<u>Mayor</u> Jack E. Kirksey **City Council President** Maureen Miller Brosnan **Vice President Brian Meakin** Laura Toy Brandon Kritzman John Pastor Susan Nash Lynda Scheel

The Senior Bulletin E 2015

16th District Court Sean Kavanagh Kathleen J. McCann **City Clerk** Sue Hoff **Treasurer Dennis Wright**





Civic Park Senior Center 15218 Farmington Livonia, Michigan 48154 (734) 466-2555 Monday-Friday 8:30am-5:00pm All Programs Must End By 4:45pm

FRAUD PREVENTION SEMINAR

Tuesday, June 2nd 10:00am

Join retired police Sergeant, Robert Haig as he presents new scams that are aimed towards protecting senior citizens. This is vitally important to everyone! Register today at the Volunteer Desk or Call 734-466-2555 for more information.

CATARACTS: INFORMATION YOU SHOULD KNOW

Tuesday, June 2nd 10:00am

Dr. Rasansky is a board certified comprehensive Ophthalmologist whose talks are designed to educate and inform senior citizens about common ailments affecting the eyes and provide a forum for questions and answers. Please sign up at the Volunteer Desk or call 734-466-2555 for more information



Thursday, June 4th 10:00am

Facilitators from *Home Instead Senior Care* are available beginning at 10:00am for an open discussion for Family, Friends and Loved Ones of those living with Alzheimer's or Dementia related issues. No reservations necessary. Just Drop In. Refreshments will be supplied.

LUNCH BUNCH

Monday, June 8th "Annie's" 11:00am

Departs from the Civic Park Senior Center. Cost of lunch & tip is on your own. Please register by calling (734) 466-2555 or stop by the Volunteer Desk at the Center.

SENIOR MATTERS WITH DR. WENDY

Tuesday, June 9th 10:00am No Charge

Doctor Wendy Slinkard and staff, will bring her informative discussion on Spring Cleaning/Yardwork Injury Prevention to the Senior Center. Join her for coffee, bagels and "Senior Matters". Register at the Volunteer Desk or call 734-466-2555 for more information.

BOOK CLUB DISCUSSION: IBM AND THE HOLOCAUST

Thursday, June 11th 3:00pm No Charge

Chuck Dardas of the Alpha Company will lead another book discussion on IBM and The Holocaust. Please sign up at the Volunteer desk to ensure you receive your book for the discussion. If you need more information call 734-466-2555.

JUNE 2015 CALENDAR

Tuesday	Wednesday	Thursday	Friday
Dail	y Activities (Unless no		
9:00 Ceramics 9:00 Exercise 10:00 Chair Exercise 10:30 Creative Writing 12:00 Duplicate Bridge 12:30 Scrabble 12:30 Pinochle 12:30 Line Dancing 1:00 Cribbage 1:00 Arthritis Exercise 2:00 S.O.S "Seniors over Sixty" 2:30 Yoga	9:00 Knitting & Crochet	8:30 Table Tennis 9:00 Woodcarvers 9:00 Water Color Painting 12:00 Barb's Beginning Line Dancing 12:30 Euchre 1:00 Backgammon 1:00 Arthritis Exercise Class 1:00 Line Dancing 2:00 Line Dancing	9:00 Exercise 9:15 Yoga 10:00 Story Tellers Group 10:00 Chair Exercise 10:45 Meditation 12:30 Pinochle 1:00 Recreational Euchre 1:00 Tournament Level Euchre 1:00 Weight Training
Seminar 10:00 Cataract Seminar 10:30 Inquiring Minds	Blood Pressure & Blood Sugar 12:00 Color of Contribution	10:00 Alzheimer's Support	12:30 "My Old Lady" 1:30 Travel Day 1:00 National Doughnut Day
10:00 Senior Matters with Dr. Wendy 2:00 Congressman David Trott	9:30 Livonia Fire Dept Blood Pressure & Blood Sugar	9:30 DIA 12:30 Beginning Pinochle 3:00 Alpha Book Club Discussion	12:30 "The Interview" 12:30 Ice Cream Social NO MEDITATION TODAY
10:00 Wellsprings Presentation 12:00 Fresh Veggie Day	9:30 Livonia Fire Dept Blood Pressure & Blood Sugar 12:00 Fresh Fruit Day	9:30 Blood Pressure	9:30 Shred Day - Rotary Park 11:00 Senator Patrick Colbeck 11:30 Father's Day Party 12:30 "St. Vincent"
NO ACTIVITIES TODAY!	9:30 Livonia Fire Dept Blood Pressure & Blood Sugar 10:00 Senior Summer Festival - Roaring 20's	9:30 Blood Pressure 9:30 Acrylic Landscape Painting 12:30 Beginning Pinochle	
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NO MEDITATION FRIDAY, JUNE 12TH!!!!!!!!

