

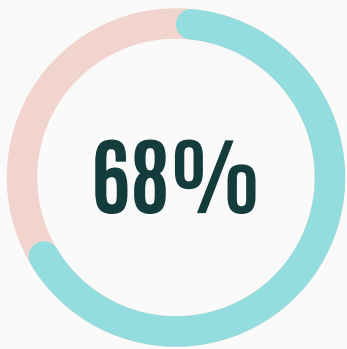


YOUTH COMMISSION WELLNESS SURVEY

For more information, visit www.ychealth.org/about

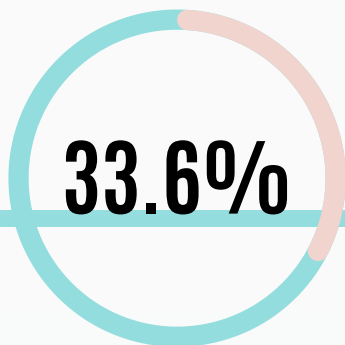
Overview of Survey

- 808 participants
- Survey comprised of 28 questions, covering vaping, college preparation, bullying and mental health/wellness resources
- Students were questioned about awareness on all topics, ranked suggestions for future, etc.
- Students from Union Mine, Oak Ridge, El Dorado, EDUHSD Virtual Academy, Charter Connections, Charter University Prep, Charter College & Career Prep, and South Lake Tahoe

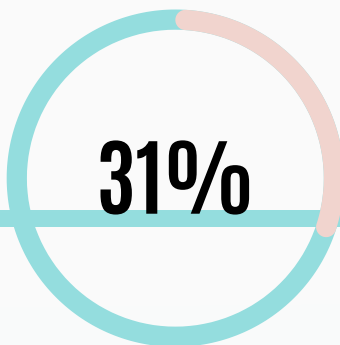


Results showed that 68% of students feel that they have at least one staff member or peer you can reach out to when feeling emotional and/or mental stress.

What would be most effective in providing mental health and wellness resources in your community?



Increased access to school counselors/staff on campus

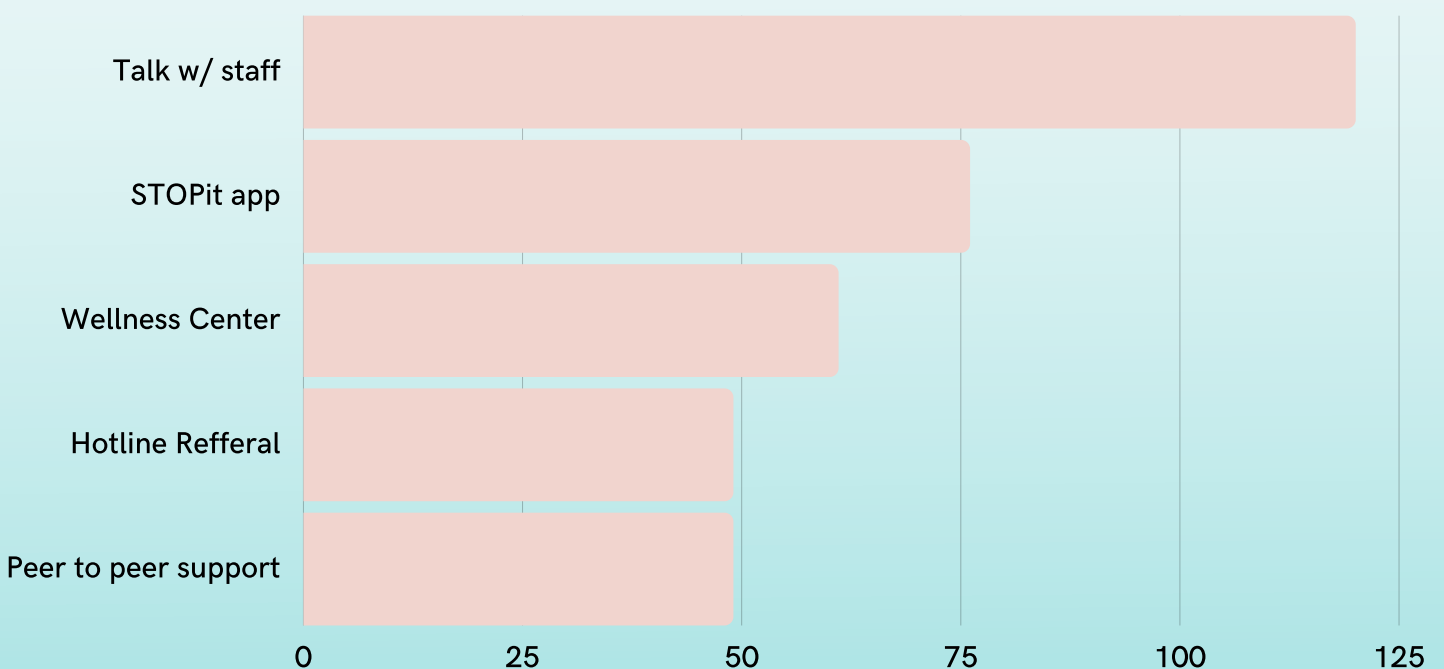


Increased access to Wellness Centers on campus



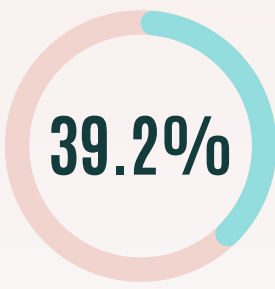
Increased access and awareness to youth about community programs and confidential hotlines to help in a time of crisis

