



## Why Mental Wellbeing and Suicide Prevention are Leadership Issues in Construction.

Join us for a webinar on Sep 16, 2020 at 10:30 AM AKDT.



Before COVID-19, construction and society had a mental health, substance misuse and suicide problem. The unprecedented uncertainty of COVID-19 created major stress, anxiety, fear and worries among workers and their families. Alaska has the 4th highest rate of suicide. This session focuses on WHY these topics are a leadership imperative for leaders at all levels throughout the Alaska construction industry and other high risk industries, such as fishing, maritime, mining, oil/gas exploration, forestry, and manufacturing. Learn what you can do to help promote mental wellbeing and reduce risk of substance misuse and suicide in your company and your industry.

## Learning Objectives

- Demonstrate how to break the stigma of mental health and suicide
- Illustrate why mental health and suicide prevention are workplace issues
- Identify the industry and demographic risk factors that lead to suicide
- How to Incorporate suicide prevention into safety, health, wellness culture
- Recognize the resources for employers to address these topics with employees and families
- \* This is a Free webinar.
- \*\* Please note that the webinar participants are limited to 500.

## Co-Hosted by:

- 1. Statewide Suicide Prevention Council
- 2. AGC of Alaska

Presenter:

Cal Beyer

Vice President; Workforce Risk & Worker Wellbeing

**CSDZ** 

After registering, you will receive a confirmation email containing information about joining the webinar.

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