ICE CREAM SOCIAL !!!!!

Friday, June 12th 12:30pm Cost \$1.00

OUR FIRST ICE CREAM SOCIAL of the season is June 12th. Cost is \$1.00 which includes all the yummy toppings. The fun starts at 12:30pm in the south dining room. I scream, you scream, there is always room for ice cream!!!! Sponsored by Home Instead Senior Care



LIVONIA "AM" ROTARY PANCAKE BREAKFAST

Saturday, June 13th 9:00am-11:00am \$4.00

Join The Livonia "AM" Rotary Club and the Civic Park Senior Center for our 3rd annual Pancake Breakfast. Enjoy an all-you-can-eat breakfast! Complete with Sausage, Orange Juice, Coffee. Tickets will be available at the door!

COFFEE CHAT WITH WELLSPRINGS LUTHERAN SERVICES

Tuesday, June 16th 10:00am No Charge

Join Wellsprings for an intriguing and informative presentation. Register at the Volunteer Desk or call 734-466-2555 for more information. This Month's topic will focus on Stroke Awareness.

LIVONIA SENIOR CITIZENS' SHRED DAY

Friday, June 19th 9:30am-10:30am Rotary Park (6 Mile and Hubbard)

Absolute Shreds will be shredding old papers, documents, checks and personal information. The Shredding truck will be at "Rotary Park" (6 Mile & Hubbard). LIMIT OF 5 PAPER GROCERY BAGS PER SENIOR. Please call (734) 466-2555 for more information. Participants will remain in their cars and items will be unloaded as you "Drive Thru". Do NOT Arrive until 9:30am! For Livonia Senior Citizen Residents Only! Donations Gratefully Accepted.

FATHERS' DAY PARTY

Friday, June 19th 11:30am \$2.25 Donation

Join us as we celebrate all of the Father's and Men today! Enjoy Root Beer Floats, Horse Racing games with free "betting Money" and more. Make your lunch reservations. This event is open to everyone not just the men. Root beer floats sponsored by City Treasurer, Dennis Wright

NO ACTIVITIES ON TUESDAY, JUNE 23RD Lunch Will Still Be Served!

Preparation For "Senior Summer Festival"!

SENIOR SUMMER FESTIVAL "ROARING 20'S GANGSTERS & FLAPPERS!"

Wednesday, June 24th 10:00am \$5.00 Resident, \$7.00 Non-resident
On June 24th, we will be having our Annual Summer Festival beginning at 10:00 a.m.
Cost is \$5 for residents, \$7 for non-residents. This year our theme is *The Roaring*20's: Gangsters and Flappers. Everything is included, games, B-I-N-G-O, contests, beverages, ice cream, and a great box chicken lunch from Lee's Famous Recipes.
Tickets are now available. Tickets will not be sold at the door.



\$55.00 Residents, \$59.00 Non-Residents 11:00am Departure Thursday, June 25th White Sox vs Tigers Sec 113 -1 SEAT LEFT

Thursday, July 23rd Mariners vs Tigers Sec 112 Thursday, August 27th Angels vs Tigers Sec 112

Wednesday, September 23rd White Sox vs Tigers Sec 113

Cost Includes: Round Trip Transportation via Deluxe Motor Coach, Right Field Box Seat, Meal Plan = Hotdog & Pop, and Volunteer Escort. All games start at 1:08p.m. *Departs from Ford Field (Livonia) at 11a.m. *Please be advised that walking is involved* Register with Payment at the Volunteer Desk or call 734-466-2555 for more information.



