

# December 2015



**Civic Park Senior Center**  
15218 Farmington Rd.  
Livonia, MI 48154  
(734) 466-2555  
Monday-Friday 8:30am-5:00pm  
All Programs Must End By 4:45pm

## *The Senior Bulletin*

### Mayor

Jack E. Kirksey

### City Council President

Maureen Miller Brosnan

### Council Vice President

Brian Meakin

### Council Members

Laura Toy

Brandon Kritzman

John Pastor

Susan Nash

Lynda Scheel

### 16th District Court

Sean Kavanagh

Kathleen J. McCann

### City Clerk

Sue Hoff

### Treasurer

Dennis Wright



### CIVIC PARK SENIOR CENTER WILL BE CLOSED

Thursday, December 24th Christmas Eve  
Friday, December 25th Christmas Day  
Thursday, December 31st New Year's Eve  
Friday, January 1st New Year's Day



### ALZHEIMER SUPPORT GROUP

Thursday, December 3rd 10:00am

Facilitators from Home Instead Senior Care are available the first Thursday of every month at 10:00 am. Join us if you, a family member, a neighbor, or a friend is dealing with or caring for someone with Alzheimer or Dementia related issues. Connect with guest speakers and other family and professional caregivers dealing with this disease. No reservations necessary. Just Drop In. Following this month's meeting at 11:00am we will have a Guest Speaker from Angela Hospice. Coffee & Refreshment will be provided.



### BLOOD PRESSURE SCREENINGS

Every Wednesday 9:30-10:30am Livonia Fire Department  
(Blood Pressure & Blood Sugar)

Thursday, December 10th 9:30-10:30am Walgreens

Thursday, December 17th 9:30-10:30am Bright Star Healthcare

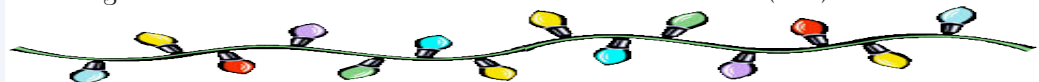
### HOLIDAY CRAFT SHOW

Friday, December 4th 9:00am-2:00pm No Charge Entry  
Spend the day looking at treasures and handmade crafts and items from over 40 Vendors in a holiday atmosphere. Coffee, Tea, Donuts and refreshments will be available throughout the day. Hot Dogs, Chips and Pop will be available beginning at 10:30am.



### WINTER WEATHER & SNOW CLOSING

In the event of a major snow/ice storm, if Livonia Public Schools are closed, the Civic Park Senior Center will be closed and Senior Center Buses will NOT Run! Senior Center programs, activities and nutrition services are CANCELLED! Tune into your local news or radio for closings and School Closings and Weather Forecasts or call information line at (734) 466-2552.



## LIVONIA TRAVEL DAY

Friday, December 4th 1:30pm "Drop In"

Livonia Travel Club as well as other Travel Companies present their upcoming trips in a fun and festive atmosphere at the Senior Center. Membership cost is \$2.00 for a year to the Livonia Travel.



## DETROIT SYMPHONY ORCHESTRA "COFFEE POPS"

2016 TICKETS GO ON SALE.

Monday, December 7th

9:00am for Resident, 11:00am Non Resident

\$52.00 Per Concert \$58.00 Per Non-Residents



Tickets for DSO's Coffee Pops go on sale today. Concerts take place on Fridays at 10:45am. Price of \$52.00 or \$58.00 non-resident is "Per Concert" and you are allowed to sign up yourself and one other person. March 11th; "St Patrick's Day Celebration", April 8th; Mary Wilson of the Supremes "Motown Memories", April 29th; "The Beach Boys Sound", June 10th; "John Williams Favorites & More". You can register for all 4 concerts or one at a time. Register with payment at the Civic Park Senior Center or call 734-466-2555 for more information. Make checks payable to: City of Livonia. Numbers will be handed out on a first come and first served basis. When your number is called then see Daphne or Mae and sign up for the Concerts of your choice... It's that simple.

## SENIOR MATTERS WITH DR. WENDY

Tuesday, December 8th 10:00am No Charge

Doctor Wendy Slinkard and staff will bring their informative discussion to the Senior Center. Join her for coffee, bagels and "Senior Matters". Topic for the day "Disease Prevention". Register at the Volunteer Desk or call 734-466-2555 for more information.

## CHOCOLATE BROWNIE DAY

Tuesday, December 8th 12:30pm No Charge

Celebrate this national Chocolate Brownie Day in the lobby with staff as we indulge in brownies and milk. There is no charge for this event. Limit one brownie and milk per person. Thank You from the Civic Park Senior Center!

