

# Now Accepting Applications

Use our online  
application by  
scanning the QR code!



English



Español



## WHAT IS HEAD START?

Head Start and Early Head Start is a quality early childhood program focusing on school readiness in the areas of:

- Language
- Cognitive Development
- Early Reading
- Social-Emotional Development
- Physical Development and more!

## WHO IS ELIGIBLE?

Must meet income guidelines:

- Families with children ages birth-5
- Children with diagnosed disabilities
- Pregnant woman

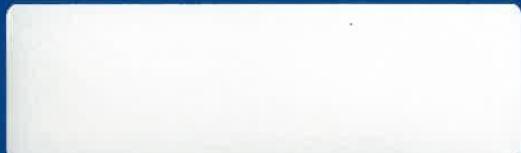
Automatic qualification:

- Children in foster care
- Families experiencing homelessness
- Families receiving SSI, Cash Assistance (TANF), and SNAP

## PROGRAM OPTIONS VARY BY AREA

- Home Visitation for 0-3 & Pregnant Women
- Birth to Five Program in White Mtns. & Page
- Centers & Classrooms for 0-5
- Full Day Classrooms at Most Locations

## APPLY TODAY!



Visit our website: [www.nacog.org/hs](http://www.nacog.org/hs)

Email us: [nacoghs@nacog.org](mailto:nacoghs@nacog.org)

Transportation is not provided, but we can help with resources.

## ¿QUÉ ES HEAD START?

Head Start y Early Head Start es un programa de calidad de la primera infancia, enfocado en la preparación escolar en las áreas de:

- Lenguaje
- Desarrollo cognitivo
- Lectura temprana
- Desarrollo socioemocional
- Desarrollo físico y más!

## ¿QUIÉN ES ELEGIBLE?

Debe cumplir con las guías de ingresos:

- Familias con niños de 0 a 5 años de edad
- Niños con discapacidades diagnosticadas
- Mujer embarazada

Calificación automática:

- Niños en hogares adoptivos
- Familias sin hogar
- Familias que reciben SSI, TANF y SNAP

## LAS OPCIONES DEL PROGRAMA VARÍAN SEGÚN EL ÁREA

- Visita domiciliaria para 0-3 & Mujeres embarazadas
- Programa Birth to Five en White Mtns. y Page
- Centros y Aulas para 0-5
- Aulas de día completo en la mayoría de los lugares

## APLICAR HOY!

Visite nuestro sitio web: [www.nacog.org/hs](http://www.nacog.org/hs)  
Envíenos un correo electrónico: [nacoghs@nacog.org](mailto:nacoghs@nacog.org)

El transporte no se proporciona, pero podemos ayudar con los recursos.

# Ahora Aceptando Aplicaciones

 Utilice nuestra aplicación  
en línea mediante el  
escaneo del código QR!



English



Español

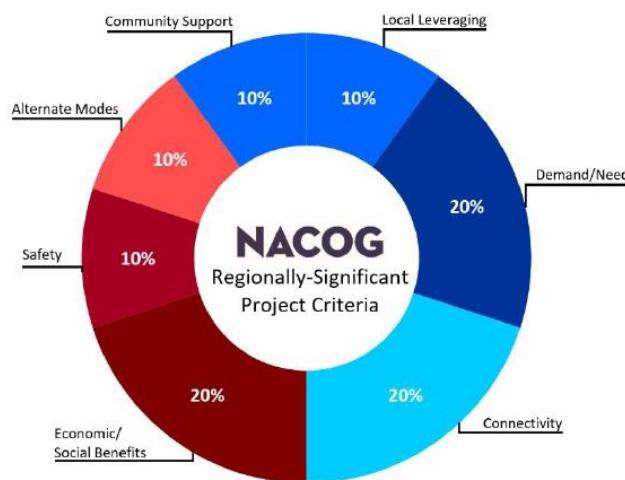


## Regional Roadway Challenges

Northern Arizona communities have long faced the challenge of funding roadway maintenance and keeping up with the wear and tear on their transportation infrastructure. In many instances, the local street system includes state highways that serve as both small town main streets and freight corridors, further wearing away the pavement. In addition, population growth and tourism increase traffic on local roads, placing pressure on municipalities and tribes to upgrade or pave roadways that have previously seen low use. Increased transportation funding is greatly needed for northern Arizona's rural communities. The gap between the funding needs and funding availability is stark; ADOT's current long-range plan identifies \$162.3 billion in needs on our state highway system and only \$62.8 billion in expected revenues.

NACOG's Regional Priority Projects List (RPPL) is a fiscally constrained list of roadway infrastructure projects from across the four-county NACOG region (Apache, Coconino, Navajo, and Yavapai Counties). This list was developed in response to a request from the Rural Transportation Advocacy Council (RTAC) to attract legislator support for a future bill of Greater Arizona projects during the 2025 legislative session. While NACOG's RPPL represents only a small fraction of the roadway infrastructure needs across the region, it aims to advocate for the projects that are of the highest priority at both the local and regional levels.

## Scoring Criteria



The Regional Priority Projects List (RPPL) was developed in 2022 using a clear and open process through a Call for Projects to all jurisdictions in the NACOG region, selecting projects based on their impacts to connectivity, safety, and mobility improvements across multiple communities, including those that occur on state roadways.

## Project Spotlight - Town of Clarkdale

Bittercreek Industrial Area Dirt to Pavement Project with Pedestrian Connectivity



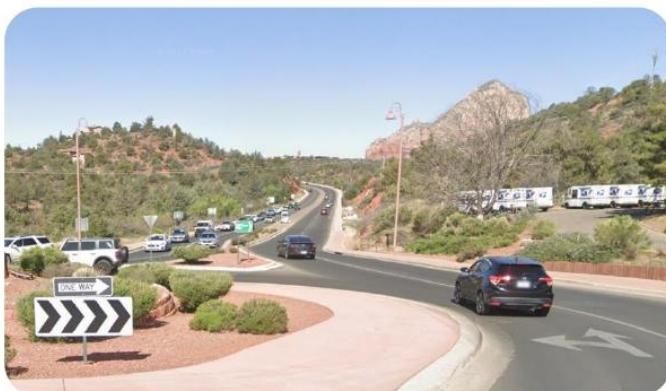
Pictured Above: A current photo looking west over Brewer Rd Roundabout toward future 89A and Ranger Road. The project will also include accommodations for bicyclists and pedestrians

The City of Sedona's transportation network suffers from a lack of alternative route connectivity as well as geographical limitations such as Forest Service boundaries, resulting in significant traffic and congestion. Residents and tourists currently experience extraordinarily long delays during peak periods as they try to access groceries, medical services, school and tourist destinations in west Sedona.

The SR-89A/Forest-Ranger Roundabout project is part of a larger project to establish a bypass route for travelers to avoid a heavily trafficked segment of the City's roadway and will reduce congestion from SR-179 to the 'Y' at SR-89A to Uptown Sedona (and further on to Flagstaff). The project will add a roundabout to SR-89A west of the two existing roundabouts and extend Forest Road to the south and Ranger Road to the northwest to meet SR-89A at the new roundabout. The existing Brewer roundabout will be replaced by a right in, right out only intersection. This project will also improve emergency access, promote multimodal travel, provide tourism management (by managing traffic congestion), improve workforce access to employment, and support local business sustainability.

This project is requesting \$8,025,600 to pair with a local match fund of \$1,881,000 to complete the project; it was voted as the second highest regional priority by elected officials of over 20 northern Arizona cities and towns who comprise NACOG's Regional Council on August 22<sup>nd</sup>, 2024.

ID	Agency	Project Name	Funding Request	Local Match
1	City of Show Low	East Woolford Road Extension to South Penrod Road	\$5,369,466	\$7,560,000
2	City of Sedona	SR-89a/Forest-Ranger Roundabout (SR-179 & SR-89a Congestion Relief)	\$8,025,600	\$1,881,000
3	Town of Eagar	Electric Vehicle Charging Station (US-60 & US-191 Alternative Fuel Vehicle Access)	\$524,300	\$100,000
4	City of Page	Downtown Revitalization Project (N. Lake Powell Blvd Congestion Relief and Safety)	\$8,660,000	\$5,000,000
5	NACOG	Rural School Bus Routes Study (Coconino, Navajo and Apache Counties)	\$2,400,000	\$0
6	Town of Camp Verde	Montezuma Castle Highway Roadway Widening and Multimodal Upgrades (Black Ridge to Cliff Castle Casino)	\$7,700,000	\$750,000
7	City of Winslow	Lindbergh Parkway SR87 Bypass, I-40 Connection - Phase 1	\$16,146,393	\$2,251,937
8	Yavapai County	Beaver Creek Road Paving - Design and Environmental Assessment	\$1,433,518	\$212,380
9	Apache County	Concho-Snowflake Highway Cold In-place Recycling (CIR) (MP 7.5 - US180A)	\$7,390,365	\$100,000
10	Town of Clarkdale	Luke Lane Dirt to Pavement Project with Broadway Street Pedestrian Connectivity	\$6,039,204	\$179,948
11	Cornfields Chapter	Pueblo Colorado Wash Crossing Box Culvert Installation (Safety & Access Improvement)	\$1,817,020	\$266,000
12	Apache County	Rural School Bus Route Enhancement and Soil Stabilization Pilot Project (45 miles, County-wide)	\$565,500	\$60,000
13	City of Cottonwood	Main Street Pavement Preservation and Sidewalk Improvements (SR 89A to City Limits)	\$3,422,720	\$7,000,000
14	Town of Eagar	Industrial Zone Infrastructure Improvements (S. Main Street Pavement Preservation)	\$3,150,000	\$170,000
15	City of Williams	Rodeo and Route 66 Road Pavement Replacement, Roundabout, and Trail Connector	\$7,700,448	\$780,864
16	Hopi Tribe	Kachina Point Road Reconstruction (HIR 2, Kykotsmovi to Leupp) - Construction Phase 1	\$10,000,000	\$16,046,677
<b>TOTAL</b>			<b>\$90,344,534</b>	<b>\$42,358,806</b>



View NACOG's full RPPL, including a detailed fact sheet for this project, on our website using the short link below.

<https://nacog.org/2024-rppl-projects>

NACOG - WX  
119 E. Aspen Ave. Flagstaff,  
AZ 86001-5222

Quinton Harmon  
Program Administrator  
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For more information on the  
Weatherization Assistance  
Program  
Please Contact:

Phone: (928) 774-3759

Fax: (928) 773-1135

Email: [nacogwx@nacog.org](mailto:nacogwx@nacog.org)



Apache • Coconino • Navajo • Yavapai

## HOME WEATHERIZATION ASSISTANCE PROGRAM



**NO COST TO ELIGIBLE  
HOMEOWNERS AND RENTERS**

**BIG SAVINGS POTENTIAL OF  
UTILITY COSTS**

**PHONE: (928) 774-3759  
FAX: (928) 774-3758**

**EMAIL:  
[nacogwx@nacog.org](mailto:nacogwx@nacog.org)**



### WHAT IS THE WEATHERIZATION ASSISTANCE PROGRAM?

**Saving you money on your utility bills**

**Achieving the proper airflow balance in your home**

**Verifying the usefulness and safety of certain household equipment**

**Energy Efficiency!!!**

Upon determination of eligibility, NACOG Weatherization Staff or Contractors will schedule and perform a complete energy audit of your home.

Our Weatherization specialists will conduct carbon monoxide testing, check your insulation and ducting, test the air pressure in individual rooms, and measure the overall airflow in your home. These tests identify leaks & airflow problems.

**Possible repairs may include:**

- Air sealing
- Attic insulation install/increase
- Evaporative cooler repair/replacement
- Forced air duct systems repair
- Gas range repair/replacement
- HVAC repair/replacement
- Refrigerator repair/replacement

### HOW TO APPLY FOR WEATHERIZATION ASSISTANCE

**If you would like to apply for the Weatherization Assistance program, please....**

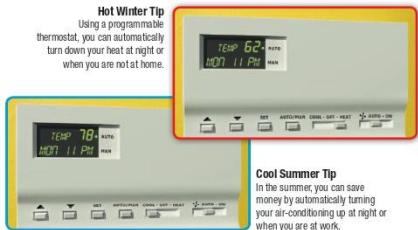
**Call our office at (928) 774-3759**

**between the hours of 8:00 a.m. and 5:00 p.m.**

**Monday - Friday**

**or**  
**leave a message on our voice mail and we will return your call as soon as possible.**

**Hot Winter Tip**  
Using a programmable thermostat, you can automatically turn down your heat at night or when you are not at home.



**Cool Summer Tip**  
In the summer, you can save money by automatically turning your air-conditioning up at night or when you are at work.



Visit Us

## COTTONWOOD OFFICE

544 S 6th St. #104  
Cottonwood, AZ 86326

## FLAGSTAFF OFFICE

323 N San Francisco St. #200  
Flagstaff, AZ 86001

## PREScott OFFICE

3003 Centerpointe East Dr  
Prescott, AZ 86301

## SHOW LOW OFFICE

1801 W Deuce of Clubs #220  
Show Low, AZ 85901

Sign up for our newsletter  
at [www.nacog.org/aaa](http://www.nacog.org/aaa)

Funding Statement: Services are funded by the Older Americans Act, SSBG funds, and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security (DES), Division of Aging and Adult Services (DAAS), to Area Agencies on Aging. Eligibility for programs: seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of programs. Language assistance and alternate forms of communication are available upon request.



Call Us

Toll-Free at

**1-877-521-3500**



E-Mail Us

[ci@nacog.org](mailto:ci@nacog.org)



Find Us

on Facebook

<https://www.facebook.com/AAANACOG/>

Under Titles VI and VII of the Civil Rights Act of 1964 and the American Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, NACOG Area Agency on Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. NACOG Area Agency on Aging must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.

### NACOG Aging

### Central Office

323 N. San Francisco St.

Suite 200

Flagstaff, Arizona 86001

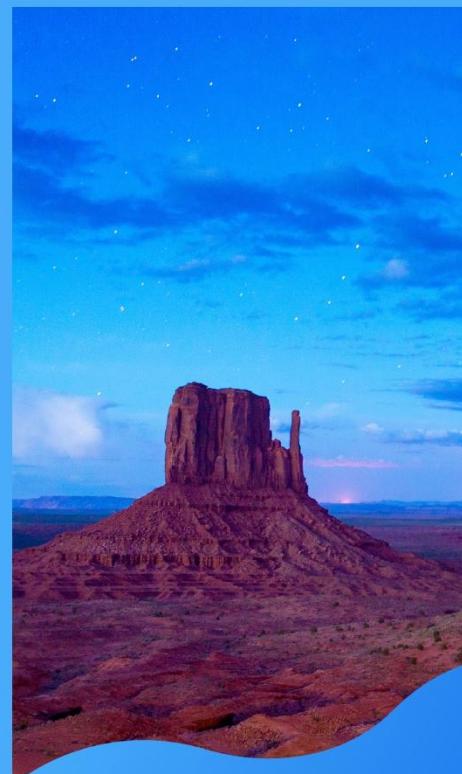
**Toll-Free: (877) 521-3500**

TTY: (800) 842-4681

E-mail: [ci@nacog.org](mailto:ci@nacog.org)

032025

**NACOG Aging**  
Northern Arizona  
Council of Governments



Providing answers on aging through resources, services, and advocacy.

# What NACOG Aging Offers:



## Advocacy

- NACOG Aging serves as a public advocate for developing and enhancing long-term supports and services
- NACOG Aging monitors, evaluates, and comments on actions that affect older adults



## Benefits Counseling

- FREE counseling on Medicare and other benefits. The program offers one-on-one counseling, telephone consults and outreach to the public
- Counselors assist with forms, referrals and questions related to Medicare, Medicaid and Public Benefits. They also assist with grievances and appeals



## Case Management

- Comprehensive in-home needs assessments provided by professional Care Coordinators
- Care Coordinators develop an individually designed care plan to meet each client's needs
- Care Coordinators may authorize services for Home Delivered Meals, Respite, Attendant Care, Adult Day Center or Housekeeping and make appropriate referrals to various community resources



## Family Caregiver Support

- FREE caregiver trainings, support groups, referrals, resources, education, and support services to family caregivers
- Respite Care services for in-home or adult day centers provide relief for qualified family caregivers



## Health & Wellness

- Activities and programs to address social isolation
- Sponsored evidence-based programs address the impact of and prevention of falls; empower individuals to improve their quality of life and better manage their health



## Home & Community Based Services

- Assistance with activities of daily living including adult day care, attendant care, home delivered meals, and respite care for caregivers. Care Coordinators monitor and reassess client as needed



## Information & Referral

- NACOG Aging's nationally certified I&R specialists serve as the central information and resource center for finding services and assistance for older adults. I&R Specialists also complete client intakes



## Legal Advocacy

- Central Intake Specialists assess clients for appropriate legal referrals and refers to our contracted attorneys for legal assistance

\*Clients must be low income and 60 years of age or older. We do not accept any criminal cases or civil suits



## Nutrition

- Congregate meals provide the opportunity to enjoy a delicious meal in a social setting while receiving nutrition education, thus, reducing social isolation and poor nutrition
- Home Delivered Meal providers deliver nutritious meals to program participants unable to attend a congregate setting. Clients also receive a welfare check by the delivery drivers or a Reassurance Specialist
- All meal clients receive nutrition support to protect them against food insecurity



## Ombudsman Services

- Unscheduled facility visits by Staff and trained Volunteers to State licensed long-term care facilities to ensure that Residents' Rights are protected and quality care is given
- May investigate complaints from residents or family; advocate for residents; resolve concerns; and offer public education



## Transportation

- Transportation to medical appointments, shopping, and meal programs in areas covered by our Transportation services



Other NACOG Services also available in Apache, Coconino, Navajo and Yavapai Counties:

- Head Start
- Community Services
- Regional Planning/Transportation
- Community Development Block Grants
- Weatherization

**(877) 521-3500 | [www.nacog.org](http://www.nacog.org)**