# WELCOME HOME



# *Returning* VETERANS' GUIDE TO COMMUNITY RESOURCES

A United Way of Greater Houston – City of Houston – Harris County Initiative

# July 2012

# To our returning Service Members and their Families,

This resource booklet "road map" was originally prepared in collaboration with Harris County Judge Ed Emmett and former Mayor Bill White as a service to all of the men and women who have served in our nation's armed forces. As a community, we want to continue this effort which is particularly directed to those now returning to their families, jobs, and communities from their service in Iraq and Afghanistan. We are and will remain grateful to all the men and women for selfless service to our nation, and want to make their re-entry into our community as effortless as possible.

We hope this booklet and its web-based counterparts – <u>www.csd.hctx.net</u> at the county and <u>http://www.houstontx.gov/vetaffairs/</u> at the city, and at <u>www.houstonreturningvets.org</u> set up by the combined community coalition – will continue to assist the families, employers, counselors, and faith-based institutions serving our valuable veterans. And, if you are a family member of one of our veterans who was not able to return home, we want to provide you with information to ease your burden.

This is just one aspect of our Returning Veterans Initiative; a commitment shared by our national, state and local partners to serve those injured while defending the country and support their recovery and successful rehabilitation.

We thank you, and all our partners, for your efforts.

Most respectfully yours,

Ed Emmett Harris County Judge





Uphias D. Parlan

Annise D. Parker City of Houston Mayor





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# **ONE-STOP RESOURCE CENTERS**

# FEDERAL RESOURCES

#### **U.S. DEPARTMENT OF VETERANS AFFAIRS**

VA Regional Office 6900 Almeda Road, Houston, Texas 77030 1-800 -827-1000 <u>www.va.gov</u> <u>Hours</u>: 7:30 AM – 4:00 PM Services: Compensation, pension, education, medical, housing, burial benefits

#### Local Veterans Service Centers of the Department of Veterans Affairs

www.nvf.org

<u>Hours</u>: Mon – Fri 8:00 AM – 4:30 PM <u>Eligibility</u>: Combat veterans of Vietnam era, World War II, Korea, Lebanon, Grenada, Panama, Persian, and Gulf, Somalia; as well as veterans who were sexually harassed while serving in the military <u>Services</u>: Provides reintegration counseling, medical referrals, and assistance in applying for VA benefits, alcohol and drug assessments, and outreach and community education.

#### Veterans Resource Center – Post Oak Center

701 North Post Oak Road, Suite 102, Houston, TX 77024 713-682-2288; 713-682-7818 fax

#### Veterans Resource Center – Richmond Center

2990 Richmond Avenue, Suite 325, Houston, TX 77098 713-523-0884; 713-682-7818 fax

#### Harris County Vet Center – #731

14300 Cornerstone Village Drive, Suite 110 Houston, TX 77014 713-578-4002; 281-583-8800 fax

#### **Retired Activities Office**

Armed Forces Reserve Training Center Ellington Field Joint Reserve Base 14555 Scholl Street, Room 2150, Houston, TX 77034 832-380-7000, Ext. 3130 <u>Hours</u>: Monday through Friday, 9:00 AM to 12:00 PM. (Closed weekends and Federal holidays) <u>Services</u>: A group of retired military personnel who volunteer as an informal referral site to assist veterans and their families with questions, concerns or issues.

# NATIONAL PERSONNEL RECORDS CENTER

National Personnel Records Center Military Personnel Records 9700 Page Avenue St. Louis, MO 63132-5100 314-801-0800 Hours: Monday through Friday, 7:30 AM to 3:45 PM. (Closed weekends and Federal holidays) Website: vetrecs.archives.gov or http://www.military.com/MilitaryReport/0,12914,92137,00.html

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# **LEGISLATIVE ASSISTANCE**

Members of the Texas Legislature and Congress provide constituent caseworker's to assist veterans with questions, concerns or issues concerning state and federal agencies.

To find your elected representative, please visit <u>http://www.fyi.legis.state.tx.us/</u>.

# STATE RESOURCES

#### **Texas Veterans Commission**

6900 Almeda Road, Houston, Texas 77030 713-383-2756; Fax: 713-383-2746 Email: <u>Houston\_TVC@vba.va.gov</u> <u>http://www.tvc.state.tx.us/</u> Services: Offers services in claims represen

<u>Services</u>: Offers services in claims representation, employment services, and veteran education program. Website serves as an informative referral site to other helpful veteran links.

# **COUNTY RESOURCES**

#### Harris County Veterans Service Office

9418 Jensen Drive, Houston, Texas 77093 281-876-6600 (o); 713-692-3963 (fax) www.csd.hctx.net <u>Hours</u>: 8:00 AM To 4:30 PM (M-F); an appointment is required, contact office <u>Services</u>: Compensation, Pension, Education, Insurance, Medical, Death/ Burial Benefits Assist veterans and their widow's that are incapacitated to obtain VA benefits; to include Home Visits, Assisted Living Facility's and Nursing Homes by Appointments Only. Hearing impaired, please contact through 711

#### Harris County Precinct 2 Veterans Services

604 Highlands Woods Dr., Highlands, TX 77562 281-426-2832 Hours: Mon – Fri 8:00 AM – 4:30 PM <u>www.precinct2.gether.org</u> <u>Eligibility</u>: Veterans living in Harris County Precinct 2 <u>Services</u>: Offers van service transportation from designated pick-up locations to the Houston VA Medical Center/VA Regional Office. Call for detailed information.

#### Harris County Precinct 2 Voucher Program

281-286-3138 www.pct2.hctx.net www.precinct2.gether.org <u>Eligibility</u>: Minimum age 60 or disabled; must be outside METRO service area and unable to access alternate transportation. <u>Services</u>: Voucher program. Call for details

# **CITY RESOURCES**

City of Houston Office of Veterans' Affairs E. A. "Buddy" Grantham, Director 900 Bagby, Public Level, Suite 025, City Hall Annex, Houston, TX 77002 832-393-0992 cohova@houstontx.gov http://www.houstontx.gov/vetaffairs/index.html Hours: 7-5 M-F

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<u>Services</u>: Assist Houston area veterans to ensure that neither they or their dependents, nor survivors are denied access to the entitlements promised them by a grateful nation. Assist veterans and returning service members by connecting them with services and benefits at Federal, State and City agencies, as well as non-profit organizations. Improve quality of life for veterans by increasing local community support to the military community. Make recommendations to the Mayor and the City Council concerning the coordination of economic development, health care and social services programs as they relate to veterans who are residents of the City of Houston. Act as an advocate for veterans within the City of Houston

# NATIONAL SERVICE ORGANIZATION RESOURCES

#### **American Legion**

6900 Almeda Road, Room 1034, Houston, TX 77030 713-383-2755

#### www.legion.org

Eligibility: Veteran or dependent

Explanation of Benefits: Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical /psychological care.

#### AMVETS

6900 Almeda Road, Room 1042, Houston, TX 77030 713-383-2757

#### www.amvets.org

Eligibility: Veteran or dependent

Explanation of Benefits: Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical /psychological care.

#### **Disabled American Veterans**

6900 Almeda Road, Room 1033, Houston, TX 77030 713-383-2715 www.dav.org Hours: Mon Wed Fri 7:30 AM – 4:00 PM <u>Eligibility</u>: Veteran or dependent <u>Explanation of Benefits</u>: Disability Rights Groups for Veterans – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical /psychological care.

#### Military Order of the Purple Heart

6900 Almeda Road, Room 1024, Houston, TX 77030 713 383-2752

#### www.purpleheart.org Eligibility: Veteran or dependent

<u>Explanation of Benefits</u>: Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical /psychological care.

#### Paralyzed Veterans of America (PVA)

National Service Office VA Regional Office 6900 Almeda Road, Room 1028, Houston, TX 77030 713 383-2727 www.pva.org Eligibility: Veteran or dependent

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<u>Explanation of Benefits</u>: Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical /psychological care.

# Paralyzed Veterans of America (PVA)

National Service Office

Michael E. DeBakey VA Medical Center 2002 Holcombe Blvd., Room 1b-164, Houston, Texas 77002 713-794-7993 <u>Eligibility</u>: Veteran or dependent <u>Explanation of Benefits</u>: Assisting our spinal Cord injury's Veter

Explanation of Benefits: Assisting our spinal Cord injury's Veterans with their hospitalization Rehab. We specialize in filing claims before the Department of Veterans Affairs for Organic Brain Syndrome, MS, for Veterans and their Dependents.

#### Veterans of Foreign Wars (VFW)

6900 Almeda Road, Room 1034, Houston, TX 77030

www.vfw.org

713 383-2750

Eligibility: Veteran or dependent

Explanation of Benefits: Veterans Rights Group – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, hospital, and outpatient medical /psychological care.

For additional Information about veterans organizations in Texas go to: <u>http://www.tvc.state.tx.us/VetOrgn.htm</u>. For a list of all national service organizations chartered by Congress to represent Veterans in their claim go to: <u>http://www1.va.gov/vso/index.cfm?template=view&SortCategory=0</u>

# NONPROFIT RESOURCES

# Family Services of Greater Houston

#### **Behavioral Health Services**

713-861-4849; www.familyservices.org

Eligibility: OIF/OEF military personnel and Families

Explanation of Benefits: Family Services of Greater Houston offer services, free of charge, to OIF/OEF Veterans and their families.

<u>Services:</u> Making Ends Meet: Learn to stretch your finances, budget and develop skills for saving. Marriage Education, Parent Education, Counseling, and Job Readiness. sFor more information please call and make an appointment.

#### Worklife Institute

1900 Saint James Place, Suite 880 Houston, TX 77056 713.963.9456; 713-266-0845 Fax <u>Hours</u>: Monday – Friday, 9 am – 7 pm and Saturdays by appointment. <u>Eligibility</u>: OEF/OIF Veterans and Families

Explanation of Benefits: Worklife Institute's OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families.

<u>Services</u>: Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.

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Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at <u>www.unitedwayhouston.org</u> 24/7 to find help with your Health and Human Service needs, all languages

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# **BEHAVIORAL HEALTH**

# (Mental Health / Substance Abuse)

# FEDERAL RESOURCES

#### Local Veterans Service Centers of the Department of Veterans Affairs

#### www.nvf.org

Hours: Mon – Fri 8:00 AM – 4:30 PM

<u>Eligibility</u>: Combat veterans of Vietnam era, World War II, Korea, Lebanon, Grenada, Panama, Persian, and Gulf, Somalia; as well as veterans who were sexually harassed while serving in the military <u>Services</u>: Provides reintegration counseling, medical referrals, and assistance in applying for VA benefits, alcohol and drug assessments, and outreach and community education.

#### Veterans Resource Center – Post Oak Center

701 North Post Oak Road, Suite 102, Houston, TX 77024 713-682-2288; 713-682-7818 fax

#### Veterans Resource Center – Richmond Center

2990 Richmond Avenue, Suite 325, Houston, TX 77098 713-523-0884; 713-682-7818 fax

#### Harris County Vet Center - #731

14300 Cornerstone Village Drive, Suite 110 Houston, TX 77014 713-578-4002; 281-583-8800 fax

#### Michael E. DeBakey Veterans Affairs Medical Center

2002 Holcombe Boulevard, Houston, TX 77030 713-794-8985; 800.639.5137; 713-791-1414 www.houston.va.gov vhahouexternalaffairs@med.va.gov

Hours: 24 hours 7 days

Eligibility: Disabled and treated by VA Med Center - Michael E. DeBakey Veterans Affairs Medical Center accept referral from around the country.

Explanation of Benefits: In addition to general medical care provides specialized treatment programs for posttraumatic stress disorder, anxiety disorders, psychiatric day treatment and inpatient units. Medical Social Work for Veterans – focus is on patient or family problems of social adjustment related to illness or disability. Social crisis intervention during treatment and service to patient and family is an after-care program. All modalities of social treatment are utilized.

#### **Beaumont Outpatient Clinic**

3420 Veterans Circle, Beaumont, TX 77707 409-981-8550; 800-833-7734

#### **Conroe Outpatient Clinic**

800 Riverwood Court, Suite 100; Conroe, TX 77304 409-981-8550

#### Texas City Outpatient Clinic

9300 Emmett F. Lowry Expressway, Texas City, TX 77591 409-986-1129; 800-310-5001 toll free

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#### **Galveston Outpatient Clinic**

6115 Avenue L, Galveston, TX 77551 409-741-0256; 800.310.5001 toll free

#### **Charles Wilson Outpatient Clinic**

1301 W. Frank Ave, Lufkin, TX 75904 936-637-1342; 800-209-3120 toll free www.houston.va.gov Hours: Call for information <u>Eligibility</u>: Veterans <u>Explanation of Benefits</u>: Outpatient clinic for veterans – medical care, mental health & substance abuse services

#### Returning OEF/OIF Veterans Environment of Recovery (ROVER) Michael E. DeBakey VA Medical Center

Gayla Colbert, LMSW, 713-791-1414 ext. 6735 or GaylaC.Colbert@va.gov

<u>Eligibility:</u> OEF/OIF male Veteran with diagnosis of post-traumatic stress disorder, substance abuse dependence, mood or anxiety disorder who is currently involved in VA mental health outpatient care

<u>Services:</u> ROVER is an intensive, comprehensive treatment approach tailored specifically for male OEF/OIF Veterans with a diagnosis of PTSD, substance abuse dependence, mood or anxiety disorder. The ROVER programming is grounded in evidence-based treatments, provided mostly in group therapy. It's a 3-week program housed in an inpatient psychiatric setting at the MEDVAMC. After completing the program and acquiring new skills, techniques and insights to improve quality of life, the Veteran returns to his home clinic and resumes outpatient treatment.

# Women's Inpatient Specialty Environment of Recovery (WISER),

Michael E. DeBakey VA Medical Center Marcian Parker, LCSW, 713-791-1414 ext 6317 or marcian.parker@va.gov

#### www.Houston.va.gov

<u>Eligibility:</u> Female veteran of any era with diagnosis of post-traumatic stress disorder, substance dependence, mood or anxiety disorder

<u>Services:</u> WISER is an intensive, comprehensive treatment approach tailored specifically for female veterans with a diagnosis of post-traumatic stress disorder, substance dependence, and mood or anxiety disorder. The WISER programming is grounded in evidence-based treatments, provided mostly in group therapy by the clinical team. It is a 3-week program housed in an inpatient psychiatric setting at the MEDVAMC. After completing the program and acquiring new skills, techniques and insights to improve quality of life, the veteran will return to her home clinic and resume outpatient treatment.

# STATE RESOURCES

- Statewide toll-free hotline: (877) 9-NO DRUG (877-966-3784).
- Searchable database of all state-licensed and/or state-funded substance abuse service providers by county. <u>http://www.tcada.state.tx.us/treatment/index.shtml</u>
- Direct services are provided through contracts with local nonprofit organizations

#### Harris County Psychiatric Center- University of Texas

2800 South MacGregor Way, Houston, TX 77021 713-741-5000 www.tmc.org Hours: 24 hours 7days Eligibility: Residence of Harris County Explanation of Benefits: Psychiatric Hospital

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Dial 2-1-1 Texas/United Way Helpline or Link to 2-1-1 at <u>www.unitedwayhouston.org</u> 24/7 to find help with your Health and Human Service needs, all languages

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#### United States Department of Veterans Affairs – Texas Veterans Commission

6900 Almeda Road, Houston, Texas 77030 713-383-2756; 713.383.2746 www.va.gov Hours: Call for information <u>Eligibility</u>: Women Veterans <u>Explanation of Benefits</u>: Provides women services including re-integration counseling & sexual & family issues.

#### University of Houston System – Veterans Service Office

268 University Center, Houston, TX 77004 713-743-5490; 713.743.0689 fax www.uh.edu/veterans/ Hours: Call for appointment Eligibility: Veteran and enrolled in UH system Explanation of Benefits: College/University entrance support and reintegration counseling

# **COUNTY RESOURCES**

#### MHMRA of Harris County

7011 Southwest Freeway (Administration Building), Houston, TX 77074: 713-970-7000 3630 W. Dallas (Eligibility Center), Houston, TX 77019: 713-970-4444 <u>http://www.mhmraharris.org/</u> <u>Hours</u>: Mon – Fri 8:00 AM – 5:00 PM <u>Eligibility</u>: Open to all Harris County Residents, Call for more information <u>Explanation of Benefits</u>: Mental Health and Mental Retardation Services Outpatient Care / Residential Care

# NONPROFIT RESOURCES

#### Bridge over Troubled Waters, Inc

PO Box 3488, Pasadena, TX 77501 713-472-0753; 713.472.2801 fax www.thebridgeovertroubledwaters.org Hours: 24 hours 7 days <u>Eligibility</u>: Call for information <u>Explanation of Benefits</u>: Community outreach, transitional housing, emergency shelter, family violence and sexual assault counseling and support groups, Spanish advocate for casework available

#### Depelchin Children's Center

Main Campus 4950 Memorial Drive Houston, Texas 77007 For information or to set up an appointment: (713) 730-233; (888) 730-3445 (toll free); (713) 802-3801 (fax) <u>www.depelchin.org; info@depelchin.org</u> <u>Eligibility:</u> Military Service Member Explanation of Benefits: DePelchin has developed expertise in trauma-focused treatment for children and far

<u>Explanation of Benefits:</u> DePelchin has developed expertise in trauma-focused treatment for children and families. Some family members of military service members have developed levels of traumatic stress. Trauma focused treatments have been proven effective in relief of this distress.

<u>Services:</u> The DePelchin Children's Center is the largest and most comprehensive provider of children's social and mental health services in the Houston area for 116 years. DePelchin has expanded in over 60 locations in Harris, Montgomery, Brazoria, Galveston, Ft. Bend and Waller counties and adapted its programs and services to include: Adoption, Foster Care. Counseling Services, Prevention Services, Residential Services, Post-Adoption Services, Search and Reunion Services, Teen Parenting and Transitional Living Services, and Parent and Family Education and Resources.

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#### **Disabled American Veterans**

6900 Almeda Road, Room 1033, Houston, TX 77030 713-383-2715

#### www.dav.org

Hours: Mon Wed Fri 7:30 – 4:00 PM

Eligibility: Veteran or dependent

Explanation of Benefits: Disability Rights Groups for Veterans – assists all veterans including active duty personnel and their families or dependents in securing governmental benefits, service pension, and hospital and outpatient medical /psychological care

#### Family Services of Greater Houston Behavioral Health Services

713-861-4849; www.familyservices.org

Eligibility: OIF/OEF military personnel and their families

<u>Explanation of Services</u>: Family Services of Greater Houston will provide family and Individual Counseling services at no charge to settle conflicts with family members, develop problem –solving or coping skills for issues including divorce, single-parenting, infidelity, substance abuse, disability or chronic disease for OIF/OEF military service members returning home and to their families. For more information please call to make an appointment.

#### Fort Bend County Women Center

1002 Wilson Drive, Rosenberg, TX 77471 281-342-0251; 888.427.3650 toll free; 281.342.9248 fax www.fortbendwomenscenter.org <u>Hours</u>: Mon – Fri 9:00 AM – 5:00 PM <u>Eligibility</u>: Women experiencing domestic violence or sexual assault <u>Explanation of Benefits</u>: Assist survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling and support services

#### HOPE4PTSDVETS.ORG

(832) 231-6690-2441, Ext. 122 1370 North Millbend Drive The Woodlands, TX 77380 http://hope4ptsdvets.org/contact\_us

#### Eligibility: Veterans and their families

<u>Services</u>: Veteran centered support squads, holistic treatment strategies, and to provide resources and assistance to veterans with PTSD/combat trauma while decreasing substance abuse, incarceration, homelessness, and suicide rates.

#### Inner Wisdom, Inc. Counseling Centers

2525 West Bellfort Suite 197, Houston, TX 77054 713-592-9292; 713-839-8052 fax www.innerwisdom.com Hours: Mon – Fri 8:00 AM – 5:30 PM <u>Eligibility</u>: Call for information <u>Explanation of Benefits</u>: Mental Health Services – dementia evaluation, medication monitoring, support services and psychological testing.

#### IntraCare Medical Center Hospital

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#### **Lone Survivor Foundation**

2626 S. Loop W., Ste 415, Houston, TX 77054 832-312-9970 or 903-830-5443 www.lonesurvivorfoundation.org

<u>Eligibility</u>: Wounded veterans and their families. Retreats vary based on specific injury profiles. Some retreats are veterans only and others are veterans and their families. Call for details.

Explanation of Benefits: Holistic retreats focused on wellness and therapeutic support for service members and their families with similar service related injury profiles. Tailored protocols are implemented to address specific needs including counseling for groups, couples, or individuals and may include equine assisted therapies. In addition, participants are provided opportunities for ongoing peer networking, as well as an introduction to extended educational opportunities and community resources.

#### Mental Health Association of Greater Houston

2211 Norfolk Suite 810, Houston, TX 77098 713-522-5161 or 713-523-8963; 713.522.0698 fax www.mhahouston.org <u>Hours</u>: Mon – Fri 8:00 AM – 5:00 PM <u>Eligibility</u>: Open <u>Explanation of Benefits</u>: Provides information and directory of self-help groups in Harris County. Consultation provided for persons interested in developing new groups. Listing of local groups available

#### Mental Health Association – Fort Bend County

10435 Greenbough Drive Bldg II, Suite 200, Stafford, TX 77477 281-207-2840; 281.207.2301 fax <u>www.mhfbc.org</u> <u>Hours</u>: Mon – Fri 8:00 AM - 3:00 PM <u>Explanation of Benefits</u>: Provides advocacy, education, referrals, and information in Fort Bend County

#### **Mental Health Clinics**

www.texanamhmr.com

#### **Missouri City**

3634 Glenn Lakes Drive, Suite 230, Missouri City, TX 77459 281-261-3200

#### **Riverside General Hospital Partial Day Hero's Program**

(713) 526-2441, Ext. 122

3204 Ennis Street Houston, TX 77004

<u>Eligibility</u>: Veterans and their families nutritional meals; medical and physical; nursing assessments; individualized plans of care; medication education and management; nutrition education; acupuncture, and structured PTSD focused group activities.