## LADIES HOLIDAY "ACCESSORY" FASHION SHOW & TEA PARTY

Thursday, December 10th 2015 2:00pm \$7.00 per person & \$9.00 non resident

You are cordially invited to an afternoon Tea & Fashion Show provided by the Clothing Cove of Milford. Come enjoy savory, bite-sized sandwiches, sweets and of course a good pot of tea! Cost is \$7.00 (\$9.00 for non-residents) and tickets will be available at the Volunteer Desk. Sign Up Early! This activity will fill up *F-A-S-T*..



## LUNCH BUNCH

Monday, December 14th "Red Lobster" of Livonia 11:00am

Departs from the Civic Park Senior Center 11:00am. Cost of lunch & tip is on your own. Please register by calling (734) 466-2555 or stop by the Volunteer Desk at the Center.

## LEARN ACRYLIC LANDSCAPE PAINTING

Friday, December 18th 9:30am \$21.00 Resident & \$23.00 Non-Resident

Artist Steve Wood teaches his step-by-step methods for achieving successful painting. Classes are designed for beginning and intermediate levels. Please register with payment at the Volunteer Desk. Space is limited. Bring a table top easel to make painting easier. Make checks payable to : Steve Wood. Think you have no talent for painting? Steve makes learning F-U-N! You'll sign up again & again!



## HOLIDAYS/CHRISTMAS PARTY

Friday, December 18th 11:45am \$3.00 per person \$4.00 Non-Resident

Join us for a wonderful holiday celebration as we dine together sharing laughs and memories of Holidays old and new. Our Holiday menu includes: Sliced Ham, Scalloped Potatoes, Green Bean Casserole, Cherry Sauce, Roll & Butter, Dutch Apple Pie, and Holiday Punch. Tickets go on sale at the Volunteer Desk beginning Monday, November 30th. Call 734-466-2555 for more information.



## BIRTHDAY BINGO

Friday, December 18th 12:45pm

Join us for cake, ice cream, and of course...BINGO! We celebrate birthdays each month, complete with birthday cake, candles, and singing. Be sure to join us during your Birth Month, and EVERY month to celebrate everyone else's Birthday! Reservations are not necessary. Sponsored by Villa Marie Livonia, Independence Village of Plymouth and Attorney, Jack McLean.

## "NOON" YEAR'S EVE PARTY

Wednesday, December 30th 11:30am

Please join us for a little bubbly and good cheer as we toast to the upcoming New Year! We're celebrating with refreshments, a NOON toast, lunch and entertainment with the Mike Wolverton Band playing from 1pm - 3pm. You MUST make your advance reservation at the Volunteer Desk or by calling 734-466-2555. (Suggested donation for the 11:45am lunch is \$2.25)



## FRAUD PREVENTION SEMINAR

Starting again in late January 2016 TBA No Charge

Join retired police Sergeant, Robert Haig as he presents new scams that are aimed towards protecting senior citizens. This is vitally important to everyone! Call Jeron Howie at (734) 466-2551 for further information.

## COMPUTERS MADE EASY

Beginning Tuesday, January 19th 11:00am

Senior computer guru, Mark Rodemeyer, will teach a series of computer classes specifically designed for seniors. There will be a variety of topics in this series to choose from. Seating is limited so you must sign up at the Volunteer Desk in advance. Call 734-466-2555 for more information. Topics: "The Basics" January 19th, "Editing, Resizing & Uploading" January 26th, "Basic Microsoft Functions & Alternative Software" February 2nd, "Tablet & Cellphone" February 9th.

## TRIVIA GROUP

Every other Wednesday starting January 6th 10:30am No Charge

Do you like trivia? Do you like fun, friendly competition? If so join us for trivia on the first & third Wednesday of each month at 10:30am. Come charge your minds and maybe even learn a thing or two and we won't even "Charge" for the experience! Register at the Volunteer Desk or call (734) 466-2555 for further information.

## CARD ROOM CLASSES CANCELLED DUE TO AARP TAX AIDE TRAINING DAYS

Monday, January 11th and Tuesday, January 12th

ALL Monday Bridge, Party Bridge and Pinochle & Tuesday Duplicate Bridge and Pinochle as well as other programs that take place in the Card Room will be cancelled due to the AARP Tax Aide training on these days.

