



Community Services
& Parks

Got Meals?

City of Glendale Home Delivered Meals Program

The Home Delivered Meals Program is designed to provide a healthy meal alternative to homebound seniors.

Please contact us at (818) 937-7405 to schedule an appointment.

Requirements:

- ✓ Client must be 60 years of age or older
- ✓ Client must be homebound
- ✓ Client's primary physician must sign off on program participation prior to meal delivery
- ✓ Client must have a working refrigerator, freezer, and microwave

Deliveries Include:

- ✓ Frozen Meals (prepackaged) per week
- ✓ Half-pints of Milk (non-fat or 1%)
- ✓ Pieces of Bread
- ✓ Fresh Fruit (assorted or canned)

Funded in part by a grant from Los Angeles County Aging & Disabilities Department

For additional information call (818) 937-7405



@MyGlendaleParks