

# Providence Nurse-Family Partnership

## What We Do

- Pair each expectant mother with a nurse.
- RNs will visit the patient every 1-2 weeks. We go to them!
- Provide support and evidence-based education.
- Visit throughout pregnancy and until the child is two years old, about 30 months total.
- Help the patient navigate the health and human services system.
- Voluntary & no cost.

## Who We Serve

Any woman who:

- Has no previous live births.
- Is prior to 28-week gestation.
- Is low-income (eligible for or already receiving WIC, DKC, or Medicaid).
- Lives in the Anchorage service area (Girdwood to Eklutna).

## How To Refer

- Screen your current *and* new patient load for eligibility.
- Give them our brochure and a brief description of the program.
- Fill out our referral form and fax it to us. (Instructions are on the form.)
- We will do the rest!

## Our Team:

*Patty Wolf, RNC-OB  
Nurse Home Visitor*

*Megan Thomas, RN  
Nurse Home Visitor*

## Nurse-Family Partnership Goals

- Improve pregnancy outcomes by helping women engage in good preventive health practices, including obtaining thorough prenatal care from their healthcare providers, improving their diet, and reducing their use of cigarettes, alcohol and illegal substances.
- Improve child health and development by helping parents provide responsible and competent care.
- Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.



## Positive Outcomes for Clients During Randomized Controlled Trials

- **48%** reduction in child abuse and neglect
- **56%** reduction in emergency room visits for accidents and poisonings
- **72%** fewer conviction of mothers when children are at age 15
- **67%** reduction in behavioral and intellectual problems in children at age six
- **20%** reduction in months on welfare
- **79%** reduction in preterm delivery of women who smoke

**Questions? Call us at 273-0572.**