

## Community Emergency Response Training Napa

If we had a major earthquake right now, would you know what to do? Would you know how to provide first aid to a loved one, rescue someone, or get drinking water? Are you ready to have your life disrupted and not **have** any help for 24 to 72 hours?

As recent disasters and emergencies have demonstrated there will not be enough emergency responders to help everyone in a timely manner. You have to be able to take care of yourself and your family. As a community, we will need to rely on each other for our immediate lifesaving and life-sustaining needs. *The* 



## Napa Valley communities maybe without enough emergency help for several days!



Community Emergency Response Training is a nationally recognized emergency training course that teaches essential emergency response skills. By taking and completing the CERT course you will gain the skills and confidence necessary to help yourself, your family, and your community during a disaster.

The training is available free of charge to anyone living in Napa County. To complete the course, you must attend all three sessions.

Block 1 – Emergency Preparedness S	Saturday, Ma	ιy 15 <sup></sup> , 2
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ırday, May 15<sup>th</sup>, 2021 8am – 5pm

Block 2 – Disaster Medical

Block 3 – Fire Awareness and Search & Rescue

Saturday, May 22<sup>nd</sup>, 2021 8am – 5pm

Block 4 – Emergency Management

Block 5 – Final Exercise

Sunday, May 23<sup>rd</sup>, 2021 8am – 12pm

For more information or to enroll, please email the following information to ... napacert@aol.com

- Complete Name
- Contact Number
- Complete Address