

INFLUENZA WATCH

Summary of Los Angeles County Department of Public Health (LAC DPH)
Influenza and Other Respiratory Disease Surveillance

Updated: 11-03-2023
MMWR Week: 43
Ending on: 10-28-2023

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Influenza Surveillance at-a-Glance

Virology	Illness	Severe Disease
<p>2.0% of specimens tested at LAC sentinel labs were positive for influenza in week 43. This is more than in week 42.</p> <p>This season, more influenza A has been detected than influenza B.</p>	<p>Visits for influenza-like illness accounted for 3.7% of emergency department visits in week 43, which is less than in week 42.</p>	<p>Pneumonia, Influenza, and COVID-19 accounted for 9.6% of all deaths registered in LAC during week 42, which is less than in week 40.</p> <p>0 deaths in adults aged ≥ 18 years had influenza listed as a primary or contributing cause of death since the start of the 2023-24 respiratory season.</p>

* See indicator specific sections for associated methods.

Los Angeles County Department of Public Health (DPH) prepares this newsletter to summarize current influenza surveillance data in Los Angeles County. **Weekly surveillance data are preliminary and subject to change.** More information regarding methods can be found on the surveillance system specific pages of this report.

COVID-19 surveillance data is published in the weekly COVID Watch surveillance report.

Daily counts of COVID cases and deaths are available on the LAC DPH website at http://dashboard.publichealth.lacounty.gov/covid19_surveillance_dashboard/

* LAC DPH surveillance data excludes the cities of Long Beach and Pasadena.

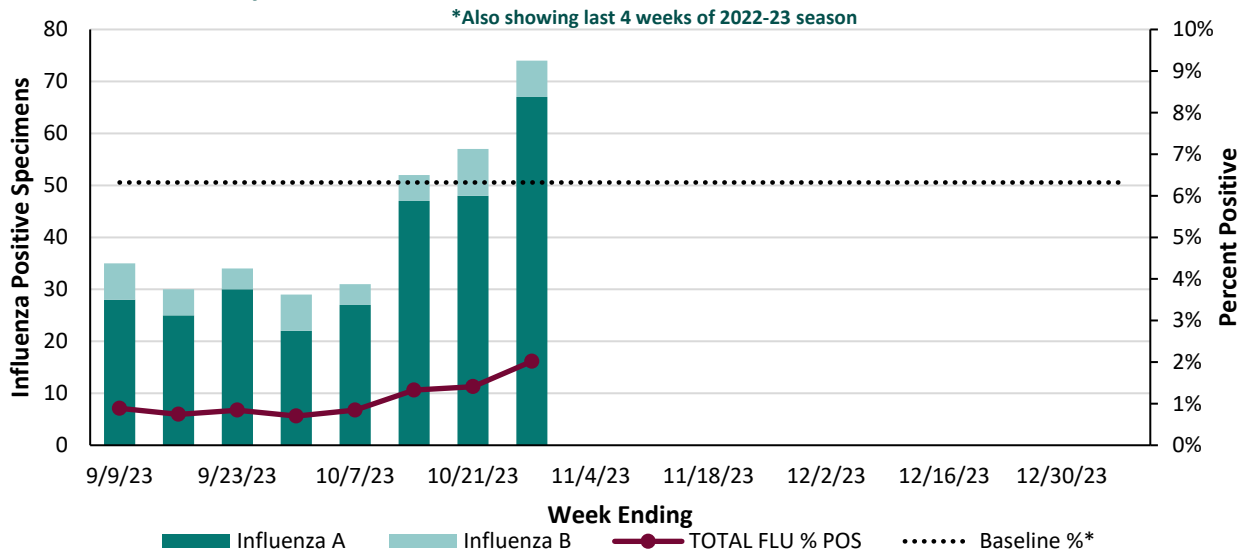
** The respiratory virus surveillance period starts with MMWR week 40 and runs through week 39 of the following year. The 2023-24 season started on Oct 1, 2023.

Virologic Surveillance

Sentinel Surveillance Laboratories

Viral surveillance data is provided by clinical laboratories serving hospitals and healthcare networks across Los Angeles County. Participating laboratories provide the number of positive tests and total number of specimens tested for SARS-CoV2, influenza and respiratory syncytial virus.

