



# AT PARKS AFTER DARK

Thursday evenings June 13-August 1 | 6-9 PM

Check out the schedule of events at your local park. Free activities for the whole family!

## June 13

- **Ruben F. Salazar** – Healthy Beverage Demonstration
- **Athens** – Recipe Demonstration, Free Produce
- **Mona** – Recipe Demonstration, Free Produce
- **Jesse Owens** – Free Produce
- **Saybrook** – Nutrition Education Class
- **Mayberry** – Zumba, Healthy Beverage Demonstration

## June 20

- **Mary M. Bethune** – Nutrition Education Class, Zumba, Free Produce
- **Saybrook** – Nutrition Education Class, Healthy Beverage Demonstration
- **East Rancho Dominguez** – Zumba Class, Healthy Beverage Demonstration

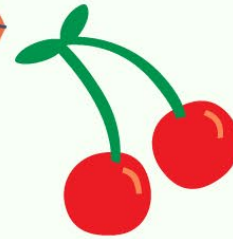
## June 27

- **Ruben F. Salazar** – Healthy Beverage Demonstration
- **Athens** – Healthy Beverage Demonstration
- **Jesse Owens** – Recipe Demonstration, Free Produce
- **Colonel Leon H. Washington** – Free Produce
- **Saybrook** – Nutrition Education Class
- **Franklin D. Roosevelt** – Group Fitness Class, Healthy Beverage Demonstration

## July 11

- **Eugene A. Obregon** – Healthy Beverage Demonstration
- **Colonel Leon H. Washington** – Free Produce
- **Helen Keller** – Recipe Demonstration, Free Produce
- **Ted Watkins** – Recipe Demonstration, Free Produce
- **Saybrook** – Nutrition Education Class





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### July 18

- **Mona** – Recipe Demonstration, Free Produce
- **Helen Keller** – Nutrition Education Class
- **Saybrook** – Nutrition Education Class, Free Produce
- **Belvedere** – Group Fitness Class, Healthy Beverage Demonstration

### July 25

- **Mary M. Bethune** – Nutrition Education Class, Healthy Beverage Demonstration, Recipe Demonstration, Free Produce
- **Helen Keller** – Nutrition Education Class, Recipe Demonstration, Free Produce
- **Franklin D. Roosevelt** – Recipe Demonstration, Free Produce

### August 1

- **City Terrace** – Healthy Beverage Demonstration, Free Produce
- **Athens** – Recipe Demonstration, Free Produce
- **Colonel Leon H. Washington** – Nutrition Education Class, Healthy Beverage Demonstration, Recipe Demonstration
- **Helen Keller** – Nutrition Education Class
- **Franklin D. Roosevelt** – Recipe Demonstration, Free Produce

Special thanks to our participating CalFresh Healthy Living funded partners:

