

Every first Monday of the month from 1:00pm-2:00pm in the Game Room.

Come to our new monthly discussion group about Philosophy. Enjoy the opportunity to have an open intellectual discussion about various philosophical texts, practices, and theories.

How can philosophical discussions be of benefit?
It promotes brain health, understanding and coping skills, and allows individuals to learn and grow independently.

First Discussion Group is April 7th 2025.

Call Sara for additional questions at (530) 210-1856