Figure 1. Respiratory Specimens Tested and Percent Positive for Influenza Virus by LAC Sentinel Surveillance Laboratories, 2023-24 Influenza Season*



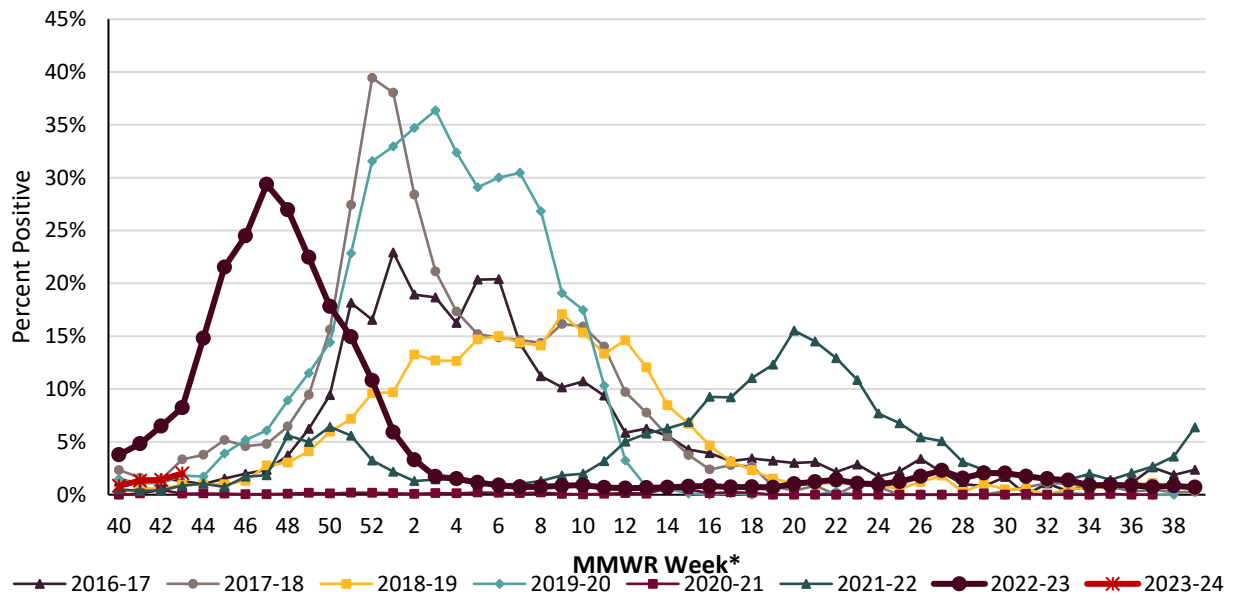
*The baseline is defined as the mean percentage of specimens testing positive during non-influenza weeks for the previous three seasons plus two standard deviations. Non-epidemic weeks are periods of ≥ 2 consecutive weeks during which each week accounted for $< 2\%$ of the season's total number of specimens that tested positive for influenza. The COVID-19 pandemic has affected the circulation of other respiratory viruses. Pandemic weeks are excluded from the baseline calculation.

Table 2. Respiratory Specimens tested for Influenza at LAC Sentinel Laboratories, this week and season to date

	This Week*	Previous Week*	Data Cumulative Since October 1, 2023 (Week 40)
Number of specimens tested	3,666	4,048	15,299
Number of positive specimens (%)	74 (2.0%)	57 (1.4%)	214 (1.40%)
Positive specimens by type			
Influenza A	67 (91%)	47 (90%)	189 (88%)
Influenza B	7 (9%)	5 (10%)	25 (12%)

*Data current as of date of report. May not include all reporting sites.

Figure 2. Percentage of Respiratory Specimens Testing Positive for Influenza at LAC Sentinel Surveillance Laboratories by Season, 2016-17 Through 2023-24



*Data have been shifted so that week 1 aligns across all seasons.