<u>Services:</u> Riverside General Hospital is a community-based non-profit acute care facility that provides Inpatient and Outpatient hospital care to Harris County, parts of neighboring counties and the City of Houston. Their team is trained to work with and identify individuals affected by PTSD. This program is exclusively designed for the military.

#### **Rosenberg Mental Health Clinic**

4910 Airport Drive, Missouri City, TX 77459 281-342-6384

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#### **Supporting Hands Veteran Services**

9100 Southwest Freeway, Suite 134 Houston, Texas 77074 832-295-9693; 832-295-9701 fax www.supportingh.org

Eligibility: Call for information

<u>Services</u>: Counseling and family services to veterans and their families. Psychiatric diagnoses, developmental or intellectual disabilities, substance abuse and social/environmental factors such as disadvantaged, socio-economic status, exposure to family violence, post-combat trauma, or juvenile justice system involvement.

#### Tri-County MHMR Services – Conroe Office

1020 Riverwood Court, Suite 3, Conroe, TX 77304 936-521-6300 www.tcmhmrs.org

Hours: Mon - Fri 8:00 AM - 5:00 PM

Eligibility: Call for information

Explanation of Benefits: Psychiatric Case Management and Resocialization – The ACT Team is an interdisciplinary team that serves those who have the most intense needs and who would likely be unable to remain in the community without the assistance of this team.

#### **The Gathering Place**

5310 South Willow, Houston, TX 77035 713-729-3799

#### www.gplace.org

<u>Hours</u>: Mon – Fri 9:00 AM – 5:00 PM; occasional evening hours <u>Eligibility</u>: Severe and persistent mental ill and currently under the care of a psychiatrist <u>Explanation of Benefits</u>: Provides a psychosocial rehabilitation center for adults with severe and persistent mental illness. Supported employment services are also available.

#### **United States Veterans Initiative -Houston**

4640 Main Street, Houston, TX 77002 832-203-1626 www.va.gov tmitchell@usvetinc.org Hours: Mon – Fri 8:00 AM – 5:00 PM Eligibility: Veteran Explanation of Benefits: Veterans in Progress – 52 beds for veterans with substance abuse history; Critical Time Intervention – 20 beds for veterans with a serious mental illness including Post Traumatic Stress Disorder; Homeless Veterans Rehabilitation Program- employment program funded by the Dept. of Labor; Transitional Housing Program – low income housing for veterans, 170 efficiency apartments; Vet to Vet Program – provides peer support for veterans with serious mental illness and or substance abuse problems.

#### West Oaks Hospital

6500 Hornwood, Houston, TX 77074 713-995-0909; 713-778-8888 Hotline 24 hours; 713.778.5253 fax <u>www.psysolutions</u> <u>Hours</u>: 24 hours 7 days <u>Eligibility</u>: Veterans accepted, call for information <u>Explanation of Benefits</u>: Adult Psychiatric Hospital – provides intensive inpatient setting for adult, day treatment and outpatient treatment.

#### **Worklife Institute**

1900 Saint James Place, Suite 880 Houston, TX 77056 713.963.9456; 713-266-0845 Fax

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Hours: Monday - Friday, 9 am - 7 pm and Saturdays by appointment.

Eligibility: OEF/OIF Veterans and Families

Explanation of Benefits: Worklife Institute's OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families.

<u>Services</u>: Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.

# FAITH-BASED RESOURCES

#### **Center for Counseling**

www.ubacounseling.org

Clear Lake Office 15700 Space Center, Houston, TX 77062 713-263-0829

**Cy-Fair Office** 11600 Jones Road, Suite 108-10, Houston, TX 77070 713-263-0829

Heights Office 3206 North Shepherd Drive, Houston, TX 77018 713-263-0829

Kirby Office 3801 Kirby, Suite 730, Houston, TX 77098 713-263-0829

Southeast Office 4300 Beltway 8 East, Pasadena, TX 77505 713-263-0829

Park Place Office 4101 Broadway, Houston, TX 77087 713-263-0829

San Felipe Office 7878 San Felipe, Suite 248, Houston, TX 77063 713-263-0829

West Office 6200 Highway 6 South, Suite 220, Houston, TX 77083 281-530-6203

Highway 59 North Office 22770 US Hwy 59 N, Houston, TX 77339 713-263-0829

Kingwood Office 2303 Tree Lane, Houston, TX 77339 713-263-0829 www.ubacounseling.org Hours: Call for information Eligibility: Call for information

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Explanation of Benefits: Combines the spiritual resources of the Christian perspective with the insights of psychology in a counseling process designed to assist personal growth.

#### Magnificent Houses, Inc. – St. Joseph Clubhouse

3307 Austin, Houston, TX 77004 713-523-5958 or 713-520-0461 www.magnificathouse.org STJOSEPHHOUSE@SBCGLOBAL.NET Hours: Mon – Fri 8:00 AM – 4:00 PM Eligibility: Call for information

<u>Explanation of Benefits</u>: Maintains nine community residences which serve adults with serious and persistent mental illnesses; adults living with HIV+/AIDS; homeless adults and children; abused women; and adults recovering from alcoholism, addiction and incarceration. Operates St. Joseph's House, a psychosocial rehabilitation program; Miryam's Hostel, an emergency overnight shelter for women on the streets: and Loaves & Fishes, a soup kitchen.

#### **PTSD Foundation of America**

P.O. Box 690748, Houston, TX 77269 877-717-PTSD (7873) www.ptsdusa.org Email: info@ptsdusa.org Hours: Mon – Fri 8:00 AM – 5:00 PM Eligibility: Call for information

**Explanation of Benefits:** The PTSD Foundation of America is building a network of individuals, churches and other organizations to provide a "corps of compassion". This "corps of compassion" exists to come along side you and your family to assist you in dealing with your symptoms of PTSD. You can talk to us without ever having to worry about anything showing up on your military records. We provide an environment of acceptance and understanding. Not only do we provide assistance and compassion for the PTSD sufferer, but also the spouse and family. You and your family are not alone!

#### Substance Abuse Prevention, Intervention and Treatment Services

The organizations below provide substance abuse services for adults and youth. State-funded providers utilize financial eligibility criteria, procedures and standards developed by the Texas Department of State Health Services. Contact individual providers to determine eligibility for services.

#### Assessment and Counseling Services

#### The Council on Alcohol and Drugs Houston

303 Jackson Hill, Houston, TX 77007; 713-942-4100

#### www.council-houston.org

<u>Services</u>: Substance abuse screening, assessment, referral and education for adolescents, adults and families in the Texas Gulf Coast region. Sliding fee scale available.

#### Bay Area Council on Drugs and Alcohol, Inc.

1300A Bay Area Blvd., Suite 102, Houston, TX 77058

281-212-2900 http://www.bacoda.com

<u>Services</u>: Substance abuse screening, assessment, referral and education for adolescents, adults and families in Galveston, Brazoria, Matagorda and southeast Harris counties. Sliding fee scale available.

#### Fort Bend Regional Council on Substance Abuse, Inc.

10435 Greenbough Drive, Suite 250, Stafford, TX 77477 281-207-2400 www.fortbendcouncil.org

<u>Services</u>: Substance abuse screening, assessment, referral and education for adolescents and adults in Fort Bend County. Sliding fee scale available.

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#### State-Licensed Substance Abuse Treatment Providers in Harris County

#### All About Recovery, Inc.

4141 North Freeway, Suite 310, Houston, TX 77022 713-697-6820 <u>www.allaboutrecovery.com/</u> Services: Adult outpatient substance abuse treatment and education

#### Association for the Advancement of Mexican-Americans, Inc.

6001 Gulf Freeway, Houston, TX 77023 713-967-6700 <u>www.aamainc.us/</u> <u>Services</u>: Adult and adolescent residential and outpatient substance abuse treatment

#### **Bonita House**

2605 Parker Road, Houston, Texas 77093 713-691-0900 <u>www.bonitahope.org</u> <u>Services</u>: Adult female residential and outpatient substance abuse treatment

#### Cadwalder Behavioral Clinics, Inc.

30903 Quinn Road, Tomball, TX 77375 281-351-6644 <u>www.cadwalderbehavioralclinics.com</u> Services: Adult and adolescent residential and outpatient substance abuse treatment

#### Career and Recovery Resources, Inc.

2525 San Jacinto, Houston, TX 77002 713-754-7000 <u>www.careerandrecovery.org/index.html</u> Services: Adult outpatient substance abuse treatment

#### Cenikor Foundation, Inc.

7676 Hillmont, Houston, TX 77040 281-476-0088 <u>www.cenikor.org</u> <u>Services</u>: Adult residential substance abuse treatment

#### **Center for Success and Independence**

3722 Pinemont Drive, Houston, TX 77018 713-426-4545 <u>www.tcsi.org</u> Services: Adolescent residential substance abuse treatment

#### **Cheyenne Center**

2121 Timberlane Street, Suite D, Conroe, TX 77301 713-691-4898 <u>www.cheyennecenter.org</u> <u>Services</u>: Adult residential and outpatient substance abuse treatment

#### **Community Counseling Associates**

7115 W. Tidwell, Suite K-100, Houston, TX 77092 713-934-8121 <u>www.ccahouston.com</u> <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### **Cypress Creek Hospital**

17320 Red Oak Drive, Suite 200, Houston, TX 77090 281-586-7866 <u>www.psysolutions.com/facilities/cypresscreek</u> <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### DAPA Family Recovery Programs

6260 Westpark, Suite 250, Houston, TX 77057 713-783-8889 <u>Services</u>: Adult outpatient substance abuse treatment

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#### David and Ivory Ministries, Inc.

Lieutenant's House 4728 Gunter, Houston, TX 77020 713-676-2486 <u>Services</u>: Adult and adolescent residential and outpatient substance abuse treatment

#### Directions of Recovery, Inc.

513 Thornton, Houston, TX 77018 713-695-5242 <u>www.directionsofrecovery.com</u> <u>Services</u>: Adult residential and outpatient substance abuse treatment

#### Extended Aftercare, Inc.

5002 N. Shepherd, Houston, Texas 77018 713-695-8403 <u>www.extended-aftercare.com</u> <u>Services</u>: Adult male residential substance abuse treatment

#### First Step Counseling of Houston

15626 Silver Ridge Drive, Suite 106, Houston, TX 77090 832-257-4550 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### The Gulf Coast Center

123 Rosenberg, Ste. 6, Galveston, TX 77550 409-763-2373; 281-488-2839 <u>www.gcmhmr.com</u> <u>Services</u>: Adult outpatient substance abuse treatment

#### **Hispanic Counseling Center**

14780 Memorial Drive, Houston, TX 77079 281-679-9937 <u>Services</u>: Adult outpatient substance abuse treatment

#### **Houston Area Community Services**

3730 Kirby Drive, Suite 300, Houston, TX 77098 713-526-0555 <u>www.houstonareacommunityservices.org</u> <u>Services</u>: Adult outpatient substance abuse treatment

#### **Houston Northwest Rehab**

4405 Spring Cypress Road, Houston, TX 77388 281-353-8333 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### **L-H Transitional Center**

2410 Caplin, Houston, TX 77026 713-692-1728 <u>Services</u>: Adult and adolescent residential and outpatient substance abuse treatment

#### Lifestream Behavioral Health

123 Northpoint Drive, Suite 180, Houston, TX 77060 281-445-9700 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### Make Ready Worker Development Training

8226 Antoine, Houston, TX 77088 713-520-5544 <u>www.makereadyinc.com</u> <u>Services</u>: Adult outpatient substance abuse treatment

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#### **Memorial Hermann Prevention and Recovery Center**

1550 La Concha, Houston, TX 77054 713-578-3100 <u>www.memorialhermann.org/locations/PaRC.html</u> <u>Services</u>: Adult residential and outpatient substance abuse treatment

#### Montrose Counseling Center, Inc.

401 Branard, 2nd Floor, Houston, TX 77006 713-529-0037 <u>www.montrosecounselingcenter.org</u> <u>Services</u>: Adult outpatient substance abuse treatment

#### **New Dimensions**

1345 Space Park Drive, Suite C, Houston, TX 77058 281-333-2284 Services: Adult and adolescent outpatient substance abuse treatment

#### New Life Counseling Center, Inc.

4101 North Freeway, Suite 100, Houston, TX 77022 713-696-9885 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### Odyssey House Texas, Inc.

5629 Grapevine, Houston, TX 77085 713-726-0922 <u>www.odysseyhousetexas.com</u> <u>Services</u>: Adolescent residential substance abuse treatment

#### Passages, Inc.

7722 Westview, Houston, TX 77055 713-957-4910 <u>www.passagesforwomen.com</u> <u>Services</u>: Adult female residential and outpatient substance abuse treatment

#### Phoenix Houses of Texas, Inc.

501 Garden Oaks Blvd., Houston, TX 77018 713-426-2637 <u>www.phoenixhouse.org/Texas</u> <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### **Recovery Foundation, Inc.**

4312 Crane Street, Houston, TX 77026 713-678-4443 <u>Services</u>: Adult residential and outpatient substance abuse treatment

#### **Revelation Healthcare Services**

6610 Harwin, Suite 266; Houston, TX 77036 713-266-7979 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### The Right Step

902 W. Alabama, Houston, Texas 77006 713-528-3709 Toll-free: (800) 856-9564 <u>www.rightstep.com</u> <u>Services</u>: Adult and adolescent residential and outpatient substance abuse treatment

#### **Riverside General Hospital**

3204 Ennis, Houston, Texas 77004 713-526-2441 <u>Services</u>: Adult and adolescent residential and outpatient substance abuse treatment

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#### **Road to Recovery**

9400 Lomas Street, Houston, TX 77093 713-742-6514 <u>www.roadtorecoverytexas.com</u> <u>Services</u>: Adult residential and outpatient substance abuse treatment

#### S & S Counseling Services and Associates

9000 W. Bellfort, Suite 250; Houston, TX 77031 713-981-0922 <u>www.sandscounseling.com</u> <u>Services</u>: Adult residential and outpatient substance abuse treatment

#### Sacred Heart Treatment Center

6630 Harwin, Suite 180, Houston, TX 77036 281-953-7488 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### Santa Maria Hostel, Inc.

7807 Longpoint, Suite 375, Houston, TX 77055 281-657-0898 <u>www.santamariahostel.org</u> <u>Services</u>: Residential and outpatient substance abuse treatment for women and women with children

#### Set Free DAT Center, Inc.

3333 Fannin, Suite 111, Houston, TX 77004 713-520-8042 <u>Services</u>: Adult outpatient substance abuse treatment

#### Shamar Hope Haven

2719 Trujillo Street, Houston, TX 77004 713-942-8009 <u>www.shamarhopehaven.org</u> <u>Services</u>: Adolescent male residential substance abuse treatment

#### SOBR/Lifeway

13150 Memorial Drive, Houston, TX 77079 713-270-6753 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### Star of Hope Mission

6801 Ardmore Street, Houston, TX 77054 713-748-7242 <u>www.sohmission.org/newHope.asp</u> <u>Services</u>: Adult female residential and outpatient substance abuse treatment

#### **Sunrise Recovery Programs**

2611 FM 1690 W., Suite H-120, Houston, TX 77068 281-587-9696 <u>www.sunrise-recovery.com</u> <u>Services</u>: Adult outpatient substance abuse treatment

#### Swinn's Counseling Services

2616 South Loop West, Suite 504, Houston, TX 77054 713-668-8111 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

The Texas House2208 West 34th Street, Houston, TX 77018713-956-633 www.texas-house.orgServices: Adult residential and outpatient substance abuse treatment

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#### **Texas Prevention Network, Inc.**

10103 Fondren, #330, Houston, TX 77096 713-981-6063 <u>www.tpni.org</u> <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### Texas Treatment Centers, Inc.

4800 West 34th Street, B-3, Houston, TX 77092 713-956-7712 Services: Adult outpatient substance abuse treatment

#### **Together in Giving Everlasting Recovery**

9894 Bissonnet, Suite 575, Houston, TX 77036 713-773-0299 Services: Adult outpatient substance abuse treatment

#### The Turning Point, Inc.

10175 Harwin, Ste 101, Houston, TX 77036 713-773-3280 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### **Unlimited Visions Aftercare, Inc.**

5527 Lawndale, Houston, TX 77023 713-921-2276 <u>www.unlimitedvisionsaftercare.org</u> <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### **Versatile Healthcare Institute**

8300 Bissonnet, Suite 626, Houston, TX 77074 713-771-5178 <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### **Volunteers of America Texas**

308 East Rogers Street, Houston, TX 77251 713-692-8190 <u>www.voatx.org</u> <u>Services</u>: Adult residential and outpatient substance abuse treatment

#### West Oaks Hospital

6612 Hornwood, Houston, TX 77074 713-774-0606 <u>www.psysolutions.com/facilities/westoaks/chem</u> <u>Services</u>: Adult and adolescent residential and outpatient substance abuse treatment

#### **Wholistic Counseling Services**

4450 S. Wayside Drive, Houston, TX 77087 713-645-1400 <u>www.wholisticservices.com</u> <u>Services</u>: Adult and adolescent outpatient substance abuse treatment

#### Williams, Williams, & Hanks L.C.

19333 Clay Rd., Katy, TX 77449 281-398-1478 <u>Services</u>: Adolescent residential and outpatient substance abuse treatment

#### The Women's Home

607 Westheimer, Houston, TX 77006 713-521-3150 <u>www.thewomenshome.org</u> <u>Services:</u> Adult female residential and outpatient substance abuse treatment

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# **BUSINESS DEVELOPMENT**

#### **Change Corp for Veteran Entrepreneurs**

#### www.changecorp.us

The Change Project is an attempt to "change" and improve the way Veteran entrepreneurs get their information about 'what's next' for their small business. The Change Corp is now a Beta website that allows contributors to ask good questions and get good answers. It also will allow Veteran small business practitioners to review and rate the institutions and individuals which they encounter during their search for information during their small business journey. The goal of the Project is be to become an open source tool controlled by Veterans for Veterans. It serves as a portal for non-profit Veteran service providers and their communities to improve real time small business resources and specific advice for all entrepreneurs.

#### City of Houston's One Stop Business Center

#### www.houstontx.gov/onestop

Location: City Hall Annex, 900 Bagby Street @ McKinney, Public Level, Houston, TX 77002 Phone: 832-393-0954; Fax: 832-393-0952; TDD/TTY: 3-1-1

Hours: 7:30 AM to 5:00 PM, Monday to Friday

The City of Houston's One Stop Business Center, in partnership with SCORE (Counselors to America's Small Business) and Houston Public Library's C.O.R.E. (Careers, Opportunities, Resources, and Education) Center presents a series of FREE Business programs specially designed for the small business owner or entrepreneur. One quick call or visit provides you with information on city, county, state and federal regulations affecting your business. It also refers businesses to, and participates in, the MWDBE/SBE certification program administered by the City of Houston Affirmative Action and Contract Compliance Division. One Stop Business Center provides free services to help you legally operate a business in Houston and Harris County.

#### Entrepreneurship Boot Camp for Veterans with Disabilities (EBV)

http://whitman.syr.edu/ebv/

EBV Coordinator: Ellie O'Neill, Whitman School of Management, 721 University Ave, Suite 116, Syracuse, NY 13244

Phone: 315-443-6007/8736

Email: ebvinfo@syr.edu

The 'Entrepreneurship Bootc amp for Veterans with Disabilities' (EBV) offers cutting edge, experiential training in entrepreneurship and small business management to soldiers, sailors, airmen, and marines disabled as a result of their service supporting operations Enduring Freedom and Iraqi Freedom. EBV applications will be accepted from veterans with a 'service-connected disability' as designated by the Veterans Administration, and who have served on active duty after September 2001. This program is entirely free to the veteran

#### Small Business Administration (SBA) Veterans Representative

Houston District Office: 8701 S. Gessner Drive, Suite 1200, Houston, Texas 77074 Phone: 713-773-6542

#### **SBA Patriot Express**

http://www.sba.gov/patriotexpress/index.html Houston District Office: 8701 S. Gessner Drive, Suite 1200, Houston, Texas 77074 Phone: 713-773-6500

The U.S. Small Business Administration has announced the SBA's Patriot Express Pilot Loan Initiative for veterans and members of the military community wanting to establish or expand small businesses. Eligible military community members include: Veterans, Service-disabled veterans; Active-duty service members eligible for the military's Transition Assistance Program; Reservists and National Guard members; Current spouses of any of the above; and widowed spouse of a service member or veteran who died during service or of a service-connected disability.

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#### University of Houston Small Business Development Center

2302 Fannin, Suite 200 Houston, Texas 77002 M-F 8:00 a.m. 5:00 p.m. - Hours 713-752-8444 - phone 713-756-1500 - fax

#### sbdcmetro@uh.edu

<u>Description</u>: How to own and operate your own business. Services that are provided to help you get started include:

- Workshops & seminars for entrepreneurs on start-up, marketing, business plans, software applications, and more
- Business reference library for industry and market research
- Funding solutions
- Business loan packaging eligibility, understanding the process and proposal preparation assistance
- Help buying an existing business or franchise
- Access to professional service providers such as attorneys and CPAs
- Free, confidential and individualized one-on-one consulting

#### VETBIZ

http://www.vetbiz.com/ Email: info@vetbiz.com

Phone: 314-531-VETS (8387)

If you are an honorably discharged Veteran or a member of the Guard or Reserve, the Veterans Business Resource Center can assist you. Our staff of experts can help guide you toward your entrepreneurial goals. If you are an honorably discharged Veteran or a member of the Guard or Reserve, the Veterans Business Resource Center can assist you. Our staff of experts can help guide you toward your entrepreneurial goals.

