



## WHAT ROLE DOES NUTRITION PLAY AS WE AGE

Thursday, July 14, 2022 • 10:00 A.M. - 11:00 A.M.



Hosted by: Community Services & Parks Presented by: USC Verdugo Hills Hospital

## Learn about the benefits of eating healthy.

For more information, please call (818) 548-3775.

Email **CSPCARES@GLENDALECA.GOV** with your first name, last name, and your telephone number. We will email you a link for you to join the virtual presentation.

Disclaimer: The City of Glendale's Community Services & Parks Department is not affiliated with presenting organization.

All topics and speakers are presented for informational purposes. The organization's or speaker's opinions do not necessarily reflect or represent the official policy or position of the City and its Community Services & Parks Department.