

# BREAKTHROUGH PARENTING

## TEN-WEEK COURSE FROM CLARIS HEALTH

Join Claris Health for group sharing and parent learning designed for parents of **children of all ages and abilities**. In this discussion series, you will go through lessons based on Dr. Jane Major's proven Breakthrough Parenting methods. Get ready to transform your relationship with your children!

### DISCUSSION TOPICS



### THE DETAILS

**WHEN:**  
Tuesdays 6-7 p.m.,  
1/24 through 3/28

**TO REGISTER and receive the Zoom link, or for more info:**  
Email Niki Woolsey at [niki@clarishealth.org](mailto:niki@clarishealth.org) or call 310-820-2560 x1

**INSTRUCTORS:**  
Niki Woolsey, Certified Breakthrough Parenting Instructor



Claris Health™



in partnership with  
**Westside Family Resource  
and Empowerment Center**  
LA County Inclusion Partnership