LEARN ACRYLIC LANDSCAPE PAINTING

Thursday, June 25th 9:30am \$21.00 Resident & \$23.00 Non-Resident

Artist Steve Wood teaches step-by-step methods for successful painting. Classes are designed for beginning and intermediate levels. Please register with payment at the Volunteer Desk. Space is limited. Bring a table top easel. Make checks payable to: Steve Wood.

FARMER'S MARKET EXCURSIONS "EASTERN MARKET & ROYAL OAK"

8:00am \$7.00 Residents and \$9.00 Non Residents
Eastern Market: June 27th, July 25th, August 29th, September 26th
Royal Oak Farmer's Market & Downtown : August 8th & September 12

Transportation will be provided to and from Detroit's Eastern Market & Royal Oak Farmer's Market. Once at the market you are on your own to explore, shop, walk, dine until the bus departs at 11:30am. Register with payment at the Volunteer Desk or call (734) 466-2555 for more information. Departs from the Civic Park Senior Center.

CELEBRATE JULY 4TH WITH RED, WHITE, AND BLUE SUNDAES!!!!

Thursday, July 2nd 11:45am \$2.25 LUNCH DONATION

Help us celebrate our independence with yummy scoops of ice cream with red and blue berry toppings, whipped cream and cherries. This will be a delicious celebration of independence! Don't forget to Register for Lunch at the Volunteer desk or call 734-466-2555 for more information. Ice Cream Sundaes sponsored by Councilwoman Lynda Scheel.

"DO YOU HAVE AN INQURING MIND?"

Tuesday, July 7th 10:30am NO CHARGE!!!

Enjoy a FREE session of this amazing and informative class on Tuesday, July 7th at 10:30am. Please sign up at the Volunteer Desk. Call 734-466-2555 for more information.

ERNIE HARWELL AT THE CITY THEATRE

Saturday, July 18th \$22.00, \$25.00 non-resident Departs 11a.m. from Civic Park Senior Center The play features classic footage from historic baseball moments, supplied courtesy of Major League Baseball, with Ernie's memorable baseball play-by-play call-outs woven throughout. Enjoy lunch/shopping on your own in Greektown before the 2pm play at City Theater Register with Payment at the Volunteer Desk or call 734-466-2555 for more information.

SENIOR SUMMER BBQ SPONSORED BY THE ALPHA COMPANY

Wednesday, July 29th 10:00am-2:00pm!!!! \$2.25 Donation

Come join Burgers, Brats, Potato and Pasta Salad, Dessert and Beverages to celebrate Summer! This day will include Lunch 11:45am, contests, entertainment by the Mike Wolverton Band, and tons of fun. Register at the Volunteer Desk or call 734-466-2555 for more information.

DSO POPS CONCERT SERIES REGISTRATIONS

Monday, August 3rd 9:00am Residents, 11:00am Non-Residents \$52.00 Residents, \$58.00 Non-Residents

Its that time of year to sign up for the DSO POPS "Concert Series" 2015-2016! Register with payment at the Volunteer Desk or call 734-466-2555 for more information.

LANSING LUGNUTS BASEBALL GAME & "ALL-YOU-CAN-EAT" BBQ LUNCH! Sunday, August 23rd \$30.00 Residents, \$34.00 Non-Residents 11:30am Departure from Senior Center

Includes; Round Trip Senior Bus, Buffet Lunch (Hot Dogs, Hamburgers, BBQ Chicken, Bratwurst, Potato Salad, Corn on The Cob, Baked Beans and more!), Reserved Seating (or Lawn, your choice), Unlimited Soft Drinks, Fully Escorted. Seating is Limited! BRING THE GRANDKIDS! Great Baseball Action!

JUNE FUN ACTIVITIES

NATIONAL DOUGHTNUT DAY

Friday, June 5th No Charge 1pm
Enjoy fresh doughnuts!
(while supplies last)
Sponsored by Independence Village of Plymouth

NATIONAL ICED TEA DAY

Monday, June 8th No Charge (while supplies last) Come out and sip this cool summer delight!

FRESH FRUITS AND VEGGIES DAYS

Tuesday, June 16th– Fresh Veggies
12:00pm-1:30pm No Charge
(while supplies last)
Sponsored by Heartland of Livonia
Wednesday, June 17th—Fresh Fruits
Prepared by Senior Center Staff





Play B-I-N-G-O Monday afternoons. Cards are 25 cents each, maximum of 8 cards (\$2.00). All prize money is returned during the games. No reservation required!

