

# CONNECTING SENIORS WITH COMMUNITY RESOURCES



**Parks  
Make  
Life  
Better!**

**DISTRICT  
CA30**



**APRIL 29, 2026**

**10:00 AM- 11:00 AM**

**ADULT RECREATION CENTER - MULTI-PURPOSE ROOM B  
201 E. COLORADO ST., GLENDALE, CA 91205**

Representatives from Congresswoman Laura Friedman's office will share information about resources available to seniors in the community.

If you have any questions or would like to RSVP to this event, please email [CSPCares@GlendaleCA.gov](mailto:CSPCares@GlendaleCA.gov) or call (818) 548-3775.



The City of Glendale's Community Services & Parks Department is not affiliated with the presenting organization. All topics and speakers are presented for informational purposes. The organization's or speakers' opinions do not necessarily reflect or represent the official policy or position of the City and its Community Services & Parks Department.