

ADOLESCENT HEALTH PROGRAM

PARENT WORKSHOP: It's That Easy

Available for free to parents and caring adults of youth ages 11-19 who are interested in learning and practicing skills for better communication with their child regarding sensitive topics like teen pregnancy, STD's and healthy relationships. Discussions and role-plays are included to empower parents to discuss sensitive real-life issues with their teen.

YOUTH EDUCATION: ABSTINENCE PLUS CURRICULA

Making Proud Choices

Provides young adolescents with the knowledge, confidence and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV and pregnancy by abstaining from sex or using condoms if they choose to have sex. This curriculum consists of (8) 60-minute lessons and two additional supplemental adolescent preparedness lessons.

Positive Prevention PLUS- America's Youth Edition

Comprehensive approach focuses on healthy relationships and provides the knowledge and skills to reduce risk of STDs, HIV and pregnancy, among other elements. This consists of (14) 60-minute lessons, with an additional supplemental adolescent preparedness lesson.

Teen Outreach Program (TOP)- Arizona Project

This curriculum is informed by the most current research in adolescent development, best practices in Positive Youth Development and practices that promote Social and Emotional Development. Within the book there are lessons identified by three (3) developmental levels. These lessons were chosen from the three Wyman TOP® curriculum books and consolidated into one for this adaptation. This consists of (12) 60-minute lessons and a minimum of 10 hours of community-learning service hours.

Making A Difference

Provides young adolescents in junior high with the knowledge, confidence and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV and pregnancy by abstaining from sex. This curriculum consists of (8) 60-minute lessons and two additional supplemental preparedness lessons.

YOUTH MENTAL HEALTH FIRST AID:

Free course designed to teach school professionals how to assist adolescents experiencing mental health challenges or crisis situations.

Those who participate are able to identify signs and understand how to respond by providing support to adolescents facing mental health challenges or a crisis. Participants will be able to provide resources and connect to appropriate care for the youth.

All programs are available for FREE!

Please contact us to schedule a program or if you have additional questions.

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