

FAMILY SERVICES TRAINING CENTER - TRAINING OPPORTUNITIES UPDATE June 2022

In compliance with the University of Alaska guidance for face-to-face trainings for the upcoming months, The Family Services Training Center will be offering only online trainings via Zoom, except for very specific private trainings where social distancing can be observed.

Family Services Training Center (FSTC)

The goal of the FSTC is to enhance the competency of behavioral health providers working with families to effect positive change and wellness for Alaskans. Training opportunities will be available for all communities across the state and will target both licensed clinicians and front-line staff who provide direct services for families. With these training opportunities the FSTC aims to create an accessible behavioral health care system which emphasizes the vital role Alaskan families have in our communities.

Director: Tom McRoberts, 264-6251, tom@alaskachd.org

★ Highlighted Training

Start Early Essentials of Home Visiting - Online Training for Professionals that Work with Families

The Essentials of Home Visiting is an online learning program exclusively dedicated to knowledge and skill-building for professionals who work either in person or virtually with a family in their home setting. For more information about this project, and a complete list of courses offered, checkout the [course catalog](#).

Delivery Method: Self-paced courses and Zoom webinars **Contact:** Tami Eller, 264-6278, tami@alaskachd.org

Register: <https://continuingstudies.alaska.edu/Registration.aspx?aid=78>

★ Current Training Opportunities

Alaska Native Cultural Health & Wellness Strategies

Participants are provided with introductory information on the Indigenous Peoples of Alaska. They will be introduced to beliefs, attitudes, and knowledge of traditional Alaska Native health and wellness practices. Participants will discuss strategies for improving behaviorally based health through the lens of a cultural advocate. The training will emphasize creating cultural sensitivity and understanding to benefit a culture of health and wellness.

Delivery Method: Online through Zoom **Contact:** Tami Eller, 264-6278, tami@alaskachd.org

- June 7

Register: <https://www.aktclms.org/Training/Class/104935>

Tools for Working with Families Series (FSTC)

The Impact of COVID-19 on Families

Stigma can have a devastating negative impact on the Alaskan families we serve. Families feel stigmatized when they have behavioral health, substance use issues, or family struggles. Sadly, even those of us in the helping professions carry stigma, often without being consciously aware of our own biases. In this session we will explore some of our own stigma toward families who live with multiple challenges. When we reflect and identify our own attitudes toward these families we will see much better outcomes.

Delivery Method: Online through Zoom

- June 14

Contact: Tami Eller, 264-6278, tami@alaskachd.org

Register: <https://www.aktclms.org/Training/Class/104770>

Rising to the Challenge: Addressing Perplexing, Challenging and Difficult Behaviors

This monthly series will address a variety of various challenging behaviors demonstrated by youth who have experienced trauma: untruthfulness (i.e. lying), aggression, food hoarding and lack of empathy. These specific challenging behaviors are often the behaviors that lead youth to be referred to behavioral health services. Each monthly 2-hour training will explore a different challenging behavior, provide an understanding of why that behavior happens and provide techniques to address that behavior effectively. Each Zoom session includes a 1.5 hour presentation with a half hour for questions and answers.

Delivery Method: Online through Zoom

- June 6 – Empathy Deficits in Traumatized Children: Understanding and Supporting Growth in Compassion

Register: <https://www.aktclms.org/Training/Class/104898>

Contact: Tami Eller, 264-6278, tami@alaskachd.org

Innovations in Clinical Work with Youth and Families Series

Healing Quests: Introduction to Therapeutic Role-Play Games

This training introduces the clinical application of tabletop Role-Play Games (RPGs) as intervention modalities with individual clients and groups across a range of ages, populations, and treatment issues. Special attention will be paid to working with neurodivergent clients. Participants will hear case presentations that illustrate how to incorporate this modality into individual and group work.

Delivery Method: Online through Zoom

- June 8

Contact: Tom McRoberts, 264-6251, tom@alaskachd.org

Register: <https://aktclms.org/Training/Class/104931>



Home Visiting Safety

What measures should you take to ensure your personal safety in your work with families? This webinar explores the importance of home visitor safety, how to identify safety risk factors, and appropriate actions to take based on various risk factors. This webinar complements the Basics of Home Visiting self-paced course.

Registration is in new registration System: see attachment for detailed information.

Delivery Method: Online through Zoom

Contact: Tom McRoberts, 264-6251, tom@alaskachd.org

• June 10

Register: <https://continuingstudies.alaska.edu/Registration.aspx?aid=103>

★ Coming Soon!

New Registration System and eLearning Portal

See link below for more information on how to register. Registration in new system has begun for Home Visiting training and the Start Early Essentials training. All other trainings will be available in new system by August 2022.

<https://chd.box.com/s/y5qnf1l40iodjukwfmey10v5bjcf4mb>

More Training Opportunities Coming in the Fall

Enjoy the beautiful Alaska summer!