## DO YOU HAVE AN INQUIRING MIND?

Tuesday, January 19th 10:30am \$28.00 Resident, \$30.00 Non-Resident

If you are interested in meeting a group of people who enjoy exercising their minds and discussing everything from contemporary culture to clever word puzzles, then this is the class for you. Register with payment at the Volunteer Desk to reserve your spot in the class. The class will run from January 19th-February 23rd. The class cost \$28.00 for Livonia Residents and \$30 for non residents. Do YOU have an Inquiring Mind?!

## MARTIN LUTHER KING DAY LUNCH

Monday, January 18th 11:45am \$3.00 per person

Please register with payment at the Volunteer Desk for the 11:45am lunch. No Meals On Wheels will be delivered today. Get your tickets for this celebratory lunch! Menu: "All Beef" Coney Hot Dog, Potato Salad, Frito's Corn Chips, Dessert and Beverage. Tickets will be available Monday, January 4th for \$3.00 each.

## INCOME TAX ASSISTANCE

Trained AARP Volunteer Tax Preparers will be available to complete simple returns for low income Livonia Senior Residents., first come, first served basis. NO APPOINTMENTS TAKEN. Assistance will be provided Monday - Friday, 9:00a.m. -2:00p.m. Monday, February 1st until Friday, April 15th. The Center opens at 8:30am. Please call (734) 466-2555 for additional information.

You must bring the following documentation:

1. Copies of 2015 State and Federal Tax Returns
2. Total amount of all earned income
3. Amount of Paid or Unpaid 2015 Property Tax
4. Amount of Rent paid
5. Total 2015 Heating cost
6. Amount Paid for 2015 Health Insurance Premiums



## SENIOR NUTRITION PROGRAM

Wayne County Office of Nutrition Services make available a well-balanced meal to Livonia residents age 60 years and older for a \$2.25 donation. There are three basic nutrition programs.

**Hot Lunch Program:** Meals are served Monday through Friday at the Civic Park Senior Center or Brashear Towers in Livonia. Please make your reservations for Lunch at least 24 hours in advance by calling the numbers listed below. Once you have made your reservation you will come into one of the two sites, sign a registration sheet and collect your envelope for lunch donation, sit at one of the tables and wait for lunch to be served. Those needing assistance will be served at their table and everyone else will be called up by table and served cafeteria style.

For those seniors who are able to attend one of the two sites located within the City of Livonia.



**CIVIC PARK SENIOR CENTER**  
15218 Farmington Road - (734) 466-2555  
11:45 a.m.

**BRASHEAR TOWERS**  
17841 North Laurel Park Drive - (734) 591-6622  
Call For Lunch Times



**Liquid Nutrition:** For those seniors who have difficulty swallowing solid food due to a debilitating disease or condition. A physician must complete the Wayne County Office of Nutrition Services medical form indicating the person's need for liquid meals. The eligible client or representative will be responsible for picking up the liquid nutrition once a month at a designated site. For additional information, please call 1-800-851-1454

**Home-Delivered:** For those seniors who are homebound, unable to prepare their own meals or unable to feed themselves. Hot meals are delivered on weekdays, frozen meals are available to clients who cannot prepare food on the weekends. A physician, visiting nurse, family, friend or the senior resident can make the referral for Meals-on Wheels at 1-800-851-1454.

**SENIOR CENTER, GROCERY SHOPPING, DOCTOR VAN & WESTLAND MALL SHOPPING**  
**SENIOR CENTER TRANSPORTATION BUS (S.C.A.N.)**

The Senior Center Transportation Buses provide curb-to-curb rides within the City limit on a donation basis. Rides are available to local shopping districts, grocery stores, Westland Mall (1st & 3rd Thursday 10:30am) and to the Senior Center. Service hours for the Senior Center are Monday thru Friday.

1. Senior Center pick up. Buses leave the Senior Center at 8:30am and we ask that you be ready for pick up by 8:30am. Buses return you to your home at 1:00pm Monday -Friday and/or 3:00pm Mondays & Tuesdays and Special Event Days.
2. Grocery Shopping Monday-Friday (Locations Vary) depending if you are North or South of 5 Mile Road. Call (734) 466-2555 for shopping locations. Driver will inform riders the amount of time allowed at the store and pickup location at designated time.
3. Westland Mall Shopping takes place on the 1st (must have a minimum of 4 riders) & 3rd Thursdays of every month. The bus departs for pickup at 10:30am so please be ready for pickup at that time. Once at the Mall the driver will inform you the amount of time you will be allowed and the pick up location (Usually where you are dropped off).



