### 16<sup>th</sup> ANNUAL CHRONIC ILLNESS AND DISABILITY CONFERENCE

# Transition from Pediatric to Adult-based Care



## Thursday, October 1 – Friday, October 2, 2015

MD Anderson Cancer Center Mitchell Basic Sciences Research Building 6767 Bertner Avenue Onstead Auditorium, 3rd Floor Houston, TX 77030

CME Co-provided by Baylor College of Medicine and Texas Children's Hospital







Broadcast supported by the AUCD through HRSA grant #UA5MC11068. The broadcast is also supported by the Texas DSHS Title V CYSHCN Program.



Follow the conference on Twitter @Transition\_Conf and be sure to include #TC2015.



7th Annual Health Care Transition
Research Consortium Research Symposium
Wednesday, September 30, 2015 • 7:30 AM-6:00 PM

#### PLANNING COMMITTEE

#### Albert C. Hergenroeder, MD – Activity Director

Barbara J. Anderson, PhD • Caitlyn Barrow, MHA • Cecily L. Betz, PhD, RN Scott H. Garner, MBA • Manda Hall, MD • Shannon M. Haworth, MA Elaine J. Hime 
Aaron Loeb, MBA, MS, RN-BC 
Diane V. Murrell, MSW
Rebecca J. Schultz, PhD, RN 
Shelley Townsend, MSW 
Sherry S. Vinson, MD
Laura J. Warren 
Chava White, LMSW-AP

### ACTIVITY FACULTY | Houston, Texas unless otherwise noted

#### Lawrence W. Brown, MD

Associate Professor of Neurology and Pediatrics Co-Director Pediatric Neuropsychiatry Program Children's Hospital of Philadelphia Philadelphia, Pennsylvania

#### Daniel R. DiPrisco, MHA

Vice President Texas Children's Hospital

#### Michelle S. Franklin, MSN, FNP-BC

Life Enhancement Medical Services Principal Investigator LEND Faculty, Carolina Institute for Developmental Disabilities Chapel Hill, North Carolina

#### Cynda Green

Pathways to Adulthood Transition Team Lead Texas Parent to Parent Austin, Texas

#### **Penny Hanson**

Pathways to Adulthood Transition Team Member Texas Parent to Parent Austin, Texas

#### Albert C. Hergenroeder, MD

Professor of Pediatrics Chief, Section of Adolescent Medicine and Sports Medicine Baylor College of Medicine

#### Melissa J. Kleinman, MSW, LCSW-R

Division of Pediatric Neurosurgery NYU Langone Medical Center New York, New York

#### Linda Litzinger

Public Policy Specialist, Advocacy Network Texas Parent to Parent Austin, Texas

### Margaret A. McManus, MS

President The National Alliance to Advance Adolescent Health Organization Washington, DC

#### Teresa Nguyen

University of Colorado, Denver Denver, Colorado

#### John R. Nickens

**Executive Vice President** Texas Children's Hospital

#### Renee Parker

Shredding on the Go

Laura Pickler, MD, MPH Associate Professor University of Colorado Aurora, Colorado

#### Leah Rummel

Parent Advocate Texas Parent to Parent Austin, Texas

#### Heidi L. Schwarzwald, MD

Associate Professor of Pediatrics Baylor College of Medicine Community Pediatrics Texas Children's Hospital

#### Niraj Sharma, MD, MPH

Assistant Professor of Medicine Boston Children's Hospital Brigham and Women's Family Care Associates Boston, Massachusetts

### Ross Shegog, PhD

Associate Professor University of Texas Health Science Center

#### Beth Sufian, JD

Partner Sufian & Passamano

#### Joan-Carles Suris Granell, MD, MPH, PhD

Research Group on Adolescent Health Institute of Social and Preventive Medicine Lausanne University Hospital Lausanne, Switzerland

#### Gregg M. Talente, MD

Associate Professor of Clinical Internal Medicine University of South Carolina School of Medicine Colombia, South Carolina

