

PROJECT HEARTS

Healthy Exploration of Adolescent Relationships Training and Strategies

JANUARY 25, 26, 27, FEBRUARY 1, 2, 3

TUESDAY, WEDNESDAY, THURSDAY 4PM – 6PM

INTERESTED IN A FREE YOUTH PROGRAM?

ARE YOU BETWEEN 14–19 YEARS OLD?

WANT TO EARN \$\$\$ AND DAILY PRIZES?

GOODIES:

- \$150+ in gift cards
- Free snacks
- Swag bags
- Chance to win the **Grand Prize!**
- And **more!**



This program focuses on **goal setting** for the future, **healthy relationships**, and **self-care** to develop an understanding of **love for yourself** and **others in your community**.

IF INTERESTED, CALL RACHEL GATES:

(424) 317-6809

OR SCAN THE QR CODE TO VISIT OUR WEBSITE!