**SENIOR CENTER MEDICAL BUS (734) 466-2555 S.C.A.N.**

To make a medical bus reservation, please follow these steps:

1. Reservations accepted 90 days in advance on a first come, first served basis.
2. Medical Bus is limited to five (5) riders per day. Call for information.
3. First morning appointment is 9:30 a.m. and last pick-up to return to home by 2:30 p.m. This medical bus travels one (1) mile outside the Livonia City limit.
4. When making your reservation, you must have the time of your appointment, the name, address, telephone number of your doctor.
5. You will be asked your name, address, telephone number.
6. On the day of your scheduled appointment you must be ready for pick-up from your home one (1) hour ahead of your scheduled appointment time. When you are ready to return home, the doctor's office must call the Center for your return ride home.
7. Wheelchair riders must be accompanied and their wheelchair must have footrests and brakes in working order.
8. Limited to two (2) round trip medical bus appointments per week.
9. Doctor Van runs Monday through Friday 9:30am to the last pick up at 2:30pm

**24 HOUR ADVANCE RESERVATIONS ARE REQUIRED FOR ALL BUS SERVICES BY CALLING 734-466-2555. S.C.A.N. (Senior Citizen Achievement Needs).**

**WE ARE APPROACHING FLU SEASON** and want everyone to stay as healthy as possible. We ask that you review the "Universal Precautions" that are suggested by the Center for Disease Control. There are hand sanitizers located in every room at the Senior Center. Please feel free to use them.

- Wash your hands after using the toilet, use soap and warm water. It is recommended that you wash for a minimum of 20 seconds (About the time it would take you to sing "Happy Birthday.")
- Cough and sneeze into your elbow, not your hands.
- Do not come to the Senior Center if you have a cold, runny nose, sniffles, infected eyes, or a cough.
- If you have an infection, do not come to the Senior Center.
- Throw away your own tissues and paper towels after use.
- Put your name on your coffee cup and keep it with you.
- We understand that everyone loves to be at the Senior Center with their friends, but you are putting others at risk when you come to the Senior Center and are not healthy.



## Coming Movie Attractions!

All Movies are \$1.00 and include; Movie admission, Choice of Pop or Water, Popcorn (Chips on occasion).

**“The Theory of Everything”** No Friday Movie (Craft Show) PG-13 123 minutes  
Monday, December 7th 12:30pm

The Theory of Everything is a 2014 British biographical romantic drama film directed by James Marsh and adapted from the memoir Travelling to Infinity: My Life with Stephen, which deals with her relationship with her ex-husband, theoretical physicist Stephen Hawking, his diagnosis of motor neurone disease, and his success in physics

**“Spy”** December 11th & 14th PG-13 109 minutes  
A desk-bound CIA analyst volunteers to go undercover to infiltrate the world of a deadly arms dealer, and prevent diabolical global disaster.

**“Longest Ride”** December 18th & 21st TV-MA 135 minutes  
The lives of a young couple intertwine with a much older man, as he reflects back on a past love.

**“Pitch Perfect 2”** December 28th PG-13 99 minutes  
After a humiliating command performance at Lincoln Center, the Barden Bellas enter an international competition that no American group has ever won in order to regain their status and right to perform.

**MAKE SURE TO STAY TUNED AS WE BRING YOU NEW BLOCKBUSTERS IN 2016!!!!** Due to the increase cost of Movie, Pop, Popcorn (Chips) Movie price will increase from \$1.00 to \$1.50.

\*All movies subject to change due to conditions beyond our control.

### OFFICE HOURS WITH:

Wayne Co. Commissioner Terry Marecki

- No Office Hours

State Rep. Laura Cox

- December 7th 2:00pm at Civic Center Library Today

Congressman David Trott

- Tuesday, December 15th 2:00pm

State Senator Patrick Colbeck

- Friday, December 18th 11:00am

Wayne County Commissioner Diane L. Webb

- No Office Hours



  
**KEEP  
CALM**  
its nearly  
**holiday  
time**

### Your Senior Center Staff

Program Supervisor: Karl W Peters (734) 466-2556  
Recreation Supervisor: Jeron R Howie (734) 466-2551  
Recreation Supervisor: Carrie Jo Soroka (734) 466-2557  
Senior Center Clerk: Kim O'Loughlin (734) 466-2553



## **S.C.A.N. Bus Transportation**

The *S.C.A.N.* Bus

*Senior Citizen Achievement Needs*

Has eliminated the "East/West of Farmington Road" designation from our "North Bus" Routes! Changed "Busch's to Tuesdays (Senior Day!)! Riders "North" of 5 Mile Road will go to:

Mondays: K-Mart, Livonia Market Place, Joe's Produce

Tuesdays: Kroger, Dollar Tree, K-Mart, Joe's Produce.