#### Carl D. Tapia, MD, MPH

**Assistant Professor of Pediatrics** Texas Children's Hospital Associate Medical Director Texas Children's Health Plan

#### Debbie Wiederhold

Resource Coordinator Texas Parent to Parent Austin, Texas

#### Connie M. Wiemann, PhD

Associate Professor of Pediatrics Section of Adolescent Medicine and Sports Medicine Baylor College of Medicine

#### Patience H. White, MD, MA

Professor Emeritus of Medicine and Pediatrics Co-Director, Got Transition The Center for Health Care Transition Improvement George Washington University School of Medicine and Health Sciences Washington, DC

#### **CONFERENCE OVERVIEW**

Skill preparation and planning for health care transition for children and youth with special health care needs (CYSHCN) is inadequate. Less than 50% of families nationwide indicate that their CYSHCH have received the services necessary to make appropriate transitions to adult health care, work, and independence. One of the major problems to receiving this care is the lack of a physician workforce trained in providing the services necessary to make the health care transition. There is a strong need on the part of physicians to have the knowledge and skills to provide services to facilitate successful transition from pediatric to adult-based care and services.

Due to increased awareness in transitioning to adult-based care, clinicians are required to be updated on changing strategies for integrating emerging adult-based care into practice.

For all conference participants, there will be a discussion of the legal issues involved in health care transition, as well as, time to meet and talk with faculty, to exchange ideas among participants, and share knowledge and information about how best to plan for a successful transition to adulthood.

#### **TARGET AUDIENCE**

Physicians in internal medicine, family practice, pediatric psychiatry, and physiatry; other health care providers including, psychologists, social workers, nurses, dietitians, case managers, counselors, and primary care providers; youth and young adults with chronic illness and their parents/guardians.

#### **OBJECTIVES**

At the conclusion of the conference, participants should be able to:

- Identify the current state of health care transition in the U.S., including legal and financial issues.
- Develop transition quality improvement strategies and measurements that incorporate the Six Core Elements of Health Care Transition.
- Develop a practice-based framework for implementing health care transition services.
- Identify barriers and successful strategies when placing youth and young adults with special health care needs, behavioral health, and intellectual disabilities into employment, housing, and available medical transition services.
- Identify how to build capacity in caring for young adults with special health care needs.

#### **EDUCATIONAL METHODS**

Lecture ■ Meet the Faculty Sessions ■ Breakout Sessions

Question and Answer Sessions

#### **EVALUATION**

Evaluation by questionnaire will address program content, presentation and possible bias.

#### DISCLOSURE POLICY

In order to meet the requirements of the Accreditation Council for Continuing Medical Education it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of a CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests.

All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

#### ACCREDITATION/CREDIT DESIGNATION

Physicians

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 14.25 AMA PRA Category 1  $Credits^{TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation, *Legal Issues in Transition*, has been designated by Baylor College of Medicine for .75 credit of education in medical ethics and/or professional responsibility.

Nursing

Texas Children's Hospital is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work

Texas Children's Hospital is an approved continuing education provider for Social Workers through the Texas State Board of Social Worker Examiners. Social work continuing education units provided, 14 hours of continuing education including one hour of ethics.

Occupational Therapy and Physical Therapy

Contact hours (CCUs) have been applied for through TPTA and TOTA. Texas Children's Hospital is an Approved Provider for the Texas Occupational Therapy Association. The assignment of TOTA CE hours does not imply endorsement of specific course, content, products, or clinical procedures by TOTA.

#### FEE, REGISTRATION AND CONFIRMATION INFORMATION

Refer to the registration form for the fee schedule. Your registration will be confirmed, but not processed until payment is received. If you have not received confirmation at least five business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately.

A limited number of scholarships are available for CYSHCN and their parents/guardians. Please contact Mary Jo Miller at MaryJo.Miller@txp2p.org or Laura J. Warren at laura@TxP2P.org for complete details.