Figure 3. Respiratory Specimens Tested and Percent Positive for Respiratory Syncytial Virus (RSV) by LAC Sentinel Surveillance Laboratories, 2023-24 Season

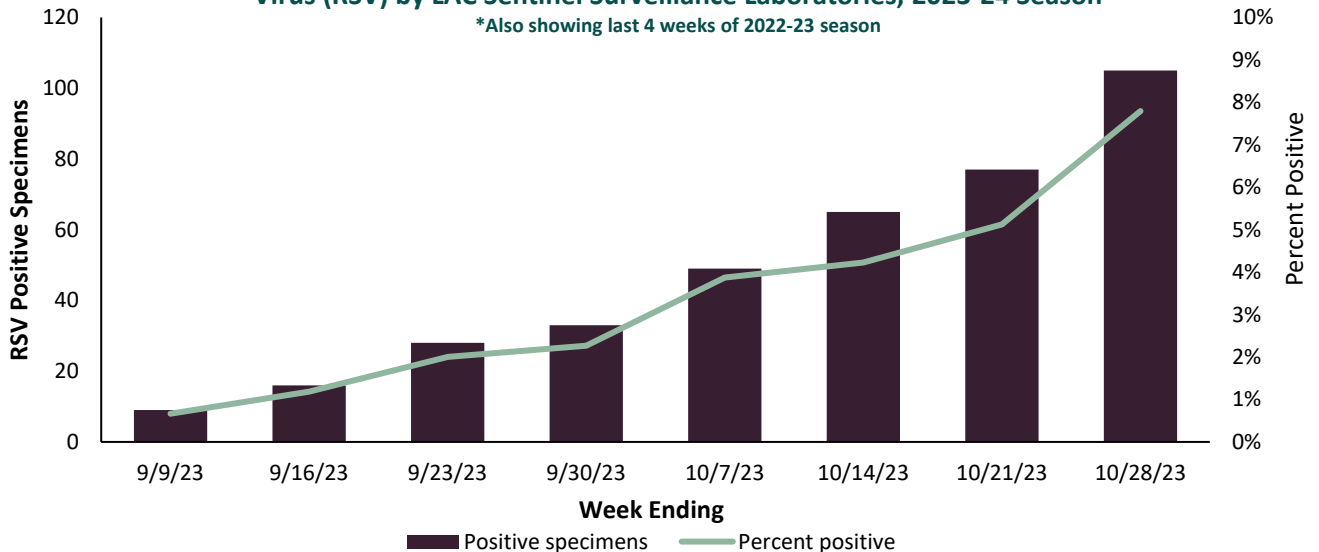
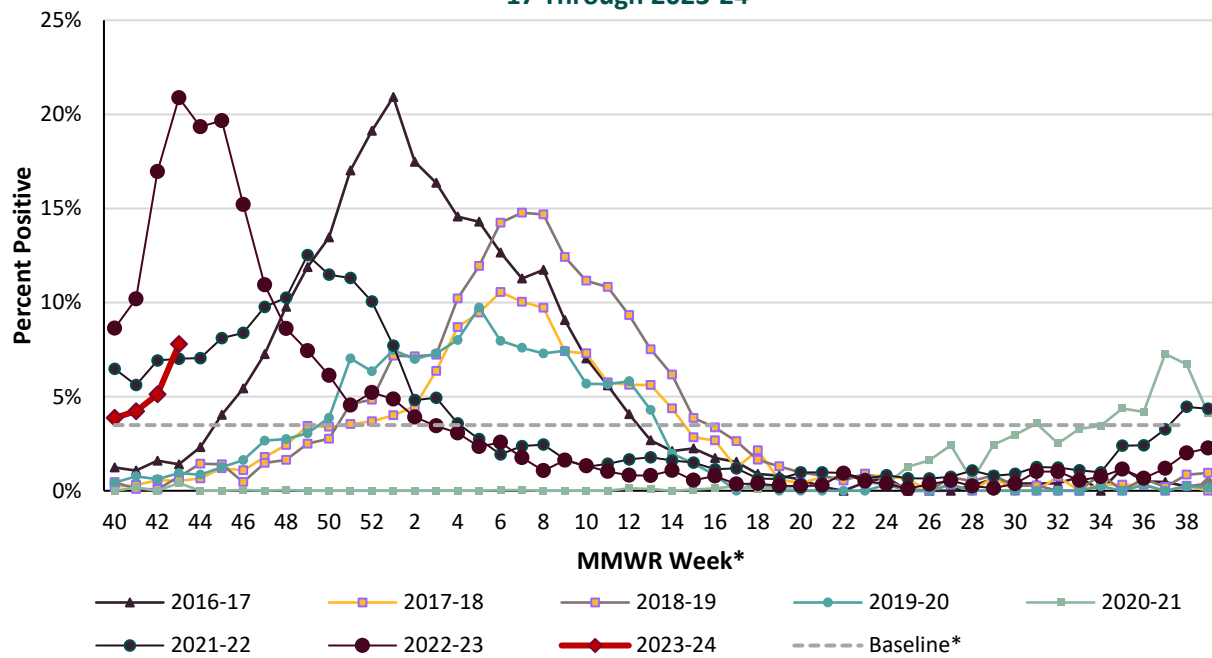


