

20th Annual Full Lives Conference

Daily Schedule

Monday, April 12 - Friday, April 16

DAY 1 | MONDAY, APRIL 12

Day 1 Plenary

<p>11:30AM - 1:15PM Session Block 1</p>	<p>Welcome & Announcements:</p> <p>Keynote Address: TBA</p> <p>Presented by: TBA</p>
<p>1:15PM - 2:00PM</p>	<p>Optional Group Chat (1:15-1:45) and Visit Exhibitors</p>

Day 1 Break-Out Sessions

<p>2:00PM - 3:30PM Session Block 2</p>	<p>Title: We are not Heroes - We are Professionals!</p> <p>Presented by: Alaska Alliance for Direct Support Professionals</p>	<p>Title: Communicating with Your Healthcare Provider</p> <p>Presented by: Sondra LeClair, Anna Attla, Logan Turner, Travis Sherrer</p>
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DAY 2 | TUESDAY, APRIL 13

8:45AM - 9:15AM Optional Coffee Hour Chat

Day 2 Plenary Panel

9:30AM - 11:00AM
Session Block 3

Title: Navigating Person-Directed Support: A Panel Discussion

Moderated by: Maggie Winston

11:00AM - 11:45AM Break - Optional Group Chat (11:00-11:30) and Visit Exhibitors

Day 2 Break-Out Sessions

11:45AM - 1:15PM
Session Block 4

Title: How to Look at Technology POC Goals to Improve Someone's Independence

Presented by: Travis Noah

Title: Re-thinking Challenging Behavior: Introducing a Neurological Approach

Presented by: Randy Jones

1:15PM - 2:00PM Break - Optional Group Chat (1:15 - 1:45) and Visit Exhibitors

Day 2 Break-Out Sessions

2:00PM - 3:30PM
Session Block 5

Title: Assisted Living Licensing 101 for Care Coordinators

Presented by: Nate Allen and Julia Greenfield

Title: Alaska Core Competencies, Category 6 - Advocating

Presented by: Betsy Chivers and Riki Chapman

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DAY 3 | WEDNESDAY, APRIL 14

8:45AM - 9:15AM Optional Coffee Hour Chat

Day 3 DSP Awards

9:30AM - 10:45AM
Session Block 6

Alaska Alliance for Direct Service Careers - Outstanding Direct Service Professional of the Year Awards

Presented by: Kathy Craft
UAA College of Health Associate Dean for Planning, Development & Partnerships

10:45AM - 11:30AM Break - Optional Group Chat (10:45 -11:15) and Visit Exhibitors

Day 3 Plenary

11:30AM - 1:00PM
Session Block 7

Title: The Richest Man in Town

Presented by: V.J. Smith

1:00PM - 1:45PM Break - Optional Zoom Network Chat (1:00 - 1:30) and Visit Exhibitors

Day 3 Break-Out Sessions

1:45PM - 3:15PM
Session Block 8

Title: The Role of Laughter in the Resilience and Well-being of Alaska Native Elders

Presented by: Jordan Lewis

Title: Supporting Relationships and Sexuality for People with IDD

Presented by: Kelley Hartlieb and Sondra LeClair

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DAY 4 | THURSDAY, APRIL 15

8:45AM - 9:15AM Optional Coffee Hour Chat

Day 4 Break-Out Sessions

9:30AM - 11:00AM
Session Block 9

Title: Living Well on the Last Frontier with Shared Vision Implementation in the Next 5-Year State Plan

Presented by: Anne Applegate & Jess Doherty

Title: Remote Supports

Presented by: Caryn Branch-Brunello

11:00AM - 11:45AM Break - Optional Group Chat (11:00-11:30) and Visit Exhibitors

Day 4 Break-Out Sessions

11:45AM - 1:15PM
Session Block 10

Title: Understanding Deaf Culture and Mental Health with Hearing Loss

Presented by: Mahala Coker, Sharon Miranda, and Mike Merritt

Title: Personal Wellness and Self-Care - now More than Ever

Presented by: Rick Benjamin

Day 4 Plenary Panel

2:00PM - 3:30PM
Session Block 11

Title: Year of the Senior: Passing on Wisdom & Experiences to the DSP and Care Coordinator Workforce

Moderated by: Sheila Shinn

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DAY 5 | FRIDAY, APRIL 16

8:45AM - 9:15AM Optional Coffee Hour Chat

Day 5 Break-Out Sessions

9:30AM - 11:00AM
Session Block 12

Title: Living The Life I Choose & the Dignity of Risk - The Supporter's Role

Presented by: Anna Attla, Isaac Bush, Josh Kamerick, Kaylene Lamb & Kim Champney

Title: Semper Melior: Always Better!

Presented by: Michael Bork

11:00AM - 11:45AM

Break - Optional Group Chat (11:00-11:30) and Visit Exhibitors

Day 5 Plenary

11:45AM - 1:15PM
Session Block 13

Title: Pivoting Through Covid to Restructure, Rebuild and Maintain a Full and Active Life

Presented by: Karen Gaffney