



Government Disability Benefits: SSI, SSDI, and CAPI

Understanding Benefits and Getting Help

Low-income people with disabilities may qualify for cash benefits from the government through SSI, SSDI, or CAPI. Bay Area Legal Aid may be able to help.



Bay Area Legal Aid provides legal assistance to low-income individuals only. We cannot guarantee that an attorney will represent you in your case.

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What Are SSI, SSDI, and CAPI?

SSI, SSDI, and CAPI are monthly cash benefits for people who are disabled, blind, or 65 years or older.



To qualify for these programs based on a disability, you must show that you are unable to work for 12 or more months because of a diagnosed physical or mental health condition.

Definitions

- SSI stands for Supplemental Security Income. It is for people who have very low income and resources.
- SSDI stands for Social Security Disability Insurance. It is available to people who have worked, paid Social Security taxes while working, and accumulated enough work credits; it may also be available to their immediate family members.
- CAPI stands for Cash Assistance Program for Immigrants. It is available to certain non-citizens who are not eligible for SSI due to their immigration status.

Can BayLegal Help Me?

BayLegal serves low-income residents of the counties of Alameda, San Francisco, Santa Clara, San Mateo, Contra Costa, Marin, and Napa. If you live in one of these counties and ANY of the following apply to you, we may be able to assist you with your SSI, SSDI, or CAPI case:

- on General Assistance (GA) or CalWORKS,
- receiving community mental healthcare,
- receiving care at a Community Health Center,
- a veteran,
- between the ages of 18 and 24,
- have an arrest or conviction history,
OR
- dealing with a post-eligibility issue

Call our Legal Advice Line at (800) 551-5554 for more information.

What Can We Help With?

BayLegal may be able to help with a range of issues including:

- applying for SSI, SSDI, or CAPI, and appealing denials
- continuing disability reviews
- dealing with an overpayment
- answering other legal questions about SSI, SSDI, or CAPI

How to Contact BayLegal

Legal Advice Line

1-800-551-5554

M & Th: 9:00 - 3:00

T & W: 9:00 - 1:00

