



September 20th, 2012
Father Hennepin Park



WHEN Thursday, September 20th, 2012
Kids Fun Run Start.....6:15 p.m.
5K Start.....6:30 p.m.

WHERE Father Hennepin Park
420 Main St. SE Minneapolis, MN 55414

WHAT 5K Run/Walk and Kid's Fun Run with proceeds benefiting the Minneapolis Police Department's Fitness Team. The Fitness Team is dedicated to establishing an active, healthy culture within the Minneapolis Police Department and local community.

ACTIVITIES Police exhibits and live music after the race.

AWARDS Pint glass with one complementary beer or soda provided by Rock Bottom Brewery for race participants at the end of the course. Team Challenge awards for the fastest combined team time, largest team and most creative name will be awarded just after the race.

FEES Pre-register by September 18th.....\$25
Race Day.....\$30
Pre-register Kids Fun Run.....\$5
Race Day Kids Fun Run.....\$10

REGISTER Register online at active.com or use the entry form on the back side of this card.

INFO For questions or to volunteer:
651-688-9143 or mary@andersonraces.com

PRESENTED BY:





Make check payable to
Activ8, and mail to:

TRIA RUNNIN' WITH THE LAW 5K
4047 CAMBERWELL DRIVE NORTH
EAGAN, MN 55123

Event/Fee:

**5K: \$25 pre-registered
\$30 race day**

**Kids: \$5 pre-registered
\$10 race day**

AMOUNT
ENCLOSED

\$

REGISTRATION FORM or register online at active.com

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

TEAM NAME (OPTIONAL): _____

WAIVER: I agree that if I participate in this physical activity, program and/or related event, I do so at my own risk. I agree that I am voluntarily participating in the event and using event facilities or premises and I assume all risk of injury, illness, damage or loss to me or my property that might result from entering this event. I hereby consent to receive medical treatment in the event of injury, accident and/or illness during the TRIA Runnin' with the Law 5K. I hereby for myself, my executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive and release all event sponsors, charities, volunteers, race officials and the city of Minneapolis. The signing of this release and waiver extends to all claims seen and unforeseen against any party associated with this event.

SIGNATURE: _____ DATE: _____