

Reach the Loop!



Diabetes Walk

Embrace Your Health, One Step at a Time

*A one-mile walk to provide support, education,
and information to those impacted by diabetes.*



When: Saturday, November 6th, 9:00 a.m. — Noon

Where: Augie Acuna Los Ninos Park
5432 S Bryant Ave, Tucson

Register at: bit.ly/diabetes-walk



A collaborative effort brought to you by:

- Banner UMC
- Beyond Tucson
- Coalition for African American Health and Wellness
- Department of Veterans Affairs
- Mexican American Studies Department at UArizona
- Native American Research and Training Center at UArizona
- PCHD REACH Program
- Pima County Natural Resources, Parks and Recreation
- Tucson Indian Center
- YWCA/House of Neighborly Service

A raffle with prizes will be provided to those that register for this event. Participants who complete a survey will have a chance to win smart watch for heartrate and blood pressure monitoring.



PIMA COUNTY
HEALTH DEPARTMENT


Reach the Loop!



Caminata por la Diabetes

Dedíquese a su salud, un paso a la vez

Una caminata de una milla para atraer a miembros de la comunidad y proveer apoyo, educación e información a personas afectadas por la diabetes.



Cuando: Sábado, 6 de noviembre, 9:00 a.m. — Medio día

Donde: Augie Acuña Los Niños Park
5432 S Bryant Ave, Tucson

Regístrese en: bit.ly/caminata-diabetes



Un esfuerzo traído a usted en colaboración con:

- Banner UMC
- Beyond Tucson
- Coalition for African American Health and Wellness
- Department of Veterans Affairs
- Mexican American Studies Department at UArizona
- Native American Research and Training Center at UArizona
- PCHD REACH Program
- Pima County Natural Resources, Parks and Recreation
- Tucson Indian Center
- YWCA/House of Neighborly Service

Se le entregará premios a personas que se registren para este evento y habrá una rifa para personas que completen la encuesta. Participantes y personas que completaron la encuesta tendrán la oportunidad de ganar un reloj inteligente capaz de monitorear su pulso y presión arterial.



PIMA COUNTY
HEALTH DEPARTMENT