If you plan to register on-site, contact the OCME at least 24 hours in advance to confirm activity status and space availability.

The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

To register/pay for the conference <u>only</u>, visit the website at <u>BaylorCME.org/CME/1505</u> and follow the instructions.

#### CANCELLATION/REFUND POLICY

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.798.7955.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form, followed by written notification. If an activity is cancelled, OCME's liability is limited to the registration fee paid. Note: If payment is made by check, a social security number is required to process the refund.

# 7th Annual Health Care Transition Research Consortium Research Symposium

#### WEDNESDAY, SEPTEMBER 30, 2015 ■ 7:30 AM - 6:00 PM

MD Anderson Cancer Center | Mitchell Basic Sciences Research Building 6767 Bertner Avenue, Onstead Auditorium, 3rd Floor • Houston, TX 77030

This September 30th event is not designated for CME or CE credit.

#### **OVERVIEW**

The 7th Annual Health Care Transition Research Consortium Research Symposium features research presentations in the emerging field of health care transition (HCT). A variety of research topics of interest to researchers, clinicians, policy makers, parents, youth and emerging adults are presented. Topics include testing of HCT models of care and programs, HCT needs and experiences of adolescents, emerging adults and families, as well as provider topics pertaining to pre- and post-transition services and training. Poster sessions on HCT research will enable direct dialogue with researchers and plenary sessions will address interdisciplinary perspectives pertaining to HCT education and curriculum development and the creation, maintenance, and evaluation of HCT programs.

#### REGISTRATION

Registration is required for all participants. The fee is \$50 for all participants.

Online registration (Research Symposium only): BaylorCME.org/CME/1505R

## Agenda

Agenda	
7:30 ам	Registration and Coffee
8:15	Opening Remarks
	Cecily L. Betz, PhD, RN • Research Symposium Co-Chair Professor of Clinical Pediatrics University of Southern California Keck School of Medicine Los Angeles, California
	Megumi J. Okumura, MD, MAS • Research Symposium Co-Chair Assistant Professor of Pediatrics and Internal Medicine University of California, San Francisco San Francisco, California
	Albert C. Hergenroeder, MD Baylor College of Medicine • Texas Children's Hospital
8:30	PLENARY SESSION International Health Care Transition Research Perspectives Joan-Carles Suris Granell, MD, MPH, PhD Research Group on Adolescent Health Institute of Social and Preventive Medicine Lausanne University Hospital Lausanne, Switzerland
9:15	PLATFORM SESSION 1: Health Care Transition Programs Moderator: Megumi J. Okumura, MD, MAS Panel Discussion   Question and Answer Session
10:15	Break
10:30	<b>Poster Session 1 ●</b> Posters Display–Onstead Auditorium Lobby
12:30 рм	Lunch (on your own)
1:30	PLATFORM SESSION 2: Bridging the Divide: Provider Training and Service Issues Moderator: Cecily L. Betz, PhD, RN
	Panel Discussion   Question and Answer Session
2:30	PLATFORM SESSION 3: Adolescents, Emerging Adults and Family Perspectives Moderator: Parag K. Shah, MD, MPH Assistant Professor of Pediatrics Northwestern University Feinberg School of Medicine Ann and Robert H. Lurie Children's Hospital of Chicago
	Chicago, Illinois Panel Discussion   Question and Answer Session
3:45	Poster Session 2 • Posters Display-Onstead Auditorium Lobby
5:00	Health Care Transition Research Consortium business meeting
6:00	Adjourn
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# Transition from Pediatric to Adult-based Care