BIRTHDAY BINGO

Friday, June 26th 12:45pm

Come in & celebrate all June
Birthdays with Cake & Ice Cream! Prizes,
provided by Independence Village,
Plymouth, and

Sanctuary at Villa Marie.
Ice Cream Sponsored By
Attorney Jack McLean

Transportation



Doctor's Van!

Monday-Friday! 9:30am-2:30pm

Monday-Friday the Civic Park Senior Center offers a shuttle to Doctors' Offices within the City of Livonia and up to one mile outside the City Limits. Please contact (734) 466-2555 to make your advance reservation. There is no charge for this service (Donations Gratefully Accepted). This service fills up quickly so please call as soon as you know the date and time of your appointment. All Vehicles Are Wheelchair Equipped. Age

to 90 days in advance. <u>Maximum of two</u> (2) rides per week. You must make your appointment so that you are able to get home before/no later than 2:30pm.

60 and over. Reservations accepted up

OFFICE HOURS WITH:

Wayne Co. Commissioner Terry Marecki

• No June Hours

State Rep. Laura Cox

- Monday, June 1st 1pm Congressman David Trott
- Tuesday, June 9th 2pm State Senator Patrick Colbeck
- Friday, June 19th 11am

Wayne County Commissioner Diane L. Webb

No Office Hours June, July and August



EXERCISE & PERSONAL TRAINING CLASSES





Every Tuesday & Friday 9:00am

CHAIR EXERCISE \$1.00pp Every Tuesday & Friday 10:00am

YOGA \$3.00pp Tuesdays (Gentle) 2:30pm Wednesdays 9:30am Friday 9:15am MEDITATION \$3.00pp Every Friday 10:45am

ARTHRITIS EXERCISE \$1.00pp Every Tuesday & Thursday 1:00pm Wednesdays 2:30pm

FOREVER FIT PERSONAL TRAINING Every Wednesday & Friday 1:00pm \$4.00pp or 6 Weeks For \$24.00pp

Non Residents Please Add 25 Cents





JUNE 2015 CALENDAR

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Join Personal Trainer, Jeremy Daum, NASM Certified, at our Strength Training Class every Wednesday & Friday. Jeremy brings a new approach to weight training. Register with payment at your first class. Call the Senior Center at (734) 466-2555 or Jeremy at (248) 747-3037 for more information. Cost for each class is \$4.00 (\$4.25 non-residents) unless you register with advance payment of 12 classes for \$24.00or \$27.00 non-residents. First Visit Is Free!

ARTHRITIS EXERCISE CLASS

Tuesdays & Thursdays 1:00pm & Wednesdays 2:30pm \$1.00 per class \$1.25 non-residents

Exercise is one part of a comprehensive arthritis treatment plan. Marsha has been trained by the Arthritis Foundation in the types of exercise that is most suitable for persons experiencing arthritis. Come in and experience this "Exercise Class". All Are Welcome. Fee payable to the instructor.





YOGA

Wednesday 9:30am & Friday 9:15am Tuesday (Beginner) 2:30pm \$3.00 per class \$3.25 non-residents

Sharon Brand is teaching "Gentle Yoga" on Wednesday & Friday mornings. Please bring a blanket or yoga mat, small pillow, and wear comfortable clothing. Sharon has been a yoga instructor for over 8 years. Fee payable to the instructor.

MEDITATION

Friday 10:45am

\$3.00 per class \$3.25 non-residents

Learn simple techniques for practicing meditation, experience more tranquility and inner peace, release stress & tension, refresh your spirit, recharge your energy, enjoy life in the present moment. Join Kathy Henning for her weekly Meditation class. Fee payable to the instructor.



TABLE TENNIS

Men's, Women's, Singles & Co-Ed 8:30am No Charge Mondays-All Skill Levels, Wednesdays (Singles-Competitive) & Thursdays-All Skill levels.

Come in and enjoy this fun and friendly group of Table Tennis players. Get some exercise and have fun at the same time. No cost to participate and

My Old Lady

Friday, June 5th Monday, June 8th Rated "PG-13" 108 minutes

New Yorker Mathias Gold is delighted to learn that he's inherited a Paris apartment from his deceased father. But delight turns to dismay when Mathias travels to France to sell the property and finds his dad's former lover occupying the place.

