

Week of June 25th –30th

Friday, June 25th

Egg Salad
Carrot Gelatin
Pear

Saturday, June 26th

Chef's Salad
Tomato Onion Salad
Almond Cookies

Sunday, June 27th

Tuna Sandwich
Broccoli Slaw
Canned Pear

Monday, June 28th

Beef Sandwich
Cucumber Salad
Citrus Cup

Tuesday, June 29th

Chicken Enchilada
Spanish Rice
Black Beans
Tomato Onion Salad
Flavored Yogurt and Apple Juice

Wednesday, June 30th

Pork Sandwich
Potato Salad
Grapes

Father's Day "Bacon Wrapped Filet"



INGREDIENTS:

5 tbsp. salted butter, softened
1 tbsp. chopped fresh parsley/chives
1/2 tsp. grated lemon zest and lemon juice
1 tsp. Dijon mustard
2 8- to 10-oz. beef filet steaks
Kosher salt / black pepper, to taste
2 slices bacon
1 tbsp. olive oil

DIRECTIONS:

Mash 4 tbsp. butter with the herbs, lemon and mustard. Scoop the butter mixture onto plastic wrap. Wrap and form a 3-inch log. Refrigerate until firm, Preheat the oven to 450°. Season the steaks with salt and pepper. Wrap each steak around the edge with a slice of bacon and secure with a toothpick. Heat olive oil and butter in a skillet and sear the steaks until golden brown. Transfer to the oven and cook 8 minutes for medium rare. Serve with a slice of the cow-boy butter on top.

Community Services & Parks Department

Currently Serving Meals at Two Locations Due to COVID-19 pandemic.

Adult Recreation Center

201 E Colorado St

Glendale Ca 91205

818 548 3775

Lunch Served: 7 days a week!

Sparr Heights Community Center

1613 Glencoe Way

Glendale Ca 91208

818 548 2187

Lunch Served: Monday– Friday

***Suggested Donation: \$2.50 Per Meal
Please remember to reserve or cancel
your meal at least one day in advance.
Menu is subject to change without notice.***

***Due to COVID-19, menu has been altered based
on LA County recommendations to provide
frozen meal delivery, and brown bag lunches.***

***Please wear your mask and maintain a 6Ft
distance while receiving your meals.***

***Lunch protocols subject to change due to
evolving situation with COVID-19 pandemic.***

Community Services & Parks Department will provide reasonable accommodations toward the inclusion of all participants. Please notify us of your needs at the time of reservation.



Senior Café Pick-Up Menu

June 2021



City of Glendale
Community Services & Parks

Telephone Reservations or
Cancellations call:
Adult Recreation Center
(818) 548-3775

Week of June 1st - 6th

Tuesday, June 1st

Vegetable Soup
Shepherd Beef and Vegetable Pie
Three Bean Salad
Orange

Wednesday, June 2nd

Club Sandwich
Cauliflower and Pea Salad
Rice Pudding

Thursday, June 3rd

Orange Juice
Chicken Marsala and Rice
Cauliflower and Broccoli
Garden Salad
Banana

Friday, June 4th

Beef Sandwich
Three Bean Salad
Apple Crisp Oatmeal

Saturday, June 5th

Waldorf Salad
Spinach Mandarin Salad
Pumpkin Cake

Sunday, June 6th

Turkey Sandwich
Cauliflower and Peas Salad
Grapes

Week of June 7th - 12th

Monday, June 7th

Chef's Salad
Cucumber Salad
Pear

Tuesday, June 8th

Tomato Soup
Super Chicken Burrito
Corn
Marinated Cucumber salad
Orange

Wednesday, June 9th

Egg Salad
Spinach and Mandarin Salad
Cantaloupe

Thursday, June 10th

Salmon Croquettes and Yam
Steam Broccoli
Carrot and Raisin Salad
Cookies

Friday, June 11th

Chicken salad
Spinach Mandarin Salad
Flavored Yogurt

Saturday, June 12th

BBQ Beef Sandwich
Potato Salad
Canned Apricot

Week of June 13th - 18th

Sunday, June 13th

Club Sandwich
Three Bean Salad
Strawberry

Monday, June 14th

Tuna Salad
Coleslaw
Banana

Tuesday, June 15th

Albondigas Soup
Spinach Quiche and Rice
Peas and Onion
Green Salad
Sliced Cantaloupe and Orange Juice

Wednesday, June 16th

Cold Pork Sandwich
Macaroni Salad
Chocolate Pudding

Thursday, June 17th

Father's Day Lunch

BBQ Beef Brisket
Oven Browned Potato
Green Beans with Pimentos
Citrus Fruit on Leaf Lettuce
Ice Cream

Friday, June 18th

Turkey Sandwich
Cucumber Salad
Citrus Cup

Week of June 19th - 24th

Saturday, June 19th

Ham and Pasta Salad
Carrot Pineapple Salad
Cookies

Sunday, June 20th

"Happy Father's Day" First Day of Summer

Fish Sandwich
Gelatin Pear Apple

Monday, June 21st

Chicken Caesar Salad
Three Bean Salad
Canned Peaches

Tuesday, June 22nd

Luleh Kebab
Persian Cucumber Salad
Mashed Potato
Creamy Spinach
Vanilla Pudding
Pineapple Juice

Wednesday, June 23rd

Chicken Waldorf Salad
Black Eyed Peas and Corn Salad
Pineapple Mango

Thursday, June 24th

Vegetable Lasagna
Green Beans
Coleslaw
Rice Pudding and Orange Juice