Have you participated in any of the following services in your community?



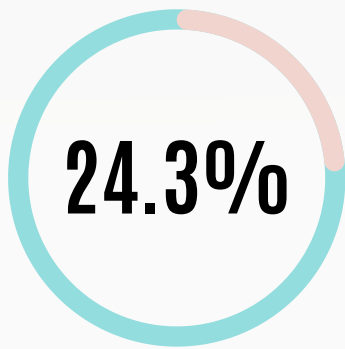


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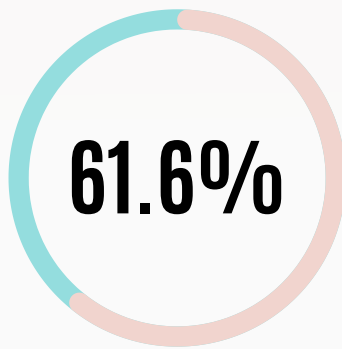


During this pandemic, 39.2% of students indicated that they were provided with information and resources to support mental health and wellness. In an attempt to raise this number, we will continue to support our peers using Wellness Week, sharing mental health resources, spreading awareness about Wellness centers, etc.

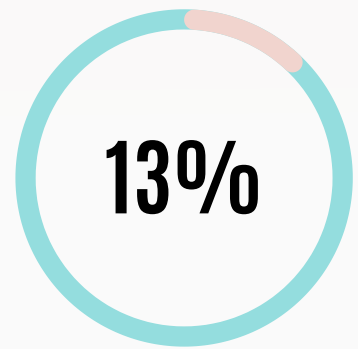
Outside of your school campuses, how aware are you of accessing mental health and wellness resources in our community?



Not aware of services



Aware of services at some level



Aware of & utilize services

How strongly do you agree or disagree with the following statements?

I feel like a part of my school's community

37.58%

Agree

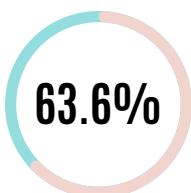
40.23%

Neutral

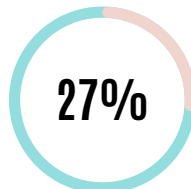
22.19%

Disagree

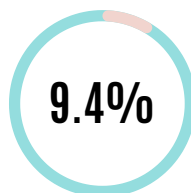
Most peers in my community are friendly to me:



Agree

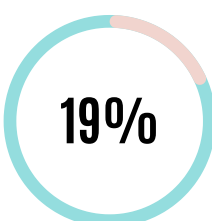


Neutral

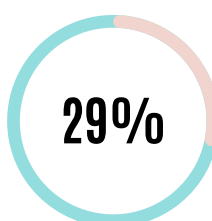


Disagree

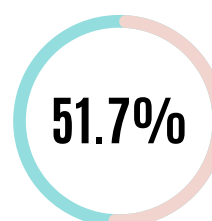
I can usually be myself around other students at this school:



