

VALLEJO SENIOR ROUNDTABLE

MONDAY, JULY 12TH
1:30-2:30PM

Join us and learn about
Senior Wellness
From
Choice of Aging's
Tracee Stacy



Everyone welcome please share with a friend or family member

ZOOM INFO:

<https://us02web.zoom.us/j/83610402304>

Don't want to ZOOM Call in by

Phone 1-669-900-9128

meeting ID 836 1040 2304#

Seniors need ZOOM training?

Please contact Florence Douglas Center 707-643-
1044

Mark your calendar for upcoming meetings:

1st Monday of the month

(July meeting change due to holiday)