

NAMI StigmaFree Chat

FAQs on Workplace Mental Health

Wednesday, June 10 | 3 – 3:30 p.m. ET





nami Valley of the Sun
National Alliance on Mental Illness

NAMI VETERAN'S SUPPORT GROUP

STARTING JULY 2026

BY VETERANS FOR VETERANS

A safe space for veterans to talk about their mental health
Free - No insurance required - No diagnosis required - All genders welcome



DATE: THE 4TH WEDNESDAY OF EVERY MONTH



TIME: FROM 6:00 PM TO 7:30 PM MST



LOCATION: ONLINE VIA ZOOM



SCAN ME



SCAN ME

SCAN ME

SCAN ME



602-224-8166



NAMIVOS.ORG

Contact
supportgroups@namivos.org
for questions

NAMI Yavapai Wants Your Input!



Where Should We Host
In-Person Support Groups?



Join the Mental Health Movement



Become a Member

Support education, advocacy,
and mental health resources
in our community.



Why Become a Member?

- ♥ Support mental health advocacy
- ♥ Stay informed on local programs and events
- ♥ Connect with a community of advocates
- ♥ Help expand support groups and education

Membership Options

✓ Household Membership
\$60 per year

✓ Individual Membership
\$40 per year

✓ Open Door Membership \$5 per year *(for individuals with limited financial resources)*

Be Part of the Change

Help create hope, recovery, and stronger support for
individuals and families affected by mental illness.