



**FREMONT PARK
600 HAHN AVE
GLENDALE, CA 91203**

**MAY 17, 2026
9:00 AM**

AS A PART OF THE GLENDALE COMMUNITY, YOU'RE INVITED TO A COMPLIMENTARY BODY WEIGHT CLASS HOSTED BY EQUINOX. PLEASE BRING A MAT AND A TOWEL. MEET AT THE GRASS AREA BETWEEN TENNIS COURTS AND FITNESS EQUIPMENT.

TO RSVP, PLEASE [CLICK HERE](#) OR SCAN THE QR CODE.

**GLENDALECA.GOV/PARKS
@MYGLENDALEPARKS**



**Community Services
& Parks**

EQUINOX