



April 1, 2020

### DBH COVID Guidance Document #3

#### Service Authorizations for Provider Types:

- Autism Services
- Community Behavioral Health Providers
- Mental Health Physician Clinics

On March 31, 2019 Governor Dunleavy issued COVID-19 Disaster Order of Suspension No.2. This order suspends all Service Authorization requirements outlined in 7 AAC 135.040. The impact for providers will be as follows:

Effective March 31, 2020 providers are no longer required to submit Service Authorizations for the services outlined below. ***This suspension of Service Authorizations is for the time period March 31, 2020 through May 11, 2020 per the mandate in Disaster Order of Suspension No. 2.***

Providers must complete Services Authorizations for any units that exceed State Fiscal Year limits through the time period March 30, 2020. Please follow standing protocols and procedures for submitting these Service Authorizations. ***Disaster Order of Suspension No. 2 does not extended to substance use disorder services provided under the 1115 Demonstration Waiver.***

For providers who currently have recipients in services with a service authorization in place, those authorizations are now suspended and no further service authorization request are required.

Providers can now provide the needed services to assist our most vulnerable citizens in whatever means necessary. However, providers **MUST** do the following:

- Insure the services provided are Medically Necessary and meet all requirements as outlined in 7 AAC 135.100 – 7 AAC 135.290
- Document the need for services in both the assessment and treatment plan
- Document the services in a progress notes that indicates the medical necessity

Autism Services:

Service	CPT
Behavior Identification Assessment	97151
Adaptive Behavior Treatment	97153
Adaptive Behavior Treatment	97154
Adaptive Behavior Treatment	97155
Family Adaptive Behavior Guidance	97156

State Plan Services – Community Behavioral Health

Service	CPT / HCPCS
Behavioral Health Screening	T1023
Assessments	H0001, H0031, H0031-HH, 90791
Psychological Testing	96136-HO, 96137-HO, 96130-HO, 96131-HO
Neuropsychological Testing	96136-HP, 96137-HP, 96132-HP, 96133-HP
Psychotherapy	90832, 90834, 90837, 90846, 90846-U7, 90847, 90847-U7, 90849, 90849-U7, 90853, 90853-U7
Comprehensive Medication Services	H2010
Short Term Crisis Intervention	S9484, S9484-U6
Short Term Crisis Stabilization	H2011
Case Management	T1016
Therapeutic BH Services	H2019, H2019-HQ, H2019-HR, H2019-HS
Peer Support – Child	H0038, H0039-HR, H0038-HS
Peer Support – Adult	H0038
Comprehensive Community Support Services	H2015, H2015-HQ
Client Status Review	H0046

State Plan Services – Mental Health Physician Clinic

Service	CPT / HCPCS
Assessments	H0031, H0031-HH, 90791
Psychological Testing	96136-HO, 96137-HO, 96130-HO, 96131-HO
Neuropsychological Testing	96136-HP, 96137-HP, 96132-HP, 96133-HP
Psychotherapy	90832, 90834, 90837, 90846, 90846-U7, 90847, 90847-U7, 90849, 90849-U7, 90853, 90853-U7
Comprehensive Medication Services	H2010
Short Term Crisis Intervention	S9484, S9484-U6

Questions regarding this guidance may be directed to [mpassunit@alaska.gov](mailto:mpassunit@alaska.gov) in the Subject Line please note: COVID Guidance.