



In-Person, Free Dementia Training and Workshops

**South Peninsula Hospital (SPH)
Training Center
4014 Lake St, Homer, AK**

September 21

8:30AM - 5:00PM

Mental Health First Aid for Older Adults

This full-day training teaches participants how to recognize signs of mental health and substance use challenges, respond appropriately in a crisis, and connect people with professional and community resources. Open to community members, caregivers, professionals, and anyone interested in learning how to better support others.

Contact Riki Chapman at racook@alaska.edu with questions or scan the QR code for more information:



September 21

9:00AM - 2:00pm

Dementia Live and Memory Screenings

Experience what it may be like to live with dementia through Dementia Live, an interactive group experience designed to build understanding, empathy, and practical communication skills. Individual memory screening consultations will also be available, offering participants an opportunity to learn more about their memory concerns and connect with helpful resources.

Registration required for a 30 minute slot.

Contact Holly Dramis at director@hospiceofhomer.org or (907) 235-6899 to sign up or for more information.

Registration fees for these trainings have been covered by the Alaska Statewide Dementia Training Project.