Table 3. Respiratory Specimens tested for Respiratory Syncytial Virus at LAC Sentinel Laboratories, this week and season to date			
	This Week*	Previous Week	Data Cumulative Since October 1, 2023 (Week 40)
Number of specimens tested	1,347	1,503	4,306
Number of positive specimens (%)	105 (7.8%)	65 (5.1%)	191 (4.4%)

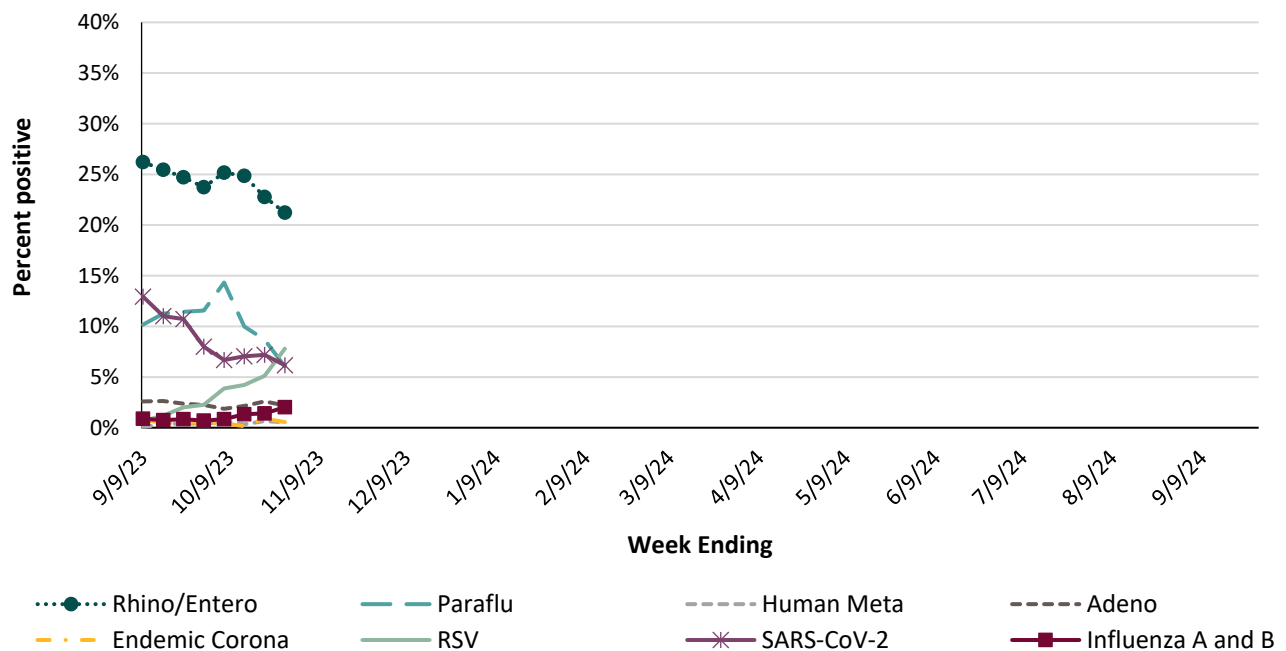
Figure 4. Percentage of Respiratory Specimens Testing Positive for Respiratory Syncytial Virus (RSV) at LAC Sentinel Surveillance Laboratories by Season, 2016-17 Through 2023-24



* Data have been shifted so that week 1 aligns across all seasons.