#### VetFran.com

#### http://www.vetfran.com/

**VetFran.com** is a franchise opportunities portal owned and operated by the International Franchise Association on behalf of its members. This site is for honorably discharged Veterans of the U.S. Armed Forces who are interested in going into business for themselves, but not by themselves. Each of the franchise systems offers specific discounts to U.S. Veterans for their respective franchise opportunities.

#### Veterans Business Outreach Program (VBOC)

www.utpa.edu/vboc <u>Point of Contact</u>: Alonzo Garcia, Director <u>Phone</u>: 956-292-7547; Fax: 956-292-7561 <u>Email</u>: vboc@panam.edu

The Veterans Business Outreach Program (VBOP) is designed to provide entrepreneurial development services such as business training, counseling and mentoring, and referrals for eligible veterans owning or considering starting a small business. The SBA has four organizations participating in this cooperative agreement and serving as Veterans Business Outreach Centers (VBOC).

# **EDUCATION AND TRAINING**

# FEDERAL RESOURCES

Military.com has a good guide to state educational benefits for veterans and their dependents.

For Military Student Aid, go to http://www.finaid.org/military/

#### For Educational Financial Aid for Veterans and their Dependents: <u>http://www.finaid.org/military/veterans.phtml</u>

#### **U.S. Department of Veterans Affairs Education Benefits**

The Department of Veterans Affairs provides information on educational benefits for veterans and their dependents.

#### Survivors' and Dependents' Educational Assistance Program (DEA)

It provides up to 45 months of education and training opportunities to eligible dependents of certain veterans. To be eligible, you must be the son, daughter, or spouse of a veteran who died or is permanently and totally disabled as the result of a service-connected disability, or who died while such a disability was in effect, or is MIA or captured in the line of duty by a hostile force, or is forcibly detained or interned in the line of duty by a foreign government or power. Sons and daughters must be between the ages of 18 and 26. Spousal benefits end 10 years from the date the VA finds the spouse as eligible or from the date of death of the veteran. To apply, complete VA Form 22-5490, Application for Survivors and Dependents' Educational Assistance. For more information, call 1-888-GIBILL-1 (1-888-442-4551).

#### Federal Benefits for Veterans and Dependents

Updated annually by the Department of Veterans Affairs (VA), the publication *Federal Benefits for Veterans and Dependents* contains information about education and training benefits available to veterans and eligible dependents. [VA Pamphlet 80-02-1, 114 pages, Stock Number 051-000-00225-3.] The booklet may be obtained free of charge from VA hospitals or regional offices. To request a copy, visit your nearest VA facility, call 1-800-827-1000 or write to Department of Veterans Affairs, Office of Public Affairs (80D), 810 Vermont Avenue, NW, Washington, DC 20420. It is also available for download free in PDF format from the VA's web site. The publication can also be purchased for \$5.00 (\$6.25, international customers) from the US Government Printing Office, Superintendent of Documents, PO Box 371954, Pittsburgh, PA 15250-7954. It is also available online in HTML format from the Consumer Information Center (CIC).

#### Veterans On-Line Application (VONAPP)

VONAPP allows veterans to apply online for various veterans benefits, including veterans education benefits.

#### Military Officers Association of America (MOAA)

MOAA offers several educational assistance programs, including interest-free loans, grants and the American Patriot Scholarship. For more information, send email to *edassist@moaa.org*.

Other organizations that offer educational assistance to military personnel, veterans and their dependents include:

- Army Emergency Relief. Offers Dependent Children Education Program and Spouse Education Program.
- Air Force Aid Society. Offers General Henry H. Arnold Education Grant Program and General George S. Brown Spouse Tuition Assistance Program (STAP).
- Navy Marine Corps Relief Society. Offers VADM E.P. Travers Scholarship and Loan Program, USS Tennessee Scholarship Fund, Dependents of Deceased Service Members Scholarship Program, Admiral

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Mike Boorda Scholarship Program, Bridge Loans for Tuition Assistance Program and GI Bill and Spouse Tuition Aid Program (STAP).

 Coast Guard Mutual Aid. Offers the CGMA Supplemental Education Grant (SEG) Program, Stafford/PLUS Loan Origination Fee Refund Program and CGMA Supplemental Student Loans. See also the USCG Foundation Education Grant Program.

The Department of Veterans Affair's Veterans Benefits Administration's Vocational Rehabilitation and Employment (VR&E) service is vested with delivering timely, effective vocational rehabilitation services to veterans with service-connected disabilities. Enabling our injured soldiers, sailors, airmen, and other veterans with disabilities for a seamless transition from military service to a successful rehabilitation and on to suitable employment after service to our Nation. http://www.vba.va.gov/bln/vre/index.htm

The purpose of this web site is to present information about the services that the Vocational Rehabilitation and Employment (VR&E) program provides to veterans with service-connected disabilities. The web site also provides information about vocational counseling available to active duty service members and veterans who have recently separated from active duty. You will also find information about vocational counseling and special rehabilitation services available to dependents of veterans who meet certain program eligibility requirements. http://vetsuccess.gov/

#### VA Regional Office - Houston

6900 Almeda Road -- Houston, Texas 77030 Benefits Information Number: 1-800-827-1000 Telecommunications Device for the Deaf (TDD) Number: 1-800-829-4833 Loan Guaranty Information Number: 1-888-232-2571 http://www.vba.va.gov/ro/houston/index.htm Hours: 8:00 AM - 4:00 PM Monday through Friday (excluding Federal Holidays).

**G. I. BILL**. The Education Service administers a number of VA Education Benefit programs. If you need assistance, please call their toll-free number 1-888-GI-BILL-1 (1-888-442-4551) to speak with a Veterans Benefits Counselor. The MGIB program provides up to 36 months of education benefits. This benefit may be used for degree and certificate programs, flight training, apprenticeship/on-the-job training and correspondence courses. Remedial, deficiency, and refresher courses may be approved under certain circumstances. *Generally, benefits are payable for 10 years following your release from active duty.* This program is also commonly known as Chapter 30. http://www.gibill.va.gov/

Current beneficiaries of vocational-educational counseling assistance participating in the following G.I. Bill programs:

- Chapter 18 Benefits for Children of Vietnam Veterans, Spina Bifida Program
- Chapter 30 All-Volunteer Force Educational Assistance Program
- Chapter 32 Post-Vietnam Era Veterans' Educational Assistance
- Chapter 35 Survivors' and Dependents' Educational Assistance
- Chapter 1606 Educational Assistance for Members of the Selective Reserve
- Chapter 1607 Reserve Educational Assistance Program

Veterans and qualified dependents that are eligible for educational assistance under any of the above programs (Chapters). VR&E can provide a wide range of vocational and educational counseling services to service members still on active duty, as well as veterans and dependents who are eligible for one of VA's educational benefit programs. These services are designed to help an individual choose a vocational direction and determine the course needed to achieve the chosen goal. Assistance may include interest and aptitude testing; occupational exploration; setting occupational goals; locating the right type of training program and exploring educational or training facilities which might be utilized to achieve an occupational goal.

Free counseling services are provided to eligible applicants. http://www.vba.va.gov/bln/vre/vec.htm

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**Military HOMEFRONT** is the official Department of Defense web site for reliable Quality of Life information designed to help troops and their families, leaders and service providers. Whether you live the military lifestyle or support those who do, you'll find what you need! http://www.militaryhomefront.dod.mil/

**Vocational Rehabilitation and Employment Service** provides vocational-educational counseling to veterans and certain dependents. Individuals who are eligible for vocational-educational counseling include the following: Transitioning service members who are within six months prior to discharge from active duty, or within one year following discharge from active duty

**Compensated Work Therapy/Veterans Industries (VI/CWT)** is a Department of Veterans Affairs vocational rehabilitation program that endeavors to match and support work ready veterans in competitive jobs, and to consult with business and industry regarding their specific employment needs. Using a business model, VI/CWT program staff specializes in working with facility management, human resource, and/or production personnel to address labor force deficits. Over the years VI/CWT veterans have been successfully employed in various competitive positions including health care, information technology, manufacturing, warehousing, construction trades, clerical and office support, retail and the services delivery.

# STATE RESOURCES

#### **College for Texans**

www.collegefortexans.com/military

Services: Provides information and applications for returning veterans on Hazelwood Act benefits and other tuition/education benefits. <u>www.collegefortexans.com/cfbin/tofa2.cfm?id=31</u> CollegeForTexans.com is web site that can provide assistance in finding the right college for you. Texas Institutions of Higher Education <u>www.collegefortexans.com/cfbin/inst.cfm</u>

#### Texas Veterans Commission - Regional Office

6900 Almeda Road, Houston, TX 77030

713-383-2756; Hours: 7:30 AM - 4:00 PM www.tvc.state.tx.us/ClaimsReps.htm

It is the purpose of the Texas Veterans Commission to serve Texas veterans, their dependents and survivors, in all matters pertaining to veterans' benefits and rights. It is the designated agency of the State of Texas to represent the State and its veterans before the U.S. Department of Veterans Affairs (VA).

Wartime veterans of the Spanish-American War through the Persian Gulf War, who were legal residents of Texas at the time they entered military service may be entitled to a waiver of tuition and some fees at <u>State-supported/public (taxpayer supported) colleges and universities</u> (this link takes you to "<u>College for Texans</u>"). This benefit is also available to children of Texas servicemen and women who died or were killed in military service, and to children of Texas military personnel who are shown to be missing in action or prisoners of war. Also eligible are children of members of the Texas National Guard or the Texas Air National Guard killed since January 1, 1946, while on active duty either in service of Texas or the United States.

**Hazlewood Act** - Anyone who wants to apply for the Hazlewood Act does so directly at the State supported/public (taxpayer supported) school they wish to attend. All students who wish to use the Hazlewood Act are required to complete a <u>Hazlewood Application</u> (this link takes you to a PDF file on the "<u>College for Texans</u>" website); you can also acquire an application directly from the school. Any person claiming this benefit must have exhausted Department of Veterans Affairs (VA) Education benefits. These benefits are Montgomery GI Bill Active Duty (Chapter 30); Veterans Educational Assistance Program (Chapter 32); Montgomery GI Bill Selected Reserve (Chapter 1606); and Reserve Educational Assistance Program (Chapter 1607). http://www.tvc.state.tx.us/Hazlewood Act.htm Hazelwood Act.

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#### **Returning Veterans Skills Training Fund**

George Bousquet 512-936-9491 george.bousquet@twc.state.tx.us. www.twc.state.tx.us/svcs/funds/vet\_scholarshop\_app.doc.

Private Texas employers can apply to the Texas Workforce Commission (TWC) for the Returning Veterans Skills Training Grant by partnering with established training providers such as community colleges, apprenticeship training programs, or community-based training programs with demonstrated experience. Employers must be based in Texas and in good standing and in compliance with the Texas Unemployment Compensation Act and other applicable state and federal labor laws.

Veterans eligible for skills training scholarships must: be discharged or released from active duty within the previous 36 months under conditions other than dishonorable; have served during war, campaign. or expedition for which a campaign badge has been authorized;, employed by a participating employer or have an offer of employment from a participating employer; and provide a DD-214 to document service status.

Scholarship funds can be used to pay tuition, books, and fees for eligible veterans. Scholarships may be granted for amounts up to \$1000 per scholarship. Scholarships may exceed \$1,000 with sufficient justification. The veteran's GI Bill is not affected.

# **TEXAS INSTITUTIONS OF HIGHER EDUCATION**

Higher education is defined as study beyond high school. The Texas institutions of higher education in Harris County listed below were obtained from the College for Texans website. Additionally, it was verified that these institutions work with veterans and their benefits, either partially or fully. Check the specific institution for details. College for Texans institutions of higher education are divided into two categories, public and private institutions.

- Public institutions have been established by a governmental entity and are fully or partially funded by the taxpayers of Texas.
- Private institutions may be established by individuals, companies, religious institutions, etc.

The contact numbers for veterans and website addresses were researched and verified by Harris County Department of Education, 713-696-8200.

# **Public Institutions**

#### **Universities**

**Texas Southern University,** 3100 Cleburne Avenue, Houston, TX 77004, 713-313-7862, <u>www.tsu.edu</u>. VA Enrollment Specialist, Department of Veteran Affairs, 888-442-4551, <u>http://em.tsu.edu/registrar/veteran.php</u>

Texas Women's University, 6700 Fannin Street, Houston, TX 77030, 940-898-3069, www.twu.edu

University of Houston, 4800 Calhoun Road Houston, TX 77204, 713-743-5490, www.uh.edu

University of Houston-Clear Lake, 2700 Bay Area Boulevard, Houston, TX 77058-1098, 281-283-2480, www.uhcl.edu

University of Houston-Downtown, One Main Street Houston, TX 77002, 713-221-8622, www.uhd.edu

University of Houston - Veterans Services Office, 268 University Center, Houston, TX 77204, 713-743-5490, <u>www.uh.edu/veterans</u>

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#### **Community Colleges**

Houston Community College System, P.O. Box 667571, Houston, TX 77266, 713-718-8551, www.hccs.edu

Lee College, 511 South Whiting Street, Baytown, TX 77520-4703, 281-425-6384, www.lee.edu

Lone Star College- CyFair, 9191 Barker Cypress Road, Cypress, TX 77433, 281-290-3200, www.lonestar.edu/cyfair.htm

Lone Star College - Kingwood, 20000 Kingwood Drive, Kingwood, TX 77339, 281-312-1600, 281-312-1600, <u>www.lonestar.edu/kingwood.htm</u>

Lone Star College – Montgomery, 3200 College Park Drive, Conroe, TX 77384, 936-273-7009, www.lonestar.edu/montgomery.htm

Lone Star College - North Harris, 2700 W.W. Thorne Drive, Houston, TX 77073, 281-618-5400., www.lonestar.edu/northharris.htm

Lone Star College - Tomball, 30555 Tomball Parkway, Tomball, TX 77375-1969, 281-351-3300, <u>www.lonestar.edu/tomball.htm</u>

Lone Star College District Veterans Affairs is located at 5000 Research Forest Drive, The Woodlands, TX 77381-4399, 832-813-6651, 832-813-6574, gibill@lonestar.edu

San Jacinto College District - Central Campus, 8060 Spencer Highway, Pasadena, TX 77505, 281-998-6150 x1320, <u>www.sjcd.edu</u>

San Jacinto College District – North Campus, 5800 Uvalde Road, Houston, TX 77049, 281-998-6150, x7420, www.sjcd.edu

San Jacinto College District – South Campus, 13735 Beamer Road, Houston, TX 77089, 281-998-6150, x3829, www.sjcd.edu

#### Health Related Institutions

The University of Texas Health Science Center at Houston, P.O. Box 20036, Houston, TX 77225-0036, 713-500-3361, <u>www.ut.houston.edu</u>

**The University of Texas M.D. Anderson Cancer Center**, 1515 Holcombe Boulevard, Houston, TX 77030-4009, 713-500-3361, Note: there is an underline after Prof www. <u>mdanderson.org/prof\_Education/healthscience/</u>

#### Independent Universities

Houston Baptist University, 7502 Fondren Road, Houston, TX 77074, 281-649-3212, www.hbu.edu

Rice University, P.O. Box 1892, Houston, TX 77251, 713-348-3157, www.rice.edu

South Texas College of Law, 1303 San Jacinto Street, Houston, TX 77002, 713-646-1702, www.stcl.edu

University of St. Thomas, 3800 Montrose Boulevard, Houston, TX 77006, 713-525-3889, www.stthom.edu

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#### **Health-Related Institutions**

Baylor College of Medicine, Texas Medical Center, One Baylor Plaza, Houston, TX 77340, 713-798-3092, www.bcm.edu

#### **Chiropractic Institutions**

Texas Chiropractic College, 5912 Spencer Highway, Pasadena, TX 77508, 281-998-6022, www.txchiro.edu

#### **Proprietary Schools**

Academy of Health Care Professions, 8313 S.W. Freeway, Houston, TX 77074, 713-471-2427, www.ahcp.edu

Acoustic Edge Institute of Houston, 303 Wells Fargo Drive Suite B-10, Houston, TX 77090-4048, 281-893-7755, <u>www.stereoschool.com</u>

Aides for Home and Health Care, 4008 Vista Road, Pasadena, TX 77504, 713-910-7575, currently no website

American Intercontinental University – Houston Campus, 9999 Richmond Avenue, Houston, TX 77042, 832-201-3600, Director of Admission, 832-201-6893,

Astrodome Dental Career Center, 2646 South Loop West, Suite 415, Houston, TX 77054, 713-664-5300, <u>www.astrodomeresource.com</u>

Bradford School of Business, 4769 S. W. Freeway, Suite 300, Houston, TX 77027, 713-629-1500, www.bradfordschoolhouston.edu

**Builder's Academy,** 11601 Katy Freeway, Suite 223, Houston, TX 77079, 281-558-5821, <u>www.builderacademy.com</u>

Cardiotech Ultrasound School, 12315 Bissonnet, Suite E, Houston, TX 77099, 281-495-0078, www.cardiotech.org

Clerical Art School, 6150 Richmond, Houston, TX 77057, 713-780-0024

**Court Reporting Institute of Houston,** 13101 North West Frwy., Suite 100, Houston, TX 77040, 713-996-8300, <u>www.crid.com</u>

Culinary Institute, 7070 Allensby, Houston, TX 77022, 713-692-0077, x12, www.ciaml.com

**DeVry University - Houston Campus,** 11125 Equity Dr., Houston, TX 77041, 713-973-3200), <u>http://www.devry.edu/locations/campuses/loc\_houstoncampus.jsp</u>, Point of Contact: Rosa Zurbriggen, 281-827-7475, <u>rzurbriggen@debvry.edu</u>.

**DeVry University – Houston Galleria Center,** 2000 West Loop S., Ste. 150, Houston, TX 77027, 713-850-0888., http://www.campusexplorer.com/colleges/1CF2E703/Texas/Houston/DeVry-University-Houston-Galleria/.

Excel's Health Institute & Home Care, 9898 Bissonnet, Suite 380, Houston, TX 77036, 713-773-1701, currently no website

Flex Medical Service Nurse Aide, 10103 Fondren Road, Suite 405, Houston, TX 77096, 713-272-7879, www.flexmedicalservices.com

Houston Training & Education Center, 7457 Harwin Suite 35, Houston, TX 77036, 713-783-2221, <u>www.houston-tec.com</u>

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ITT Technical Institute Houston North, 15651 N. Freeway (I-45), Houston, TX 77090, 281-873-0512, <u>www.itt-tech.edu</u>

**ITT Technical Institute South (Webster),** 1001 Magnolia Avenue, Webster, TX 77598, 281-316-4700, or 918.781.7880, <u>www.itt-tech.edu</u>

ITT Technical Institute Houston West, 2950 South Gessner, Houston, TX 77063, 713-952-2294, www.itt-tech.edu

Mediatech Institute Houston, 3324 Walnut Bend, Houston, TX 77042, 832-242-3426, www.mediatechinstitute.com

Medvance Institute, 6220 Westpark, Houston, TX 77057, 713-266-6594, www.medvance.edu

Ocean Corporation, 10840 Rockley Rd, Houston, TX 77099, 281-530-0202, www.oceancorp.com

Remington College-Houston Campus, 3110 Haze Road, Suite 380, Houston, TX 77082, 713-783-3999, www.remingtoncollege.edu

**Sanford Brown Institute-Houston,** 10500 Forum Place Drive, Suite 200, Houston, TX 77036, 713-779-1110, <u>www.sbhouston.com</u>

School of Automotive Machinists, 1911 Antoine Drive, Houston, TX 77055, 713-683-3817, www.samracing.com

Techskills-Houston, 2100 West Loop South, Suite 400, Houston, TX 77027, 713-960-1800, www.techskills.com

**Texas Health School,** 11211 Katy Freeway, Suite 170, Houston, TX 77079, 713-932-9333, <u>www.texashealthschool.org</u>

**Texas School of Business-Houston**, 6363 Richmond Ave., Suite 300, Houston, TX 77057, 713-975-7527, <u>www.texasschoolofbusiness-edu.com</u>

University of Phoenix Houston Campuses Government Relations 24624 N. 145 Spring, TX 77386 (Office): (281) 298-3528 (Cell): 281-898-0907 <u>mark.santelia@phoenix.edu</u>

# NONPROFIT RESOURCES

**Depelchin Children's Center** Main Campus 4950 Memorial Drive Houston, Texas 77007 For information or to set up an appointment: (713) 730-233; (888) 730-3445 (toll free); (713) 802-3801 (fax) www.depelchin.org; info@depelchin.org Eligibility: Military Service Member Explanation of Benefits: DePelchin has developed expertise in trauma-focused treatment for children and families. Some family members of military service members have developed levels of traumatic stress. Trauma focused treatments have been proven effective in relief of this distress. Services: The DePelchin Children's Center is the largest and most comprehensive provider of children's social and mental health services in the Houston area for 116 years. DePelchin has expanded in over 60 locations in Harris, Montgomery, Brazoria, Galveston, Ft. Bend and Waller counties and adapted its programs and services to include: Adoption, Foster Care. Counseling Services, Prevention Services, Residential Services, Post-Adoption Services, Search and Reunion Services, Teen Parenting and Transitional Living Services, and Parent and Family Education and Resources.

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#### Family Services of Greater Houston Behavioral Health Services

713-861-4849; www.familyservices.org

Eligibility: OIF/OEF military personnel and Families

Explanation of Benefits: Family Services of Greater Houston offer services, free of charge, to OIF/OEF Veterans and their families.

<u>Services:</u> Making Ends Meet: Learn to stretch your finances, budget and develop skills for saving. Marriage, Education, Parent Education, Counseling, and Job Readiness. For more information please call and make an appointment.

