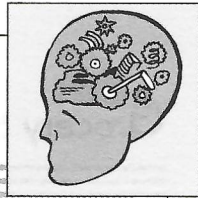


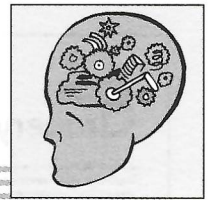
## Grocery Store Scavenger Hunt



Grocery stores can be a great place to use all your senses. Take a trip to your local grocery store to identify the following items. If this is not possible, use magazines, newspapers, or simply your imagination to complete the exercise. Whichever way you do it, you're sure to bring up many memories associated with food!

1. Name two items (e.g., clove of garlic) that you could identify by feel alone.
2. Name two items that have a sour taste.
3. Name two items (e.g., lemon) that you could identify by smell without having to see them.
4. Name two items—not in the produce section—that are red.
5. Name two items that are soft.
6. Name two items that make a fairly loud noise when eaten.
7. Name two fruits that have a strong smell.
8. Name two vegetables that have a strong smell.
9. Name two items that are sticky (in or out of the package).

# Grocery Store Scavenger Hunt ANSWER SHEET



1. Name two items (e.g., clove of garlic) that you could identify by feel alone.  
**Bananas, eggs, hot dogs/sausage, spaghetti**
2. Name two items that have a sour taste.  
**Lemon, lime, sour cream, vinegar**
3. Name two items (e.g., lemon) that you could identify by smell without having to see them.  
**Bleach, chocolate, citrus fruits, coffee, fish, herbs and spices, Limburger cheese**
4. Name two items—not in the produce section—that are red.  
**Canned beets, ketchup, Red Hots candy, red licorice, sweet and sour sauce, tomato sauce**
5. Name two items that are soft.  
**Bread, cotton balls, baked goods, marshmallows, toilet paper, Twinkies**
6. Name two items that make a fairly loud noise when eaten.  
**Bubble gum, carrots, celery, crackers, croutons, hard candy, potato chips**
7. Name two fruits that have a strong smell.  
**Bananas, citrus fruits, strawberries**
8. Name two vegetables that have a strong smell  
**Cabbage, onions, peppers**
9. Name two items that are sticky (in or out of the package).  
**Cinnamon rolls, jams and jellies, molasses, sticky buns, syrup**

**FACILITATOR:** This scavenger hunt could be done individually, in small groups, or in one large group. It is a good activity to use after going through each of the senses individually in order to explain to participants how important it is that we use ALL of our senses to enhance our memory. Above are a few sample answers to get the conversation started.