Figure 5. Percentage of Respiratory Specimens Testing Positive by Viral Etiology, Los Angeles County Sentinel Surveillance Laboratories, 2023-24 Influenza Season*

*Also showing last 4 weeks of 2022-23 season

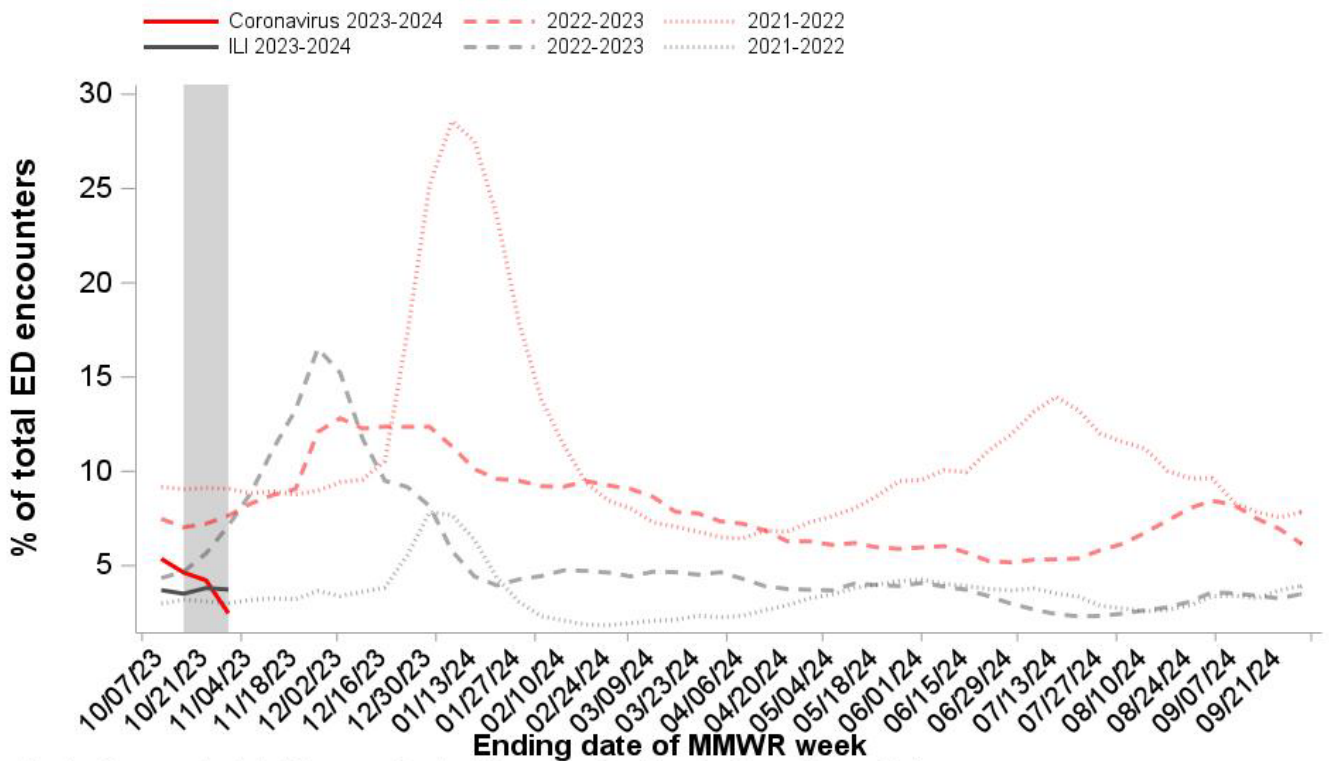


Illness

Los Angeles County Emergency Department (ED) Influenza-Like Illness (ILI) and COVID-19 Visits

Public Health's Syndromic Surveillance Project monitors initial self-reported symptoms from patients presenting to participating emergency departments throughout LAC. These symptoms are categorized into different clinical syndromes according to specific code words. Visits are included in the COVID-19 category if the chief complaint field includes any mention of "COVID", "Coronavirus" or similar key words. The syndrome of ILI is defined as mention of influenza; or fever (subjective or measured greater than 100°F) plus cough or sore throat. The ILI and COVID-19 classified ED visits for all ages and by age group are analyzed weekly and year-round. The COVID-19 and ILI categories are not mutually exclusive.