#### ThanksUSA Scholarship Program

ThanksUSA is a non-profit tax exempt charitable organization focused on thanking American troops. ThanksUSA sponsors a large scholarship program for children and spouses of active duty US military personnel. As many as 1,000 scholarships of \$1,000 to \$5,000 each are available for undergraduate study at accredited two and four year institutions of higher education. A minimum GPA of 2.5 on a 4.0 scale is required. Active duty US military personnel is defined as having served on active duty in the Army, Navy, Air Force, Marines and Coast Guard for at least 180 days since September 11, 2001, including all members of the Armed Forces who were killed or wounded in action. (Members of the reserves who have been activated to full-time duty and federalized members of the National Guard are eligible.) Dependent children (including adopted and stepchildren) must be age 24 and under as of the deadline. The deadline is May 30. Recipients are selected based on financial need, academic performance, leadership and community service. A preference is given to students who have studied a foreign language. For more information, call 1-877-THX-USAS (1-877-849-8727), write to ThanksUSA Scholarship Program, Scholarship America, c/o Shellee Hintz, One Scholarship Way, PO Box 297, Saint Peter, MN 56082, or send email to *shintz@scholarshipamerica.org*.

#### Worklife Institute

1900 Saint James Place, Suite 880

Houston, TX 77056 713.963.9456; 713-266-0845 Fax

Hours: Monday – Friday, 9 am – 7 pm and Saturdays by appointment.

Eligibility: OEF/OIF Veterans and Families

Explanation of Benefits: Worklife Institute's OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families.

<u>Services</u>: Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.

# **EMPLOYMENT**

# Workforce Solutions 1-888-469-JOBS (5627) www.wrksolutions.com

# FEDERAL RESOURCES

Veterans' Employment and Training Service

#### U.S. Department of Labor

1550 Foxlake Dr., Ste. 360, Houston, Texas 77084-4739 281-579-8071 ext.107; FAX 281-579-2438 http://www.dol.gov/vets/

Hours: Monday - Friday, 8:00 AM - 5:00 PM

<u>Description</u>: Assistance to veterans having claims under the Uniformed Services Employment and Reemployment Rights Act (USERRA). USERRA provides reemployment protection and other benefits for veterans. In addition, USERRA helps veterans understand employee eligibility and job entitlements, employer obligations, and benefits available to veterans through the act.

#### **Rights to Re-employment**

Veterans are entitled to re-employment rights with their last employer when they are released from the Armed Forces of the United States, providing their absence is not longer than four years. The right of re-employment is available regardless of whether the veteran was, prior to service, employed by the state, county or city government, or by private industry.

#### E-laws

The U.S. Department of Labor has developed several laws and online guides to help employees and employers understand their rights and responsibilities under numerous federal employment laws. E-laws are detailed online at <u>www.dol.gov/elaws</u>. The E-laws Advisors are interactive e-tools that provide easy-to-understand information about a number of federal employment laws. Each Advisor simulates the interaction you might have with an employment law expert. It asks questions and provides answers based on responses given. For example: The Veterans' Preference Advisor allows veterans to examine the preferences for which they might be entitled with regard to federal jobs.

# American GI Forum

# National Veterans Outreach Program

2656 South Loop West, Suite 550, Box 133 Houston, Texas 77054 713-666-4796

# houston-ctsp@agif-nvop.org

<u>Eligibility:</u> Veterans recently released from active duty (within 48 months), Homeless Veterans, and Veterans facing a Substance Abuse issue; residing in the Greater Houston area. \**Must provide a copy of the following:* DD-214 (Any discharge other than Dishonorable), Birth Certificate, State issued I.D.

<u>Description</u>: Established in 1972, the American GI Forum National Veterans Outreach Program, (NVOP), Inc. is a duly chartered non-profit, tax–exempt corporation headquartered in San Antonio, TX. NVOP is nationally recognized as an experienced and successful employment and training program. The NVOP has successfully completed over fifty local, state, and national grants. Congress passed the Veterans Workforce Investment Program (VWIP) in 1982. This is one of our government's most significant programs for helping the unemployed in this country.

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# STATE RESOURCES

#### **Texas Workforce Commission**

http://www.twc.state.tx.us/iobs/iob.html

Services: The Texas Workforce Commission (TWC) is the state government agency charged with overseeing and providing workforce development services to employers and job seekers of Texas.

#### **Texas Veterans Commission**

http://www.tvc.state.tx.us/

512-463-6826 State Headquarters Office

VetJobs@tvc.state.tx.us

Eligibility: Veterans and eligible persons, i.e. spouse of deceased disabled veteran/MIA.

Description: Veterans Employment Services staff located in Workforce Solutions offices provide job matching and development services to eligible veterans and eligible person, including intake and assessment, counseling/case management, testing, job-search assistance, job development, referrals and job placement. For services call or visit the Veterans Employment Service staff at the Workforce Solutions office. To find Workforce Solutions career office nearest you, visit our website at www.wrksolutions.com or see the list of offices below.

Services: Offers services in claims representation, employment services, and veteran's education program. The website serves as an informative referral site to other helpful veteran links.

Regional Veterans Employment: 713-383-2756. Email: Houston TVC@yba.ya.gov Hours of Operation: Monday - Friday, 8:00 AM - 5:00 PM

# **REGIONAL RESOURCES**

#### Workforce Solutions

www.wrksolutions.com

Toll free telephone number: 1-888-469-JOBS (5627)

Services: Workforce Solutions operates 35 community-based career offices to help residents get a job, keep a job or get a better job - offering placement, career counseling and financial aid services. Each location provides free computer, fax and telephone usage to customers for job searches.

#### Locations listed below:

#### Astrodome

9315 Stella Link Rd Houston, Texas 77025 713-661-3220

**Bay City** 3501 Avenue F Bay City, Texas 77414 979-245-4808

#### **Baytown**

6952 Garth Road Baytown, Texas 77521 281-837-0079

#### Columbus

104B Shult Dr. Columbus, Texas 78934 979-732-3299

Conroe 2018 IH 45 North Conroe, Texas 77301 936-441-0037

**Cypress Station** 70 FM 1960 West #A Houston, TX 77050 281-891-2850

#### Downtown

600 Jefferson, Suite 125 Houston, Texas 77002 713-658-0966

#### East End

5104 Harrisburg Houston, Texas 77011 713.228.8848

#### Galveston

Island Community Center, 4700 Broadway Galveston, Texas 77551 409-770-9915

Hobby

8231 Broadway Houston, Texas 77061 713-847-6118

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Humble 9668 FM 1960, Bypass Rd. W. Humble, Texas 77338 281-446-4837

Huntsville 901 Normal Park, Suite 7 Huntsville, Texas 77320 936-291-3336

**Katy** 5000 Katy Mills Circle, Suite 659 Katy, Texas 77494 281-644-1030

Lake Jackson 491 This Way Lake Jackson, Texas 77566 979-297-6400

Liberty 2131 Hwy 146 Bypass Liberty, Texas 77575 936-336-8063

Northeast 4217 Tidwell Road, Suite A Houston, Texas 77093 713-694-5087

Northline 4424 North Fwy, Suite A Houston, Texas 77022 713-692-7755

Northshore 14355 East Wallisville Road Houston, Texas 77049 281-458-1155

Pasadena 103 Pasadena Town Square Mall Pasadena, Texas 77506 713-472-1608

Rosenberg 117 Lane Drive, Suite 7 Rosenberg, Texas 77471 281-344-0279 **Sealy** 3701 Outlet Center Dr., Suite 140 Sealy, Texas 77474 979-627-0241

Southwest 12710 Bissonnet Houston, Texas 77072 281-564-2660

Spring Branch 10405 Katy Freeway, #G Houston, Texas 77024 713-465-1677

**Texas City** 3549 Palmer Highway Texas City, Texas 77590 409-949-9055

Waller 40644 Highway 290 Business Waller, Texas 77484 936-931-3987

Westheimer 8373 Westheimer Houston, Texas 77063 713-953-9211

Wharton 1506 N. Alabama Road, Wharton, Texas 77488 979-531-0730

Willowbrook 17517 Highway 249 @ N. Gessner Houston, TX 77064 281-807-9462

Winnie 111 West Pine Street Winnie, Texas 77665 409-296-2000

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# NON-PROFIT AND FAITH-BASED RESOURCES

#### **Career and Recovery Resources, Inc**

2525 San Jacinto Houston, TX 77002 Telephone: 713-754-7000 http://www.careerandrecovery.org/ Services: Career counseling

# Family Services of Greater Houston Behavioral Health Services

713-861-4849; www.familyservices.org

Eligibility: OIF/OEF military personnel and their families

Explanation of Services: Family Services of Greater Houston will provide Job Readiness services at no charge to develop a resume, find vocational training programs, apply for jobs or complete the GI Bill application for OIF/OEF military service members returning home. For more information please call to make an appointment.

# Career and Recovery Resources, Inc. (CRR)

Homeless Veterans Reintegration Program 2403 Caroline Houston, TX 77004 Contact: Larry Green Telephone: 713-754-7036 http://www.careerandrecovery.org/

<u>Description:</u> CRR's Homeless Veterans Reintegration Program (HVRP) helps homeless veterans overcome barriers to employment with job readiness training, job certification training, employment assistance and other support such as assistance in finding housing, bus tokens, work clothing, tools, etc. Services for non-homeless veterans are provided through other agency programs housed at 2525 San Jacinto.

# Goodwill Industries of Houston

Homeless Veterans' Reintegration Program 10795 Hammerly Houston, TX 77043 Contact: William Sala Telephone: 713- 699-6361

<u>Description</u>: Services to assist in reintegrating homeless veterans into meaningful employment. Provides an array of services utilizing a case management approach that directly assists homeless veterans as well as provide critical linkages for a variety of supportive services available in their local communities. The program is "employment focused" and veterans receive the employment and training services they need in order to re-enter the labor force. Job placement, training, job development, career counseling, resume preparation, are among the services that are provided. Supportive services such as clothing, provision of or referral to temporary, transitional, and permanent housing, referral to medical and substance abuse treatment, and transportation assistance are also provided to meet the needs of this target group.

#### Houston Wellness Association Veteran Wellness Committee

410 Pierce Street, Suite 202 Houston, TX 77002 Telephone: 713-357-9515 www.houstonwellness.org

Eligibility: All members of the Armed Forces and veterans who have served since 9/11.

Description: Meets: 1<sup>st</sup> Tuesday of every month at 1:00 PM. The Veterans Wellness Committee's goal is to help veterans returning to civilian life find a job in the Health & Wellness sector.

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#### Worklife Institute

1900 Saint James Place, Suite 880 Houston, TX 77056 Telephone: 713-963.9456; 713-266-0845 Fax <u>Hours</u>: Monday – Friday, 9 am – 7 pm and Saturdays by appointment. <u>Eligibility</u>: OEF/OIF Veterans and Families <u>Explanation of Benefits</u>: Worklife Institute's OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families. <u>Services</u>: Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program

also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.

The Houston Launch Pad Homeless Veterans' Reintegration Program 2656 South Loop West, Suite 230. Houston, Texas 77054 832-778-9800; 832-778-9809 fax www.thehoustonlaunchpad.com Mon-Fri 8:00 AM – 5:00 PM Eligibility: Honorable discharged veterans Services: Job placement, resume development, supportive services, housing and case management.

# **ONLINE RESOURCES**

- <u>www.military.com</u> This site has a wealth of information about the job search process, building a resume, networking, and career fairs.
- <u>www.theworksource.org</u> Probably the best site for a job search in Texas. The WorkSource website has the most up-to-date calendar of job related events in the area and links to other online resources.
- <u>www.houstonchronicle.com</u> List of all job opportunities in the greater Houston area. This site has links to other job related activities such as resume writing, job fairs, etc.
- <u>www.monster.com</u> Has lots of information about conducting a job search and many job opportunities.
- Company websites. All of the major corporations, hospitals, schools, colleges and public agencies have their own websites with links to job opportunities.

# **NETWORKING**

Use networking to establish useful contacts with people involved in or familiar with your chosen profession. Specifically, networking enables you:

- To find information about different companies and industries.
- To increase contacts and obtain referrals by getting as many people as possible involved in your job search.
- To gain exposure through one-on-one meetings whenever possible.
- To allow you to practice your communication skills.
- To get someone to remember you when a position does become available.

Develop your network, beginning with a list of relatives, former classmates, teachers, religious organizations, friends, previous business associates, civic organizations and neighbors. Let them know you're out of the military and looking \*\*\*for a job.

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# **FAMILIES OF DECEASED VETERANS**

VA Houston National Veterans Cemetery 281-447-8686

# UNITED STATES DEPARTMENT OF VETERANS AFFAIRS <u>http://www.cem.va.gov/</u>

# FEDERAL RESOURCES

VA Regional Office

6900 Almeda Rd., Houston, Texas 77030 1-800-827-1000 <u>www.va.gov</u> <u>Hours</u>: 7:30 AM to 4:00 PM <u>Eligibility</u>: Compensation, pension, education, medical, Housing, burial benefits

# Michael E. DeBakey VA Medical Center

2002 Holcombe Blvd., Houston, Texas 77030 713-791-1414 www.myhealth.va.gov Hours: 7:00 AM to 4:30 PM Eligibility: Medical Care, Pharmacy RX. Services: Emergency Room 24hrs.

#### **VA Houston National Veterans Cemetery**

10410 Veterans Memorial Dr., Houston, Texas 77038 281-447-8686

#### www.cem.va.gov

<u>Eligibility</u>: Veterans must have DD214 and Honorable discharge. Burial for Veterans and Spouses of Veterans and dependent children unmarried under 21 years of age, or under 23 years of age pursuing a full-time course of instruction at an approved educational institution. Unmarried adult children who become physically or mentally disabled and incapable of self-support before reaching the age of 21.

#### **Funeral Arrangements**

Must be made and paid for by the family members. VA Only provides Chapel Services and the Plot free on charge.

#### **National Personnel Records Center**

Military Personnel Records 9700 Page Avenue, St. Louis, MO 63132-5100 Military.com info: <u>http://www.military.com/MilitaryReport/0,12914,92137,00.html</u> 4 step request via Website: <u>vetrecs.archives.gov</u> 314-801-0800 Call to obtain Form DD-214 for deceased veterans Monday through Friday, 7:30 AM to 3:45 PM (Closed weekends and <u>Federal holidays</u>)

Government Headstone or Markers application contact number is 1-800-827-1000 or www.va.gov/hmorder.htm;

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#### Military Funeral Honors

The Department of Defense (DOD) provides Military Funeral Honors at the burials of Veterans. When requested, funeral Honors can be given at any cemetery-private or Government – operated. Most funeral directors make those arrangements with (DOD) on behalf of family members. Web site: www.militaryfuneralhonors.osd.mil.

Department of Defense, Directorate of Public Inquiry and Analysis, Room 3A750, the Pentagon, Washington, DC 20301-1400; 1-800-827-1000.

#### Survivor Outreach Services

Laura Wolf 281-904-6281

E-mail: laura.wolf.ctr@us.army.mil

**Eligibility:** Any survivor of a active duty fallen soldier is entitled to use Survivor Outreach Services, to include parents, spouses, children, siblings and ID card holders from all branches of the military regardless status, cause of death, or how far back the loss occurred.

**Explanation of Benefits:** The Survivor Outreach Services (SOS) is an Army Community Service program open to all branches of service that utilizes a holistic and multi-agency support approach. The mission of the Survivor Outreach Services (SOS) is to provide long-term support to families of our fallen soldiers by offering assistance with any concerns or issues, providing information on services and programs, and connecting families to outreach organizations both inside and outside the Department of Defense for as long as the family member wants/needs support. No service fee

# STATE RESOURCES

**Texas Veterans Commission** 6900 Almeda Rd., Houston, Texas 77030 <u>www.tvc.state.tx.us</u> <u>Hours</u>: 7:00 AM to 4:00 PM <u>Eligibility</u>: Compensation, Pension, Education, Insurance, Burial Benefits

#### **Texas Veterans Land Board**

6900 Almeda Rd., Houston, Texas 77030 713- 383-2729; 1-800 252-8389(vets) www.glo.state.tx.us Hours: 8:00 AM to 5:00 PM Services: Texas State Benefits, Housing Loans, Land Loan Home Improvement Loans, Veterans State Nursing Homes Texas Veterans State Cemetery's web site: www.glo.state.tx.us/vlb/cemetery/index.html

# HARRIS COUNTY RESOURCES

#### Harris County Veterans Service Office

9418 Jensen Drive, Houston, Texas 77093 281-876-6600 (o); 713-692-3963 (fax) <u>www.ss.hctx.net</u> <u>Hours</u>: 8:00 AM To 4:30 PM (M-F) <u>Services</u>: Compensation, Pension, Education, Insurance, Medical, Death/ Burial Benefits. Funeral arrangements must be made and paid for by the family members. VA Only provides Chapel Services and the Plot free on charge.

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# **NONPROFIT RESOURCES**

Houston Homeless Burial Program C/o 1418 Preston Ave., Houston, Texas 77002 713-224-1418 <u>Services</u>: Burial of Homeless Veterans

# FAMILY SERVICES

# NATIONAL MILITARY FAMILY ASSOCIATION (NMFA)

http://www.militaryfamily.org/ http://ww.operationpurple.org

#### Military Spouse Scholarships

http://www.militaryfamily.org/our-programs/military-spouse-scholarships/

The National Military Family Association recognizes the unique challenges today's military spouses face in pursuing additional training or education. Frequent moves make it difficult to complete programs and establish a career. We are here to help ease the financial obstacles that accompany pursuing a higher education. A valid Military ID is the only requirement to apply for the program. The scholarship funds may be used for tuition, fees, and school room and board for:

- GED or ESL
- Vocational training
- Professional certification
- Post-secondary
- · Graduate school
- In-class or on-line
- Full-time or part-time

#### **Operation Purple Camps (OPC)**

#### http://www.militaryfamily.org/our-programs/operation-purple/

The National Military Family Association's Operation Purple camps are a time for having fun, making friends, and reminding military kids that they are the Nation's youngest heroes. The Operation Purple program also includes leadership camps for teens, family retreats at the national parks, and camps geared to address the needs of children and families of our nations wounded service members. Please direct questions regarding the Operation Purple program to <u>OPC@militaryfamily.org</u>.

#### Wounded Warriors + Families

#### http://www.militaryfamily.org/our-programs/operation-purple/wounded-warriors-families/

Operation Purple Healing Adventures is an all expenses paid family camp experience for active duty or medically retired service members who were wounded or experienced emotional trauma or illness related to their service in Operation Iraqi Freedom (OIF) and Operation Enduring freedom (OEF). Members of the National Guard and Reserve may be in either activated or drilling status, provided their injury was sustained while on active duty status.

#### **Family Retreats**

#### http://www.militaryfamily.org/our-programs/operation-purple/family-retreats/

The National Military Family Association will offer four-day retreats two set in a National Park using nature's classroom, where families will have opportunities to strengthen and renew relationships, explore the natural surroundings, and participate in fun family-focused activities. These retreats are open to service members and their families who have experienced deployment within the last 15 months. To be eligible to be considered for these retreats, service members must have returned from deployment no less than 3 months or no more than 15 months prior to the start date of each retreat. Families who attend will receive a \$200 stipend per family upon arrival to the retreat site to cover cost of travel. The retreats are free thanks to support from the Sierra Club and the Sierra Club Foundation.

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#### Military Family Award Program

http://www.militaryfamily.org/our-programs/awards/military-family-award-program/

The Association's Military Family of the Year Award recognizes strong military families who embrace their service to the Nation, are role models in their community, and understand that together they are stronger. Nominate your family or a special family you know. One family from each of the seven Uniformed Services will be chosen, from the nominations submitted, to represent their Service branch. As you know that while one member joins, the whole family serves.

#### Teen Leadership Camps

http://www.militaryfamily.org/our-programs/operation-purple/teen-leadership-camps/

The Operation Purple Leadership Experience (OPLE) is for military teens that have shown an ability and willingness to lead and mentor in their military communities. The summer camps are Phase I of II of the leadership experience. Camps are united in a mutual mission: to develop strong leadership skills by giving teens the tools needed to develop self-confidence and the opportunity to test their strengths and abilities. As a condition of this free program, each teen and his or her parent(s) must sign an agreement to complete a community service project and document progress with the National Military Family Association. All participants will be required to obtain a community mentor as part of the application process.

#### Traditional Camps

#### http://www.militaryfamily.org/our-programs/operation-purple/traditional-camps/

Operation Purple camps offer a free week of summer fun for military kids with parents who have been, are currently, or will be deployed. The goal of the Operation Purple camp program is to give military children tools to help deal with the stresses that result from a parent's deployment, through a memorable camp experience in a "purple" environment. Operation Purple camps are open to military children of all ranks and Services: active and reserve components—and give priority to children whose parents are currently within a 15 month deployment "window").

#### U.S. Olympic Committee (USOC) Paralympic Military Program

#### http://www.usparalympics.org/ (select Military)

The U.S. Olympic Committee (USOC) Paralympic Military Program provides post-rehabilitation support and mentoring to American servicemen and women who've sustained physical injuries such as traumatic brain injury, spinal cord injury, amputation, visual impairment/blindness and stroke. Veterans are introduced to adaptive sport techniques and opportunities through clinics and camps and are also connected with ongoing Paralympic sports programs in their hometowns.

#### **Military Sports Camps**

#### http://www.usparalympics.org/pages/5139

Paralympic Military Sports Camps are multi-day events for veterans and military personnel with physical injuries that aim to introduce individuals to a variety of summer and winter sport opportunities. During each camp, participants attend sports clinics conducted by Paralympic athletes and coaches. All service members attend the camp at no cost. Expenses related to travel, lodging and meals are covered by the USOC.