# Agenda

THURSDAY ■ OCTOBER 1, 2015

7:00 ам	Continental Breakfast and Registration					
8:00	Welcome and Announcements Albert C. Hergenroeder, MD					
	Proclamation: David W. Robinson, Houston City Councilman-at-Large					
	Film Presentation YouTube video: <i>Miriam Kaufmann, MD,</i> Toronto Sick Kids Hospital					
8:15	The Current State of Health Care Transition from Pediatric to Adult-based Care Laura Pickler, MD, MPH					
9:15	Starting a Transition Improvement Process with the Six Core Elements of Health Care Transition: Lessons Learned from Two Integrated Delivery Systems  Patience H. White, MD, MA and Margaret A. McManus, MS					
10:00	Question and Answer Session					
10:15	Break					
10:30	Health Care Transition—An International Perspective Joan-Carles Suris Granell, MD, MPH, PhD					
11:15	<b>Legal Issues in Health Care Transition</b> Beth Sufian, JD					
Noon	Question and Answer Session					
12:15 рм	Meet the Faculty Lunch Breakout Sessions* (select one)					
	Parent Advocacy   Renee Parker					
	Adult Provider Perspective   Laura Pickler, MD, MPH					
	International Perspective   Joan-Carles Suris Granell, MD, MPH, PhD					
	Got Transition   Patience H. White, MD, MA and Margaret A. McManus, MS Legal Issues   Beth Sufian, JD					
	Training Graduate Students in Health Care Transition Michelle S. Franklin, NP					
1:15	<b>Breakout Session 1</b> ■ <i>Preparing For and Delivering Transition Services</i> (select one)					
	Setting Up a Neurosurgery Transition Program (Broadcast at 1:15 рм) Melissa J. Kleinman, MSW, LCSW-R					
	Social Media and Health Care Transition*					
	Ross Shegog, PhD and Connie M. Wiemann, PhD					
	The Child Neurology Foundation's Consensus Statement on Health Care Transition (Broadcast at 2:00 рм) Lawrence W. Brown, MD					
	Care Coordination* Carl D. Tapia, MD, MPH					
	Texas Parent to Parent: Pathways to Adulthood–Transition Overview* (Offered only at 1:15 рм)  Суппа Green and Penny Hanson					
2:00	Breakout Session 2 (repeat of sessions from 1:15 pm; select one)					
	Texas Parent to Parent: Housing Overview* (Offered only at 2:00 рм) Супда Green and Leah Rummel					
2:45	Break					
3:00	Building Adult Capacity: The American College of Physicians Initiative to Prioritize HCT  Gregg M. Talente, MD					
3:45	Question and Answer Session					
3:50	Evaluation and Closing Comments					

Adjourn



4:00

<sup>\*</sup> Session not included in broadcast.

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# Agenda

#### FRIDAY • OCTOBER 2, 2015

7:30 ам	Continental Breakfast and Registration				
8:00	Announcements Albert C. Hergenroeder, MD				
8:15	The Interview Laura Pickler, MD, MPH and Teresa Nguyen				
9:00	Question and Answer Session				
9:15	Young Adult Perspective Teresa Nguyen				
10:05	Question and Answer Session				
10:15	Break				
10:25	Family Members' Perspective on Transition Linda Litzinger, Leah Rummel and Debbie Wiederhold				
11:10	Question and Answer Session				
11:25	Providing Care to Young Adults with Developmental Disabilities: An Adult Provider's Perspective Laura Pickler, MD, MPH				
12:10 рм	Question and Answer Session				
12:15	LUNCH				
1:00	Building Adult Capacity: A Curriculum to Train Nurse Practioners to Provide Care to Adults Transitioning into Adult-based Care Michelle S. Franklin, MSN, FNP-BC				
1:45	Break				
2:00	Preparing Adult-subspecialists to Accept Young Adults with Special Health Care Needs into Their Practice Gregg M. Talente, MD				
2:45	Health Care Transition: Who's Paying for This? Niraj Sharma, MD, MPH, Heidi L. Schwarzwald, MD, Daniel R. DiPrisco, MHA and John R. Nickens				
3:45	Question and Answer Session				
3:50	Evaluation and Closing Comments				
4:00	Conference Adjourn				

Faculty, topics, program schedule, and credit are subject to change. Audio or videotaping is prohibited without written permission from the Activity Director and the Office of CME, Baylor College of Medicine, Houston, Texas.