Figure 6. Emergency Department Visits for Influenza-like Illness and COVID-19 per MMWR week, Los Angeles County, 2023-24 Influenza Season



Acute Communicable Disease Control Program Syndromic Surveillance Unit

Figure 7. Emergency Department Visits for Influenza-like Illness by Age Groups per MMWR Week, Los Angeles County, 2023-24 Influenza Season

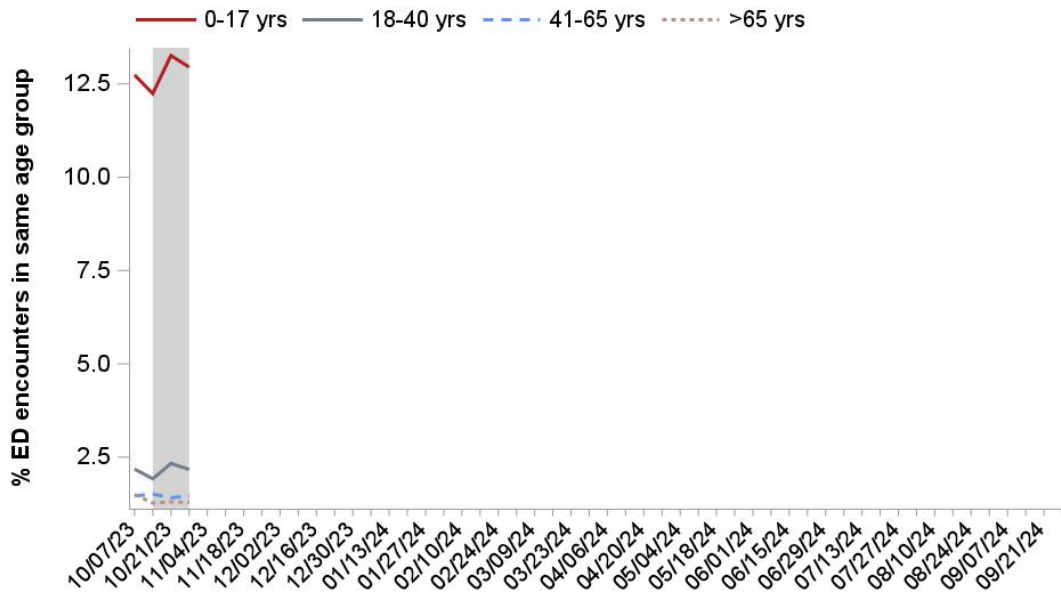
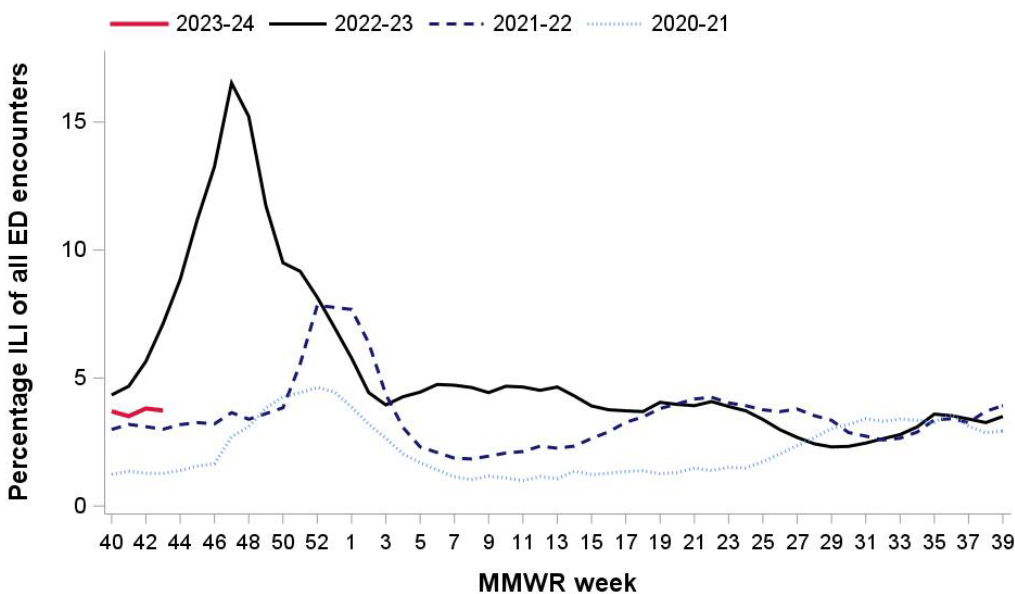