# MILITARY PERSONNEL DISCOUNTS

http://www.wdwinfo.com/discounts/discounts-military.htm http://www.military.com/DC/DealIndex.jsp http://www.militaryspot.com/resources/item/military\_discounts http://www.gggaz.com/discounts.php http://www.militaryfares.com/ http://www.celebrate-freedom.com/ http://www.forcesonline.com/ http://www.army.com/resources/military-discounts.php http://www.airlinelowpricetickets.com/Military-Discount-Airline-Tickets.php http://www.militarycruisedeals.com/

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http://www.carsdirect.com/car-insurance/car-insurance-discounts-for-military-personnel http://www.usmilitary.com/1068/vacation-discounts-for-military-personnel/ http://www.discountairfaresportals.com/military\_discount\_airfare.html

#### Air Force and Navy Lodging Discounts

http://www.dodlodging.net/#

### City of Houston BARC Animal Shelter and Adoptions

3200 Carr Street, Houston, Texas 77026 (713) 229-7343

#### http://www.houstontx.gov/barc/index.php

The City of Houston and BARC Animal Shelter & Adoptions are proud of our veterans! And so to honor their courage and service, we are establishing a Veterans Discount for all adoptions at BARC that will kick off on Veterans Day this year. Any veteran with proof of military service (military ID card or DD214) may adopt an animal from BARC for *half* of the standard adoption fee. The current adoption fee is \$55, so veterans will have the opportunity to adopt a companion pet for \$27.50 with proof of their service. The adoption fee includes spay/neuter surgery, microchip, initial vaccinations, Rabies vaccination, City licensure, Animal Planet training DVD, Cesar Millan training DVD, starter bag of Hill's Science Diet pet food, and free enrollment in the American Kennel Club Canine Good Citizen 6-week obedience school at BARC.

#### Lowe's Discounts

#### http://www.lwes.com

Lowe's Companies, Inc. will expand its support of the military by offering an all day, every day 10 percent discount to all military personnel who are active, reserve, retired or disabled veterans and their family members, with a valid, government-issued military ID card. All other military veterans will receive the discount on the Memorial Day, Fourth of July and Veterans Day weekends. The discount is available on in-stock and Special Order purchases up to \$5,000. Excluded from the discount are sales via Lowes.com, previous sales, and purchases of services or gift cards. In addition to offering military discounts at specific times during the year, Lowe's has extended benefits for its employees serving in the military and offers employment opportunities to military personnel after their military service has ended.

#### **Military Travel Guide**

http://militaryliving.com/

#### **Vacations for Military Families**

http://www.afvclub.com/

# NATIONAL REHABILITATION EVENTS

#### National Disabled Veterans Summer and Winter Sports Clinics

www.wummersportsclinic.va.gov

#### www.wintersportsclinic.va.gov

The clinics are an annual rehabilitation program open to U.S. military veterans with traumatic brain injuries, spinal cord injuries, orthopedic amputations, visual impairments, certain neurological problems and other disabilities, who receive care at a VA medical facility or military treatment center. It is the largest adaptive event of its kind in the world.

#### Contact information for Summer Sports:

Local Organizing Committee Chair Tristan Heaton (858) 642 - 6426 <u>Tristan.Heaton2@va.gov</u> Contact information for Winter Sports Santo Trombetta, Event Director (970) 242-0731 Santo.Trombetta@va.gov

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#### National Veterans Golden Age Games

This is the only national multi-event sports and recreational seniors' competition program designed to improve the quality of life for all older Veterans, including those with a wide range of abilities and disabilities. It is one of the most progressive and adaptive rehabilitative senior sports programs in the world, offering 14 different sports and recreational activities.

#### Contact information:

Dewayne Vaughan, Event Director (202) 745-8615 Dewayne.Vaughan@va.gov

#### **National Veterans Wheelchair Games**

#### http://www1.va.gov/vetevent/nvwg/2009/registration.cfm

The largest annual wheelchair sports competition in the world, this event offers 17 different sports to veterans who use wheelchairs due to spinal cord injuries, amputations and neurological diseases. The Games provide opportunities for newly disabled veterans to gain sports skills and be exposed to other wheelchair athletes.

#### National Veterans TEE Tournament

#### http://www1.va.gov/vetevent/tee/2009/ToCome.cfm

Previously a local program, this new national event provides legally blind and eligible disabled veterans an opportunity to develop new skills and strengthen their self-esteem through adaptive golf and bowling events. Each year, the TEE Tournament uses a therapeutic format to promote rehabilitation, fellowship and camaraderie among participants.

#### **National Veterans Creative Arts Festival**

#### http://www1.va.gov/vetevent/caf/2009/ToCome.cfm

This annual program is the culmination of talent competitions in art, creative writing, dance, drama and music for veterans treated in the VA's national health care system. All veterans invited to participate are selected winners of year-long, national fine arts talent competitions in which thousands of veterans enter, from VA medical facilities across the nation.

# FREEBIES/PROMOTIONS/MEALS, ETC.

Here is list of organizations that are known to offer free, discounts, or low cost promotions to military personnel on Veterans Day Please inquire before purchasing.

Golden Corral Applebees Outback Steakhouse Krispy Kreme McCormick & Schmick's Historic Tours of America

National Parks- entrance fee waived http://home.nps.gov/applications/dig...ements&id=8379

Anheuser-Busch Adventure Parks - Free admission to military personnel and family <u>http://www.herosalute.com/cavatx/index.html</u>

# TEXAS STATE VETERAN'S BENEFITS

http://www.military.com/benefits/veteran-benefits/texas-state-veterans-benefits http://www.tvc.state.tx.us/StateBenefits.html

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#### **Texas Veterans Land Board Programs**

The Texas Veterans Land Board (VLB), a division of the Texas General Land Office, administers three veterans' loan programs: The Land Loan Program, Veterans Housing Assistance Purchase Program, and the Veterans Home Improvement Loan Program. We have provided additional information on our site and a link to the VLB website at

http://www.tvc.state.tx.us/vlb/

# FINANCIAL SERVICES

# FEDERAL RESOURCES

#### **VA Regional Office**

6900 Almeda Rd., Houston, Texas 77030 1-800-827-1000 <u>www.va.gov</u> <u>Hours</u>: 7:30 AM to 4:00 PM Services: Compensation, pension, education, medical, Housing, burial benefits

#### • Aid and Attendance Pension

1-800-827-1000

#### www.va.gov

Applications may be submitted on-line at http://vabenefits.vba.va.gov/vonapp/main.asp.

<u>Service</u>: Aid and Attendance (A&A) is a benefit paid in addition to monthly pension. This benefit may not be paid without eligibility to pension. The Aid and Attendance pension benefit may be available to wartime veterans and surviving spouses who have in-home care or who live in nursing-homes or assisted-living facilities.

<u>Eligibility</u>: For a wartime veteran or surviving spouse to qualify for this special monthly pension, the veteran must have served at least 90 days of active military service, one day of which was during a period of war, and be discharged under conditions other than dishonorable. Wartime veterans who entered active duty on or after September 8, 1980, (October 16, 1981, for officers) must have completed at least 24 continuous months of military service or the period for which they were ordered to active duty. To qualify, claimants must be incapable of self-support and in need of regular personal assistance. The basic criteria for the Aid and Attendance benefit include the inability to feed oneself, to dress and undress without assistance, or to take care of one's own bodily needs. People who are bedridden or need help to adjust special prosthetic or orthopedic devices may also be eligible, as well as those who have a physical or mental injury or illness that requires regular assistance to protect them from hazards or dangers in their daily environment. Income Requirements: If all requirements are met, VA determines eligibility for the Aid and Attendance benefit by adjusting for un-reimbursed medical expenses from the veteran's or surviving spouse's total household income. If the remaining income amount falls below the annual income threshold for the Aid and Attendance benefit, VA pays the difference between the claimant's household income and the Aid and Attendance threshold.

The Aid and Attendance income threshold for a veteran without dependents is now \$18,234 annually. The threshold increases to \$21,615 if a veteran has one dependent, and by \$1,866 for each additional dependent. The annual Aid and Attendance threshold for a surviving spouse alone is \$11,715. This threshold increases to \$13,976 if there is one dependent child and by \$1,866 for each additional child. Many elderly veterans and surviving spouses whose incomes are above the congressionally mandated legal limit for a VA pension may still be eligible for the special monthly Aid and Attendance benefit if they have large medical expenses, including nursing home expenses, for which they do not receive reimbursement.

#### Housebound Pension

1-800-827-1000

#### www.va.gov

Applications may be submitted on-line at http://vabenefits.vba.va.gov/vonapp/main.asp.

<u>Service</u>: Housebound is a benefit paid in addition to monthly pension. Like A&A, Housebound benefits may not be paid without eligibility to pension.

<u>Eligibility</u>: The veteran has a single permanent disability evaluated as 100-percent disabling AND, due to such disability, he/she is permanently and substantially confined to his/her immediate premises, OR, The veteran has a single permanent disability evaluated as 100-percent disabling AND, another disability, or disabilities, evaluated as 60 percent or more disabling.

Income Requirements: Same as eligibility for the Aid and Attendance benefit.

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# STATE RESOURCES

#### Houston-Galveston Area Marine Corps Coordinating Council

P.O. Box 840362, Houston, TX 77284 www.houtxmccc.org

Meets: 3rd Tuesday of every month at 6:00 PM at Bo's Place, 10050 Buffalo Speedway, Houston, Texas 77054-1302

Eligibility: Any active duty or reserve Marines and their families needing assistance

<u>Services</u>: Aid the members of U.S. Marine families, regular or reserve, in time of illness, hardship or financial distress. Offer scholarships for members of Marine families who need financial assistance either in secondary educational pursuits or public schooling.

#### **Texas Veterans Commission**

6900 Almeda Rd., Houston, Texas 77030 <u>www.tvc.state.tx.us</u> <u>Hours</u>: 7:00 AM to 4:00 PM Services: Compensation, Pension, Education, Insurance, Burial Benefits

#### **Texas Veterans Land Board**

6900 Almeda Rd., Houston, Texas 77030 713-383-2729; 1-800 252-8389(vets) www.glo.state.tx.us Hours: 8:00 AM to 5:00 PM Services: Texas State Benefits, Housing Loans, Land Loan Home Improvement Loans, Veterans State Nursing Homes

Texas Veterans State Cemetery's web site: www.glo.state.tx.us/vlb/cemetery/index.html

# HEALTH CARE

# FEDERAL RESOURCES

**Michael E. DeBakey VA Medical Center** 713-791-1414 or toll-free 1-800-553-2278 VA Network Telecare Center: 713-794-8985 or toll-free 1-800-639-5137 Pharmacy Refills: 713-794-7648 or toll-free 1-800-454-1062 Pharmacy Helpline: 713-794-7653 Appointment Information: 713-794-7648 or toll-free 1-800-454-1062 VA Eligibility & Enrollment: 713-794-7288

#### **Outpatient Clinics**

Beaumont VA Outpatient Clinic: 409-981-8550 or toll-free 1-800-833-7734 Charles Wilson VA Outpatient Clinic (Lufkin): 936-637-1342 or toll-free 1-800-209-3120 Conroe VA Outpatient Clinic: 936-522-4000 Galveston VA Outpatient Clinic: 409-741-0256 or toll-free 1-800-310-5001 Texas City VA Outpatient Clinic: 409-986-1129 or toll-free 1-800-310-5001

#### **Operations Enduring Freedom & Iraqi Freedom Coordinators**

Transition Patient Advocate: 713-794-7034 Veteran Care Coordinator: 713-794-8825 Both work under the OEF/OIF Veteran Coordinator Section and are located at Michael E. DeBakey VA Medical Center.

Vet Center – 701 N. Post Oak Road, Houston: 713-682-2288 Vet Center – 2990 Richmond Ave., Houston: 713-523-0884 Harris County Vet Center #731 – 14300 Cornerstone Village Drive, Houston): 713-578-4002

#### **Patient Representatives**

Houston/Galveston/Texas City: 713-794-7884 Beaumont: 1-800-833-7734, ext. 113 Conroe: 936-522-4010, ext. 1952 Lufkin: 936-633-2753

#### **Houston VA National Cemetery**

281-447-8686

#### **VA Regional Office**

Main Number: 713-383-1999 or toll-free 1-800-827-1000 Compensation/Pension: 1-800-827-1000 Home Loans: 1-888-232-2571 Education: 1-888-442-4551

#### Michael E. DeBakey VA Medical Center

2002 Holcombe Boulevard Houston, TX 77030 713-791-1414 or 800-553-2278 <u>Appointments</u>: 713-794-8985 or 800-639-5137 <u>Eligibility</u>: 713-794-7288 <u>www.houston.va.gov</u> <u>Services</u>: In addition to the main hospital and medical center, outpatient clinics are available in Lufkin, Galveston, Beaumont, Texas City and Conroe.

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# United States Department of Veterans Affairs (VA) Veterans Health Administration

#### http://www1.va.gov/health/index.asp

<u>Eligibility</u> for most veterans' health care benefits is based solely on active military service in the Army, Navy, Air Force, Marines, or Coast Guard (or Merchant Marines during WW II), and discharged under other than dishonorable conditions. Reservists and National Guard members who were called to active duty by a Federal Executive Order may qualify for VA health care benefits. Returning service members, including Reservists and National Guard members who served on active duty in a theater of combat operations have special eligibility for hospital care, medical services, and nursing home care for two years following discharge from active duty. Health Care eligibility is not just for those who served in combat. Other groups may be eligible for some health benefits. Veteran's health care is not just for service-connected injuries or medical conditions. Veteran's health care facilities are not just for men only. VA offers full-service health care to women veterans.

<u>Services</u>: VA provides a Medical Benefits Package, a standard enhanced health benefits plan available to all enrolled veterans. This plan emphasizes preventive and primary care, and offers a full range of outpatient and inpatient services within VA health care system. VA maintains an annual enrollment system to manage the provision of quality hospital and outpatient medical care and treatment to all enrolled veterans. A priority system ensures that veterans with service-connected disabilities and those below the low-income threshold are able to be enrolled in VA's health care system.

# STATE RESOURCES

#### University of Texas Medical Branch – Galveston

301 University Boulevard, Galveston, TX 77555 409-772-1011 <u>www.utmb.edu</u> <u>Hours</u>: Vary by service and location <u>Eligibility</u>: Varies by service <u>Services</u>: In addition to the main hospital campus, outpatient clinics are available in Katy and Conroe.

#### University of Texas Harris County Psychiatric Center

2800 South MacGregor Way, Houston, TX 77021
713-741-5000
<u>http://hcpc.uth.tmc.edu</u>
<u>Hours</u>: Inpatient services are provided 24/7; partial hospitalization and outpatient services are open Monday – Friday, 9:00 a.m. – 3:00 p.m.
<u>Eligibility</u>: No age restrictions
<u>Services</u>: Inpatient psychiatric care and partial hospitalization; outpatient behavioral health services.

#### Texas Department of Assistive and Rehabilitative Services (DARS)

#### http://www.dars.state.tx.us/drs/index.shtml

Services: The DARS Division for Rehabilitation Services is designated as the state's principal authority on the vocational rehabilitation of Texans with disabilities, except persons with visual impairments and the legally blind. The Division's main purpose is to assist people with disabilities to participate in their communities by achieving employment of choice, living as independently as possible and accessing high quality services. We provide a broad array of services through the following programs: vocational rehabilitation, transitional planning, supported employment, independent living services and centers, comprehensive rehabilitation programs, and DRS rehabilitation technology resource center. DARS.Inquiries@dars.state.tx.us

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# **COUNTY RESOURCES**

#### Harris County Hospital District

2525 Holly Hall, Houston, TX 77054 713-566-6400

www.hchdonline.com

Hours: Inpatient services are provided 24/7; outpatient services vary by location.

Eligibility: free or discounted services available to county residents based on income.

<u>Services</u>: Inpatient acute and rehabilitation care; trauma and emergency services; outpatient primary and specialty care services.

#### Harris County Public Health & Environmental Services

2223 West Loop South, Houston, TX 77027 713-439-6000

www.harriscountyhealth.com

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

<u>Eligibility</u>: Sliding scale based on income; accepts Medicaid; some services are free and most will not be denied if unable to pay.

<u>Services</u>: Public health services, including immunizations, child health exams, treatment of sexually transmitted diseases, TB screening, HIV counseling and testing, and dental care, provided at five clinics for populations outside the Houston city limits.

# **CITY RESOURCES**

#### Houston Department of Health and Human Services

8000 North Stadium Drive, Houston, TX 77054

713-794-9320

www.houstontx.gov

<u>Hours</u>: Monday – Friday, 7:30 a.m. – 5:30 p.m.

<u>Eligibility</u>: Sliding scale based on income; accepts Medicaid; some services are free and most will not be denied if unable to pay.

<u>Services</u>: Public health services, including immunizations, family planning, HIV/STD testing and support services, dental, well child health services and prenatal care, provided at nine clinics for populations inside the Houston city limits.

# **GREATER HOUSTON AREA PUBLIC AND NONPROFIT HEALTH CLINICS**

There are a number of non-profit and faith-based inpatient and outpatient health care providers in the greater Houston area. Most of these providers have charity care policies that include care for free or on a sliding fee scale based on income. Outpatient primary care services available from these providers can be found via Project Safety Net at <u>www.projectsafetynet.net</u>. Additionally, the Harris County Hospital District operates a 24/7 nurse triage phone line (713) 633-2255 to assist individuals unsure of whether to see a doctor or go to the hospital. Community health workers, or navigators, are available Monday – Friday, 8:00 a.m. – 5:00 p.m. at Gateway to Care (713) 783-4616 to assist individuals in locating a healthcare provider or program resources.

Community health clinics in Harris and neighboring counties offer affordable medical services. In addition to weekday hours, most of these clinics offer evening or weekend hours, and many provide walk-in services. Call the clinic nearest you for additional details on hours, services, eligibility and appointment policies. For help selecting a clinic, call **Ask Your Nurse 713-633-CALL (2255)** (se habla Español). Or use a computer for on-line detailed information about clinics in Harris County at the Project Safety Net website <u>www.projectsafetynet.net</u>

Payment at these clinics varies from a sliding scale fee basis to reduced fees. Some serve specific populations such as veterans or children as indicated. These clinics welcome you and your family and are ready to provide a

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Health Home for minor health complaints such as mild fever, nausea, sore throat, earache, and many other health issues at a cost you can afford. Here is a listing of the Greater Houston Area public and private nonprofit health clinics:

Next to each clinic below is a notation of the type of clinic it is: Federal, Federally Qualified Health Clinic (FQHC) or developing as an FQHC "Look Alike" Clinic, Harris County Hospital District (HCHD), County, City, Not for Profit (NFP).

#### **Clinics Serving Target Populations**

(Federal) VA Outpatient Clinic, 2002 Holcombe Blvd., Houston, TX 77030, 713-791-1414, (Veterans Only)

(FQHC) Healthcare for the Homeless – Houston, 2505 Fannin, Houston, TX 77002, 713-276-3073 (Several Sites)

(HCHD) Thomas Street HIV Clinic, 2015 Thomas Street, Houston, TX 77009, 713-873-4000

# HARRIS COUNTY

**Central Houston** 

(CITY - HCHD) Casa de Amigos Health Center, 1615 North Main Street, Houston, TX 77009, 713-222-2272

(HCHD) El Jardin Pediatrics, Ben Taub Hospital, 1504 Taub Loop, 5G, Houston, TX 77030, 713-873-KIDS

(FQHC) Good Neighbor Healthcare Center, 277 W. Gray, Houston, TX 77019, 713-529-3597

(FQHC) Legacy Community Health Center (CHC), 215 Westheimer, Houston, TX 77006, 713-830-3000

(NFP) Texas Children's Pediatric Associates, Cullen, 5751 Blythewood, Suite 500 Houston, TX 77021, 713-741-4078

(HCHD) Martin Luther King, 3601 N. MacGregor Way, Houston, TX 77004, 713-873-4700

(CITY) Medical Center Clinic, 1115 S. Braeswood, Houston, TX 77030, 713-794-9640

(CITY - FQHC) South Central Houston Community Health Center - Riverside Satellite Clinic, 3315 Delano, Houston, TX 77004, 713-831-9663

(NFP) San Jose Clinic, 301 Hamilton, Houston, TX 77002, 713-228-9411

(FQHC) South Central Houston Community Health Center, 8610 Martin Luther King, Houston 77033, 713-734-0199

(FQHC) Harris County Hospital District Healthcare for the Homeless Program, 2525 Holly Hall, Houston, TX 77002, 713-566-6515 (Several Sites)

#### East End – Houston

(FQHC) Eastwood Clinic of El Centro de Corazon, 412 Telephone, Houston, TX 77023, 713-926-6229

(FQHC) Navigation Clinic of El Centro de Corazon, 5001 Navigation, Houston, TX 77011, 713-926-1849

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(CITY - FQHC) Magnolia Clinic of El Centro de Corazon, 7037 Capitol St., Houston, TX 77011, 713-928-9560

(HCHD) Gulfgate Health Center, 7550 Office City Drive, Houston, TX 77012, 713-495-3700

(NFP) Texas Children's Pediatric Associates, Ripley, 4410 Navigation Blvd., Suite 278, Houston, TX 77011, 713-547-8290

(CITY) Northside Health Center, 8504 Schuller Road, Houston, TX 77093, 713-694-5900

#### **Heights**

(CITY) West End Health Center, 190 Heights Blvd., Houston, TX 77007, 713-866-4149

#### **Northwest Houston**

(HCHD) Acres Homes Health Center, 818 Ringold Street, Houston, TX 77088, 281-448-6391

(NFP) Neighborhood Health Center, Northwest Memorial Hermann Healthcare System, 11097 NW Freeway, Suite B, Houston, TX 77092, 713-957-8400

(NFP) Northwest Assistance Ministries Children's Clinic, 15555 Kuykendahl, Houston, TX 77090, 281-885-4630

(HCHD) Northwest Health Center, 1100 West 34th Street, Houston, TX 77018, 713-861-3939

(Developing as an FQHC Look-Alike) Motherland Clinic, 205 West Cross Timbers, Houston, TX 77018, 713-290-0001

(COUNTY) Antoine Health Clinic, 5815 Antoine, Suite A, Houston, TX 77091, 713-602-3300

#### **Northeast Houston**

(HCHD) Aldine Health Center, 4755 Aldine Mail Route, Houston, TX 77039, 281-985-7600

(FQHC) Denver Harbor Clinic, 424 Hahlo, Houston, TX 77020, 713-674-3326

(CITY - FQHC) Legacy Community Health Center at Lyons, 5602 Lyons, Houston, TX 77020, 713-671-3041

(HCHD) Settegast Health Center, 9105 North Wayside Drive, Houston, TX 77028, 713-633-2020

#### **Southeast Houston**

(CITY) Sunnyside Health Center, 9314 Cullen, Houston, TX 77051, 713-732-5000

#### **Southwest Houston**

(CITY - NFP) CHRISTUS Southwest Health Center, 6441 High Star, Houston, TX.77074, 713-779-6400

(HCHD) People's Community Clinic, 6630 DeMoss Street, Houston, TX 77074, 713-272-2600

(Developing as an FQHC Look-Alike) Hope Clinic, Asian American Health Coalition, 9800 Town Park, Suite 266, Houston, TX 77036, 713-773-0803

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(Developing as an FQHC Look-Alike) Ibn Sina Foundation, Community Medical Center, 11246 South Wilcrest, Suite 190B, Houston, TX 77099, 832-328-1680

(NFP) Neighborhood Health Center Southwest, Memorial Hermann Healthcare System, 8150-C Southwest Freeway, Houston, TX 77074, 713-981-1605

(NFP) Texas Children's Pediatric Associates, Gulfton, 5900 Chimney Rock, Suite Y, Houston, TX 77081, 713-661-2951

(CITY) Southwest Community Health Clinic, 6441 Highstar Drive, Houston, TX 77074, 713-779-6400

(CITY - HCHD) Baytown Health Center, 1602 Garth Road, Baytown, TX 77520, 281-427-6757

#### **Cure Health and Wellness**

6009 Richmond Ave., Suite 120 Houston, TX 77057 713-278-CURE (2873); 713-278-2875 Fax <u>curehealth@gmail.com</u> http://www.curehealthandwellness.com <u>Hours:</u> Monday – Friday, 10:00 AM – 6:00 PM After hours and Saturday appointments available by request <u>Eligibility</u>: Adults who have no insurance. Accepts cash or credit card payments only.

