



COMMODITY SUPPLEMENTAL FOOD PROGRAM

Receive a **FREE FOOD KIT ONCE A MONTH**. Nutritious package provides a selection of fruit, juice, vegetables, milk, cheese, grains, protein and much more. This food box is designed to supplement dietary intake of calcium, potassium, magnesium, fiber and vitamins.



REQUIREMENTS/ELIGIBILITY

- > **60 years of age or older**
- > **Identification with current address & date of birth will be required.**
 - > Acceptable forms of Identification: California ID, Driver's License, U.S. Passport, etc.

SENIOR INCOME GUIDELINES

Income cannot exceed the following monthly amounts:

- > 1 Person Household - \$1,632
- > 2 People Household - \$2,215

You can authorize someone to pick up your food every month.

Please make sure to bring that person with you first visit.

It is highly recommended that you bring a large grocery bag or push cart when picking up the food kit.

PICK UP LOCATION:

City of Glendale Community Services and Parks - Adult Recreation Center
201 E. Colorado St., Glendale, CA 91205

2026 DATES & TIME:

July 28 | August 25 | September 22

1:00 PM - 2:30 PM



To learn more please contact us at (323) 234-3030 x170 or CSFP@LAFoodBank.org

This institution is an equal opportunity provider.