Figure 8. Emergency Department Visits for Influenza-like Illness, Los Angeles County 2019-20 through 2023-24 Influenza Seasons



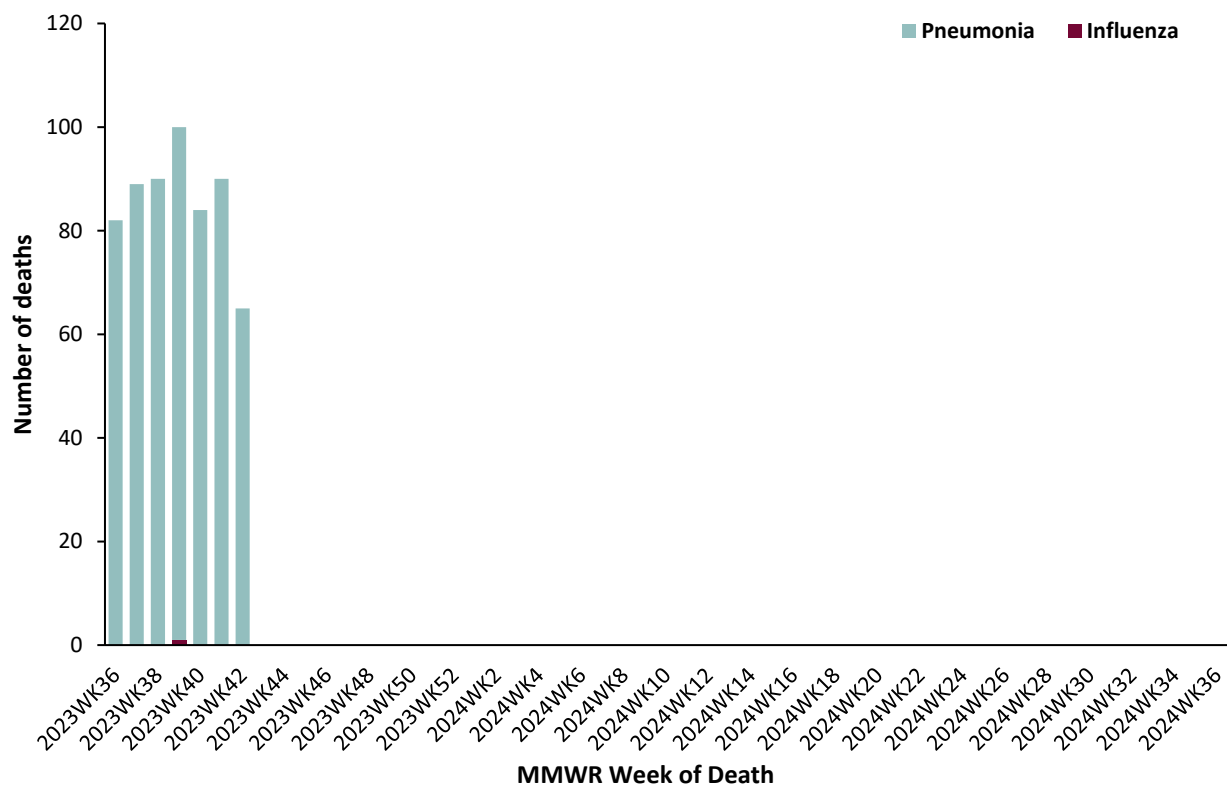
Acute Communicable Disease Control Program Syndromic Surveillance Unit