<u>Services</u>: A self-pay clinic, providing quality, affordable medical care for individuals without insurance at affordable prices. Services include women's health (Pap tests, breast health, birth control), men's health, STD screening, sick visits, and chronic disease management (high blood pressure, high cholesterol, thyroid disease, etc.). Appointments are available by request, but not necessary.

#### Katy

(NFP) Breath of Life Clinic, 21715 Kingsland Blvd., Suite 103, Katy, Texas 77450, 281-398-7353

#### Humble

(HCHD) E.A. "Squatty" Lyons Health Center, 1712 First Street, Suite M20, Humble, TX 77338, 281-446-4139

(COUNTY) Humble Health Clinc, 1730 Humble Place Drive, Humble, TX 77338, 281-446-4222

#### La Porte

(COUNTY) LaPorte Health Clinic, 1009 South Broadway, La Porte, TX 77571, 281-471-4202

#### Pasadena

(FQHC) Pasadena Community Health Center, 908 Southmore, Suite 100, Pasadena, TX 77502, 713-554-1091

(HCHD) Strawberry Health Center, 927 E. Shaw Road, Pasadena, TX 77506, 713-982-5900

(COUNTY) Southeast Community Health Center, 3737 Red Bluff Road, Pasadena, TX 77502, 713-740-5000

#### **Spring Branch**

(FQHC) Spring Branch Community Health Center, 9325 Kempwood Drive, Houston, TX 77080, 713-462-6565

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#### Tomball

(NFP) TOMAGWA Ministries Medical Clinic, 13414 Medical Complex, Drive #1, Tomball, TX 77375, 281-357-0747

### **BRAZORIA COUNTY**

(FQHC) Alvin Community Health Endeavor, DBA Brazoria Regional CHC, 1111 W. Adoue, Building A, Alvin, TX 77511, 281-331-0490

#### **CHAMBERS COUNTY**

(FQHC) Bayside Community Hospital and Clinic, 312 Miller Street, Anahuac, TX 77514, 409-267-4126

#### FORT BEND COUNTY

**(FQHC) Fort Bend Family Health Center - New Hope Clinic for Children,** 10435 Greenbough, Suite 300, Stafford, TX 77477, 281-261-0182 (A small portion of Stafford is in Harris Co.)

(FQHC) Fort Bend Family Health Center, 400 Austin Street, Richmond, TX 77469, 281-342-4530

#### **GALVESTON COUNTY**

(FQHC) 4Cs Clinic, Galveston County Hospital District, 4700 Broadway, Suite 100, Galveston, TX 77550, 409-938-2401

(FQHC) 4Cs Clinic – Community Family Center, 2000 Texas Avenue, Texas City 77590, 409-949-3407

#### LIBERTY COUNTY

(FQHC) Health Center of Southeast Texas, 207 E. Crockett, Cleveland, TX 77327, 281-592-2224

#### **MATAGORDA COUNTY**

(Developing as an FQHC Look-Alike) Matagorda Episcopal Health Outreach Program, 101 Avenue F North, Bay City, TX 77414, 979-245-2008

#### **MONTGOMERY COUNTY**

(FQHC) Lone Star Family Health Center, 704 Old Montgomery Rd. (FM 2854), Conroe, TX 77301, 936-539-4004

(NFP) The Community Clinic, 101 Pine Manor Dr., Oak Ridge North, TX 77385, 281-364-7889

#### WALLER COUNTY

(FQHC) Fort Bend Family Health Center, Waller County Center, OJ Baker & RB Evans Owen-Franklin Health Center, Second Floor, Prairie View A& M University, Prairie View, TX 77446, 936-857-2726.

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# HOUSING

# FEDERAL RESOURCES

#### Department of Veterans Administration (VA) Office

6900 Almeda Road, Houston, TX 77030 Benefits Information: 1-800-827-1000 Telecommunications Device for the Deaf (TDD): 1-800-829-4833 Loan Guaranty Information: 1-888-232-2571 http://www.vba.va.gov/ro/houston/lgy/home.html Hours: 8:00 AM - 4:00 PM Monday through Friday (excluding Federal Holidays).

#### Home Loan

Eligibility: Generally, the following persons are eligible:

- Veterans who were discharged since 9/16/40, under other than dishonorable conditions
- Military personnel on active duty who have served a minimum period
- Certain Reservists and National Guard members
- Surviving spouses of certain deceased veterans

Description: VA-guaranteed loan can be used to:

- Buy a home, a manufactured home, or a condominium
- Buy a lot for a manufactured home
- Build, repair, or improve a home (including energy efficient improvements)
- Refinance an existing loan

#### **Specially Adapted Housing Grant**

Veterans who have specific service-connected disabilities may be entitled to a grant for the purpose of constructing an adapted home or modifying an existing home to meet their adaptive needs. The SAH grant is generally used to create a wheelchair accessible home. This grant is currently limited to \$50,000.

The SAH grant is available to veterans who have a service-connected disability due to military service, entitling them to compensation for permanent and total disability due to:

- The loss or loss of use of both lower extremities, such as to preclude locomotion without the aid of braces, crutches, canes, or a wheelchair, or
- Blindness in both eyes, having only light perception, plus loss or loss of use of one lower extremity, or
- The loss or loss of use of one lower extremity together with (1) residuals of organic disease or injury, or (2) the loss or loss of use of one upper extremity, which so affects the functions of balance or propulsion as to preclude locomotion without the aid of braces, crutches, canes, or a wheelchair or,
- Loss or loss of use of both upper extremities such as to preclude use of arms at or above elbow.

#### **Special Home Adaptation Grant**

Veterans who have specific service-connected disabilities may be entitled to a grant for the purpose of modifying an existing home to meet their adaptive needs. The Special Home Adaptations (SHA) grant is generally used to assist veterans with mobility throughout their homes. This grant is currently limited to \$10,000.

The SHA grant is available to veterans who have service-connected disability due to military service, entitling them to compensation for permanent and total disability due to:

- Blindness in both eyes with 5/200 visual acuity or less or,
- The anatomical loss or loss of use of both hands or extremities below the elbow.

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### Home Improvements and Structural Alterations Grant

Under the Home Improvements and Structural Alterations (HISA) program, veterans with service-connected disabilities or veterans with non-service-connected disabilities may receive assistance for any home improvement necessary for the continuation of treatment or for disability access to the home and essential lavatory and sanitary facilities. A HISA grant is available to veterans who have received a medical determination indicating that improvements and structural alterations are necessary or appropriate for the effective and economical treatment of his/her disability. A veteran may receive both a HISA grant and either a SHA or SAH grant.

The HISA program is available for both service-connected veterans and non service-connected veterans.

- Home improvement benefits up to \$4,100 may be provided to service-connected veterans.
- Home improvement benefits up to \$1,200 may be provided to non-service-connected veterans.

#### Fisher House at the DeBakey VA Hospital

2002 Holcombe Boulevard, Houston, TX 77030

713 794-8095, Fax 713 794-7971

frank.kelly@med.va.gov (manager)

Services: A Fisher House<sup>™</sup> is **"a home away from home"** for families of patients receiving medical care at major military and VA medical centers. These homes enable family members to be close to a loved one during the hospitalization for an unexpected illness, disease, or injury.

Eligibility and costs: Fisher Houses offer respite to the families of veterans who do not live within commuting distance of a U.S. military hospital or VA medical center. Criteria established locally by hospital. There are no room fees at Fisher Houses operated by the Department of Veterans Affairs.

Description: The Houston fisher House contains 21 fully handicapped-accessible suites, each with two double beds and a private bathroom. The house also has a communal kitchen with private locked cupboards for each family, built-in range, refrigerator, freezer and pantry area, as well as a large common room, dining room, family room, and a laundry room with multiple washers and driers.

# STATE RESOURCES

#### **Texas Veterans Land Board - Houston Outreach Office**

6900 Almeda, Houston, TX 77030

713-383-2729; 1-800-252-VETS (8387)

www.vlbinfo@glo.state.tx.us and http://www.glo.state.tx.us/vlb/

Hours: 8:00 AM - 4:00 PM Monday through Friday (excluding Federal Holidays).

Eligibility: http://www.glo.state.tx.us/vlb/vhap/houselig.html

Services: Provides Texas veterans with loans for land, housing, and home improvement. When requesting application materials, applicants must be sure to specify the program(s) in which they are interested. Interest rates can change, as they are determined by the rate the Texas Veterans Land Board pays on applicable bond proceeds. These Texas veterans' loan programs are not associated with the federal VA; therefore, even if the vet has used their VA benefits, they may still be eligible for these state loan programs.

The Veterans Housing Assistance Program (VHAP) provides financing up to \$325,000 toward the purchase of a home to qualified Texas veterans.

<u>The Texas Veterans Land Board (VLB)</u> will lend eligible Texas veterans up to \$25,000 for up to 20 years on a fixedrate note to make substantial repairs to their existing primary residence. No down payment is required. The Texas Veterans Land Board (VLB) will purchase the tract of land in which you are interested directly from the seller. The VLB then resells the land to you by a 30-year contract of sale.

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# COUNTY RESOURCES

#### Harris County Housing Resource Center (HRC)

8410 Lantern Point, Houston, TX 77054

Recorded telephone helpline at 713-578-2055 is available 24/7 in Spanish, Vietnamese, as well as English. http://www.hrc.hctx.net

Business hours: Monday-Friday, 8:00 AM - 5:00 PM

<u>Services</u>: HRC is a service of the <u>Harris County Community Services Department</u>. The Housing Resource Center is Harris County's *first* stop in housing programs and services. They have information on affordable housing and community resources collected from all over Harris County, Texas. The mission of the Housing Resource Center is to aide the community in finding decent, safe, and affordable housing in a manner that promotes equal opportunity and fair housing.

#### Harris County Community Services Department

8410 Lantern Point Drive, Houston, TX 77054 Main: 713-578-2000 <u>www.csd.hctx.net</u> <u>Hours</u>: Monday—Friday, 8:00 AM – 5:00 PM <u>Eligibility</u>: Please call for information <u>Description</u>: Down-payment Assistance Program (DAP) and Home Repair Program

#### **Harris County Recovers**

16602 Diana Lane Houston, TX 77062 Main: 877-332-8014

#### http://www.harrisrecovery.org

Description: In an effort to assist the community with disaster recovery, Harris County Community Services Department (HCCSD) has now launched the Harris County Recovers website: <u>http://www.harrisrecovery.org/</u>. This website will be updated frequently with information regarding available disaster recovery programs. Please check the website regularly for additional information and news about how Harris County is helping to restore areas severely damaged by Hurricane Ike. For additional information about Harris County recovery efforts, please visit the Harris County Community Services Department website (<u>http://www.csd.hctx.net</u>) for news, events, and quick links related to recovery and rebuilding. In addition, for affordable housing needs, emergency financial assistance and other resources for assistance, please visit <u>http://www.hrc.hctx.net</u>

# **CITY RESOURCES**

#### **Housing Community Development Department**

601 Sawyer, Houston, TX 77007 Main: 713-868-8300; 713-522-HOME <u>http://www.houstonhousing.org/</u> <u>Hours</u>: Monday – Friday, 8:00 AM – 5:00 PM <u>Eligibility</u>: Sliding scale based on income <u>Description</u>: City of Houston has two housing assistance programs and one home repair program: Homebuyer Assistance Program (HAP) and Good Neighbor Next Door Program (GNND)

#### **Assisted Living Locators**

8321 Sand Point Drive. Houston, TX 77036 Patricia Sullens, LMSW, Undercare Advisor 877-534-1292; 281-204-3771 Cell, 713-513-5063 Fax www.houston.assistedlivinglocators.com psullens@assistedlivinglocators.com <u>Eligibility</u>: Seniors who require assistance with support services Description: A no cost referral service for long-term care and se

<u>Description</u>: A no cost referral service for long-term care and senior housing options. An independent LMSW assesses the needs of the client either by phone or in person to evaluate all aspects of care such as healthcare needs, social activities, memory care, location and financial features to select an assisted living facility best suited for you or your loved one. Services are available 7 days a week. Call for an in-depth assessment.

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#### U.S. VETS Residential Assistance- Houston; with two locations in Houston, http://www.usvetsinc.org/forvets/

#### The DeGeorge SRO at Union Station/ Veterans Health Care & Service Center 1418 Preston Avenue, Houston, TX 77002; 713-229-8122, 713-794-7533 Fax: 713-229-8648 **Midtown Terrace** 4640 Main Street, Houston, TX 77002; 832-203-1626, Fax: 832-203-1630 Provides housing and program support for "formerly" homeless veterans in the downtown area.

# NONPROFIT AND FAITH-BASED RESOURCES

There are a number of non-profit and faith-based housing providers in the greater Houston area. These providers have various eligibility policies. Most can be reached through calling 2-1-1 and discussing your specific situation with the telephone counselor. Some specific programs include:

#### **Bay Area Builders Association**

2951 Marina Bay Drive, Suite 130-530 League City, TX 77573 www.babasupport.org. Phone: 281-970-8970, ext. 171

E-Mail: CSaxon@ghba.org.

Services: Each year, BABA members come together to assist an injured American soldier and their family. For three consecutive years, members have volunteered their time, energy and financial support to contribute to the construction of new homes for selected American soldiers.

#### Coalition for the Homeless of Houston/Harris County, Inc.

713-739-7514

#### www.homelesshouston.org

Services: Will help veterans find services and programs that offer shelter and transitional living arrangements for the homeless, as well as for individuals and families at risk of becoming homeless.

#### Free Bed and Breakfast for Returning Veterans

979-378-1108

#### http://www.texasveteranproject.org/

Services: Thirty five cottages, inns and bed and breakfasts in Central Texas are offering free stays to those who served in Iraq or Afghanistan. Veterans who have just returned or those home since 2005 and their spouses are eligible. Call for more information and a list of participating businesses.

#### **Helping A Hero**

P.O. Box 890786 Houston, TX 77289 888-786-9531

#### www.helpingahero.org

Services: The Wounded Hero Home Program and Helping A Hero have merged as a 501(c)(3) organization dedicated to meeting unmet needs of wounded veterans from Iraq and Afghanistan.

#### **Homes For Our Troops**

866-787-6677 www.homesforourtroops.org Eligibility: Injured Irag and Afghanistan veterans. Services: Builds new homes or adapts existing homes for handicapped accessibility at no cost.

#### Housing Corporation of Greater Houston

713-526-9470; Fax 713-526-1849 E-Mail: HOUSCORP@aol.com Services: Housing for veterans with little or no income.

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#### Houston Area Urban League

713-393-8700 www.haul.org <u>Eligibility</u>: All veterans. <u>Services</u>: Department of Housing and Urban Development (HUD) approved housing counseling agency providing one-on-one counseling for first time home buyers and financial counseling.

#### Home of Your Own (HOYO) Program

#### United Cerebral Palsy of Greater Houston – soon to be Easter Seals

4500 Bissonnet, Suite 340, Bellaire, Texas 77401 www.ucphouston.org 713-838-9050 Ext. 320 pcolvard@ucphouston.org

<u>Eligibility</u>: At least one member in the household must have a disability. Total household income must be below 80% AMI. Other eligibility guidelines apply.

Services: Down Payment assistance to purchase their first-time home in Harris, Ft. Bend, or Montgomery County. Down Payment Assistance Workshops for prospective homebuyers, HUD-certified Homebuyer's Education Classes, and financial counseling is provided.

#### **United States Veterans Initiative-Houston**

<u>Offices</u>: 4604 Main Street, Houston, TX 77002: (832) 203-1626 <u>tmitchell@usvetsinc.org</u> <u>Hours</u>: Mon-Fri 8:00 AM – 5:00 PM

#### www.usvetsinc.org

Eligibility: Homeless, in-transition, and at-risk veterans

<u>Explanation of Benefits</u>: Veterans in Progress (VIP) – 52 bed program facilitating homeless veterans obtain greater self-determination through housing, employment, and improved life skills. Critical Time Intervention (CTI) – 35 bed program tailored to chronically homeless veterans with severe mental illness including Post Traumatic Stress Disorder. Permanent Housing for Disabled Veterans (PHDV) – 54 bed program designed to aid veterans suffering with permanent mental or physical disabilities by providing long-term rental subsidies and supportive case management services.

Service Center: 1418 Preston Ave., Houston TX 77002: (713) 229-8122 shassell@usvetsinc.org

Hours: Mon-Fri 8:00 AM - 8:00 PM, Sat 9:00 AM - 5 PM, Sun 9:00 AM - 1:00 PM

<u>Services</u>: The Service Center provides intake and referrals into our programs, computer email, voicemail, fax and copy machines, sack lunches, and initial case management services all the while being adjacent to the Veterans Administration (VA) Downtown Drop-In Clinic and on the ground floor of an SRO housing facility.

# LEGAL SERVICES

# FEDERAL RESOURCES

#### The Veterans Consortium Pro Bono Program

701 Pennsylvania Avenue, NW, Ste 131, Washington, D.C. 20004 202-628-8164; Toll Free: 888-838-7727; Fax: 202-628-8169 Email: <u>mail@vetsprobono.org</u> <u>www.vetsprobono.org</u> Flicibility: Must most all of the following criteria:

Eligibility: Must meet all of the following criteria:

- You are a veteran (or qualifying family member of a veteran)
- You have received an adverse decision from the Board of Veterans' Appeals (BVA)
- You have appealed that BVA decision to the U.S. Court of Appeals for Veterans Claims (the court)
- You do not have an attorney to help you
- You ask us for our assistance and you meet our program's financial eligibility guidelines

<u>Description</u>: The Veterans Consortium Pro Bono Program provides: free attorneys to veterans and their qualifying family members who have an appeal pending at the U.S. Court of Appeals for Veterans Claims (Court). If an appellant has filed an appeal with the Court, he or she can request assistance from The Veterans Consortium. Each appellant who requests Pro Bono Program assistance receives a thorough review of his or her Veterans Affairs claim file. Approximately 40% of the cases evaluated by the Program are accepted for referral to a volunteer attorney. An appellant whose case is not accepted into the Program receives substantive legal advice about his or her case and an explanation as to why the Consortium cannot place the appeal with a volunteer attorney.

# **CITY RESOURCES**

#### Houston Bar Association

1001 Fannin, Suite 1300 Houston, TX 77002 713-759-1133, Fax 713-759-1710 www.hba.org

Legal advice clinics for veterans

- Michael A. DeBakey VA Medical Center Every Friday, from 2:30 PM 5:00 PM
- DeGeorge at Union Station first Tuesday of each month, from 5:30 PM 7:30 PM
- US Vets at Midtown Terrace third Thursday of each month, from 6:30 PM 8:30 PM

#### Houston Volunteer Lawyers Program

712 Main Street, Suite 2700, Houston, Texas 77002 713-228-0735; Fax: 713-228-5826 Email: <u>info@hvlp.org</u> <u>www.hvlp.org</u> <u>Eligibility</u>: <u>http://www.hvlp.org/clients/Eligibility\_Calc.aspx</u> To qualify for service you must:

- Be a resident of Harris County
- Generally have a household income no greater than 175% of the federal poverty guidelines
- Be current with child support payments, if applicable

<u>Description</u>: Houston Volunteer Lawyers Program provides pro bono legal services to low-income men and women of Harris County and to promote volunteerism among the legal community. Houston Volunteer Lawyers Program handles most types of civil cases, including family law, consumer issues, landlord/tenant, and disability in limited cases, estate planning, probate and guardianship, and tax controversies.

<u>Services</u>: Free legal clinic for veterans conducted on the fourth Friday of every month at the Michael E. DeBakey VA Medical Center.

