County (LAC or County) Department of Mental Health (DMH) Adult Full Service Partnership (FSP) programs provide comprehensive, intensive, community-based mental health services to adults with a severe mental illness (SMI).

2

2

Full Service Partnership (FSP)

Adult FSP Services aim to help clients

- increase their ability to function at optimal levels
- decrease homelessness
- decrease incarcerations
- reduce unnecessary medical and psychiatric urgent care and
- reduce unnecessary emergency room visits and hospitalizations.

3

3

Full Service Partnership (FSP)

FSP services provide an array of intensive outpatient field capable mental health services, including but not limited to:

- medication services
- individual and group therapies
- case management
- housing services
- interventions for substance use disorders
- education and employment services, and
- psychosocial skills building.

4

4

Full Service Partnership (FSP)

To be considered for enrollment, prospective FSP clients must have:

- a current DSM-5/ICD-10 diagnosis of a major psychiatric disorder and
- demonstrate a need for an intensive FSP program by virtue of their history and current level of functioning.

5

5

Process Questions

1. How is a treatment plan developed? Who is involved?
2. How is progress tracked?
3. When is a person disenrolled from an FSP?
4. What are the constraints and challenges?

6

6

Adult FSP Eligibility Criteria

Adults **MUST BE** age 21 and above.

Adult FSP Teams may also enroll individuals who are 18-20 years of age who otherwise might not be able to obtain or maintain appropriate care, as approved by LAC-DMH FSP Administration on a case-by-case basis.

Adults **MUST** meet **ALL** of the following eligibility criteria:

- Has a SMI (e.g., schizophrenia, bipolar disorder, schizoaffective disorders, or other serious mental health diagnosis resulting in significant impairments to functioning);
- Demonstrate a need for an intensive FSP program by virtue of their history and current level of functioning.

7

7

Adult (ages 21+) FSP Focal Population Criteria

HOMELESS – defined as:

- An individual living on the streets, in an abandoned building or vehicle.
- An individual living in another location not meant for human habitation.
- An individual prioritized by and/or assessed as homeless by DMH (e.g., on the Los Angeles County 5% list, identified as highly vulnerable homeless through predictive analytics or rating scales, followed by a DMH Homeless Outreach Team).

8

8

Adult (ages 21+) FSP Focal Population Criteria

JUSTICE INVOLVED – defined as:

- An individual who was incarcerated immediately prior to request for enrollment in FSP.
- An individual who had been incarcerated for at least 30 days within the last 12 months.
- An individual currently on probation/parole (except those in Post-Release Community Supervision (PRCS). Refer to AB 109 program).
- An individual who will be homeless upon release from an institution such as a County jail or a hospital.

9

9

Adult (ages 21+) FSP Focal Population Criteria

HIGH UTILIZERS OF EMERGENCY OR HIGH ACUITY MENTAL HEALTH SERVICES – defined as:

- An individual who has had 2 or more encounters in the past 90 days with a mental health crisis intervention team.
- An individual who has had 3 or more visits to a medical or psychiatric emergency room or urgent care center.
- An individual with at least one psychiatric hospitalization of more than 5 inpatient days in the previous 6 months or at least 2 psychiatric hospitalizations within the last 12 months.

10

10

Adult (ages 21+) FSP Focal Population Criteria

HIGH UTILIZERS OF EMERGENCY OR HIGH ACUITY MENTAL HEALTH SERVICES – defined as (continued):

- Individual released from an Institution for Mental disease (IMD) or a state hospital within the past 6 months.
- Individual currently on a Lanterman-Petris-Short (LPS) conservatorship or a temporary conservatorship due to a determination of grave disability.

11

11

Adult (ages 60+) FSP Focal Population Criteria

- To be considered for enrollment, Older Adults 60 years of age and above, **MUST MEET** the Adult FSP services criteria.
- **HOWEVER**, Older Adults with a SMI who **DO NOT MEET** all of the Adult FSP services criteria may still be eligible for Older Adult services if they are:

12

12

Adult (ages 60+) FSP Focal Population Criteria

- At risk of immediate physical harm or institutionalization, including medical institutionalization, such as in a Skilled Nursing Facility (SNF), Board and Care or Nursing Home. (Client's eligibility under the at risk criteria will be considered at the discretion of service area navigation and countywide FSP administration).
- Older adult with serious or multiple chronic or acute physical health issues who is not adhering to health recommendations due to SMI leading to health risk.
- Older Adult with fall risk due to chronic health conditions and numerous medications.

13

13

Adult (ages 60+) FSP Focal Population Criteria

- An older adult whose current housing does not adequately meet physical, social, psychological or other needs to such a degree that a need for transfer to an institutional setting appears likely, for instance:
 - An older adult living independently who is unable to provide food for self or self-administer medications safely due to mental illness.
 - Severe isolation (e.g. living alone with poor self-care and food insecurity and unable/unwilling to access health services).
 - An older adult living with family referred to Adult Protective Services (APS) because family appears unable to facilitate the individuals mental or physical health treatment.

14

14

Adult FSP Referral Procedures

- Referrals are screened by the appropriate Service Area (SA) Navigation Team to ensure they meet criteria for a FSP program.
- Appropriate referrals are pre-authorized and assigned to an FSP agency for the initiation of Outreach & Engagement services.
- SA Navigation Teams process referrals, link clients to community resources, and provide consultation and follow-up.

15

15

Adult FSP Referral Procedures

- All requests for FSP services shall be done through Service Request Tracking System (SRTS).
- SRTS is used by all LACDMH provider and administrative linkage sites for linkage to mental health services.
- Countywide FSP Administration staff makes the final determination as to the appropriateness of the individual for FSP services and indicates approval of authorization.

16

16



DMH Countywide FSP Administration

Adult/Older Adult FSP

adultoafsp@dmh.lacounty.gov

17

17