Wednesdays: Kroger & Dollar Tree

Thursdays: Value Center, Meijer & Livonia Market Place. Westland Mall 1st & 3rd Thursday 10:30am

Fridays: Laurel Park Mall, Target, Costco, Meijer,

# BINGO

Play B-I-N-G-O Monday afternoons. Cards are 25 cents each, maximum of 8 cards (\$2.00). All prize money is returned during the games.

No reservation required!

### **BIRTHDAY BINGO**

Friday, December 18th 12:45pm

Come in & celebrate all December

Birthdays with Cake & Ice Cream! Prizes provided by Independence Village of Plymouth and

The Sanctuary at Villa Marie, Livonia

Ice Cream Sponsored By

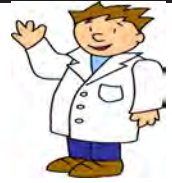
## **Transportation**



*Doctor's Van!*

*Monday-Friday!*

*9:30am-2:30pm*



Monday-Friday the Civic Park Senior Center offers a shuttle to Doctors' Offices within the City of Livonia and up to one mile outside the City Limits. Please contact (734) 466-2555 to make your advance reservation. There is no charge for this service (Donations Gratefully Accepted). This service fills up quickly so please call as soon as you know the date and time of your appointment. All Vehicles Are Wheelchair Equipped. Age 60 and over. Reservations accepted up to 90 days in advance. Maximum of two (2) rides per week. You must make your appointment so that you are able to get home before/no later than 2:30pm.

### **OFFICE HOURS WITH:**

Wayne Co. Commissioner Terry Marecki

- No Office Hours

State Rep. Laura Cox

- December 7th at Civic Center Library

Congressman David Trott

- Tuesday, December 15th 2:00pm

State Senator Patrick Colbeck

- Friday, December 18th 11:00am

Wayne County Commissioner Diane L. Webb

- No Office Hours



The Civic Park Senior Center loans medical equipment for Livonia residents. All equipment is loaned on a six month basis. If you need the equipment longer than 6 months, please contact us and extend the date for another 6 months.

If you do not renew prior to end of the six month agreement, your deposit will be considered a donation to S.C.A.N.



Equipment available includes:

Bedside Commodes: \$20.00

Canes: \$10.00

Crutches: \$20.00

Shower Benches: \$20.00

Shower Chairs: \$20.00

Walkers: \$20.00

Wheel Chairs: \$40.00





DECEMBER CALENDAR 2015

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Daily Activities (Unless noted below)</b>				
8:30 Table Tennis 9:00 Wii Bowling 9:00 Stained Glass 9:00 Quilting 9:00 Bridge 9:30 Mahjong 9:30 Contemporary Issues 12:30 Bridge (Party) 12:30 Mahjong 12:45 Bingo 1:00 Lap Robes & Charity Sewing 1:00 Backgammon 1:00 Pinochle	9:00 Ceramics 9:00 Exercise 10:00 Chair Exercise 10:30 Creative Writing 12:00 Duplicate Bridge 12:30 Scrabble 12:30 Pinochle 12:30 Line Dancing 1:00 Cribbage 1:00 Arthritis Exercise 2:00 S.O.S. - "Seniors over Sixty" 2:30 Yoga	9:00 Wii Bowling 9:00 Table Tennis Singles 9:00 Knitting & Crochet 9:00 Bridge (Party) 9:00 Water Color Painting 9:30 Yoga 10:00 Readers Theatre of Livonia 12:00 "Hand & Foot" and "Dice" 1:00 Pinochle 1:00 Chess 1:00 Dance 1:00 Weight Training 2:30 Arthritis Exercise	8:30 Table Tennis 9:00 Woodcarvers 9:00 Water Color Painting 12:00 Barb's Beg. Line Dancing 12:30 Euchre 1:00 Backgammon 1:00 Arthritis Exercise Class 1:00 Line Dancing 2:00 Line Dancing	9:00 Exercise 9:15 Yoga 10:00 Story Tellers Group 10:00 Chair Exercise 10:45 Meditation 12:30 Pinochle 1:00 Tournament Level Euchre 1:00 Weight Training
				