Contact: 713-228-0732

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#### Lone Star Legal Aid

1415 Fannin Street Houston, TX 77002 1-800-733-8394 Intake, Fax 713-652-2709 (not for applications or faxes to attorneys) Family (non emergency): Monday 8:30 a.m.- 12:30 p.m. Family law emergencies will be accepted throughout the week. All Other Civil Matters -- Monday - Friday 8:30 a.m. - 12:30 p.m. *Emergency intakes will be accepted during business hours*.

www.lonestarlegal.org/

# Veterans Rights Initiative

Lone Star Legal Aid is committed to honoring Texas veterans and service members by prioritizing their unique civil legal needs through our region-wide initiative. This initiative engages Lone Star Legal Aid staff, community partners and pro bono attorneys to honor veterans and service members by providing free legal advice, advocacy and education regarding their rights and protections. The program focuses on helping veterans, service members and their families understand state and federal resources and protections available to them. <u>Contact</u>: Rebekah D. Mason, Staff Attorney, Veteran's Rights, 713-652-0077 Ext. 1167

# NONPROFIT RESOURCES

#### **Cathedral Justice Project**

1212 Prairie Street Houston, TX 77002 713-220-9780; 281-764-7070 Fax <u>Hours</u>: By Appointment Only <u>Eligibility</u>: Pro bono legal assistance to the homeless and poor citizens of Houston <u>Explanation of Benefits</u>: Applicants may attend one of our scheduled legal clinics held at homeless facilities in the Houston area. At these clinics our attorneys will assess legal needs, provide advice, and offer representation for qualifying matters. Call the office for information about legal clinic locations and times, or to arrange an appointment.

#### Worklife Institute

1900 Saint James Place, Suite 880 Houston, TX 77056 713-963-9456; 713-266-0845 Fax <u>Hours</u>: Monday – Friday, 9 am – 7 pm and Saturdays by appointment. <u>Eligibility</u>: OEF/OIF Veterans and Families <u>Explanation of Benefits</u>: Worklife Institute's OEF/OIF Reentry and Worklife Transition program offers services, free of charge, to OEF/OIF Veterans and their families.

<u>Services</u>: Career Transition, Family and Personal Counseling, and Legal Consultation and Referral. The program also provides various Seminars and Workshops such as Work Orientation and Parenting Seminars. The Institute resource center offers hospitality, a library, meeting facilities, computers and other office equipment for its clients.

# MENTORING AND ACCESS TO SERVICES





http://www.loc.gov/vets/

# FEDERAL PROGRAMS

In addition to the national service organizations mentioned above in the ONE STOP Resource Centers service organization chapters, posts, detachments, etc.

#### American Ex-Prisoners of War

Texas Gulf Coast Chapter 6403 Lindyann, Houston TX 77008 713-864-5208 <u>http://www.axpow.org/</u> <u>Eligibility:</u> Former POW (military or civilian) <u>Services</u>: Help those affected by their capture deal with the trauma through friendship of those who shared a common experience.

#### **American Legion**

American Legion Post 10216 Challenger 7 Drive, Houston, TX 77029; 713-673-5771

American Legion Post 490 11702 Galveston Road, Houston, TX 77034; 281-481-1179

American Legion Post 594 7139 Dixie Drive, Houston, TX 77087; 713-643-2452

American Legion Harrisburg Post 472 7599 Avenue Centre, Houston, TX 77012; 713-926-2420

American Legion North Harris Post 360 217 Fm 1960 Road West, Houston, TX 77090; 281-893-3200

American Legion Posts 521, Office 2221 Preston Street, Houston, TX 77003; 713-472-4255

American Legion Posts 586 708 East Parker Road, Houston, TX 77076; 713-691-7741

American Legion Posts 578 3415 Aldine Mail Road, Houston, TX 77039; 281-442-0578

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American Legion Post 654 Spring Branch Post 3105 Campbell Road, Houston, TX 77080; 713-462-5290

American Legion Posts 416 S P Lines Post 1216 West Clay Street, Houston, TX 77019; 713-528-3812

American Legion Posts 560, Office 3720 Alba Road, Houston, TX 77018; 713-697-8564

American Legion Post 560 Club Room 3720 Alba Road, Houston, TX 77018; 713-682-9287

American Legion Post 1601 16th St, Galena Park, TX 77547; 713-455-8860

American Legion Post 644 16417 Market St, Channelview, TX 77530; 281-452-0466

American Legion Post 615 21130 Legion Rd, New Caney, TX 77357; 281-354-3403

American Legion Post 658 14118 Fm 2100 Rd, Crosby, TX 77532; 281-328-1814

American Legion Post 554 1650 Highway 3 S, League City, TX 77573; 281-316-5058

American Legion Post 132 307 Charles St, Humble, TX 77338; 281-540-2618

American Legion Post 360 200 Frels Ln, Houston, TX 77076; 713-691-9744

#### Amvets

Amvets, Post 2 1504 Ahrens Houston, TX 77017; 713-644-3773

#### **Armed Forces Services Corporation**

Toll Free: 1-888-AFSC-USA (237-2872) http://www.afsc-usa.com/services.html

<u>Eligibility</u>: Must be a member to receive services! Services are given regardless of location so long as one can verify membership. Serves all branches of the military <u>Services</u>: Provide insurance counseling, benefit claims assistance, financial awareness services, and personal assistance to the veteran's family.

#### **Blinded Veterans Association**

http://www.bva.org/ Greater Houston Regional Office VA Medical Center, RM 1B-302 2002 Holcombe Blvd Houston, TX 77030 713-791-1414 Ext. 4958 or (800) 553-2278

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Contact Us: <u>BVAhouston@comcast.net</u>

<u>Eligibility</u>: Serve veterans who have lost their sight through military service and their dependents. <u>Services</u>: Link blinded veterans with services, rehabilitation training and other benefits when they are ready to go back into the work force,

#### Blue Star Mothers of America, Inc.

P.O. Box 6121, Kingwood, TX 77325

BlueStarMomsHoustonArea@yahoo.com

http://www.bluestarmothers.org/ and http://www.bsmhoustonarea.org/

<u>Eligibility</u>: Mothers whom now have, or have had, children honorably serving in the military <u>Services</u>: Non-profit (501[c]3) service organization supporting each other and our children while promoting patriotism and services for service men and women.

#### **Disabled American Veterans**

#### **Disabled American Veterans Ch 1**

2600 Aldine Westfield Rd, Houston, TX 77093, 713-923-8636

Meets  $1^{st}$  Monday of each month at 7:00 PM

# www.dav.org

Eligibility: Caters to all military branches including active duty national guard members

<u>Services</u>: Primary function is as advocates that help veterans and their families with benefits and entitlements, but also provides: Transporting vets to health facilities, manages a veteran thrift store, provides disaster relief for veterans and their families who lost their homes in Katrina/Rita

#### **Disabled American Veterans Ch. 9**

Bayland Community Center 6400 Bissonnet, Houston, TX 77093, 713-383-2715 Meets 1<sup>st</sup> Tuesday of each month at 6:00 PM

www.dav.org

Eligibility: Caters to all military branches including active duty national guard members

<u>Services</u>: Primary function is as advocates that help veterans and their families with benefits and entitlements, but also provides: Transporting vets to health facilities, manages a veteran thrift store, provides disaster relief for veterans and their families who lost their homes in Katrina/Rita

#### **Disabled American Veterans, Ch 126**

VFW Hall 8204 N. Main St. Baytown, TX 77521 832-344-6847 Meets 1<sup>st</sup> Monday of each month at 7:00 PM

#### Fleet Reserve Association

4810 Pine Ave., Pasadena, TX 77506

713-920-1558, http://www.fra.org/

<u>Eligibility:</u> Current and former enlisted members of the U.S. Navy, Marine Corps, and Coast Guard. <u>Services</u>: Represents the interests of the Sea Service community before the U.S. Congress as well as assists its members with career problems by maintaining close liaison with the Departments of Defense, Veterans Affairs, Homeland Security, and other government agencies

#### Houston-Galveston Area Marine Corps Coordinating Council

Bo's Place, 10050 Buffalo Speedway, Houston, TX Meets  $3^{rd}$  Tuesday of each month at 6:00 PM

www.houtxmccc.org

Eligibility: All active duty, active reserve or honorably discharged United States Marines are welcome to join Services: Promote in the community a method whereby U.S. Marines, either regular or reserve, and their families are made to feel a part of the community family; aid the members of U.S. Marine families, regular or reserve, in time

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of illness, hardship or financial distress; offer scholarships for members of Marine families who need financial assistance either in secondary educational pursuits or public schooling.

#### Lone Star Veterans Association (LSVA)

1216 W. Clay St. Houston, TX 77019, 832-393-8147

www.LoneStarVeterans.org

Eligibility: LSVA's mission is to help connect our generation of veterans into a united service, leadership and social organization of those who have served in support of OEF/OIF at home or abroad since 9/11.

<u>Services:</u> LSVA will provide an accessible support system and social outlet for the service members and veterans transitioning back into civilian life with programs that provide: TAP classes featuring local resources for returning veterans, employment assistance, and vet-to-vet peer-mentoring, social networking and community service events.

#### Marine Corp League

#### Marine Corps League Det 324

Old Hickory Inn 3334 FM 1092 Missouri City, TX 77459 Meets 2<sup>nd</sup> Tuesday of each month at 7:00 PM

#### Marine Corps League Det 671

Latino Learning Center 3522 Polk St. Houston, TX 77261 Meets 4<sup>th</sup> Monday of each month at 7:00 PM

#### Marine Corps League Det. 1295

Katy Elks Lodge # 2628 1060 Katy Fort Bend Rd. (across from Katy Mills), Katy TX 77493 Meets 2nd Monday of each month at 7:00 PM www.usmcmarine1.org

#### Marine for Life Program

Masraff's Restaurant, 1753 South Post Oak Blvd., Houston, TX 77056; 713-355-1975 Meets 3<sup>rd</sup> Thursday of each month at 11:30 AM Cost: Free for Transitioning Marines / Sailors; \$25 for Employers and Mentors <u>www.m41.usmc.mil</u> and <u>http://groups.google.com/group/houston-marine-for-life</u> <u>Eligibility</u>: Caters to all military branches including active duty National Guard members <u>Services</u>: The Marine for Life Houston team hosts a monthly luncheon on the third Thursday of the month. The purpose of this luncheon is twofold: 1) It helps build our network among employers and explain our mission and 2) It gives us an opportunity to bring transitioning marines/sailors and prospective employers/mentors together. RSVP to <u>m4lhouston@gmail.com</u>

#### Military Order of the Purple Heart

#### Military Order of the Purple Heart Chapter 723 VFW Hall 6206 George Bush Dr. Katy, TX 77493; 281-633-0098 Meets 3<sup>rd</sup> Thursday of each month at 7:00 PM www.purpleheart.org Eligibility: Combat Wounded veteran

#### Military Order of the Purple Heart, Chapter 782

Splendora Community Center 16401 First St. Splendora, TX 77372; 282-454-7207 Meets 2nd Saturday of each month at 10:00 AM www.purpleheart.org Eligibility: Combat Wounded veteran

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#### Military Order of the Purple Heart, Chapter 911

American Legion Post 554 Highway 3 South, League City, TX 77573; 281-339-1790 Meets 3rd Saturday of each month at 10:00 AM www.purpleheart.org Eligibility: Combat Wounded veteran

#### **National Amputation Foundation**

Website: http://www.nationalamputation.org/

Houston Branches:

Amputee activity group: 10326 Castleton. Houston, TX 77016; 713-631-8169 Houston bayou city amputee support group: P.O. Box 15354. Houston, TX 77220-5354; 713-675-7517. Organization of active amputees: 4839 Gretna Green. Houston, TX 77084; 281-656-2163 Stepping Out And Reaching (SOAR). 4903 Spruce St. Bellaire, TX 77401-4034; 713-665-4829 <u>Eligibility</u>: Serve all military branches that have undergone an amputation for service related injuries. <u>Services</u>: Provide home, hospital or nursing home visits for peer counseling and support to any person who has had or will be having a major limb amputation. If the person does not live within a drivable distance, they will call them to offer the same support. Resource and recreational support is also offered.

### Non-Commissioned Officers Association (NCOA)

NCOA, 10635 IH 35 N, San Antonio, TX 78233

800-662-2620 x501

http://www.ncoausa.org/

<u>Eligibility</u>: Serves all five branches of the military including National Guard and reserve components. Note: membership required to have access to full membership benefits regardless of location

<u>Services</u>: Provide several programs ranging from the Disaster Relief Fund, which assist vets with emergency needs (fires, floods, etc.), Medical Fund, which provides grants that assist with medically related expenses (not actual medical bills), National Defense Foundation, which provides advocacy for a strong national defense policy, and a Scholarship Fund that are awarded to the children and spouses of NCOA members each year.

#### **Paralyzed Veterans of America**

Contact: PVA, 2807 Old Spanish Trail, Suite A Houston, TX 77054; 713-520-8782 <u>texaspva@houston.rr.com</u> <u>www.pva.org</u>

Eligibility: Cater to all branches of the military that have: spinal cord injuries, ms, paralyzed, etc. Do not service dependents

Services: Have a series of programs ranging from advocacy and recreation to legislative agendas

#### U.S. Vets Initiative – Peer to Peer CTI Program: Vet to Vet

713-229-9122 <u>http://www.uh.edu/veterans/</u> <u>Eligibility:</u> Serves all military branches and their dependents Services: Peer-to-Peer veteran counseling, transitional living assistance, career centers, etc.

#### **Veterans of Foreign Wars**

www.vfw.org

**Veterans of Foreign Wars, Post 581, 27 Farrell St, Houston, TX; 713-697-7273** Meets 3<sup>rd</sup> Monday of the month at 7:00 PM

**Veterans of Foreign Wars, Post 912, 8204 North Main St, Baytown, TX; 281-421-1257** Meets 1<sup>st</sup> Tuesday of the month at 6:30 PM

**Veterans of Foreign Wars, Post 2427, 14408 Alice Rd, Tomball, TX; 281-351-2427** Meets 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month at 7:00 PM

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**Veterans of Foreign Wars, Post 4344, 6344 Skyline Drive, Houston, TX.** Meets 3<sup>rd</sup> Wednesday of each month at noon

**Veterans of Foreign Wars, Post 4395, 7407 Spencer Highway, Pasadena, TX; 281-476-5009** Meets 2<sup>nd</sup> Tuesday of each month at 7:30 PM

**Veterans of Foreign Wars, Post 4711** 7121 Calhoun Blvd. Houston, TX; 713-734-6124 Meets 2<sup>nd</sup> Monday of each month at 8:00 PM

**Veterans of Foreign Wars, Post 5619, 5217 Cedar St, Bellaire, TX; 713-665-1366** Meets 3<sup>rd</sup> Wednesday of each month at 7:00 PM

Veterans of Foreign Wars, Post 6010, 1602 State St. Houston, TX; 713/308-8961 Meets 2<sup>nd</sup> Wednesday of each month at 12:00 PM

Veterans of Foreign Wars, Post 7210, 808 1/2 Magnolia St. Crosby, TX; 281/328-1239

**Veterans of Foreign Wars, Post 8251, Port Hole Yacht Club La Porte, TX** Meets 3<sup>rd</sup> Tuesday of each month at 7:00 PM

**Veterans of Foreign Wars, Post 8790, 1560 Foley St. Houston, TX; 713-456-1342** Meets 2<sup>nd</sup> Tuesday of each month at 7:00 PM

Veterans of Foreign Wars, Post 8905, 21902 Hempstead Hwy. Cypress, TX; 281-469-6632 Meets 2<sup>nd</sup> Wednesday of each month at 7:30 PM

**Veterans of Foreign Wars, Post 8928, 8058 Swiss Ln. Houston, TX; 713-991-4233** Meets 3<sup>rd</sup> Tuesday of each month at 7:30 PM

**Veterans of Foreign Wars , Post 8930, 7327 Texarkana St. Houston, TX; 713-674-3156** Meets 1<sup>st</sup> Thursday of each month at 7:00 PM

**Veterans of Foreign Wars, Post 9187, 6101 East Mt. Houston Rd. Houston, TX; 281-987-1392** Meets 1<sup>st</sup> Tuesday of each month at 7:30 PM

**Veterans of Foreign Wars, Post 9188, 1112 Dallas St.** South Houston, TX; 281-648-7668 Meets 3<sup>rd</sup> Monday of each month at 7:00 PM

Veterans of Foreign Wars, Post 9296, 1214 Maxey RD. Houston, TX; 713-453-1320 Meets Last Sunday of each month at 3:00 PM

**Veterans of Foreign Wars, Post 9761, 1508 Crosby-Dayton Rd. Crosby, TX; 281-328-1108** Meets 2<sup>nd</sup> Tuesday of each month at 7:00 PM

**Veterans of Foreign Wars, Post 10352, 16032 Waverly Houston, TX; 281-443-2023** Meets 2<sup>nd</sup> Tuesday of each month at 7:30 PM

**Veterans of Foreign Wars, Post 10462, 823 Madolney, Houston, TX; 713-450-3925** Meets 1<sup>st</sup> Thursday of each month at 7:30 PM

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#### **Wounded Warrior Project**

John Roberts, National Service Director

6900 Almeda+ Road, Houston, TX 77030 www.woundedwarriorproject.org

Eligibility: Severely wounded and injured OEF/OIF veterans

<u>Services:</u> To raise awareness and enlist the public's aid for the needs of severely injured service men and women, to help severely injured service members aid and assist each other, and to provide unique, direct programs and services to meet the needs of severely injured service members.

#### FAITH-BASED SERVICE ORGANIZATIONS

#### **Catholic Charities**

2900 Louisiana, Houston, TX 77006 713-526-4611

#### www.catholiccharities.org

<u>Services</u>: Offer family counseling services, temporary housing for out-of –town persons receiving medical treatment in the Texas Medical Center, family assistance services such as food and financial assistance, parish social ministry outreach, and social advocacy. These programs are open to **ALL** veterans regardless of religious background.

#### **Catholic War Veterans Post 526**

<u>cwvImt@aol.com</u> Website: <u>http://cwv.org/</u> <u>Eligibility</u>: Caters to all branches of the military regardless of location. <u>Services</u>: The primary objective of the Catholic War Veterans is to make the entire nation acutely aware of the struggle and needs of many veterans, their widows and children.

#### Jewish War Veterans of the U.S.A.

http://www.jwv.org/ (Houston) James McClain 713-682-1003 710 N Post Oak Rd, Houston, TX, 77024 <u>Eligibility</u>: Caters to all military branches regardless of religious background <u>Services</u>: Provides programs / services in Americanism (i.e. funeral services, etc), Boy Scouts, Civil Rights, Memorial Day Services, and Women in the Military, etc.

#### St. Hyacinth Catholic Church

2921 Center Street, Deer Park, TX 7536 281-479-4298 <u>http://www.sthyacinthchurch.org/</u> Services: Have social ministry services that they are willing to extend to veterans regardless of denomination.

#### **Union Baptist Organization**

2916 West T.C. Jester, Suite 200, Houston, TX 77018 713-957-2000 www.ubahouston.org

Services: Have social ministry services that they are willing to extend to veterans regardless of denomination.

#### LDS Employment Resource Services

16333 Hafer Rd., Houston, TX 77090 281-580-2564

#### www.ldsjobs.org

<u>Services</u>: Offices are located in almost every major city in the United States with more than 300 centers specialized in helping people with "Employment, Education, and Self-employment." The Career Workshop provides the necessary tools, knowledge, and experience to achieve self-reliance, Career counseling, resume writing, and networking are also some of the individualized services officered. All services are free of charge. For more information and appointments, please call the regional office.

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# PUBLIC ASSISTANCE

# FEDERAL RESOURCES

#### **Social Security Administration**

1-800-772-1213 www.ssa.gov Services: Disability & SSI Description: Disability benefits under Social Security disability, and Supplemental Security Income (SSI) www.ssa.gov 1-800-772-1213

#### **U.S. Dept of Health & Human Services**

Services: Medicare www.medicare.gov; Long term care; Prescription drug plan 1-800-MEDICARE

# STATE RESOURCES

#### **Texas Health and Human Services Commission**

Services: Texas Medicaid Program, Children's Health Insurance Program (CHIP); Family and community services; Special nutrition programs; Lone Star Business services programs; Texas Works/Food stamp program/TANF; Disaster assistance

www.hhsc.state.tx.us

# COUNTY RESOURCES

#### Harris County Community Services Department

Office of Social Services 9418 Jensen Drive; Houston, Texas 77093 713-696-7900 www.csd.hctx.net Hours: M-F 8:00 AM - 5:00 PM Eligibility: Minimum age 18; Low-income; Permanent legal resident; Resident of Harris County Services: Case Management: Electric/Gas/Water bill payment assistance: Mortgage/Rent payment assistance; Bereavement Services

#### Mental Health & Mental Retardation (MHMRA)

www.mhmraofharriscounty.org

#### NeuroPsychiatric Center (NPC)

1502 Taub Loop, Houston, Texas 77030 713-970-7000; 866-970-4770 Toll-free Hours: 24 hours 7 days Eligibility: Must live in Harris County Services: In person crisis intervention for youth; involuntary psychiatric intervention; mental health evaluation/hotlines; Psychiatric emergency rooms; Suicide counseling/prevention hotlines

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# **CITY RESOURCES**

#### Houston Department of Health and Human Services

8000 North Stadium; Houston, Texas 77054 713-794-9320 www.houstontx.gov/health

<u>Services</u>: The mission of HDHHS is to provide leadership in the promotion and protection of the health and social well being of the Houston community through advocacy, education and community-based health services.

#### Area Agency on Aging-Harris County

8000 North Stadium, 3rd floor; Houston, Texas 77054 713-794-9001; 800-213-8471 Toll-free www.houstontx.gov/health/Aging Hours: M-F 8:00 AM - 5:00 PM Eligibility: Minimum age 60 or older Services: Adult respite care, Advocacy, Case/Care/Benefits assistance for older adults, Home delivered meals/Congregate meals/Nutrition sites, Nutrition education, and Pension benefits assistance

# NONPROFIT RESOURCES

#### Bread of Life, Inc

1703 Gray Street, Houston, Texas 77003 713-650-0595 Hours: M-F 6:30 AM - 4:30 PM <u>Eligibility</u>: Indigent <u>Services</u>: Case/Care mgmt for homeless individuals, congregate meals / nutrition sites / food pantries, Drug abuse counseling, General clothing, HIV testing

#### **Crisis Intervention of Houston, Inc**

Houston Hotlines Confidential Street Address, Houston, Texas 77098 713-468-5463 <u>www.crisishotline.org</u> <u>Hours</u>: 24 hours 7 days <u>Eligibility</u>: No restrictions Services: Crisis intervention, Mental Health hotlines, Suicide prevention hotlines

#### **Emergency Aid Coalition**

5401 Fannin, Houston, Texas 77004 713-528-3663 <u>www.eachouston.org</u> <u>Eligibility</u>: Based on income <u>Services</u>: Food pantry: M-F 9:30 AM-Noon; Sack lunch M-F 11:15 AM-1:00 PM; Sunday 12:15 PM

#### **Family Services of Greater Houston**

www.familyservices.org Central office: M-F 8:00 AM - 5:00 PM <u>Eligibility</u>: No restrictions <u>Services</u>: Adolescent/youth counseling, Alcoholism counseling, Child guidance, Divorce guidance, Drug Abuse counseling, Family/General/Individual counseling

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#### **Gulf Coast Community Services Association**

5000 Gulf Freeway, Building 1, Houston, Texas 77023 713-393-4700 www.gccsa.org Hours: M-F 8:30 AM - 4:00 PM Eligibility: Call for information Services: Food pantries

#### **Horizon Outreach**

713-651-0009 Hours: M-F 9:00 AM – 5:00 PM E: Mail: info@horizonoutreach.org Website: www.horizonoutreach.org

Eligibility: Military Veterans/Non-Veterans and their families

<u>Services:</u> Assistance in applying for DD214 and some veterans benefits, Case management, life skills training, job readiness, resume development /employment referrals, assistance in locating housing, clothing, spiritual counseling, community outreach and education. Referrals provided for: utility/rental assistance, food, emergency shelters, transitional/ permanent housing, substance abuse & mental health treatment programs, and other supportive services.

#### SEARCH

2505 Fannin, Houston, Texas 77002 713-739-7752 www.searchproject.org Hours: M-F 8:00 AM - 4:00 PM Eligibility: Must be homeless Services: Homeless drop in centers

#### Star of Hope Mission, Inc

www.sohmission.org Doris and Carlos Morris Men's Development Center 1811 Ruiz, Houston, Texas 77054 713-227-8900 <u>Eligibility</u>: Male; homeless; minimum age 18; must be mobile <u>Services</u>: Homeless drop in centers; Homeless shelter

#### **Transitional Living Center**

6801 Ardmore, Houston, TX 77054 713-748-7242 <u>Services</u>: Counseling Resources to determine the needs for Education/social services, employment, and substance abuse recovery and life management skills.

#### Target Hunger

2814 Quitman, Houston, Texas 77026 713-226-4953; 713-226-4954 alternate www.targethunger.org Hours: Tues Thurs 10:00 AM-1:00 PM Eligibility: Must meet federal income poverty limits Services: Food pantries

#### **Houston Food Bank**

The Herzstein Center 3811 Eastex Freeway, Houston, Texas 77026 713-223-3700 www.houstonfoodbank.org Services: Backpack Buddy Program, Operation Frontline, Kids Cafe, Community Kitchen, The READY Program

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#### Victim Assistance Center, Inc

1310 Prairie, Suite 1030, Houston, Texas 77002 713-755-5625 <u>www.victimassistancecentre.com</u> <u>Hours</u>: M-Thurs 8:30 AM-5:00 PM; Friday 8:30 AM-1:00 PM <u>Eligibility</u>: Victim of violent crimes <u>Services</u>: Crime victim support/groups/witness counseling. Specialized information and referral for crime victims, Temporary restraining orders.

# FAITH-BASED RESOURCES

#### Catholic Charities of the Diocese of Galveston-Houston 2900 Louisiana Street, Houston, Texas 77006 713-526-4611 www.catholiccharities.org Hours: Downtown office M-F 8:00 AM - 5:00 PM Eligibility: No chronic mental illness / severe psychiatric disturbance Services: Adolescent/youth counseling, Child guidance, General counseling/marriage counseling

#### Catholic Charities of the Diocese of Galveston-Houston

Guadalupe Area Social Services 326 South Jensen, Houston, Texas 77003 713-227-9981 www.catholiccharities.org Hours: By appointment only; Food pantry: M-Thurs 8:00 AM -11:00 AM, 1:00 PM - 3:00 PM Eligibility: Call for information Services: Electric/Gas/Water bill payment assistance, Rent/Mortgage payment assistance, Food pantries

#### Interfaith Ministries for Greater Houston, Inc

3217 Montrose Boulevard, Houston, Texas 77006 713-520-4641 <u>www.imgh.org</u> <u>Hours</u>: M-F 8:30 AM - 5:00 PM <u>Eligibility</u>: Minimum age 60; homebound Services: Congregate meals/nutrition sites, Home delivered meals

#### **Jewish Family Service**

4131 South Braeswood Boulevard, Houston, Texas 77025 713-667-9336 <u>www.jfshouston.org</u> Hours: 2nd & 4th Monday of each month 9:00 AM - 2:00 PM

#### Jewish Community Center of Houston

5601 South Braeswood, Houston, Texas 77096 713-729-3200 <u>www.jcchouston.com</u> <u>Hours and Eligibility</u>: Call for information <u>Services:</u> Home delivered meals

#### The Salvation Army - Houston Metropolitan Area

1500 Austin Street, Houston, Texas 77002 713-752-0686 <u>www.salvationarmyhouston.org</u> <u>Hours</u>: Vary by site <u>Eligibility</u>: Demonstration of immediate need <u>Services</u>: Food pantries, Mortgage/Rent payment assistance, Water bill payment assistance

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#### The Salvation Army - Houston Metropolitan Area

East Harris County Corps Community Center Boys & Girls Club 2732 Cherrybrook Lane, Pasadena, Texas 77502 713-378-0020 <u>www.salvationarmyhouston.org</u> <u>Hours</u>: Vary by site <u>Eligibility</u>: Demonstration of immediate need <u>Services</u>: Food pantries, Mortgage/Rent payment assistance, Water bill payment assistance

#### Society of St. Vincent de Paul

2403 Holcombe Boulevard, Houston, Texas 77021 713-741-8234 <u>www.svdphouston.org</u> <u>Hours</u>: M-F 8:30 AM-4:30 PM <u>Services</u>: Electric/Gas/Water bill payment assistance, Food pantries, General clothing donation programs, Household goods donation programs, Mortgage/Rent payment assistance, Thrift shops

#### Wesley Community Center, Inc

1410 Lee Street, Houston, Texas 77009 713-223-8131 www.wesleyhousehouston.org <u>Call for hours</u> <u>Eligibility</u>: Low to moderate income Services: Childcare centers, Comprehensive information and referral, General clothing, General counseling

#### Wheeler Avenue Baptist Church Social Service Center

3826 Wheeler Avenue, Houston, Texas 77004 713-747-7101 <u>www.wheelerbc.org</u> <u>Hours</u>: M-Thurs 9 AM-12:30 PM, Fridays 9 am-noon <u>Eligibility</u>: Client is required to make payment on bill before calling

Services: Electric/Gas/Water bill payment assistance, Mortgage/Rent payment assistance

# **TRANSPORTATION**

# FEDERAL RESOURCES

#### (Note: Federal resource dollars are distributed through state, regional, and local entities)

#### **DAV Transportation Network**

Eligibility: Veterans

<u>Services</u>: Transportation to and from the MEDVAMC in Houston from outlying areas is available by way of vans operated by various veteran service organizations and local government offices. The vans are operated as a free service for veterans seeking medical care at the MEDVAMC. Caretakers who must accompany the veteran can ride only if arrangements are made when scheduling and seating is available. Veterans are advised to call at least a week before their appointment, as several vans require reservations. Reservations are made on a first-come, first-serve basis. Call for availability, pick-up points, and schedule information:

Bay City Van	(979) 323-9235
Beaumont Vans	(409) 981-8550
Brazoria County Van	(979) 864-1289
Cleveland	(281) 384-5402
Conroe Van	(936) 756-7614
El Campo Van	(979) 578-8387
Harris County Precinct #2 Van	(281) 452-6071
Harris County Social Services Transportation	(713) 696-1985
Liberty County	(936) 336-4548, Ext. 235
Lufkin Bus	(936) 633-2740
Montgomery County Vans	(936) 756-5828
Willis Van	(936) 856-5224
Woodville/Tyler County Van	(409) 283-2493
To and from the Texas City Outpatient Clinic:	· · ·
Baytown, Channelview, Deer Park & Pasadena Van	(281) 452-6071

# **REGIONAL RESOURCES**

#### **Commute Solutions NuRide/Carpool**

Houston-Galveston Area Council PO Box 22777, Houston, TX 77227-2777 713-627-3200; 1-877-512-7333 <u>www.h-gac.com</u> and <u>www.nuride.com</u> <u>Hours</u>: Mon – Fri 8:00 AM – 5:00 PM <u>Eligibility</u>: All persons residing or working in the Houston-Galveston region <u>Services</u>: Ride-matching service that rewards people who share rides to work.

#### Low Income Repair and Replacement Program

Houston-Galveston Area Council PO Box 22777, Houston, TX 77227-2777 1-8777-633-8747 www.h-gac.com

<u>Hours</u>: Mon – Fri 8:00 AM – 5:00 PM

<u>Eligibility</u>: Low-income individuals and families whose vehicle fails the emissions test required annually by state law <u>Services</u>: Assistance may be provided to offset a portion of the cost for repair to a vehicle's missions systems. In some cases, funds to assist in purchasing a replacement vehicle may be provided.

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#### The WorkSource

1-888-469-JOBS (5627) Toll-free number

www.theworksource.org Hours: Mon - Fri 8:00 AM - 5:00 PM

Eligibility: All veterans

Services: The WorkSource operates 35 community-based career offices to help area residents get a job, keep a job, or get a better job, offering placement, career counseling, and financial aid services. Each location provides free computer, fax, and telephone usage to customers for job searches. Along with providing employment services, assistance for transportation to work may be available to qualified individuals.

# STATE RESOURCES

#### **Medical Transportation Program**

**Texas Department of Transportation** 1-877-633-8747

www.dot.state.tx.us

Hours: Mon – Fri 8:00 AM – 5:00 PM

Eligibility: Medicaid clients with no means of transportation; children 15 and under with an adult; ages 15-18 must have consent form; current Medicaid identification card or verification letter required

Services: Provides non-emergency transportation to all current Medicaid eligible clients and necessary attendants to Medicaid-covered medical appointments. Clients transported to a reasonable Medicaid provider within or out of area based on each client's medical needs. Rides also arranged for children under the age of 21. Mileage reimbursement may be provided for drivers of Medicaid-eligible clients. Sometimes provides bus tickets or tokens.

# COUNTY RESOURCES

#### Harris County Community Services Department

**Transit Services Division** 9418 Jensen, Houston, TX 77093 713-696-7900; 713-695-2395 TDD www.csd.hctx.net/ Hours: Mon – Fri 8:00 AM – 5:00 PM Eligibility: Senior or disabled residents of Harris County and senior or disabled veterans who have been honorably discharged.

Services: Free or reduced-cost non-emergency medical transportation

#### Harris County Precinct 2 Veterans Services

8225 Wade Road, Houston, TX 77521 281-452-6071 Hours: Mon - Fri 7:00 AM - 3:00 PM Eligibility: Veterans living in Harris County Precinct 2 Services: Offers van service transportation from designated pick-up locations to the Houston VA Medical Center/VA Regional Office. Call for detailed information.

#### Harris County Precinct 2 Voucher Program

East Harris County Senior Citizens Program 1001 Preston, Suite 950, Houston, TX 77002 713-755-6220 (Main) www.co.harris.tx.us/comm garcia/

East Harris County Senior Citizens Program Hours: Call for information Eligibility: Minimum age 60 or disabled; must be outside METRO service area and unable to access alternate transportation. Services: Voucher program. Call for details.

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#### Harris County RIDES Specialized Transportation

9418 Jensen, Houston, Texas 77093 713-368-RIDE (7433)

www.harriscountyrides.com

Hours: Mon - Fri - 8:00 AM - 5:00 PM

<u>Eligibility</u>: Minimum age 60 or disabled or low-income; not served by MetroLift or Medicaid Medical Transportation <u>Services</u>: Subsidized non-emergency transportation program providing curb-to-curb service to elderly, disabled, or low-income residents of Harris County living outside the Metro service area or unable to access alternate transportation services.

(Call main number for information on RIDES agency partners that may offer transportation expense assistance.)

# **CITY RESOURCES**

### Area Agency on Aging – Harris County

8000 North Stadium Drive, 3<sup>rd</sup> Floor, Houston, TX 77054 713-794-9001 (Main); 800-213-8471 (Toll-free) www.houstontx.gov/health/aging/index.html

Hours: Mon – Fri 8:00 AM – 5:00 PM

Eligibility: Age 60 and above and resident of Harris County

<u>Services</u>: Provides transportation services as one of many services to accomplish the overall goal of developing a comprehensive, community-based service delivery system to assist older adults. For information on other programs and services please call the main number.

#### **Baytown Senior Disabled Transportation Program**

2401 Market, Baytown, TX 77522 281-420-7148 (Main) www.baytown.org

Hours: Mon – Fri 8:00 AM – 5:00 PM

<u>Eligibility</u>: Minimum age 65 or disabled; must meet income limits; under age 65 must have doctor's verification of disability

<u>Services</u>: Serves seniors and disabled citizens on demand within the city limits of Baytown. Transportation available to Houston for medical appointments only. Medical trips to Houston require 48 hours advance scheduling.

#### City of Pasadena Transportation Subsidy Program

1700 East Thomas, Pasadena, TX 77506 713-477-0175 <u>Hours</u>: Mon – Fri 8:00 AM – 5:00 PM <u>Eligibility</u>: Elderly and/or disabled resident of Pasadena; call for income criteria <u>Services</u>: Voucher program for non-emergency transportation within Pasadena

#### Metropolitan Transit Authority (METRO)

1201 Louisiana, Houston, TX 77002 713-635-4000 (Main); 713-635-6993 (TTY) <u>www.ridemetro.org</u> <u>Hours:</u> Mon – Fri – 8:00 AM – 5:00 PM; routing and scheduling Mon – Fri 6:00 AM – 9:00 PM, Sat – Sun 8:00 AM – 8:00 PM <u>Eligibility</u>: Non required <u>Services</u>: Public transportation throughout the region with fixed-route bus system. Multiple RideStore locations are available. RideStores provide a one-stop retail center for bus riders and interested bus riders. Information and fare items such as passes, tickets, and tokens are sold. Provides photo IDs for students, seniors, and people with disabilities. Call the main number for more information.

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### METROLift

713-225-0119 (Customer Service)
713-225-0410 (Dispatch)
<u>Hours</u>: Customer Service Department Mon – Fri 10:00 AM – 5:00 PM
<u>Eligibility</u>: Disabled, requires doctor's certificate
<u>Services</u>: METROLift provides transportation for persons with a disability who cannot board, ride, or disembark from a regular fixed-route bus, even if that bus is equipped with a wheelchair lift or ramp.

#### **METRO Vanpool and Carpool Programs**

www.ridemetro.org
 713-224-RIDE (7433) (Main)
 1-888-606-RIDE (7433) (Toll-free)
 <u>Eligibility</u>: Call for information
 <u>Services</u>: In conjunction with TxDOT and H-GAC provides free service that matches commuters with others who live and work near each other for carpools and vanpools. Qualifying riders for vanpool program can receive a \$35 monthly incentive to defray cost of vanpool membership from METRO and H-GAC.

#### **Senior Services of West University**

6104 Auden, Houston, TX 77005 713-662-5895 (Main) <u>Hours</u>: Mon – Fri 9:00 AM – 3:30 PM <u>Eligibility</u>: Minimum age 55; resident of West University Place <u>Services</u>: Provides driver to take seniors to medical or dental appointments, banks, pharmacies, hair appointments, and grocery shopping

# NONPROFIT AND FAITH-BASED RESOURCES

#### American Cancer Society Houston

6301 Richmond Avenue, Houston, TX 77057 Main: 713-706-5690; Toll 800-227-2345 www.cancer.org Hours: Mon – Fri 8:30 AM – 5:00 PM Eligibility: Cancer diagnosis; three days notice; patient must be able to walk on their own. Services: Transportation is provided to and from treatment center for cancer patients those with a cancer diagnosis (when volunteer drivers are available). Referral required for first time visits.

#### American Red Cross Greater Houston Area Chapter

2700 Southwest, Houston, TX 77001 Main: 713-526-8300; 713) 313-1624 TTY <u>www.houstonredcross.org</u> <u>Hours</u>: Mon – Fri, 7:00 AM – 6:00 PM <u>Eligibility</u>: People who are elderly, disabled or chronically ill. <u>Services</u>: Offers health and human services transportation for people who are elderly, disabled and/or chronically ill. Passengers may receive door-to-door transportation to and from medical appointments and social service

ill. Passengers may receive door-to-door transportation to and from medical appointments and social service agencies if they are first referred by a participating physician, medical facility, or social service agency. Availability based on capacity. For information on other programs and services please call the main number.

#### **Gulf Coast Community Services Association**

5000 Gulf Freeway, Building 1, Houston, Texas 77023 Main: 713-393-4700 www.gccsa.org Hours: Monday – Friday, 8:30 AM – 5:00 PM

<u>Eligibility</u>: Minimum age 60 or long-term disabled; must live in service area - Harris County; meet income guidelines.

<u>Services</u>: The transportation program offers transportation services for the elderly and disabled people to medical facilities, doctor's offices, and clinics. For information on other programs and services please call the main number.

#### Houston Area Parkinson Society

2700 Southwest Freeway, Suite 284, Houston, Texas 77098 Main: 713-626-7114

www.hapsonline.org Hours: Mon – Fri 8:00 AM – 5 PM

<u>Eligibility</u>: Diagnosis of Parkinson's; inability to drive; out of MetroLift area or ineligible; must reside in approved transportation service area – Harris, Ft. Bend, and parts of Bazoria counties.

<u>Services</u>: Provides information and support services in the medical and social aspects of Parkinson's disease; transportation to HAPS therapy/support groups and doctors appointments within guidelines of program limited respite care; therapy and support groups at 16 sites weekly at no cost. An emergency fund covers neurologist visit and short-term medication cost for those with no personal resources, Medicare, Medicaid, or private insurance.

#### Helping Elderly Resident Out (HERO)

902 Frostwood, Suite 230, Houston, TX 77024 Main: 713-932-3996 <u>Hours</u>: Mon – Wed 9:00 AM – 4:00 PM; Thurs – Fri 9:00 AM – Noon <u>Eligibility</u>: Minimum age 65 <u>Services</u>: Provides transportation and referral services to older adults living in zip codes: 77024, 77043, 77055, 77079, 77080

#### St. Hope Foundation, Inc.

6200 Savoy, Suite 540, Houston, TX 77036 Main: (713) 778-1300

#### www.offeringhope.org

<u>Hours</u>: Mon – Fri 8:00 AM – 5:00 PM Sites in Bellaire, Stafford, Conroe. <u>Eligibility</u>: Must be HIV+ or have AIDS; must reside in service area. Counties: Chambers, Fort Bend; Harris, Liberty, Montgomery, Waller. <u>Services</u>: Van-based transportation services are provided within a 10-county area. Ryan White eligible

clients who access medical care may receive METRO bus passes. Rural clients can request gas vouchers to increase access to medical care.

#### Senior Wheels – NAM

Northwest Assistance Ministries 15555 Kuykendahl Road, Houston, TX 77090 281-885-4678

# www.namonline.org

<u>Hours</u>: Mon – Fri 8:00 AM – 5:00 PM <u>Eligibility</u>: Age 50 and older; disabled individuals; limited to zip codes (77...) 014, 032, 038, 050, 060, 066-070, 073, 086, 090, 373, 379, 386, 388, 389

<u>Services</u>: Provides volunteer transportation services for medical appointments, grocery and drug stores, and shopping in Northwest Houston. Senior Wheels also provides information and referrals to other agencies and services. Clients pay a nominal fee, which is adjusted or waived if the client cannot afford to pay.

#### Volunteer Interfaith Caregivers – Southwest

5001 Bellaire Boulevard Room 7, Bellaire, TX 77401 Main: 713-772-8181 www.vic-sw.org

Hours: Mon – Fri 9:00 AM – 3:30 PM for intake; Services weekdays and weekends. <u>Eligibility:</u> Senior citizens; frail elderly; health impaired; must live in one of the 26 zip codes serviced by VIC-SW and have a frailty that prevents driving.

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<u>Services</u>: Provides free transportation by means of a caregiver's personal vehicle for medical appointments, errands, shopping and religious service escort.

#### Young Women's Christian Association of Houston

3220 Broadway, Houston, TX 77017 713-868-9922 www.ywcahouston.org Hours: Mon – Fri 8:00 AM – 5:00 PM (14 sites) call for site-specific information. Eligibility: Minimum age 60 Services: Transportation for grocery and medical trips available. Services may vary at different sites.



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# 2-1-1 TEXAS/UNITED WAY HELPLINE

# Need help? Dial 2-1-1.

A free helpline operated by United Way of Greater Houston 24 hours a day, 7 days a week in many languages.

