



Community Services  
& Parks

Parks  
Make  
Life  
Better!



# Keeping Your Brain Healthy



Thursday, September 30, 2021  
10:00 a.m. To 11:00 a.m.

Hosted by Community Services & Parks

Presented by Brad Dillman from Amen Clinics Los Angeles

Email [CSPCARES@GLENDALECA.GOV](mailto:CSPCARES@GLENDALECA.GOV) with your first name, last name, and telephone number. We will email you a link to join the virtual presentation.

For more information, please call (818) 548-2188.

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