	1 	2 9:30 Livonia Fire Dept. - Blood Pressure 12:30 Beg. Mahjong	3 10:00 Alzheimer's Support 10:30 Westland Mall 12:30 Beginning Pinochle NO CARDS AFTER NOON NO P.M. ARTHRITIS EXERCISE	4 9:00 Holiday Craft Show 1:30 Travel Day NO MOVIE NO CARDS NO YOGA NO WEIGHT TRAINING 
7 12:30 "The Theory of Everything" 	8 10:00 Senior Matters with Dr. Wendy 12:30 Chocolate Brownie Day 	9 9:30 Livonia Fire Dept. - Blood Pressure 	10 9:30 Blood Pressure 2:00 Fashion Show & Tea Party 3:00 Alpha Book Club 	11 12:30 "Spy" 
14 11:00 Lunch Bunch - "Red Lobster" 12:30 "Spy"	15 2:00 Congressman David Trott	16 9:30 Livonia Fire Dept. - Blood Pressure 12:30 Beg. Mahjong	17 9:30 Blood Pressure 10:30 Westland Mall 12:30 Beginning Pinochle	18 9:30 Acrylic Landscape Painting 11:00 Senator Patrick Colbeck 11:45 Holiday/Christmas Party 12:30 "The Longest Ride" 12:45 Birthday B-I-N-G-O 
21 12:30 "The Longest Ride" 	22 	23 9:30 Livonia Fire Dept. - Blood Pressure 	24 CHRISTMAS EVE CITY OFFICES CLOSED 	25 MERRY CHRISTMAS CITY OFFICES CLOSED 
28 10:00 Wayne Co. Comm., Diane L. Webb 12:30 "Pitch Perfect 2"	29 	30 9:30 Livonia Fire Dept. - Blood Pressure 11:30 "Noon" Year's Eve Party 12:30 Beg. Mahjong	31 NEW YEAR'S EVE CITY OFFICES CLOSED 	



**December 2015**

**HOT**

MONDAY	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
<b>Suggested Donation \$2.25</b>	Potato crusted fish Mac & cheese Coleslaw Sliced apples Hamburger bun Tartar sauce Milk	Spaghetti w/meat sauce Mixed veggies Texas bread Fresh fruit Margarine Milk	Lemon pepper chix thigh Rotini noodles Brussels sprouts Fruit cocktail Wheat bread Margarine Milk	Swedish meatballs Penne pasta Sliced carrots Potato roll Pineapple juice Margarine Milk
MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
Mac & cheese Okra & tomatoes Green peas Potato roll Fresh fruit Margarine Milk	Sloppy joe Potato wedges Peas & carrots Hamburger bun Fresh banana Margarine Milk	Honey mustard chix breast Country corn Spinach Peaches Wheat bread Margarine Brownie SP cookie HMD only Milk	Meat loaf w/brown gravy Whipped potatoes Broccoli/cauliflower Fresh fruit Wheat bread Margarine Milk	Creamy paprika chix thigh Sliced carrots Green beans Pineapple tidbits Potato roll Margarine Milk
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
BBQ rib patty Mixed beans Glazed carrots Hamburger bun Fresh fruit Margarine Milk	Mushroom chix breast Whipped potatoes Green peas Potato roll Orange juice Margarine Milk	Potato crusted fish Potato wedges Coleslaw Potato roll Wheat roll Tartar sauce Margarine Milk	Pork roast Aujus gravy Whipped potatoes Asparagus Wheat roll Orange juice Apple pie Margarine Milk	Christmas/Holiday Party Ticket Required Glazed Ham Scalloped Potatoes Green Bean Casserole Roll/Butter Cherry Sauce Dutch Apple Pie Punch
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
Baked chicken breast Tarragon cream sauce Delmonico potatoes Spring veggies Applesauce Wheat bread Margarine Milk	Swiss steak Brown gravy Whipped potatoes Spinach Sliced pears Corn bread Margarine Milk	Smoked sausage Sauerkraut Potato wedges Diced peaches Hot dog bun Mustard Milk	 <b>Closed</b>	<b>Closed</b> 
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	FRIDAY
Garlic rosemary chix Scalloped potatoes Capri veggies Texas bread Fresh fruit Margarine Milk	Sliced turkey breast Turkey gravy Whipped potatoes Green peas Wheat bread Fresh orange Margarine Milk	Taco meat Shredded cheese Lettuce & tomato Pinto beans Apple juice Flour tortilla Taco sauce Milk	<b>Closed</b> New Year's Eve and January 1, 2016	<b>PLEASE CALL</b> 24 Hours in Advance to cancel meals at 734-727-7357, or 1-800-851-1454



# SCHOOL NEWS *for Senior Citizens*

LPS NEWS & EVENTS FOR SENIOR CITIZENS IN OUR COMMUNITY

December 2015 - Volume 3, Issue 1

## LPS teachers surprised by classroom grant awards



*Two teachers at Cooper Upper Elementary received grants: Judy Bowling, on left, for a Makerspace at Cooper, and Sally Erickson, for classroom technology.*

Durand said it's often difficult for the grant committee members to decide, but that it's very exciting to present the awardees with their over-sized checks, knowing that their ideas on paper are on their way to fruition to benefit the students of Livonia Public Schools.