#### **CONFERENCE LOCATION**

MD Anderson Cancer Center ■ Mitchell Basic Sciences Research Building 6767 Bertner Avenue | Onstead Auditorium, 3rd Floor Houston, TX 77030

Parking is available in the McGovern Commons parking garage. Unfortunately we are unable to validate parking. Parking is \$12/day. Onstead Auditorium may be accessed from the McGovern Commons Building through the first floor breezeway.

If you are staying at the Wyndham Houston - Medical Center, a complimentary shuttle is available. Please notify the hotel valet at least 15 minutes in advance for transportation to the Onstead Auditorium.

You may wish to bring a sweater or light jacket as the temperature in the auditorium can vary.



#### **ACCOMMODATIONS**

Wyndham Houston - Medical Center 6800 Main Street | Houston, TX 77030 713.577.1230

Accommodations should be arranged directly with the Wyndham Houston - Medical Center by calling 713.577.1230 or 800.996.3426. Please identify yourself with the *Baylor College of Medicine Annual Chronic Illness and Transition Conference* when making reservations in order to benefit from the special group rate of \$149 (plus tax). A limited number of rooms will be available and have been reserved at the special rate on a space available basis. *The deadline to receive the special rate is September 8, 2015, unless the room block has already been filled.* 

#### FOR FURTHER INFORMATION CONTACT

Baylor College of Medicine Office of CME

One Baylor Plaza, MS: BCM155

Houston, TX 77030

Phone: 713.798.8237 Fax: 713.798.7955 Email: cme@bcm.edu

Visit our website, <u>BaylorCME.org</u> for information regarding upcoming Baylor College of Medicine CME activities.

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# Transition from Pediatric to Adult-based Care

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REGISTRATION	\$50 (all participants)	) 🔲 Yes, I wi	ill attend.	☐ No, I will not attend	
CONFERENC	E • OCTOBER	1 <sup>ST</sup> & 2 <sup>ND</sup>	legister o	nline: BaylorCME.org/CMI	E/ <b>1505</b>
REGISTRATION	FEES (*Fax verificat	ion status within 2/	hre of ragic	tration \	
□ Physician	rees ( rax verilleat			aculty Member	\$150
□ Nurse				Resident, Medical Student	
☐ Social Work	er		Family		\$100
Other Health	ncare Professional	\$200	Youth		\$100
OCTOBER 1st	MEET THE FACI	ULTY LUNCH (p	olease selec	ct one from below)	
☐ Parent Advo	cacy		Got Trai	nsition	
☐ Adult Provid	•		☐ Legal Issues		
Internationa	I Perspective		Training	Graduate Students in Heal	th Care Transition
OCTOBER 1st	BREAKOUT SES	SSIONS			
Please select ONE	E session for 1:15 PM a	and ONE session for	2:00 PM be	elow.	
1:15 PM	2:00 PM				
☐ Session 1A	☐ Session 2A	Setting Up a Ne	urosurgery	Transition Program	
☐ Session 1B	☐ Session 2B	Social Media and Health Care Transition			
☐ Session 1C	☐ Session 2C	The Child Neurology Foundation's Consensus Statement on Health Care Transition			
☐ Session 1D	☐ Session 2D	Care Coordination			
☐ Session 1E		Texas Parent to Parent: Pathways to Adulthood-Transition Overview (1:15 pm)			
	☐ Session 2E		Parent: Housing Overview (2:00 PM)		
METHOD OF	<b>PAYMENT</b> (Your	registration mus	t be PRE	PAID)	
Check or m	oney order (in U.S.	. funds) made pa	ayable to:	Baylor College of Medicin	e
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Office of CME (1 P.O. Box 4708					

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