



# Fullhouse

A guide to **recycling** around the home

## Recycle the waste that's created in every room of your home.

The items below can all be recycled via your kerbside recycling service unless indicated otherwise.

**Adult bedroom / Prif ystafell wely**

- ✓ 1. Receipts
- ✓ 2. Clothing tags
- ✓ 3. Perfume and cosmetic bottles
- ✓ 4. Old clothes
- ✓ 5. Cosmetic and product boxes

**Children's bedroom / Ystafell wely plant**

- ✓ 1. Colouring books
- ✓ 2. Comics
- ✓ 3. Drink cans
- ✓ 4. Small electronic items
- ✓ 5. Batteries

**Study / Astudfa**

- ✓ 1. Office paper
- ✓ 2. Envelopes and letters
- ✓ 3. Equipment boxes and packaging
- ✓ 4. Small electrical items
- ✓ 5. Cans



**i** In Newport, the energy saved by recycling card is equivalent to providing electricity to 398 Newport households for a whole year



Visit the online interactive house for more details on how to recycle these items:

[recycleforwales.org.uk/fullhouse](http://recycleforwales.org.uk/fullhouse)



The amount of paper sent to landfill in Newport is equivalent to the cost of 411,200 school meals per year



### Living room / Ystafell fyw

- ✓ 1. Magazines and catalogues
- ✓ 2. Bottle tops
- ✓ 3. Wine and beer bottles
- ✓ 4. Junk mail
- ✓ 5. Take away containers



### Bathroom / Ystafell Ymolchi

- ✓ 1. Product leaflets
- ✓ 2. Toilet roll tubes
- ✓ 3. Glass medicine bottles
- ✓ 4. Shampoo and shower gel bottles
- ✓ 5. Deodorant and shaving foam cans



### Kitchen / Cegin

- ✓ 1. Cereal and washing powder boxes
- ✓ 2. Food waste
- ✓ 3. Glass bottles and sauce jars
- ✓ 4. Butter and margarine tubs
- ✓ 5. Metal food tins

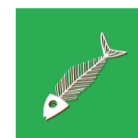
## Recycling your food waste is easy

### What can I put in my food waste bin?

You can put any raw or cooked food in your caddy/food waste bin.



dairy



fish



fruit & vegetables



meat & bones



bread & pastries



tea & coffee grounds

### Why recycle food waste?

By recycling food waste it can be turned into energy to power homes and compost to grow food.

### How can I recycle my food waste?

#### STEP 1

Get the right equipment – you will need a kitchen caddy, food waste bags, and a food waste bin. Contact us if you need any of these items, see contact details on next page.



#### STEP 2

Line your kitchen caddy with the bag.



#### STEP 3

Place any food waste into the caddy, taking care to exclude any packaging.



#### STEP 4

When your kitchen caddy is full, empty into your food waste bin and put out for collection once a week so it can be recycled.

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WASTESAVERS

Newport  
CITY COUNCIL  
CYNGOR DDUG  
Casnewydd



# Reduce your food waste

Welsh households throw away the equivalent of six meals a week costing the average family almost

**£60**  
a month

There's lots you can do to reduce this waste



**PLAN**

Make a shopping list



**BUY**

Only buy what you need



**EAT**

What you serve or store for later



**COOK**

The right amount



**STORE**

Freeze for later



**RECYCLE**

What you can't eat

By doing this the average family can save almost

**£700**  
a year



visit

**lovefood**  
**hatewaste.com**

for more tips, advice, information and recipes

**MORE REASONS TO RECYCLE YOUR FOOD WASTE**



**IT'S EASY**



**CONTAINS FOOD SMELLS**



**BINS LOCK TO STOP PESTS GETTING ACCESS**



**IT'S COLLECTED ONCE A WEEK**



**TURNED INTO COMPOST**

## Did You Know?



The amount of food waste sent to landfill each year costs Newport City Council the equivalent of fixing 5,773 potholes



All glass can be recycled yet in Newport we bury in landfill the equivalent weight of 1,363 washing machines each month








By not recycling plastic in Newport it costs the taxpayer £80,272 per month



# What can and can't go in your recycling containers

A big thank you for your huge recycling efforts! We're doing really well but we need a little more help to increase our recycling rates from 51.8% to 58%!

	✓ YES PLEASE	✗ NO THANKS Reuse, donate or dispose in your black bag
 <p><b>BLUE BOX</b></p>	<p><b>Paper</b> (newspapers, magazines, catalogues, envelopes, junk mail)</p> <p><b>Directories</b> (including yellow pages)</p> <p><b>Clothes and textiles</b> (old and new clothing, material, sheets)</p> <p><b>Mobile phones</b></p> <p><b>Empty Printer Cartridges</b></p> <p><b>Small Electrical Items</b> (toasters, kettles ect)</p> <p><b>Shoes, Belts &amp; Bags</b> (pairs of shoes, trainers ect)</p>	<p><b>Glass</b></p> <p><b>Cardboard</b></p> <p><b>Food waste</b></p> <p><b>Household waste</b></p> <p><b>Pillows</b></p> <p><b>Duvets</b></p> <p><b>Tissues</b></p> <p><b>Dry textiles</b></p>
 <p><b>GREEN BOX</b></p>	<p><b>Plastic packaging</b> (can also be put in 'bag for plastics')</p> <p><b>Glass</b> (bottles and jars)</p> <p><b>Foil</b> (including take-away trays)</p> <p><b>Empty aerosols</b></p> <p><b>Lids</b> (metal and plastic)</p> <p><b>Cans</b> (all food and drink cans)</p> <p><b>Metal</b> (small metal items e.g. saucepans and cutlery)</p>	<p><b>Bin liners</b></p> <p><b>Black plastic</b></p> <p><b>Bubble wrap</b></p> <p><b>Carrier bags</b></p> <p><b>Crisp packets</b></p> <p><b>Cellophane</b></p> <p><b>Cling film</b></p> <p><b>Polystyrene</b></p>
 <p><b>BAGS FOR PLASTICS</b></p>	<p><b>Plastic Bottles</b> (from the kitchen and bathroom)</p> <p><b>Plastic Tops, Lids and Caps</b></p> <p><b>Plastic Takeaway Containers</b></p> <p><b>Plastic Trays</b> (e.g. fruit, meat, biscuit trays)</p> <p><b>Plastic Tubs</b> (e.g. ice cream and margarine)</p>	<p><b>Hard plastics</b> (e.g toys)</p> <p><b>Cardboard</b></p>
 <p><b>FOOD CADDY</b></p>	<p><b>All cooked and uncooked food</b></p> <p><b>Fruit waste</b> (e.g. apple cores)</p> <p><b>Meat, fish and bones</b></p> <p><b>Bread, pasta, rice and cereals</b></p> <p><b>Vegetable peelings and egg shells</b></p> <p><b>Plate scrapings</b></p> <p><b>Cheese and dairy products</b></p> <p><b>Coffee grounds, tea leaves/bags</b></p>	<p><b>Cardboard</b></p> <p><b>Plastic bags</b></p> <p><b>Liquids</b></p> <p><b>Garden waste</b></p> <p><b>Flowers</b></p>
 <p><b>BAG FOR CARDBOARD</b></p>	<p><b>Cardboard only</b> (including corrugated card, cardboard packaging, cereal boxes, clean food boxes)</p>	<p><b>No other waste materials</b></p>

To find out when your collection day is visit [www.newport.gov.uk/mynewport](http://www.newport.gov.uk/mynewport)

For more info: [newport.gov.uk/recycling](http://newport.gov.uk/recycling)

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