The Interview

Friday, June 12th

Rated "R"

Monday, June 15th

112 minutes

Talk-show host David Skylark is overjoyed when he gets the chance to conduct an exclusive interview with Kim Jong-Un, the leader of North Korea. But Skylark's perspective on his big break shifts when the CIA asks him to assassinate the ruler.

St Vincent

Friday, June 19th

Rated "PG-13"

Monday, June 22nd

102 minutes

With his parents preoccupied with their divorce, lonely 12-year-old Oliver strikes up a friendship with his war-veteran neighbor Vincent. A hard-drinking gambler with a fondness for hookers, Vincent finds his life changed by the boy's presence.

The Judge

Friday, June 26th

Rated "R"

Monday, June 29th

141 minutes

Big city lawyer Hank Palmer returns to his childhood home where his father, the town's judge, is suspected of murder. Hank sets out to discover the truth and, along the way, reconnects with his estranged family.

Coming in July!

The Hunger Games: Mocking Jay

Annie

Night at the Museum 3

Autumn Hearts

Big Eyes NOTE: PG-13 108 minutes July 6th

PG 118 minutes July

PG 98 minutes

PG-13 99 minutes

PG-13 105 minutes

July 10th & 13th

July 17th & 20nd

July 24th & 27th

July 31st Aug 3rd

If you are coming to Movies at the Center, understand that we all have a variety of tastes and levels of comfort. So if you sign up for a \$1.00 movie, **you should expect**:

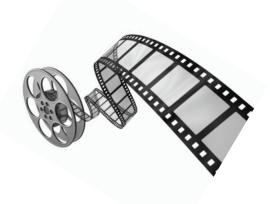
At a "G" RATED movie Wholesome family movie with adult humor

At a "PG" RATED movie Mild adult themes and language

At a "PG 13" RATED movie Mild adult theme and language as well as possible violence

At an "R" RATED movie Strong language, possible sexual content, and strong adult subject matter







NATIONAL DONUT DAY FRIDAY, JUNE 5TH 1:00pm in the lobby (while supplies last)



Sponsored by

INDEPENDENCE VILLAGE





3RD ANNUAL LIVONIA AM ROTARY PANCAKE BREAKFAST



Join The Livonia AM Rotary Club and the Civic Park Senior Center for our 3rd annual Pancake Breakfast. Enjoy an all-you-can-eat breakfast! Complete with Sausage, Orange Juice, Coffee, and of course Pancakes. Breakfast takes place at the:

Civic Park Senior Genter
15218 Farmington Road
Livonia, Michigan 48154
(734) 466-2555

For Information call: 734-466-2555

Date: Saturday, June 13th 2015

Time: 9:00am-11:00am

\$4.00 per person At The Door

Sponsored by Livonia AM Rotary Club benefiting the Civic Park Sepior Cepter See special guest cook from Chris Cakes who currently holds the world record for fastest pancake flipping!



Happy Father's Day



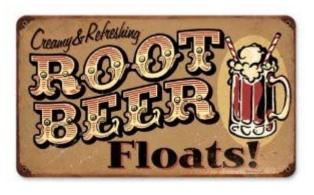
PLEASE JOIN US AS WE CELEBRATE

ALL FATHERS & MEN

JUNE 19TH AT 11:30AM IN THE DINING ROOM

Don't forget to make your 24 hour advanced lunch reservation at the Volunteer Desk. (\$2.25 donation)

(Event open to everyone, not just Men!)



**SPECIAL GIFT FOR ALL THE MEN SPONSORED BY OLYMPIA GROUP

HORSE RACING
WITH FREE
BETTING MONEY!

ENJOY
ROOT BEER FLOATS
SPONSORED BY
TREASURER
DENNIS WRIGHT



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Civic Park Senior Center, 15218 Farmington Rd, Livonia

For more information please call 734-466-2555

The Roaring 20's Gangsters & Flappers

2015 Senior Summer Festival

June 24th

10am-Zpm



Come as a Flapper or come as you are. Dress as a Gangster or a Silent Screen Star: It's going to be fun no matter the dress.