The grant program is just one of several programs of the LPS Education Foundation, which raises funds all year, through community business partnerships and support, the annual fall luncheon event, the LPS Bounce Back to School event, as well as LPS employee contributions. For more information about the LPS Education Foundation, visit [www.lpsfoundation.org](http://www.lpsfoundation.org).

It was a caravan of good news and smiling faces as the LPS Education Foundation took to the streets of the school district to surprise 16 teachers with classroom grants.

The LPS Education Foundation received 52 grant requests, totaling \$148,000, and was able to award 16 grants, totaling \$37,500. Now in its third year, the grant program is supported by the LPS Education Foundation's designated funds, community contributions and employee payroll deductions to the Foundation.

"As in the previous two years, the grants submitted this year supported the district's mission, vision and curriculum," said Lorna Durand, the Foundation's grants program chairperson. "Also as in previous years, the proposals detailed innovative classroom enhancements and were very exciting to review."

Awardees include Cooper Upper Elementary Media Specialist Judy Bowling, who is leading the charge to create a "Makerspace" just off of the library media center at the school. The room will foster innovation and creativity and will feature a variety of hands-on materials that will allow students to create and learn. The grant will fund the purchase of two 3-D printers for Cooper's Makerspace.

Other grants will be used to enhance classroom technology, phonics and literacy projects at the elementary level, high school AP history materials and high school orchestra chamber music purchases at Churchill High School, for example.



*Buchanan Elementary School teacher Katie Taylor was thrilled when the grant committee presented her with a check for a classroom learning center.*

### *December Musical Performances*

*Monday, Dec. 7*

Holmes Holiday Concert  
7-8:30 p.m.

Holmes Middle School  
16200 Newburgh

*Tuesday, Dec. 8*

6th Grade Winter Concert  
7-8 p.m.

Cooper Upper Elementary  
28550 Ann Arbor Tr.

Band Holiday Concert  
7-9 p.m.

Churchill High School  
8900 Newburgh Rd.

*Thursday, Dec. 10*

CHS & Frost Choir Concert  
7-8:30 p.m.

Churchill High School  
8900 Newburgh

*Thursday, Dec. 17*

Emerson Choir Concert  
7 p.m.

Emerson Middle School  
29100 West Chicago

Johnson Winter Concert  
7-8 p.m.

Johnson Upper Elementary  
8400 Hix

## Grant provides stewardship plan for Frost Middle School's forest



The constant hum of a busy freeway and the bursts of bustling activity of 700 students coming and going, provide an unlikely daily cadence for this forest.

Situated behind Frost Middle School, along Stark Road and north of the Jeffries Freeway, is a wooded oasis that is home to wildlife, mature trees, a plethora of vegetation and an outdoor classroom where students can learn and explore.

The 12-acre forest on Livonia Public Schools property abuts nearly 30 additional acres of woodlands, right in the middle of Livonia.

While its location may seem unusual, there is nothing odd about this forest, according to David Kossak, a registered forester who was contracted to create a Forest Stewardship Plan through the Michigan Department of Natural Resources' Forest Stewardship Program.

"He pointed out a red oak that is a minimum of 150 years old," said Frost Middle School science teacher Carim Calkins, who worked alongside Kossak to develop the 15-year Forest Stewardship Plan. "He thought it was astonishing to see that in the middle of this densely developed area."

In mid-summer, it's easy to tune out the freeway noise and all of the business and residential development in the area when standing amid the trees.

"It's really nice, because in the middle of the summer, you can't see anything but forest," said Calkins.

Michigan has 9.2 million acres of private forest land. The Michigan DNR's Forest Stewardship Program, which is funded through the U.S. Forest Service, helps private forest property owners to manage and protect the forests, for future generations to enjoy. Until this fall, when the Frost Middle School forest property was studied and a plan was created by Kossak, Wayne County was the only county in the state with no Forest Stewardship Plan in place, anywhere within its boundaries.

The Frost plan was recently completed through a grant from the DNR, marking the 83rd and final county in Michigan to have such a plan in place – and, appropriately marking the program's 25th anniversary this year.

The stewardship plan contains goals and objectives and provides a road map for students, including those in the Frost Environmental Club, to continue the long-standing work in the forest.

Creating the current outdoor classroom was the work of the students, parents, and teachers in Frost's MACAT gifted program a decade ago. Since that time, the Environmental Club, facilitated by Calkins and managed by students and parents, has done much of the maintenance and upkeep of the classroom and trail.