disagree



neutral

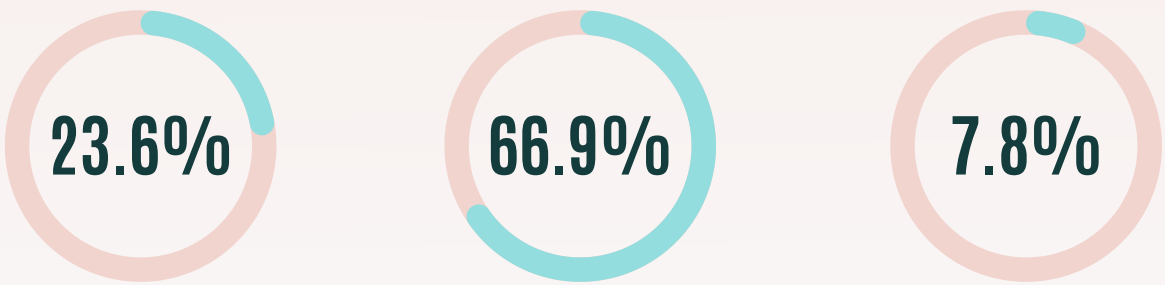


agree



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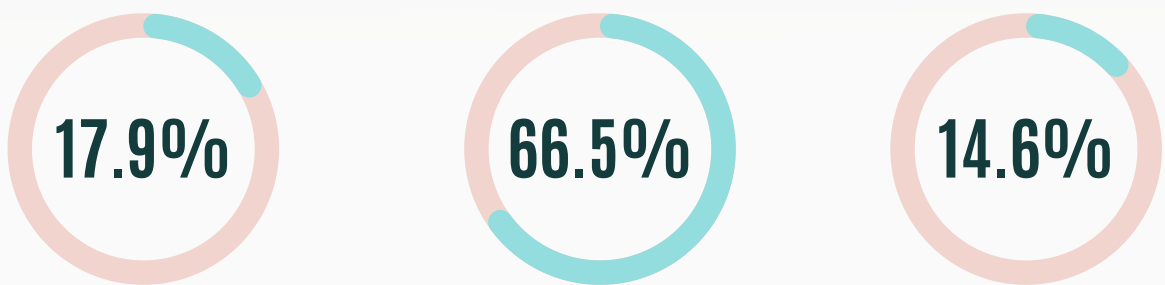
How aware are you of information, resources and/or activities addressing vaping and/or nicotine addiction in your community?



Not aware of services Aware of services at some level Aware of & utilize services

When asked to rank the outreach suggestions that the student felt would effectively address vaping on campus, more direct information to students from local law enforcement about vaping being illegal for minors ranked #1.

How aware are you of information, resources and/or activities/support about college and career readiness?

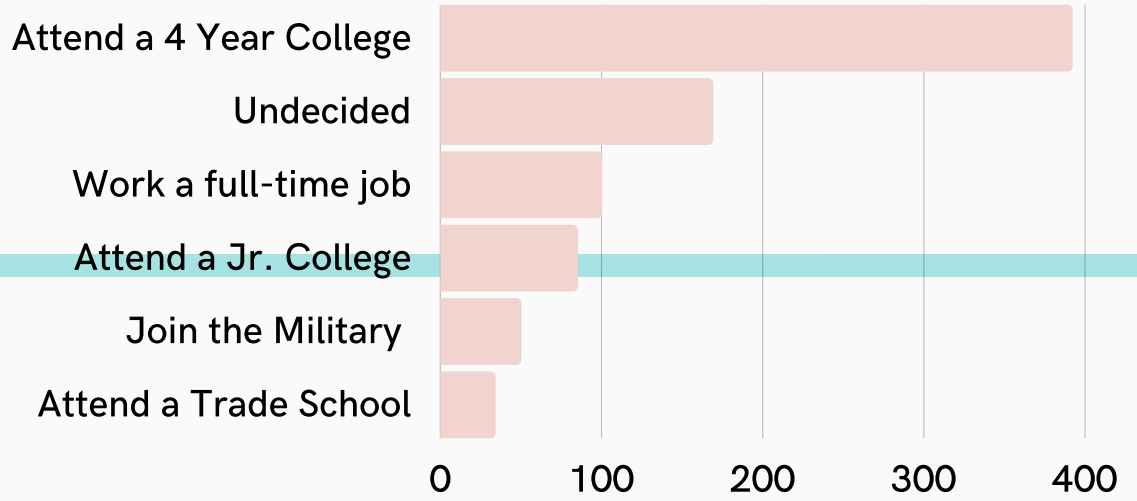


Not aware of services Aware of services at some level Aware of & utilize services

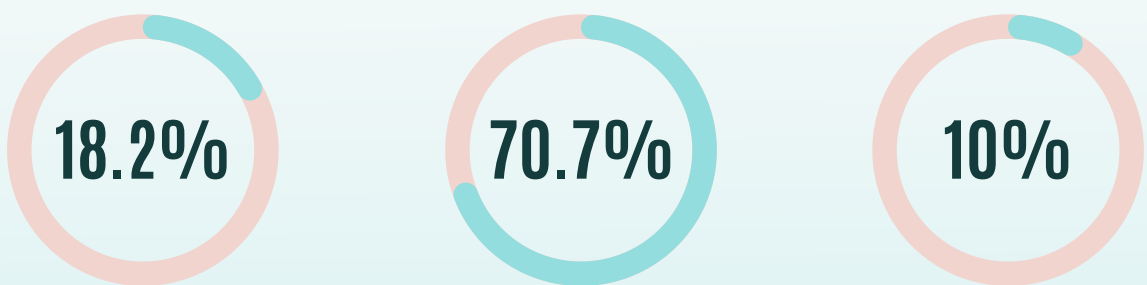


of students indicated there is at least one person that they can reach out to for assistance with applying for a job, program, scholarship, or college

After High School?



How aware are you of information, resources and/or activities/support for addressing bullying and hate speech in our community?



Not aware of services Aware of services at some level Aware of & utilize services

Students bully each other for a lot of reasons. Why do you think it happens?

