

What is CAMS?

The Collaborative Assessment and Management of Suicidality (CAMS) Framework has been proven through multiple randomized clinical trials to be the best assessment, intervention and treatment to reduce suicide ideation. It is recommended by such groups as the Zero Suicide Initiative, the Center for Disease Control (CDC), and the Sentinel Event Alert by the Joint Commission as referenced in Alaska's Recasting the Net report.

Because CAMS is a flexible Framework it can be easily adapted to cultural and tribal preferences. Mental health professionals have reported that the CAMS Framework has given them a way to confidently treat suicidal patients effectively in only 6-8 sessions. Completing CAMS training gives the behavioral health professional access to valuable assessment and treatment tools, as well as access to a professional referral and resource network.

Who Should Participate?

The CAMS framework consists of an approach for guided suicide-focused risk assessment and ongoing psychosocial intervention. It is intended to be used by mental and behavioral health practitioners (e.g., psychologists, counselors, social workers), students in those disciplines practicing under supervision, and mental health medical providers who see clients for regular mental health treatment sessions. For these practitioners the training is offered in three parts.

Other health care providers may find it more useful to learn about CAMS by attending the half-day educational overview.

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Collaborative Assessment and Management of Suicidality (CAMS Framework™)

Free Training for Mental Health Professionals

CAMS Framework™ is first and foremost a clinical philosophy of care. It is a therapeutic framework for suicide-specific assessment and treatment of a patient's suicidal risk. It is a flexible approach that can be used across theoretical orientations and disciplines for a wide range of suicidal patients across treatment settings and different treatment modalities.

The clinician and patient engage in a highly interactive assessment process and the patient is actively involved in the development of their own treatment plan. Every session of CAMS intentionally utilizes the patient's input about what is and is not working. All assessment work in CAMS is collaborative; we seek to have the patient be a "co-author" of their own treatment plan.

Continuing Education Credits available from:

- National Board for Certified Counselors, Inc. and Affiliates (NBCC)
- American Psychological Association (APA)
- National Association of Social Workers (NASW)

Must Register to Attend - limited seats available!

Scheduling options include:

Education Half Day

- November 9 (1pm-5pm), or
- November 16 (8:30am - 12:30pm)

CAMS Role Play Sessions

- November 10 (8:30am - 5:00pm),
- November 12 (8:30am - 5:00pm), or
- November 17 (8:30am - 5:00pm)

For more information and to register
www.aktclms.org/Training/Class/103817

Funding Provided by:

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To see other trainings offered by The Alaska Training Cooperative, go to www.aktclms.org

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