Severe Disease

Pneumonia, Influenza and COVID-19 Mortality

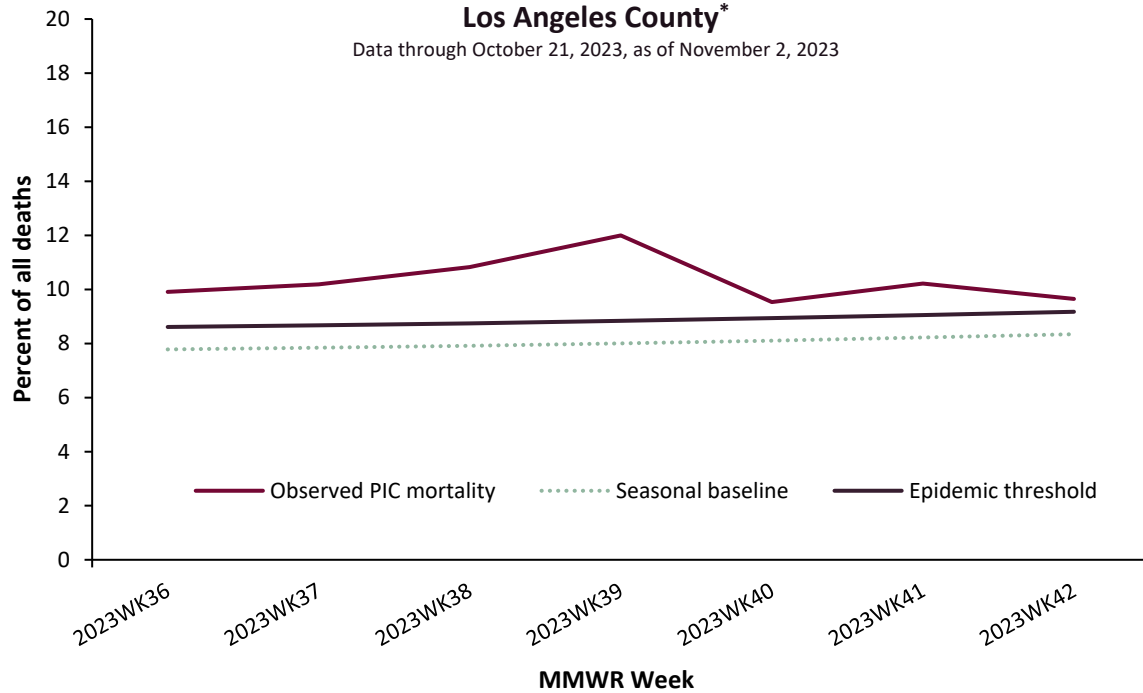
Each week, the Office of Health Assessment and Epidemiology at LAC DPH reports the total number of death certificates received and the number of those for which pneumonia, influenza, or COVID-19 (PIC) was listed as the underlying or contributing cause of death by age group.

Figure 9. Pneumonia, and Influenza Deaths Registered in LAC, by MMWR Week of Death, 2023-24 Season



The seasonal baseline of pneumonia, influenza, and COVID-19 (PIC) deaths is calculated using a periodic regression model that incorporates a robust regression procedure applied to data from the previous 5 years. An increase of 1.645 standard deviations above the seasonal baseline of PIC deaths is considered the “epidemic threshold,” i.e., the point at which the observed proportion of deaths attributed to pneumonia, influenza or COVID-19 was significantly higher than would be expected at that time of the year in the absence of substantial virus-related mortality.

**Figure 10. Pneumonia, Influenza, and COVID-19 Mortality
Los Angeles County***



*excluding Long Beach and Pasadena

Table 1. Influenza associated deaths in LAC, 2023-24*

Age Group	Data Cumulative Since October 1, 2023 (Week 40)
<18 years	0
≥18 years	0

* Table includes deaths in which influenza was listed as a primary or contributing cause of death. Providers are mandated to report Influenza-associated deaths in persons aged <18 years. Public Health reviews all provider reported and death certificate identified deaths in persons aged ≤18 years to confirm that the cause of death was compatible with influenza.

Technical note: The number of deaths reported in recent weeks does not represent all deaths that occurred in the reporting period. Data may be incomplete due to a lag between when the death occurred and when the death was registered. Previous weeks counts or percentages may change as vital records are updated with lagged death certificates. The count includes all certificates of deaths (excludes fetal deaths) occurring in the County of Los Angeles (excluding Long Beach and Pasadena) regardless of the residence of the deceased.

Resources

LAC DPH Influenza Page <http://publichealth.lacounty.gov/acd/flu.htm>
 LAC DPH RSV Page <http://publichealth.lacounty.gov/acd/Diseases/RSV.htm>
 California Department of Public Health Influenza (Flu), RSV, and Other Respiratory Diseases
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx>