

**VFW Post 1796 Presents...**

**5<sup>th</sup> Annual**

**Classic Car & Truck Show**

***Saturday, November 1<sup>st</sup> \* 9am – 1pm***

**Location: 34801 Velda Rose Rd., Black Canyon City  
(Exit 242 from I-17, then East ½ Mile)**



**Staging Starts at 9am \* No Registration Fee**

**\*1990 & Earlier Car & Truck Models**

**\*Trophies \*Public Event \* Free Admission**

**\*Raffles** (Dash Cam, Detailing Certificate, Patriotic Quilt & More!)



**\*Food & Refreshments in '50's Style Dining Room  
(Breakfast Burritos, Pizza, Chicken, Burgers, Hot Dogs, Milk  
Shakes, Popcorn, AUXILIARY'S BAKE SALE and more!)**

**Questions: Call/Text 608-220-8204**

**VFW POST 1796 PRESENTS**

# **RAFFLE**

# **FUNDRAISER**

**SATURDAY, NOVEMBER 1, 2025**

**ALL PROCEEDS BENEFIT THE VFW POST 1796 BUILDING FUND**

**1<sup>st</sup> PRIZE**

**GARMIN DASH CAM  
(\$230 VALUE)**

**2<sup>ND</sup> PRIZE**

**AZOO BAR & GRILL  
Certificate & Gifts  
(\$125 VALUE)**

**3<sup>RD</sup> PRIZE**

**MARTIN AUTO  
MUSEUM  
Admission & Gifts  
(\$100 VALUE)**

**ADDITIONAL PRIZES:**

- **TENNESSEE GRILL GIFT BASKET - \$50 VALUE**
- **SPORTS CLIPS MVP HAIRCUT & GIFT BAG - \$30 VALUE (12 AVAILABLE)**
- **"A MAN AND HIS CAR" BOOK- \$25 VALUE**

**TICKETS CAN BE PURCHASED FROM THE BARTENDER**

**\$2.00 EACH / 3 TICKETS FOR \$5.00**

**DRAWINGS WILL TAKE PLACE ON SATURDAY, NOVEMBER 1<sup>ST</sup>**  
**NEED NOT BE PRESENT TO WIN**

**34801 Velda Rose Rd., Black Canyon City**



PLEASE JOIN US FOR  
OUR

**Bake Sale**

**Fundraiser**

**SATURDAY, NOVEMBER 1<sup>ST</sup>**

**9 AM – 1 PM**

**BAKE SALE**



**VFW Auxiliary 1796 &  
American Legion Auxiliary Unit 90  
34801 Velda Rose Rd, Black Canyon City**

**THANK YOU FOR YOUR SUPPORT!**



## Patriotic Lap Quilt Raffle

We will use all money raised from this raffle to sponsor wreaths for the Prescott National Cemetery.

"To sponsor a wreath is a personal gift of gratitude and remembrance for someone who served this country so that we can be free."

**You are also invited to attend the wreath laying ceremony at the National Cemetery on December 13, 2025**

Thank You for your support,  
VFW Auxiliary Post 1796

1 ticket for \$2.00  
-or-  
3 tickets for \$5.00

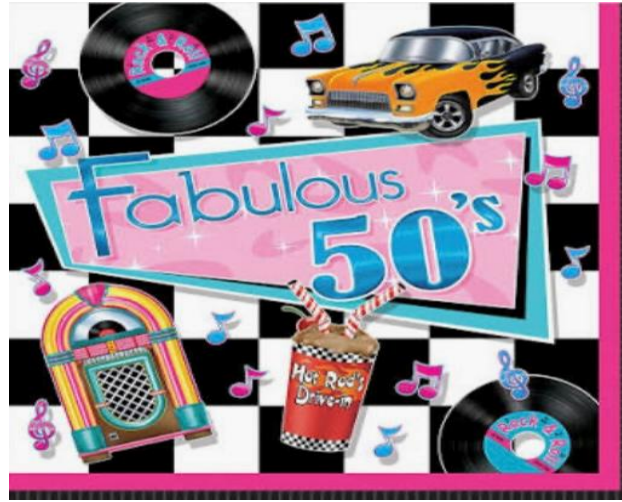


**VFW Auxiliary 1796** is selling raffle tickets for one lucky winner of this beautiful patriotic QUILT! Tickets are available from the bartender at VFW Post 1796 / American Legion Post 90, 34801 S. Velda Rose Rd., Black Canyon City. The drawing will take place on **Saturday, November 1<sup>st</sup>** during our Classic Car & Truck Show. Need not be present to win.





*Let's Shake, Rattle 'n Roll!*



*Cruise in for a*  
**50's SOCK HOP**

**Saturday, November 1<sup>st</sup>**



**3 to 7 pm**



**Food, Beverages, Photo Booth, Trivia, and  
Cool Tunes that Make You Wanna Dance!**

*Sponsored by:*

*American Legion Auxiliary Unit 90*

**VFW Post 1796/American Legion Post 90  
34801 S. Velda Rose Rd, Black Canyon City**



Don't put your costumes away just yet!

**VFW Post 1796 Presents**

# **HALLOWEEN AFTER-PARTY / '50'S SOCK HOP & KARAOKE**

**SATURDAY, NOVEMBER 1<sup>ST</sup>**

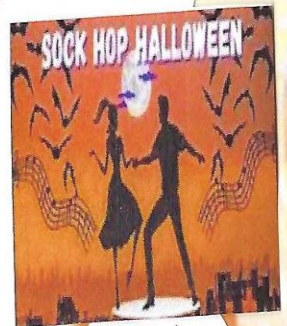
**3:00 TO 6:00 PM**

Food & Beverages Available for Purchase, Plus

Free Photo Booth, Trivia, and

Cool Tunes that Make You Wanna Dance!

**VFW POST 1796 / AMERICAN LEGION POST 90  
34801 VELDA ROSE RD, BLACK CANYON CITY**



**DJ**

**I.N.J.**





# **Sons of The American Legion Squadron 90**

## **HEARTY BREAKFAST**

**Open to the Public**

**Sunday, November 2<sup>nd</sup>**

**8:00 – 10:00 am**



**Biscuits and Country Gravy,  
Scrambled Eggs, Bacon, Coffee/Juice - \$10  
Kid's Meal of Bacon, Eggs and Juice - \$5  
*BLOODY MARY'S, MIMOSAS & SCREWDRIVERS  
AVAILABLE - \$5***

**VFW Post 1796/American Legion Post 90  
(Exit 242) 34801 Velda Rose Rd., Black Canyon City**



# BIBLE *Study*

THEME: KJV Study of Jesus Christ

Monday, November  
3<sup>rd</sup>, 2025

6:00PM to 8:00PM

**VFW POST 1796**

**34801 S. Velda Rose Road  
Black Canyon City, AZ**

**ALL ARE WELCOME**



623-374-9246





# **AMERICAN LEGION POST 90**

**Friday Evening Dinner**

**NOVEMBER 7<sup>th</sup>**

**4:00 – 6:00 p.m.**

**OPEN TO THE PUBLIC!**



**SLOW-ROASTED SHREDDED BEEF BURRITO,  
FLAVORFUL MEXICAN RICE &  
HOME-COOKED BEANS - \$12.00  
CHIPS & SALSA - \$1.00**

**VFW Post 1796 / American Legion Post 90  
34801 Velda Rose Rd., Black Canyon City**



# **Veterans Day Ceremony**

**TUESDAY, NOVEMBER 11<sup>th</sup>**

**11:00 a.m. - Flag Raising Ceremony  
Followed by Lunch - Hot Dogs & Chips for  
ceremony attendees**

**Open to the Public**

**VFW Post 1796 / American Legion Post 90  
34801 S. Velda Rose Rd., Black Canyon City  
(623) 374-9246**



# **VFW Post 1796**

**\$5.00 SPECIAL**

**1 BRATWURST OR  
2 HOT DOGS**

**Saturday, November 8<sup>th</sup>  
11 am Until Gone**



**JOIN US AFTER THE BCC  
VETERAN'S PARADE!**

**Open to the Public**

**VFW POST 1796/AMERICAN LEGION POST 90  
34801 Velda Rose Rd., Black Canyon City**





90s Country Vibes with Nashville Recording artist

JOHNNY YOUNG

Friday November 14th | 4:30 pm

VFW ★ AMERICAN LEGION

BLACK CANYON CITY ★ Post #1796



JOHNNYYOUNGCOUNTRY.COM





# **VFW POST 1796**

## **Dinner**

**FRIDAY, NOVEMBER 14<sup>TH</sup>**

**4:00 – 6:00 p.m.**

**Dine-in or Take-Out**

**OPEN TO  
THE  
PUBLIC!**



**COUNTRY-FRIED STEAK, MASHED  
POTATOES, COUNTRY GRAVY, CORN &  
DINNER ROLL! DESSERTS AVAILABLE!**

**\$12.00 Donation**

**VFW Post 1796 / American Legion Post 90  
34801 Velda Rose Rd., Black Canyon City**

# VFW POST 1796



**Saturday, November 15<sup>th</sup>**  
**Starting at 1:00 pm**

- **How to Play:** Each entrant uses two VFW-provided Daisy BB guns only; take 2 Practice Shots, 3 Unsupported Shots, and 3 Supported Shots. Switch guns and repeat.
- **First Place Winner** – Receives a Turkey
- **To Register:** Entry fee is \$5. Register from 12:30 to 1 pm on the patio. To show your interest, you can sign up on the sheet located in the canteen.
- **Rules:** Must be 18 years or older to participate. Open to members and their guests. Only VFW-provided Daisy BB guns will be used. The judge's decisions are final.

**34801 S. Velda Rose Rd.**

**Black Canyon City**

**623/374-9246**



# SHUFFLEBOARD

## TOURNAMENT

**All Levels of Players are Welcome!**

**VFW POST 1796 / AMERICAN  
LEGION POST 90**

**34801 S. Velda Rose Rd., Black Canyon City**

**Tuesday, November 25<sup>th</sup>**

**STARTING AT 4:00 PM**

**(You must sign up or call 608-220-8204 before 3:45 pm on 11/25 to let us know you're playing so brackets can be completed.)**

**OPEN TO  
THE  
PUBLIC!**



**Blind  
Draw for  
Partners**

**\$5.00  
Entry  
Fee**

**Double  
Elimination**

**50% of Pot to Winning Team; 25% to Second Place; 25% to VFW Building Fund**

**Questions: Call Bobbi at 608-220-8204**

# Thanksgiving Dinner & Potluck

**VFW POST 1796/AMERICAN LEGION POST 90**

**Members and Guests of Members**

**Thursday, November 27<sup>th</sup>**

**1:00 to 3:00 pm**



**Turkey, Gravy, Stuffing, Mashed Potatoes,  
Rolls, & Cranberry Sauce**

***Feel free to bring a side dish or dessert.***

***Signup sheet in canteen***

**34801 Velda Rose Rd., Black Canyon City**



**VFW Post 1796**

**LUNCH SPECIAL**

**11:30 AM – 1:00 PM**

**Monday thru Saturday**



**Open to the Public (Dine-in or Take-Out)**

**\$6.00**

**VFW Post 1796 / American Legion Post 90**

**34801 Velda Rose Rd., Black Canyon City (EXIT 242)**

# **VFW POST 1796**

## **LIVE MUSIC!**

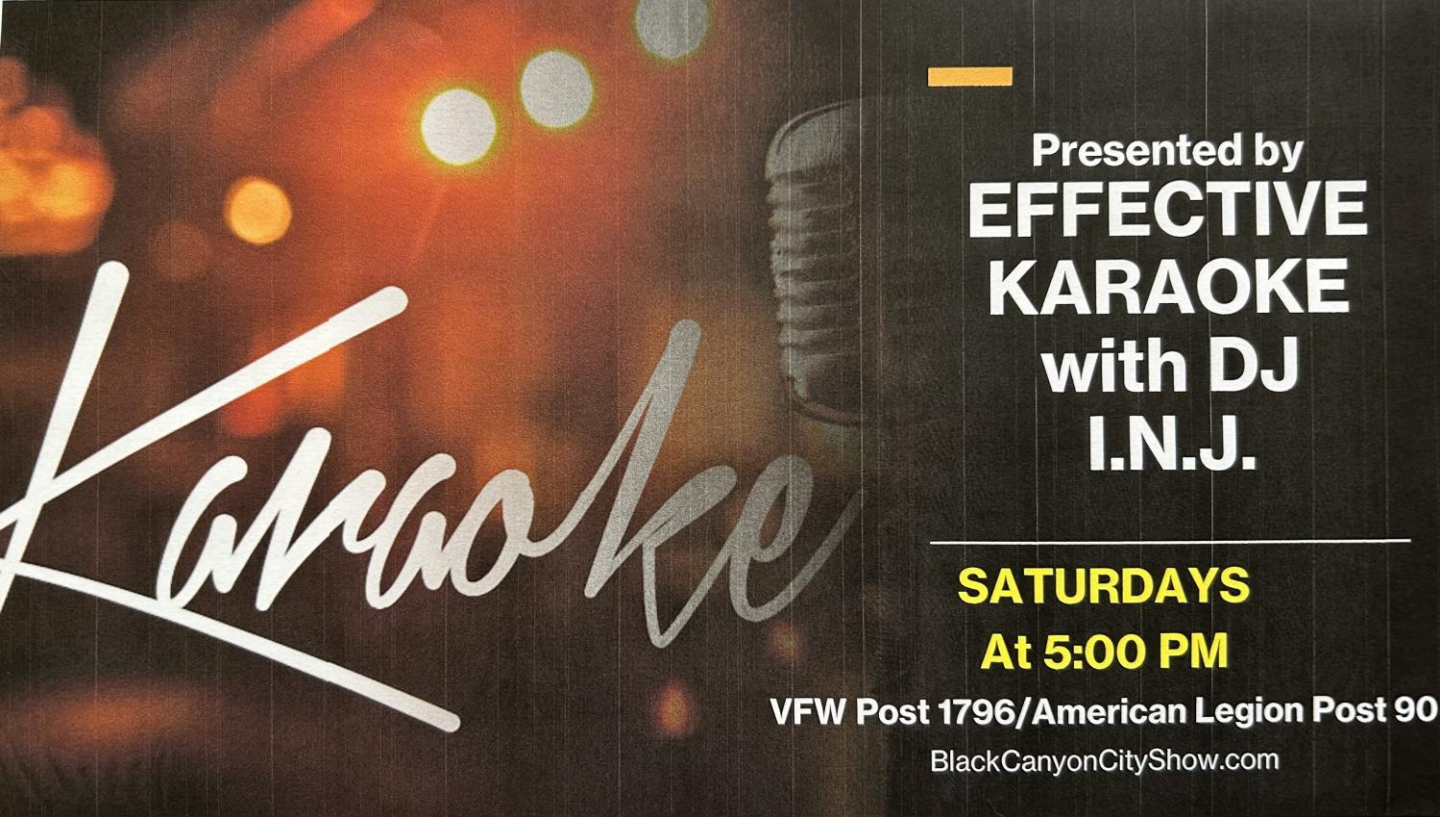
**OPEN TO  
THE  
PUBLIC!**



**WEDNESDAYS**  
**STARTING AT 6:30 PM**  
**FEATURING**  
**DAVID ALLEN & THE VFW**  
**BAND**

**34801 S Velda Rose Rd, Black Canyon City**





# Karaoke

Presented by  
**EFFECTIVE  
KARAOKE**  
with DJ  
**I.N.J.**

**SATURDAYS**  
**At 5:00 PM**

VFW Post 1796/American Legion Post 90  
BlackCanyonCityShow.com

# A NATURAL APPROACH TO PAIN RELIEF

HOST BY RESTORING VITALITY  
& BLACK CANYON SPA



DR. PAW KAMWEE



Acupuncture



Herbs



Massage



Nutritions



KATELYN BRANNIGAN, LMT, LE

**FREE!**

**NOV 7, 2025 | 6PM**



**34470 S Old Black Canyon Hwy**  
**Black Canyon City, AZ 85324**

**Attendees will receive**  
**Free gifts**  
**Discount (products and services)**  
**& Handouts**

PLEASE JOIN US FOR



4TH ANNUAL

# *Cookie Exchange*

## & BRUNCH

SUNDAY

14TH  
DECEMBER

AT 1:00PM

VFW POST 1796 / AMERICAN LEGION POST 90  
34801 VELDA ROSE RD, BCC AZ 85324

Please bring 4 dozen of 1 type of cookie & a  
Brunch inspired side dish.

**CASH BAR ONLY NO DRINKS INCLUDED**

**\*\*No outside drinks allowed  
no dietary restrictions**

**Follow along on Facebook for updates**

PLEASE RSVP TEXT TO TIARA 602-513-3071  
OPEN TO THE TOWN & BRING A FRIEND





# HOGS' N HEAT

**ROCK  
SPRINGS**  
*Cafe*



**NOVEMBER 15, 2025**  
**12 TO 9 PM, \$10 CASH AT THE GATE.**  
**LIVE MUSIC, VENDORS, FOOD, AND FUN!**  
**BAND LINEUP: MATT TOVSTYI BAND**  
**AT 12 PM, CECIL'S BOYS AT 3 PM,**  
**AND DAVID ALLEN AND THE**  
**STOKERS AT 6 PM.**

**TAMARA 602-684-0706 ROB 602-814-1354**  
**35900 S. OLD BLACK CANYON HWY, BLACK**  
**CANYON CITY, AZ 85324**



2nd Annual

# RUN SAGE FOR FUN

POKER RUN

\$10 TO PLAY

CASH PRIZES



ALL PROCEEDS TO  
BENEFIT THE SAGE BOYS  
COMMUNITY OUTREACH

For more information  
James

602-390-1188

\$30



PER PERSON  
EXCLUSIVE TO  
THE FIRST 100 PEOPLE  
TO REGISTER ONLINE  
\$40 DAY OF  
REGISTRATION

PRE-ORDER  
YOUR T-SHIRT  
\$25



SATURDAY

NOVEMBER 22<sup>ND</sup> 2025

REGISTRATION STARTS AT THE HIGHWAY  
HOUSE AT CHILLEENS ON 17 AT 12:00PM

4 STOPS IN BETWEEN

ENJOY

ENDS AT

5PM STEEL DRIVER- BYOB

LIVE MUSIC BY

DAVID ALLEN & THE VFW BAND

FOOD & BEER- GAMES

SPECIAL THANK  
YOU  
TO OUR 4 STOP  
HOSTS

ROB & MISTIE- LATSHAW AKERS  
TONY & ANGELA - T & A LIQUOR LOUNGE  
WAYNE & JACQUE - JACK'S PLACE  
RUTHANN & BILL- THE MINESHAFT

\$30 PER PERSON INCLUDES- SPECIAL SURPRISE AT EACH STOP

ENTRY TO THE STEEL DRIVER WITH LIVE MUSIC, FOOD & BEER






# MUSIC ON THE *Patio*

**Fall Concert Series 2025**

**Saturdays at 2pm-6pm**



**Saturday October 4th**  
Double G's Duo

**Saturday, October 11th**  
Kevin Shepherd

**Saturday, October 18th**  
Cody Gibson

**Saturday, October 25th**  
The ContraBanditos

**Saturday, November 1st**  
Pat James

**Saturday, November 8th**  
Moonshine Voodoo

**Saturday, November 15th**  
David Allen

**Saturday, November 22nd**  
Swinging Jugs

**Saturday, November 29th**  
Calvin Rainwater

**Bass clef symbol**

**Chilleens on 17 ~ I-17 & Exit 244~Black Canyon City**





# AMERICA

## THE GREAT *Night Market*

Shop Small. Celebrate Freedom. Support Our Troops.

— ★ ★ ★ —  
**November The 3<sup>rd</sup>**  
**5:30-8:30 pm**

Come dressed in your most patriotic outfits — think stars, stripes, denim, and sparkle — and get ready for a night filled with good food, good vibes, and great local shopping.

◆ ◆ **CHILLEENS** ◆ ◆  
**NIGHT MARKET**  
LOCAL VENDORS • QUALITY GOODS • COMMUNITY VIBES  
BLACK CANYON CITY, AZ

For More  
Details





# Paint and Greet

SUNDAY NOVEMBER 9<sup>TH</sup> 2025

3-5 PM



GET READY FOR A ONE-OF-A-KIND AFTERNOON WHERE CREATIVITY MEETS CUDDLES!

JOIN US FOR OUR PAINT & GREET — YOU'LL PAINT YOUR VERY OWN HOLIDAY-THEMED HIGHLAND COW MASTERPIECE UNDER THE GUIDANCE OF LOCAL ARTIST VALERIE, WHILE MEETING AND LOVING ON ONE OF OUR REAL HIGHLAND COWS, LIKE SWEET ROXI! ❤️

🎫 YOUR TICKET INCLUDES ALL PAINTING SUPPLIES, EXPERT INSTRUCTION, AND PLENTY OF TIME FOR COW SNUGGLES.

🌟 FOOD AND DRINKS AVAILABLE FOR PURCHASE.  
LIMITED SPOTS AVAILABLE — RESERVE YOUR SEAT NOW





# Paint and Greet Holiday Edition

SUNDAY NOVEMBER 30<sup>TH</sup> 2025

3-5 PM



CREATE YOUR OWN HOLIDAY  
COW PAINTING WITH THE HELP  
OF ARTIST RUTHANN, SIP A  
DRINK, AND MAKE MEMORIES  
WITH OUR BELOVED HIGHLAND  
COW, ROXI.

♦ YOUR TICKET INCLUDES ALL  
PAINTING SUPPLIES, EXPERT  
INSTRUCTION, AND PLENTY OF TIME  
FOR COW SNUGGLES.

✨ FOOD AND DRINKS AVAILABLE FOR PURCHASE.  
LIMITED SPOTS AVAILABLE — RESERVE YOUR SEAT NOW

WE'RE STARTING UP THE  
SEASON WITH A FESTIVE  
PAINT & GREET YOU WON'T  
WANT TO MISS!  
JOIN US FOR AN  
AFTERNOON OF HOLIDAY  
FUN, PAINTING, AND  
HIGHLAND COW CUDDLES 🐮





# SONGO

SONGO IS MUSIC  
SONGO IS FUN



MUSIC BINGO

**Friday, October 24th @ 6pm**

Highway House & Front Patio

**Friday, November 7th @ 6pm**

Highway House & Front Patio

**Friday, December 5th @ 6pm**

Highway House & Front Patio

**January 23rd 2026**

Highway House & Front Patio



# **PATRIOTIC** **NIGHT MARKET**

**MONDAY, NOVEMBER 3RD | 5:30-8:30**

**SHOP LOCAL • EAT LOCAL • LOVE LOCAL**

**VENDOR LINE UP:**

**LOCAL BEEF ✦ SOURDOUGH**  
**RESCUE PUPPIES ✦ HONEY**

**MATCHA DRINKS ✦ CANDLES**

**BEER TASTINGS ✦ LIVE MUSIC**

**BLANKETS ✦ PERMANENT JEWELRY ✦ SOAPS**

**LEMONADES ✦ BOURBON**

**HAT BAR ✦ JEWELRY ✦ FACE PAINTING**

**CROCHETED GOODIES ✦ CINNAMON ROLLS**

**HIGHLAND COW PHOTO OP**

**WEAR YOUR BEST RED, WHITE & BLUE AND SUPPORT LOCAL VENDORS**

 **SUPPORT OUR TROOPS** 

**WE'LL BE COLLECTING DONATIONS FOR LOCAL VETERANS AND ACTIVE- MEMBERS.**

**CHILLENS ON 17 | BLACK CANYON CITY**





High Desert Helpers are hosting a

# COMMUNITY THANKSGIVING POTLUCK!

PLEASE BRING A DISH!

11:00AM to 2:00PM

November 27th, 2025

High Desert Park

19001 Jacie Lane

Black Canyon City, AZ 85324

High Desert Helpers will be providing turkey,  
mashed potatoes, and a vegetable.





# **PARADE ENTRIES NEEDED**

Call any of the following if you'd like to have a  
parade entry in the upcoming Veteran's Day  
Parade!

**Bubba (928) 220-1818**

**Gail (602) 820-0442**

**Jennifer (623) 262-7671**

**Ric (602) 689-5424**

**— NOVEMBER 8<sup>TH</sup>, 2025 —**

**[Bccparade@gmail.com](mailto:Bccparade@gmail.com)**





## **Black Canyon Heritage Park**

33955 Old Black Canyon Hwy  
Black Canyon City, AZ 85324



**Free Admission - Open Daily 9 AM to 1 PM**

**Upcoming Events – Click on each title or QR for more**

- **November 10, 10 AM – noon.** [Butterfly Walk with Experts](#)  
at Black Canyon Heritage Park.



- **November 15, 10 AM – 2 PM.** [BCHP-ASU WaterSIMersive Exhibit](#)  
hosted at Cañon School. Managed by Black Canyon  
Heritage Park. Focus on Agua Fria Watershed  
(esp. Black Canyon City).



**Volunteers needed** – CALL Karen at 623.239.8032.

- **December – DATE TO BE SET.** Audubon Christmas Bird  
Count in Black Canyon City (including the Park).

**Interested?** Email [info@blackcanyonheritagepark.org](mailto:info@blackcanyonheritagepark.org).

- **January 31, 2026 , 10 AM – 2 PM.**

[10<sup>th</sup> Annual WinterFest/BookFest](#). **FREE for visitors,**  
**Exhibit space available. Contact Ann @ 623.293.8628.**



- **January 28, 2026, 5 PM to February 11, 2026, 5 PM.**

[7<sup>th</sup> Annual Virtual Auction](#)

**Do you have items, events, service to donate?**

Contact Ann @ 623.293.8628. Donors recognized in media.



[Please Donate](#) - Use QR code or [CLICK HERE](#)  
Support our Environmental Education Programs  
Bird & Butterfly Habitats, & Youth Activities





PLEASE JOIN US

# Butterfly Viewing Walk

**Monday, November 10, 2025  
10 AM**

**BLACK CANYON HERITAGE PARK  
33955 OLD BLACK CANYON HIGHWAY  
BLACK CANYON CITY, AZ 85324**



# FOOTHILLS FOOD BANK & RESOURCE CENTER



**November 5<sup>th</sup> from 3-5pm**



**Foothills Foodbank**

**34550 Old Black Canyon Hwy**



**Please call: 623-374-9441**

## FREE EVENT

**for everyone**

Need your child's car seat checked or replaced? We're here to help! This event is open to everyone—you don't need to be a food bank client. Call us to reserve your spot and help keep kids safe. We have new car seats and boosters if needed.

**LIMITED spots available call to RSVP**



**Sponsored By**



**CHICANOS  
POR LA CAUSA**

**PARENTING**

ARIZONA



**59% of car seats  
are installed  
incorrectly**

# NOURISHING NOVEMBER

**NO CHILD SHOULD GO HUNGRY DURING THESE TRYING TIMES.**

**PLEASE JOIN US EVERY SUNDAY DURING THE MONTH OF  
NOVEMBER AT HIGH DESERT PARK FOR A HOT MEAL.**

**Sunday, November 2nd**

**Sunday, November 9th**

**Sunday, November 16th**

**Sunday, November 23rd**

**Sunday, November 30th**

**1:00PM to 3:00PM or until gone**

**Sponsored by local  
businesses, organizations,  
and individual community  
members who want to  
make a difference in our  
town.**

**HIGH DESERT PARK  
19001 JACIE LANE, BLACK  
CANYON CITY, AZ 85324**





Introducing the Teen News & Media Literacy Pilot Program funded by the Carnegie Corporation of New York. Black Canyon City Community Library will be one of five libraries testing this program across the country! What happens? Workshops developed by Common Sense Education that bring media literacy to teenagers.

## Right My Wrongs

Have you made mistakes online? Learn to recognize mistakes, repair and rebuild trust.

**11/21| 2:30 PM**

**Ages 12-18**

**Register at [yavapai.events](http://yavapai.events)**

Snacks provided by Common Sense Media.



common sense media®



## FREE CLASSES COMPUTER SKILLS 101



Black Canyon City Community Library  
34701 S. Old Black Canyon HWY  
Black Canyon City, AZ 85324  
623-374-5866

**Thursdays at 1:30 PM**

**November 13 | Android Device Basics**

**December 11 | Using A.I.**

**January 8 | Cybersecurity**

Foothills Food Bank  
34550 Old Black Canyon HWY  
Black Canyon City, AZ 85324  
623-374-9441

**November 18 | Computer Basics | 12:30 PM**

**January 15 | Email Basics | 1:00 PM**



Come and join the

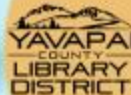
# CATCHY TITLE BOOK CLUB



- Meet ups monthly
- Discover new non-fiction books
- **2nd Friday of the Month**  
**October-May**
- **3:00 PM**

**623-374-5866**

Black Canyon City Community Library



Black Canyon City Community Library

## PAGE TURNERS Book Discussion

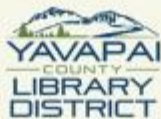


Every 3rd Wednesday | 2:00 PM  
of the Month

Discuss, socialize & discover new reads!





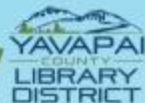


# TAI CHI

Experience meditation in motion.  
**10:30AM every Wednesday and Friday**  
Black Canyon City Community Library  
Licensed instruction provided

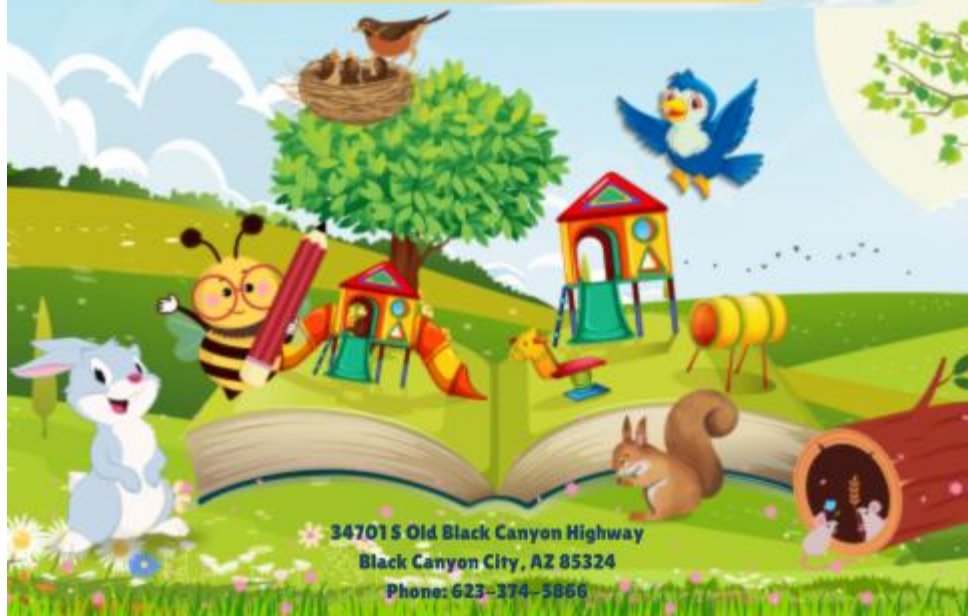


Black Canyon City Community Library



## TUESDAY TALES

**Every Tuesday at 10:00 AM**  
*Preschool Storytime & Crafts*



347015 Old Black Canyon Highway  
Black Canyon City, AZ 85324  
Phone: 623-374-5866

# WIND-POWERED VEHICLE

## Build, Tinker, Zoom!

Friday, November 7th, 2:00 PM

Get ready to harness the power of wind and engineering in  
our exciting STEM Wind-Powered Car Workshop!

Black Canyon City  
Community Library  
34701 S Old Black Canyon Highway  
Black Canyon City, AZ 85324  
Phone: 623-374-5866



Black Canyon City Community Library



# YOGA

**Every Wednesday and Friday  
9:30 AM**

**Wear comfortable clothing and bring a mat or  
towel. A video is provided. Free to the public.**

34701 S Old Black Canyon Highway Black Canyon City, AZ 85324  
Phone: 623-374-5866