"This (stewardship plan) has alerted us to more possibilities of what we can do, but it will take some time to work them into the curriculum," said Calkins.

If anyone is interested in assisting with Frost's forestry projects by donating expertise, materials or funds, contact Carim Calkins via email at [ccalkins@livoniaschools.org](mailto:ccalkins@livoniaschools.org).



Livonia Public Schools Adult Education and Community Enrichment offers adult computer classes in Windows and Microsoft Office.

Excel is offered in the fall and spring; PowerPoint is offered in the fall; and Word starts in January.

Registration information can be found online at [www.livoniaschools.org](http://www.livoniaschools.org). Watch for the Winter/Spring course catalog to be published online in December.



# Attention



There will be **NO ACTIVITIES** after 2pm on **Thursday, December 3rd** in the Card and Activity Rooms and **No Activities** on **Friday, December 4th** due to preparations for and during our **Annual Holiday Craft Show**.

**Thank you for your cooperation!**





# Civic Park Senior Center



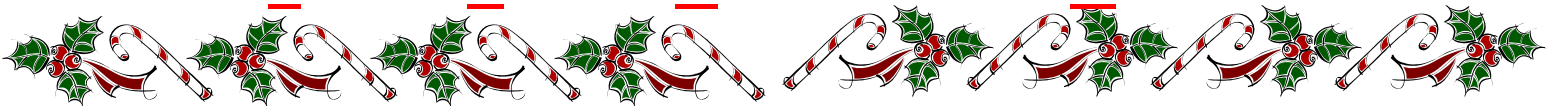
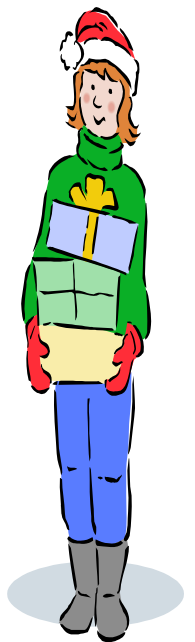
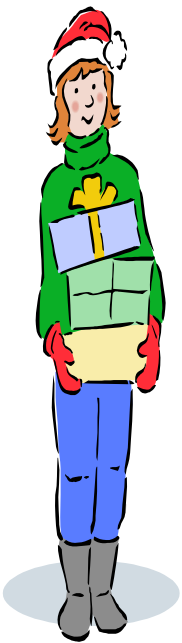
## "Holiday Craft Show"

15218 Farmington Road  
(SE Corner of 5 Mile & Farmington)

Friday, December 4th  
9:00a.m.2:00 p.m.

No Admission Charge!  
Refreshments Available!

Proceeds To Benefit S.C.A.N.  
Senior Citizen Achievement Needs



# **Chocolate Brownie and Ice Cold Milk Day**



**Tuesday, December 8th**

**12:30pm in the Lobby**

**Limit One Brownie and Milk  
per person**

# Ladies Holiday Tea & Accessory Fashion Show

Presented by The Clothing Cove of Milford

Thursday, December 10, at 2 o'clock in the afternoon

Savory Bite-Sized Sandwiches,  
Assortment of Sweet Treats,  
& a Good Pot of Tea  
with Friends!



Fashion Show Accessories  
available for purchase too!

Cost \$7.00 Resident

\$9.00 Non-Resident

Civic Park Senior Center, 15218 Farmington Road, Livonia, MI 48154

734-466-2557

# Ladies Holiday Tea & Accessory Fashion Show

Presented by The Clothing Cove of Milford

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734-466-2557



# Holiday/Christmas Party

**11:45am Friday, December 18<sup>th</sup>**

Join us for a wonderful holiday celebration with friends!

**Holiday Menu includes:**


Sliced Ham, Scalloped Potatoes, Green Bean Casserole, Cherry Sauce, Roll & Butter, Dutch Apple Pie & Holiday Punch!

Tickets go on sale at the Volunteer Desk beginning Monday, Nov. 30<sup>th</sup>

**Cost is \$3.00 resident \$4.00 non-resident**

For more information call 734-466-2555

Civic Park Senior Center, 15218 Farmington Rd, Livonia





# NOON YEAR'S EVE PARTY



Please join us for a little bubbly and good cheer as we toast to the upcoming New Year! We're celebrating with refreshments, a NOON toast, lunch and entertainment with the Mike Wolverton Band playing from 1pm - 3pm. You **MUST** make your advance reservation at the Volunteer Desk or by calling 734-466-2555.

(Suggested donation for the 11:45am lunch is \$2.25)