Just bring yourself and we'll do the rest!

Cost is \$5.00 Resident & \$7.00 Non-Resident

Everything Included: Games, Bingo, Contests, Mike Wolverton Band performing, Darrell Swift Sketch Artist, Beverages, Ice Cream,

& a delicious Chicken Lunch!

Tickets NOW on sale at the Volunteer Desk.

Don't Wait! Tickets will not be sold at the door.

Civic Park Senior Center

15218 Farmington Road

Livonia, M7 48154

734-466-2555





Detroit Tiger Baseball "Senior Days"

Thursday, June 25th White Sox vs Tigers Sec 113

Thursday, July 23rd Mariners vs Tigers Sec 112

Thursday, August 27th Angels vs Tigers Sec 112

Wednesday, September 23rd White Sox vs Tigers Sec 113

Cost Includes:

Residents \$55.00 per game
Non-Residents \$59.00 per game

Round Trip Transportation

via Deluxe Motor Coach,

Right Field Box Seating,

Meal Plan = Hotdog & a Pop,

Drop off & Pick up, and Volunteer

Escort. All games start at 1:08p.m.

*Departs from Ford Field (Livonia) at 11a.m.

Please be advised that walking may be involved with this trip

REGISTER WITH PAYMENT AT THE VOLUNTEER DESK!

CIVIC PARK SENIOR CENTER, 15218 Farmington Road

Livonia, MI 48154 (734) 466-2555

SATURDAY FARMER'S MARKET EXCURSIONS

DEPARTS

From

Civic Park

Senior Center

8:00a.m.



RESIDENT

\$7.00

NON-RESIDENT

\$9.00

Detroit's Eastern Market Dates:

June 27th, July 25th, August 29th & September 26th

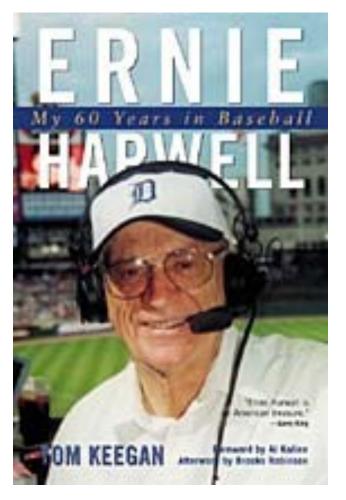
Royal Oak Farmer's Market & Downtown Dates:

August 8th & September 12th

Transportation will be provided to and from the market.

Once at the market you are on your own to explore, shop, walk and dine until the bus departs at 11:30a.m.

Register with payment at the Volunteer Desk or call (734)466-2555 for more information.



The play features classic footage from historic baseball moments, supplied courtesy of Major League Baseball, with Ernie's memorable baseball play-by-play call-outs woven throughout. This Mitch Albom's popular biopic of Detroit broadcast legend Ernie Harwell is...

A Must-See Play for Any Baseball Fan! Saturday, July 18th

Cost is \$22.00 (\$25.00 non-resident)

Departs 11a.m. from Civic Park Senior Center

Enjoy lunch/shopping on your own in

Greektown before the 2pm play at City Theater

Register with Payment at the Volunteer Desk or call 734-466-2555 for more information.

Lansing Lugnuts vs. Bowling Green Hot Rods

August 23rd Game Time is 2pm

A great way to spend Sunday afternoon!

\$30.00 wow!

\$34.00 non-residents

Departs 11:30am

From Civic Park Senior Center

- Class "A" Midwest League Affiliate, Same Baseball Action as Major League
- · Admission to Cooley Stadium, Transportation and Escort
- Complete, all you can eat lunch at Tailgate Terrace includes:
- juicy 1/3-pound hamburgers, freshly grilled hot dogs, bbq chickens, spicy bratwurst, fabulous side dishes like baked beans, coleslaw, corn, chips, cookies and all-you-can-drink Pepsi products.
- Designated picnic table seating, customized with Civic Park Senior Center group name.
- Great scating location provides a terrific view of the action.
- Register with payment at the Volunteer Desk or call (734) 466-2555 for more information.
- Invite Grandhids, Family Members and Friends for a fun-filled day at the new/old ball park!



Civic Park Senior Center 15218 Farmington Road Livonia, Michigan 48154