



**SPROCKETS**

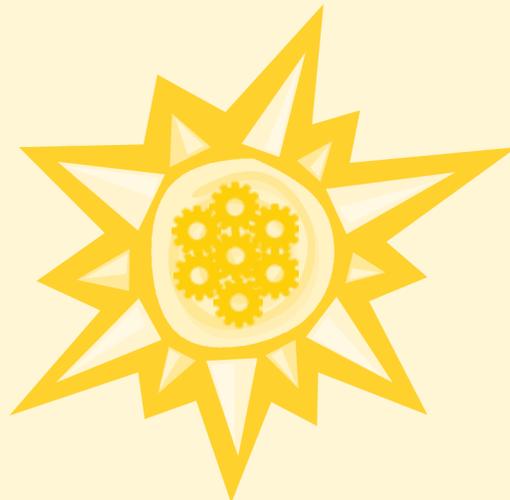


**SUMMER YOUTH  
INSTITUTE 2014**

*A day of workshops designed to prepare and refresh  
youth workers for summer programming*

**JUNE 12, 2014  
9 A.M. TO 3 P.M.**

**METROPOLITAN STATE  
UNIVERSITY  
700 E. 7TH ST.  
ST. PAUL, MN 55106**





## SUMMER YOUTH INSTITUTE DETAILS

**JUNE 12, 2014 • 9 A.M. TO 3 P.M. • METRO STATE**

### *Overview*

The Summer Youth Institute is designed to provide front-line staff the tools they need to create safe, engaging, and fun summer activities for youth. Workshops are designed for first-time youth workers as well as those with some experience. Veteran staff are encouraged to attend not only to refresh their own practice but to contribute to the learning of others.

### *Cost*

Free for all Saint Paul staff associated with the Sprockets network.

### *Parking*

Parking is limited around campus and participants are strongly encouraged to carpool, use public transit, or bike. A shuttle will be available from Dayton's Bluff Recreation Center; more details to come.

### *Registration*

An organization-based online registration form will be available mid-May.

### *Schedule*

**9 to 9:25 a.m.** Check-in  
**9:20 to 9:50 a.m.** Welcome/Orientation  
**10 to 10:50 a.m.** Workshop I  
**10:55 to 11:45 a.m.** Workshop II  
**11:50 a.m. to 12:55 p.m.** Skills Workshop & Lunch (Provided)  
**1 to 1:50 p.m.** Workshop III  
**2 to 3 p.m.** Workshop IV or Agency Meetings

### *Workshop Descriptions*

*See following page*

**Questions? Contact Jocelyn Wiedow at [jwiedow@ywcaofstpaul.org](mailto:jwiedow@ywcaofstpaul.org)**

*This Summer Youth Institute is made possible through financial and in-kind support from Keystone Community Services, Metropolitan State University, Saint Paul Parks and Recreation, Saint Paul Public Schools, Science Museum of Minnesota, Sprockets, and the Wilder Foundation.*





## SUMMER YOUTH INSTITUTE WORKSHOPS

### **Communication**

**Julie Richards; Saint Paul Public Schools**

We communicate throughout our day, but professional communication can be a little harder to navigate. Participants in this session will learn effective ways to communicate with coworkers, supervisors, parents and youth both verbally and electronically.

### **Creating Equity in Youth Work/Spaces**

**Khulia Pringle, Vanessa Young, Victor Cole; Metro State University**

Participants will engage in a series of active “game-rises” including the popular Grab Bag game to simulate “real” life winners and losers, rank and privilege, socio-economic, class, and race issues — and explore ways to create equity among/for/with youth. Be sure to wear your running shoes! On your mark, get set, GO!

### **Deepening Your Experience and Theirs: Reflective Strategies for Individuals and Groups**

**Rich Pennington, Robby Callahan Schreiber, Aiyana Sol Machado; Kitty Andersen Youth Science Center** Experience, explore, and learn personal and group reflection strategies in this highly interactive session. The ability to reflect on your work and help others reflect is an incredibly important personal and professional skill. Participants will practice effective reflection methods to use individually or with groups of coworkers or students.

### **Fun & Games 101**

**Alex Glass; Saint Paul Parks and Recreation**

Standing in line, a bus running late, a delay in the schedule, youth getting restless—be prepared for fun in the moments that could inspire dread in the heart of a youth leader! Learn to create fun times with an array of active games that can serve as ice-breakers, team-builders, or just a way to pass the time when you're in charge!

### **Group Management: More Than Crowd Control**

Working with youth doesn't need to feel like herding cats. This workshop provides strategies to manage groups through activities and transition in a way that keeps all participants' engagement. This will be hands-on—be ready to move and learn by doing.

### **How Culture and Personal Identity Influence You as a Youth Worker**

**Nou Yang & Youth Leadership Initiative Youth Mentors; Wilder Foundation**

Working with parents and youth of cultures unlike one's own requires ever-growing awareness, knowledge, and skill. This workshop is an opportunity to assess your own cultural lens and explore how to work with others who have a different cultural lens.

### **So I Have a Job: Now What?**

**Eric Thompson, Jamie Anderson; Saint Paul Parks and Recreation**

Everything from remembering to check schedules early and often to dressing in a comfortable but professional manner to when and how to use a cell phone—all of the basic information a youth worker needs to crack the code that separates the so-so employees from potential stars who will go far.

### **What Would You Do?**

Youth leaders are faced with difficult situations throughout the summer including inappropriate conversations, boundary issues, and multiple bullying behaviors. Participants will discuss how to navigate these difficult situations to create positive and welcoming environment.

### **YPQ-What?**

**Chris Ohland; Youth Express, Keystone Community Services**

What makes the difference between a program that is high quality and one that is not? The Youth Program Quality Pyramid comes to life in this interactive session where youth workers reflect on personal past experiences and connect them to the YPQ Pyramid.

